

## Emergency Personnel<sup>1</sup>-

*Athletic Trainer(s) (AT), Fitness & Wellness Instructor(s) (FWI), Integrative Wellness Manager(s) (IWM), Student Health Center Staff (SHS)*

### Roles of First Responders

- i. **FWI / IWM / SHS** - First aid/emergency care within the scope of their first aid/CPR/AED training
- ii. **FWI / IWM / SHS** - Retrieval of emergency equipment
- iii. **FWI / IWM / SHS** - Contacting emergency services (911 from landline; Campus Police: 757-221-4596 from cell phone)
- iv. **FWI / IWM / SHS** - Verbally direct ambulance to site via phone and flag down EMS on Gooch Dr. to physically direct them to the scene

### Emergency Equipment

**FWI / IWM / SHS** have a limited amount of emergency equipment including the nearest AED, CPR facemask, and first aid kit.

**AED Location:** AED (1) is kept in the building near the Modality Rooms, exiting right from the studios.

**Emergency Equipment Available:** AED, First Aid Kit

### Emergency Communication

In the event that cell phones are not usable: (1) a landline phone can be located **behind the front desk of the McLeod Tyler Wellness Center.**

*“Hello, my name is \_\_\_\_\_. I am calling from the McLeod Tyler Wellness Center where there is an emergency. There is a suspected \_\_\_\_\_ (describe injury/illness- head/neck injury, cardiac collapse, etc.). The person is (state one) conscious or unconscious. The injured person is located on/at the top floor, middle floor, ground floor (state one) at \_\_\_\_\_ (Studio \_\_, Student Health Center, Counseling Center etc.). A person in a \_\_\_\_\_ colored shirt will flag you down when you arrive.”*

**Answer all the dispatcher’s questions and stay on the line until EMS hangs up.**

See page 2 for directions to facility

### Directions to Facility

*All directions are from the intersection of Lafayette St. and Armistead Ave.*

**Gooch Dr:** Starting on Lafayette St., continue NW a quarter mile and make a left onto Virginia Ave. At the end of the street make a right onto Richmond Rd, then an immediate left onto Bright St. At the end of Bright St., make a left onto Gooch Dr, and the McLeod Tyler Wellness Center will be on your right.

**Harrison Ave:** Starting on Lafayette St, continue NW up Lafayette St. and turn left onto Harrison Ave. After about a quarter mile, make a left onto College Terrace. College Terrace turns slightly to the right and becomes Gooch Dr. The McLeod Tyler Wellness Center will be on your right.

