

FLOURISHING THROUGH LIFE TRANSITIONS













William & Mary's Veteran-to-Executive Transition (W&M VET) certificate program-Flourishing Through Life Transitions-emphasizes a comprehensive approach centered on wellness & self-discovery.

Our certificate trains veterans & service members to transition to high-level civilian management positions, while flourishing in their careers and personal lives.

DATES: *June 3 - 7, 2024*

LOCATION: Center for Military Transition, William & Mary's Raymond A. Mason School of Business, Williamsburg, VA

PROGRAM PARTNERS: W&M VET, Center for Military Transition, Center for Mindfulness and Authentic Excellence, Whole of Government Center of Excellence, the Office of Student Veteran Engagement, and more.

FORMAT:In-person.

CERTIFICATE FEE:\$2500

Housing, parking, course materials, program events, and some meals are included.

Participants who complete the program also receive lifelong career services support and exclusive invitations to Center for Military Transition alumni and career development events.

This custom program will enroll approximately 30 transitioning veterans, military spouses, and members of the intelligence community.

Our unique, comprehensive curriculum leverages strengths across William & Mary's campus and subject matter expertise. *Flourishing* emphasizes physical and mental wellness, develops introspective insights into corporate culture, and builds business skills critical to flourishing in management and other positions.

Engaging William & Mary's #1 MBA faculty and subject-matter experts from the Center for Mindfulness and Authentic Excellence, the week-long residential program - preceded by a weekly series of virtual information sessions and followed-up with 1:1 career transition support - is designed to be a transformational experience. By the completion of the program, participants will see the world and themselves in a new and better way - a way that will provide them with the skills and knowledge to flourish in a new chapter of service.

Well-documented as a prerequisite for excellence in leadership, *integrative wellness* will be a central component of our curriculum.

Experiential Learning | Authentic Excellence | The Eight Dimensions of Wellness | Mindfulness | Autonomic Training | Gyrokinesis | Creative Art Therapy | Ecotherapy/Hiking | Nutrition | Pain Management | Yin Yoga | Grit Strength and Cardio | Bodypump | Outdoor Barre | Kayaking | Paddle Boarding

This hands-on program will hone the business skills needed to flourish in your craft, leadership, and career.

Communication | Professionalism | Employer Expectations | Impression Management | Organizational Behavior | Business Analytics | Storytelling | Finance | Accounting | Marketing | Entrepreneurial Thinking

For more information on applying, please contact: flourishing@wm.edu





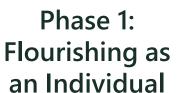
Our Opportunity...Holistic FLOURISHING



June 3-7: FLOURISHING THROUGH LIFE TRANSITIONS

a **GROUNDBREAKING** transition program that stresses physical & mental wellness, builds key business and leadership skills, and provides key insights into corporate culture.









Phase 2: Flourishing as a Professional



Lifelong Career Services & *TRIBE* Connections



Values-based Opportunity to FLOURISH

TAKE AWAY. Flourishing provides transition support the *RIGHT* way. It emphasizes *LEADERSHIP*, *VALUES*, *CONTEXT*, & *INTROSPECTION* in a comprehensive approach to career transitions centered on the individual participant while producing broad impacts.

Raymond A. Mason