Beginner Sun Style Taiji Workshop

Learn to reduce physical pain and relieve stress through the ancient Chinese martial art of Taiji from an experienced local master!

Instructor
Stan Rockwell

Time
5:30 - 6:30 pm, Tuesdays, Sept. 8 to Nov. 17 (no class on Oct 13, 10 classes in total)

Location
Chesapeake B, Sadler Center

Fee
$100 — Community students
$50 — W&M faculty, staff, and students

Please Register Online: www.wm.edu/sites/confuciusinstitute/

Tel: (757) 221-1286 Email: wmci@wm.edu