

Advanced Practicum Training Requirements

2019-2020

CLINICAL SERVICE

- 1. Triage:** Provide **1 to 3 half-hour triage appointments per week**.
 - a. This occurs after a training during orientation.
 - b. There may be weeks throughout the year that practicum students **do not** conduct triages due to caseload being full.
- 2. Individual/Couples Therapy:** Provide ongoing individual/couples therapy for a total of either **seven (7) clinical hours per week** (if participating in group) or **nine (9) clinical hours per week** (if opt out of group). These numbers do not include initial assessments.
- 3. (OPTIONAL) Group Therapy:** Participating in a group will depend on your interest, prior training experiences, and group availability. If you are process observing or co-leading a group, you will be paired with a senior staff member who will provide the supervision for your group work. You will also be required to attend weekly group therapy supervision meetings with group co-leaders. Group resources are available to Advanced Practicum students as part of the training experience.

OUTREACH

- 1. Screening programs:** Participate in **one (1)** screening program per year.
- 2. Didactic/interactive outreach (OPTIONAL):** You are encouraged and invited to pair with a senior staff member, an intern, or other practicum student to facilitate a didactic/interactive outreach program during the training year. If paired with a senior staff member or intern, they will provide informal feedback following the outreach program. If two advanced practicum students facilitate together, a senior staff member will observe the outreach and provide informal feedback.
****Note: Outreach programs are not always during M-F office hours, which is the nature of working in a college counseling center. There may be times when outreach opportunities are during evening or weekend hours.**

ASSESSMENT:

- 1. Case Presentation:**

The assessment requirement is folded into a case presentations that takes place during Case Conference in the spring semester. You are required to utilize **at least 2 assessment measures** (one measure in addition to CCAPS) with a client as it relates to the presenting concern(s). You are to score the instrument(s) and review the results with your supervisor. Your supervisor will also guide you regarding sharing assessment results with the client and exploring ways to integrate the findings into your therapy work.

****Note: All assessment (outside of screening instruments) must be approved by the supervisor who is supervising the case prior to conducting the assessment.**

SUPERVISION AND TRAINING:

- 1. Individual Supervision:** Receive **two (2) hours per week** of individual supervision. Missed supervision sessions are required to be made up. Supervision is provided by one (1) senior staff member during the fall semester and 1-2 intern(s) during the spring semester. Interns receive supervision of their

supervision of an advanced practicum student and the intern is responsible for digitally recording the supervision sessions.

2. **Triad Supervision Model for Supervision:** As a component of the supervision of a Practicum Student and in congruence with the Developmental-Experiential-Mentorship training philosophy at the WMCC, supervision of supervision may involve triad (supervisee-supervisor-supervisor of supervision) supervision meetings on an as need an/or as requested basis. The triad model provides:
 - Practicum students with a) the opportunity to brainstorm ideas in the moment with two supervisors, b) direct contact with the supervisor of supervision, and c) recordable hours of supervision with a licensed psychologist.
 - Interns with a) the opportunity to brainstorm ideas in the moment with another supervisor, b) regular access to direct consultation and c) mentorship regarding clinical supervision practice.
 - Supervisor of Supervision with a) direct contact with the practicum student, b) a more direct discussion about the work with clients, c) direct observation of practicum students' therapy skills, conceptualization, clinical judgment, professionalism and ethical decision making, and d) the opportunity to assess practicum students' and intern supervisor's ability to receive and integrate feedback into their clinical/supervisory practice.

All members of the umbrella supervision triad (practicum student, intern, supervisor of supervision) can request these meetings based on specific goals or needs.

*Given our **commitment to training and if believed to be helpful**, different staff members may **watch videos** of your supervision work. Oftentimes, it may be helpful for the group supervisor of the practicum student or for other senior staff involved in training, to watch supervision tape. This helps coordinate efforts among training staff and provide helpful ideas/feedback to the practicum student or the intern supervisor.*

** For further details, see Supervision section in the Advanced Practicum Training Manual.

3. **Case Conference:** Participate in Case Conference 1 hour/week. Practicum students are to rotate with other trainees in presenting cases.
4. **Group therapy supervision:** If you are co-leading a group, you will receive **up to one and a half-hour (1.5) per week of** group therapy supervision, one of those hours would be in group format (Group Therapy Supervision) and a half-hour would be in individual supervision with the group co-facilitator.
5. **Advanced Practicum Training Seminar:** The seminar takes place weekly for 1 hour. The seminar focuses on didactic material and informal clinical case consultation. Some readings are required for seminar.
6. **Training meetings with the Director of Training:** The Director of Training meets with the advanced practicum trainees throughout the fall and spring semesters individually and/or as a group. This is a time to clarify questions, address concerns, and discuss ongoing issues. It provides an important opportunity to keep lines of communication open between trainees and the Training Director.
7. **Case presentations:**
 - a. **FALL:** Practicum students are encouraged to discuss cases during seminar when the syllabus indicates "case discussion."
 - b. **SPRING:** Prepare **one (1) formal case** to be presented during Case Conference. Practicum students should present **early enough in the semester** (specific date TBD) to have the

opportunity integrate feedback into the clinical work with the client presented. **Feedback will be provided by Case Conference participants including training staff and other trainees.**

During presentations you are to **provide a segment of a video-recording** of your work with the client and a write-up (no more than 2-pages) that includes:

- Demographic data
- Presenting concerns
- Summary of treatment
- Assessment(s) utilized and results
- Recommendations for treatment/therapy goals based on the findings
- Conceptualization
- Theoretical understanding of the case and/or theory behind your treatment approach.
- Integration of diversity issues with regard to case conceptualization, treatment planning, and intervention
- Integration of research- Utilization of research findings to understand certain clinical issues and/or utilization of research that support current treatment approach.
- Diagnosis (use V axial diagnosis)
- Questions (specific issues you want input on)

** The write-ups should be distributed **one day prior to the presentation.**

In addition, trainees co-facilitating a group are asked to present informally during Group Therapy Supervision meetings at least once a semester.

ADMINISTRATIVE ACTIVITIES:

1. **Training Log.** Log and record all practicum hours and training requirements for the Director of Training and your supervisors to remain aware of your training experiences during the year. Please update hours logs regularly (Time2Track, etc.) Supervisors may randomly audit your hours at any time.
2. **Staff Meetings:** Attend staff meetings for all staff if present at the Center.
3. **Student Affairs Meeting:** Advanced Practicum students are invited but not required to attend Fall Kickoff (if available) and subsequent Student Affairs Division meetings throughout the year.
4. **Staff Development [OPTIONAL]:** Attend staff development session(s) **if interested**. This is encouraged, but not required.
5. **Networking [OPTIONAL]:** Attend a networking event if interested. This is encouraged, but not required.

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I have read through all the requirements for the Advanced Practicum training program at the William and Mary Counseling Center. I understand my responsibilities and the expectations for this year of training as an Advanced Practicum student. I understand that it is my responsibility to review these requirements on a regular basis to ensure I am meeting the deadlines as outlined. I am aware that I can ask Training Director for clarification of any of the training requirements at any point of training this year.

If I am in need of adjustments to the requirements and/or deadlines for any reason, I am aware that these changes must be addressed with the Training Director.

Advanced Practicum Student:

Print

Signature

Date

Director of Training:

Print

Signature

Date