

WRITING YOUR LAST CHAPTER

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WILLIAM & MARY
WOMEN







About 80% of Americans wish to die in their homes.

**In reality, 80% of Americans spend their final days
in hospitals and nursing homes.**

<https://palliative.stanford.edu/home-hospice-home-care-of-the-dying-patient/>

19% of us claim we have never thought about our own death

Only 24% of Americans have their end-of-life wishes in writing

16% have never communicated end-of-life wishes to our loved ones

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**What is most
important to you?**

**SELECT A PERSON TO BE YOUR HEALTHCARE AGENT.
SOMEONE WHO:**

- ☒ Knows you well
- ☒ Is calm in a crisis
- ☒ Understands how you would make decisions if you were able
- ☒ Is not afraid to ask questions and advocate to doctors
- ☒ Can reassure and communicate with your family

National Hospice and Palliative Care
Organization

CaringInfo





Agingwithdignity.org





