



ACADEMIC WELLBEING

Academic Wellbeing ■ Sadler Center 184 ■ 757-221-1327

Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							



WILLIAM & MARY
CHARTERED 1693

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10:00 PM							
11:00 PM							
12:00 AM							
1:00 AM							



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Weekly To-Do List

	Readings & Assignments	Exams, Papers, & Projects	Co-Curricular Responsibilities	Goals for the Day
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				



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Saturday				
Sunday				