Call for proposals: Integrated Wellness Practica

The CAS Dean's Office and the Health & Wellness thematic area of Student Affairs invites proposals for Integrated Wellness Practica to launch in Fall 2027.

What is an Integrated Wellness Practicum?

These one-credit practicum courses provide supplemental instruction connecting the academic content of your course with integrated wellness skills and practices. The courses may be taught by instructional faculty, professional staff, or community-based practitioners who possess appropriate credentials. Potential collaborations could include fieldwork courses that supplement with outdoor camping skills associated with sustainability efforts, courses that examine historical or cultural perspectives paired with a practicum focused on specific health or wellness practices of the period/region, among other opportunities.

How to apply

Submit your 1-page proposal that highlights how an IWP course would supplement a current academic course offering. We are most interested in proposals that:

- Involve a pre-established academic course;
- Demonstrate thoughtful connections between the academic content and the health and wellness theories, applications, or practices of the supplemental course.

Proposals should indicate the personnel involved, include credentials for each instructor, and provide a course outline that shows the integration of the practicum course with the academic course.

Timeline

Proposals for the IWP program will be accepted through December 15. Selected proposals will work with the Associate Dean for Educational Policy in CAS and the Associate Vice President for Health & Wellness to refine the course proposals and navigate the course approval and scheduling process. The first round of these courses will be delivered in Fall 2027. If there are particularly strong proposals based on existing connections and courses, adding the practicum to the spring schedule may be possible.

Opportunity for connection

Individuals interested in offering a practicum course or in exploring potential practicum partnerships for establish academic courses are invited to a "meet and mingle" event at the McLeod Tyler Wellness Center on Tuesday, November 17 from 4-5pm.