

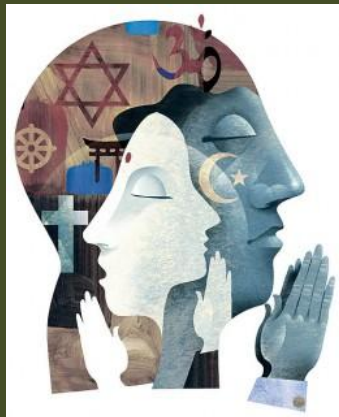
Board of Visitors Meeting

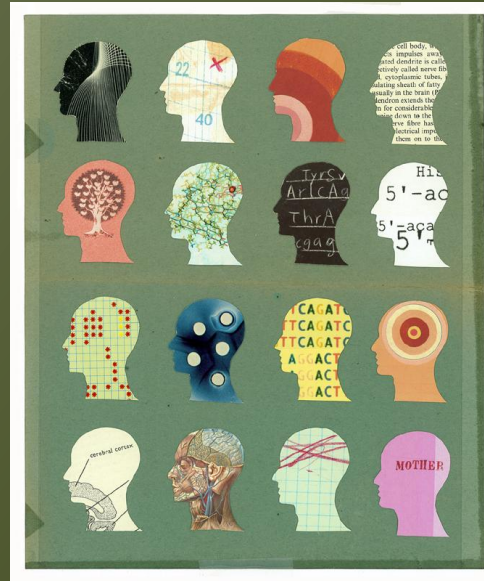
December 2-3, 2010

STUDENT AFFAIRS COMMITTEE

Vice President's Update

- ◉ Fraternity Housing Feasibility Study
- ◉ Winter Graduates Reception
- ◉ Cohen Center Dedication a Success
- ◉ Religious Diversity Week





Recent Tragedy, National Trends

MENTAL HEALTH ON CAMPUS

Times are different . . .

- ⦿ Mental Illness as a Public Health Issue in our Society
- ⦿ W&M not immune; but the “Suicide Myth” is wrong
- ⦿ Silver Clouds, Dark Lining
- ⦿ What we know from national suicide data
 - 1 in 10 college students contemplate suicide
 - 3rd leading cause of death in ages 15-24
 - More women attempt
 - More men complete
- ⦿ 90% of all people who die by suicide have a diagnosable mental illness at the time of death
(American Foundation for Suicide Prevention)

Services, Programs, & Resources at W&M



- Counseling Center staff
- Student Health Center staff
- Full-time Case Manager in the Dean of Students Office
- Medical and Emotional Emergency Protocol to guide intervention with students in serious distress
- Two full-time health educators
- Heath Outreach Peer Educators (H.O.P.E.) for student-to-student programming
- Mental Health and Wellness Committee in Student Affairs
- Mental Health Awareness Week, including depression screenings, stress-reduction workshops
- Professional staff group meets weekly to coordinate services/support for students of concern
- Orientation programming which addresses mental health/depression -- for students and parents
- Training and outreach to faculty -- how to help students in distress, warning signs, etc.
- Comprehensive training for Resident Assistants, Orientation Aides, and other student staff
- Continuing education/training for professional staff in student affairs
- Focused educational programming on stress-relief, making healthy choices, etc.