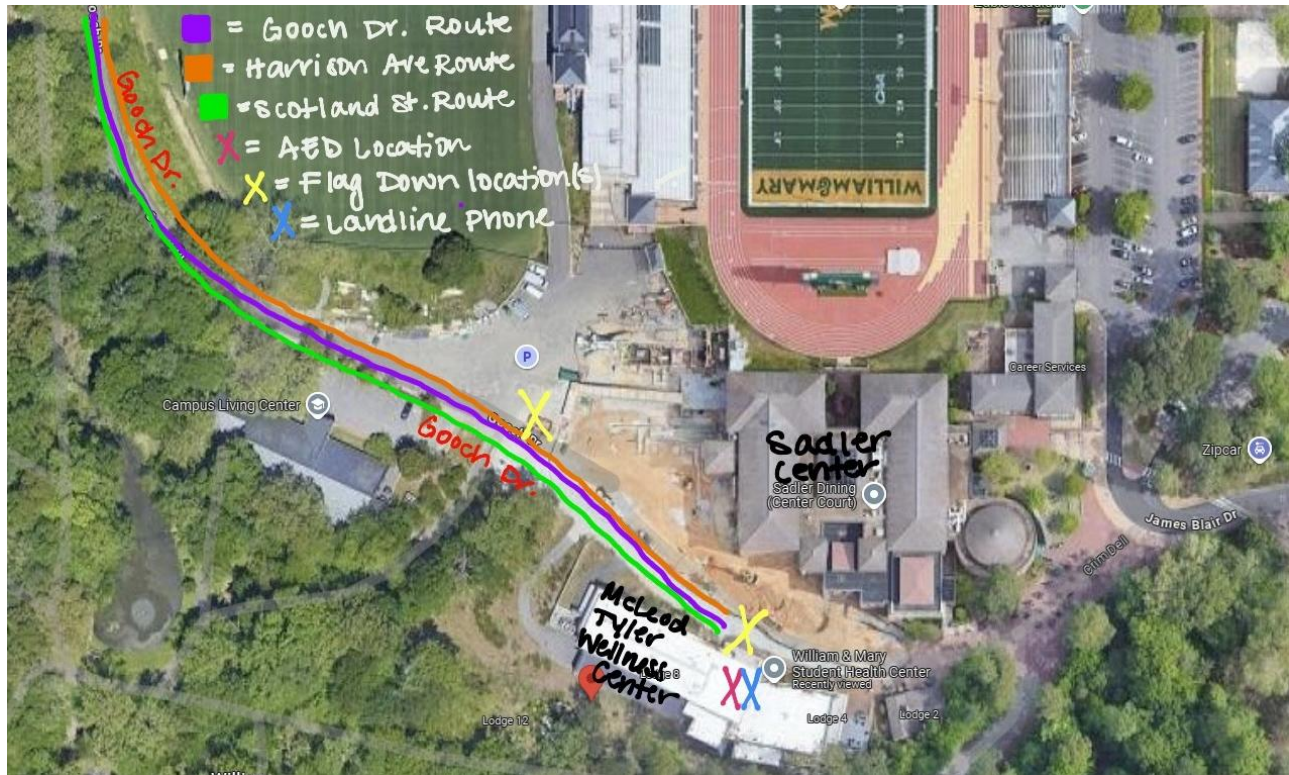
**Scotland St:** Starting on Lafayette St, continue NW and make the first left onto Armistead Ave. Continue just under a quarter mile and make a right onto Scotland St. Pass Prince George St and make a right onto Richmond Rd. Make the first left onto Bright St and then another left onto Gooch Dr. The McLeod Tyler Wellness Center will be on your right.

<sup>1</sup> All SCS, SO, IMS, LG, FS, TP, and FWIs are CPR, AED and first aid certified. ATs are CPR/AED/BLS, BOC certified and licensed to practice athletic training.

<sup>2</sup> Splint bag includes- CPR mask, bag valve mask, rigid cervical collar, vacuum splints and accessories, sling, towels & ace wraps.

<sup>3</sup> Stat pack includes- AED(s), epi pen(s), inhaler(s), blood pressure cuff, stethoscope, pulse oximeter, CPR mask, towel(s), etc.

## Facility Map



## Closest Emergency Center

*If injured person refuses an ambulance ride, please direct them to A or B for life threatening emergencies, C, or D for all other care.*

- A.** Riverside Regional Medical Center Emergency Room (24 miles, approx. 35 min drive)
  - a. Address: 500 J Clyde Morris Blvd, Newport News, VA 23601
  - b. Phone: (757) 594-2000
- B.** VCU Health Emergency Center at New Kent (38 miles, approx. 45 min drive)
  - a. Address: 2495 Pocahontas Trail, Quinton, VA 23141
  - b. Phone: (804) 932-5500
- C.** Sentara Williamsburg Regional Medical Center Emergency Room (5.5 miles, approx. 15-minute drive)
  - a. Address: 100 Sentara Cir, Williamsburg, VA 23188
  - b. Phone: (757) 984-7155
- D.** Riverside Doctors' Hospital Williamsburg (5 miles, approx. 15 min drive)
  - a. Address: 1500 Commonwealth Ave, Williamsburg, VA 23185
  - b. Phone: (757) 585-2200

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