



McLeod Tyler Wellness Center Emergency Action Plan

Address: 240 Gooch Dr, Williamsburg, VA 23185

Phone: (757) 221 1439



Emergency Personnel¹

Athletic Trainer(s) (AT), Fitness & Wellness Instructor(s) (FWI), Integrative Wellness Manager(s) (IWM), Student Health Center Staff (SHS)

Roles of First Responders

- i. **FWI / IWM / SHS** - First aid/emergency care within the scope of their first aid/CPR/AED training
- ii. **FWI / IWM / SHS** - Retrieval of emergency equipment
- iii. **FWI / IWM / SHS** - Contacting emergency services (911 from landline; Campus Police: 757-221-4596 from cell phone)
- iv. **FWI / IWM / SHS** - Verbally direct ambulance to site via phone and flag down EMS on Gooch Dr. to physically direct them to the scene

Emergency Equipment

FWI / IWM / SHS have a limited amount of emergency equipment including the nearest AED, CPR facemask, and first aid kit.

AED Location: AED (1) is kept in the building near the Modality Rooms, exiting right from the studios.

Emergency Equipment Available: AED, First Aid Kit

Emergency Communication

In the event that cell phones are not usable: (1) a landline phone can be located **behind the front desk of the McLeod Tyler Wellness Center**.

"Hello, my name is _____. I am calling from the McLeod Tyler Wellness Center where there is an emergency. There is a suspected _____ (describe injury/illness- head/neck injury, cardiac collapse, etc.). The person is (state one) conscious or unconscious. The injured person is located on/at the top floor, middle floor, ground floor (state one) at _____ (Studio ___, Student Health Center, Counseling Center etc.). A person in a _____ colored shirt will flag you down when you arrive."

Answer all the dispatcher's questions and stay on the line until EMS hangs up.

See page 2 for directions to facility

Directions to Facility

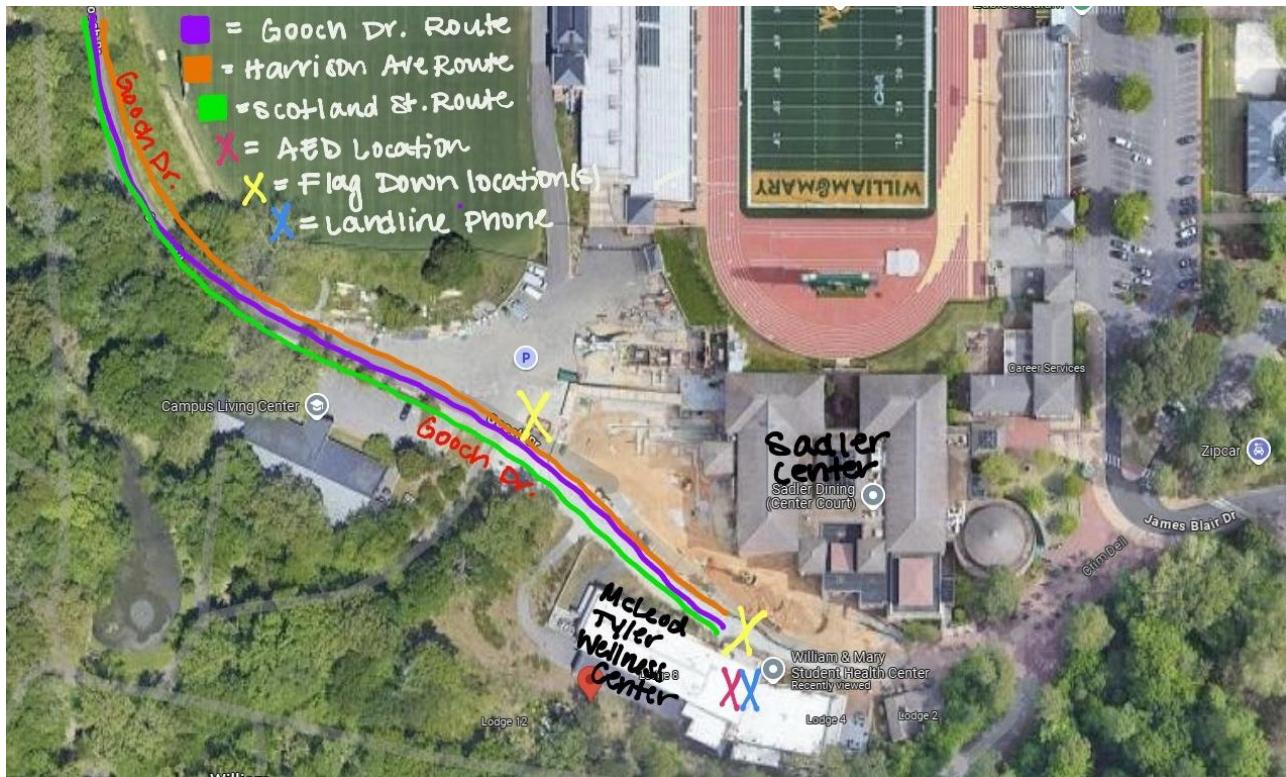
All directions are from the intersection of Lafayette St. and Armistead Ave.

Gooch Dr: Starting on Lafayette St., continue NW a quarter mile and make a left onto Virginia Ave. At the end of the street make a right onto Richmond Rd, then an immediate left onto Bright St. At the end of Bright St., make a left onto Gooch Dr, and the Mcleod Tyler Wellness Center will be on your right.

Harrison Ave: Starting on Lafayette St, continue NW up Lafayette St. and turn left onto Harrison Ave. After about a quarter mile, make a left onto College Terrace. College Terrace turns slightly to the right and becomes Gooch Dr. The Mcleod Tyler Wellness Center will be on your right.

Scotland St: Stating on Lafayette St, continue NW and make the first left onto Armistead Ave. Continue just under a quarter mile and make a right onto Scotland St. Pass Prince George St and make a right onto Richmond Rd. Make the first left onto Bright St and then another left onto Gooch Dr. The Mcleod Tyler Wellness Center will be on your right.

Facility Map



Closest Emergency Center

If injured person refuses an ambulance ride, please direct them to A or B for life threatening emergencies, C, or D for all other care.

- A. Riverside Regional Medical Center Emergency Room (24 miles, approx. 35 min drive)
 - a. Address: 500 J Clyde Morris Blvd, Newport News, VA 23601
 - b. Phone: (757) 594-2000
- B. VCU Health Emergency Center at New Kent (38 miles, approx. 45 min drive)
 - a. Address: 2495 Pocahontas Trail, Quinton, VA 23141
 - b. Phone: (804) 932-5500
- C. Sentara Williamsburg Regional Medical Center Emergency Room (5.5 miles, approx. 15-minute drive)
 - a. Address: 100 Sentara Cir, Williamsburg, VA 23188
 - b. Phone: (757) 984-7155
- D. Riverside Doctors' Hospital Williamsburg (5 miles, approx. 15 min drive)
 - a. Address: 1500 Commonwealth Ave, Williamsburg, VA 23185
 - b. Phone: (757) 585-2200

