WRITING YOUR LAST CHAPTER

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About 80% of Americans wish to die in their homes.

In reality, 80% of Americans spend their final days in hospitals and nursing homes.

https://palliative.stanford.edu/home-hospice-home-care-of-the-dying-patient/

19% of us claim we have never thought about our own death

Only 24% of Americans have their end-of-life wishes in writing

16% have never communicated end-of-life wishes to our loved ones

https://palliative.stanford.edu/home-hospice-home-care-of-the-dying-patient/

What is most important to you?

SELECT A PERSON TO BE YOUR HEALTHCARE AGENT. **SOMEONE WHO:** Knows you well Is calm in a crisis Understands how you would make decisions if you were able Is not afraid to ask questions and advocate to doctors Can reassure and communicate with your family National Hospice and Palliative Care CaringInfo

ADVANCE HEALTH CARE DIRECTIVE

INSTRUCTIO 3

Part 1 of this fon lets you name another individ meone else to make those de become incapal a of making your own decision egent to act for you you now even the gh you are still capable. You choice is not willing ble, or reasonably ave le to make ut

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