

HEALTH & WELLNESS







THERAPEUTIC MASSAGE & REIKI

2020 - 2021

OVERVIEW

Massage Therapy & Reiki Services are provided in-person on-campus with adherence to Forward Virginia Guidelines as well as additional precautionary policies developed to further protect the wellbeing of both our practitioners and patrons. With recognition of the current climate, the anticipation of higher levels of stress and anxiety, and the impact of stress on immunity, we believe in the importance of the accessibility of these modalities as a self-care resource. Adjustments in scheduling, use of space, PPE, and adherence to the Health Together Community Commitment allow us to do so safely.

SCHEDULING & PAYMENT

Appointments are reserved online at wellness.wm.edu. Select the Massage & Reiki button and then "Reserve an appointment" to book your session. Select a service type to see availability. Navigate through the calendar to see alternate dates. Appointments are available two weeks in advance. Once your appointment is booked you will receive a confirmation email with online payment instructions.

POLICY

If you are experiencing any symptoms of illness, have been identified as a close contact to a confirmed COVID-19 case within the past 14 days, or are currently awaiting COVID-19 testing results, then you are not eligible for an appointment at this time. The practitioner and client are required to wear a mask at all times. Individuals with temperatures over 99.4 will not be eligible to receive service, as preferred by the practitioners. Failure to arrive at a scheduled appointment forfeits the session. Services are non-refundable.

THIS INFORMATION IS SUBJECT TO CHANGE