

Advanced Practicum Training Requirements 2025-2026

CLINICAL SERVICE

1. **Initial consultations:** Provide **1-4 initial consultation appointments per week**.
 - a. This occurs after orientation training.
 - b. There may be weeks throughout the year that practicum students **do not** conduct initial consultations due to caseload being full.
2. **Individual/Couples Therapy:** Provide ongoing individual/couples therapy for a total of **5-8 clinical hours per week**, depending on the trainee's contracted hours with the agency (see Weekly Activity Summary for more details). These numbers do not include initial consultations.
3. **Group Therapy:** Practicum trainees process observe groups in the Fall and become speaking co-leaders in the Spring. You will be paired with a staff member(s) who will provide the supervision for your group work. You will also be required to attend weekly group therapy supervision meetings with group co-leaders.

OUTREACH

1. **Screening programs:** Participate in **one (1)** screening program per year, if offered.
2. **Campus Connect:** In the Spring, Practicum students will be trained in the Campus Connect Suicide Prevention Gatekeeper Training. If offered, each Practicum student will co-lead **one (1)** Campus Connect training to the campus community with an intern in the Spring.
3. **Optional:** You are encouraged and invited to pair with a senior staff member, an intern, or other practicum student to facilitate a didactic/interactive outreach programs during the training year. If paired with a senior staff member or intern, they will provide informal feedback following the outreach program. If two advanced practicum students facilitate together, a senior staff member should be present to observe the outreach and provide informal feedback.
*****Note: Outreach programs are not always during M-F office hours, which is the nature of working in a college counseling center. There may be times when outreach opportunities are during evening or weekend hours.***

ASSESSMENT:

1. **Case Presentation:**

The assessment requirement is folded into a case presentation that takes place during Case Conference in the spring semester. You are required to integrate results of the clinical interview and CCAPS-62 in your report. You have the option to integrate more assessments if desired, though you must receive prior approval by your supervisor to administer any instruments beyond screeners. If you do administer an additional instrument, you are to score the instrument(s) and review the results with your supervisor. Your supervisor will also guide you regarding sharing assessment results with the client and exploring ways to integrate the findings into your therapy work.

Case Presentation requirements are described below:

- a. Complete a short write up of the case (no more than 3 pages single-spaced) including:
 - i. Demographics
 - ii. Relevant Background/History
 - iii. Presenting Concerns
 - iv. Assessment data (instruments, rationale, results)
 - v. Diagnosis
 - vi. Treatment Summary
 - vii. Theoretical Approach & Conceptualization
 - viii. Relevant Research/Literature (include citations)
 - ix. Discussion Questions
 - x. References
- b. During the presentation, provide a summary of the case/write-up for no more than 10-15 minutes
- c. Show a video clip illustrating your work approximately 10 minutes in length

Presentation write-ups should be provided to staff by printing and placing a copy in staff mailboxes **24 hours in advance of the presentation date.*

SUPERVISION AND TRAINING:

1. **Individual Supervision:** Receive **two (2) hours per week** of individual supervision. Missed supervision sessions are required to be made up. Supervision is provided by one (1) senior staff member during the fall semester and 1-2 intern(s) during the spring semester. Interns receive supervision of their supervision of an advanced practicum student and the intern is responsible for digitally recording the supervision sessions.
 - a. **Triad Supervision Model for Supervision:** As a component of the supervision of a Practicum Student and in congruence with the Developmental-Experiential-Mentorship training philosophy at the WMCC, supervision of supervision will involve triad (supervisee-supervisor-supervisor of supervision) supervision meetings once monthly. The triad model provides:
 - o Practicum students with a) the opportunity to brainstorm ideas in the moment with two supervisors, b) direct contact with the supervisor of supervision, and c) recordable hours of supervision with a licensed psychologist.
 - o Interns with a) the opportunity to brainstorm ideas in the moment with another supervisor, b) regular access to direct consultation and c) mentorship regarding clinical supervision practice.
 - o Supervisor of Supervision with a) direct contact with the practicum student, b) a more direct discussion about the work with clients, c) direct

observation of practicum students' therapy skills, conceptualization, clinical judgment, professionalism and ethical decision making, and d) the opportunity to assess practicum students' and intern supervisor's ability to receive and integrate feedback into their clinical/supervisory practice.

All members of the umbrella supervision triad (practicum student, intern, supervisor of supervision) can request these meetings, beyond the required monthly meeting, based on specific goals or needs.

- b. Given our **commitment to training and if believed to be helpful**, different staff members may **watch videos** of your supervision work. Oftentimes, it may be helpful for the group supervisor of the practicum student or for other senior staff involved in training, to watch supervision tape. This helps coordinate efforts among training staff and provide helpful ideas/feedback to the practicum student or the intern supervisor.*
2. **Case Conference:** Participate in Case Conference 1 hour/every other week. Practicum students are to rotate with other trainees in presenting cases. The Training Director typically coordinates a rotation with trainees to share clinical work in this meeting. If a trainee is unexpectedly unable to present on a scheduled day, a different person will need to present that day.
3. **Group therapy supervision:** If you are co-leading a group, you will receive **up to one and a half-hour (1.5) per week** of group therapy supervision, one of those hours would be in group format (Group Therapy Supervision, 1hr/weekly) and a half-hour/weekly would be in individual supervision with the group co-facilitator.
4. **Advanced Practicum Training Seminar:** The seminar takes place 1hr/week. The seminar focuses on didactic material and informal clinical case consultation. Some readings are required for seminar.
5. **Training meetings with the Practicum Coordinator and/or Training Director:** The Practicum Coordinator and/or Training Director meets with the advanced practicum trainees throughout the fall and spring semesters individually and/or as a group. This is a time to clarify questions, address concerns, and discuss ongoing issues. It provides an important opportunity to keep lines of communication open between trainees and the training coordinators.

ADMINISTRATIVE ACTIVITIES:

1. **Hours.** Log and record all practicum hours and training requirements for the Training Director and your supervisors to remain aware of your training experiences during the year. Please update hours logs regularly (Time2Track, etc.). Supervisors may randomly audit your hours at any time.
2. **Staff Meetings:** Attend "All Staff" meetings, if relevant based on schedule.
3. **Student Affairs Meeting:** Advanced Practicum students are required to attend Student Affairs Division meetings throughout the year.

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2025-2026**

I have read through all the requirements for the Advanced Practicum training program at the William and Mary Counseling Center. I understand my responsibilities and the expectations for this year of training as an Advanced Practicum Trainee. I understand that it is my responsibility to review these requirements on a regular basis to ensure I am meeting the deadlines as outlined. I am aware that I can ask Training Director for clarification of any of the training requirements at any point of training this year.

If I am in need of adjustments to the requirements and/or deadlines for any reason, I am aware that these changes must be addressed with the Training Director.

Advanced Practicum Trainee:

Print

Signature

Date

Director of Training:

Print

Signature

Date