WILLIAM & MARY CAMPUS RECREATION FALL 2025



TAKE A CLASS
IN THE
WELLNESS
CENTER

TAKE A BODYPUMP CLASS BRING SOMEONE NEW TO A FITWELL CLASS

TAKE A GRIT

TAKE A STRENGTH DEVELOPMENT CLASS TAKE A MORNING CLASS

TAKE A CYCLE CLASS

A

TELL YOUR
INSTRUCTOR
YOUR
FAVORITE
PART OF
CLASS

TAKE A CARDIO DANCE CLASS

TAKE A STEP CLASS TAKE A CLASS IN MCLEOD STUDIO TAKE A POP-UP OR THEMED CLASS ◆

TAKE A YOGA CLASS TAKE AN
CLASS AFTER
12 PM

TAKE A
WEEKEND
CLASS

TAKE A
PILATES OR
BARRE
CLASS



SCAN FOR
PROGRAM
INSTRUCTIONS
AND
REGISTRATION



#BEEMOKEDOMOKE