# 2016 Workshop Registration Form

| 2010 Workshop Rogionation Form   |
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| Mail form to:  Sports Medicine Workshop C/O Shawn Lucci P.O. Box 399 Williamsburg, VA 23187  |
| OR   |
| Fax form to: (757) 221-2048  |
| (Faxed forms must include credit card payment)   |
| Please check one:  |
| Basic Athletic Training Track  |
| Advanced Athletic Training Track   |
| Please complete:   |
| Applicant Information  |
| Name:  |
| Address:   |
| City:  |
| State: Zip:  |
| Gender: (circle one) M F   |
| Phone: ()  |
| Email*:  |
| * Please provide an email address that is frequently checked, as all camp correspondence and confirmations will be sent electronically |
| Applicant's High School Information  |
| High School:   |
| Address:   |
| City:  |
| State: Zip:  |

Athletic Trainer:

# Roommate Request

If you would like a specific roommate, please write the participant's name below. If you do not have a specific request for a roommate, you will be assigned one. We will do our best to honor all roommate requests.

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|--|
| Requested roommate:  |
| Commuters  Please check here if you are planning to commute to the workshop each day and will NOT need lodging |
| Please choose your payment method:   |
| A check payable to <b>Sports Medicine Workshop</b> is enclosed in the amount of                                |
| \$   |
| Please charge my credit card in the amount of  |
| \$   |
| Name on card   |
| Billing Address:   |
| City:  |
| State: Zip:  |
| (Circle one)   |
| Visa Mastercard Discovery American Express   |
| Card number:   |
| Expiration date:   |
| Card Security Code:  |
| Charges appear as "Tribe Club" on your credit card bill.   |

THE 16th ANNUAL

# SPORTS MEDICINE WORKSHOP

Held on the campus of The College of William & Mary

Summer Camp for High School Students Interested in Sports Medicine Careers

**JULY 9-12, 2016** 

# **BASIC & ADVANCED TRACKS**

William & Mary Hall Williamsburg, VA

Sponsored by:



**Cramer Products, Inc.** 

## **Sports Medicine Workshop**

For a quarter of a century, the Division of Sports Medicine at the College of William & Mary has hosted Cramer Athletic Training Workshops for high school students interested in athletic training and sports medicine. Certified athletic trainers (AT's) from a variety of professional settings conduct lectures and laboratories on emergency first aid, taping and wrapping skills, and the prevention, care, and rehabilitation of athletic injuries. With this wealth of experience, the Division of Sports Medicine at the College of William & Mary has teamed up once again with Cramer Products, Inc. and has taken the workshop to new heights and presents the 16<sup>th</sup> Annual Sports Medicine Workshop!



Basic Track Participants in Taping Lab

The 16<sup>th</sup> Annual Sports Medicine Workshop is an intensive four-day curriculum designed to introduce high school students to the exciting field of sports medicine. At the core of the workshop is the American Red Cross Adult CPR course in which you will learn vital life-saving skills and complete your CPR certification. Depending on your experience and skill level, you can choose either the Basic Track or Advanced Track to enhance your knowledge in sports medicine.

## **Registration Fee**

#### Basic or Advanced Track: \$399

- Fee includes meals, lodging, a drawstring backpack, take-home materials and supplies.
- A minimum deposit of \$100 must be sent with registration. Balances must be paid in full by a postmarked date of June 10 to avoid a \$50 Late Registration Fee.
- A confirmation email will be sent upon registration with workshop details.
- If a participant is unable to attend, the workshop must be notified by June 17 to receive a refund of all monies paid except a \$50 administrative fee. After this date, the entire deposit of \$100 is retained by the workshop.
- Commuter rate (no lodging): \$315

<u>Cancellation Policy:</u> We reserve the right to cancel the workshop if a minimum number of participants is not received. Such cancellation will be made by July 1. Registered participants will receive a full refund.

### **FREE Gifts from Cramer Products**

- Each school will receive one coupon for a free case of Cramer athletic tape (~\$35 value) per student they send to the workshop
- Schools that send three (3) or more students will receive a coupon for a new Cramer Tuf-Tek Pro Soft-Sided Kit (~\$200 value) for the supervising ATC.
- Each participant will receive a Cramer Zip-Cut Tape Cutter.
- Participants will have the opportunity to win valuable Cramer Products through workshop contests and games
- Participants will receive a Medco Catalog from which they can purchase supplies at discounted prices

#### For Additional Information...

Contact Shawn Lucci at (757) 221-3407 or via email at slucci@wm.edu. You may also visit our website at:

www.wm.edu/sportsmedicine/sportsmedcamp.htm

#### **Accommodations and Facilities**

Classroom and laboratory experiences will be held in the Sports Medicine Facility in William & Mary Hall.

Participants will be housed in air-conditioned dormitories on the historic campus of the College of William & Mary. All meals will be provided at an oncampus dining facility. All participants will be closely supervised by the workshop staff throughout the workshop to ensure an enjoyable and safe learning experience.

## **Basic Track Highlights**

- Upper and Lower Extremity Taping
- Injury Prevention Techniques
- · Recognition of Sports Injuries
- Emergency Care Skills
- Introduction to Rehabilitation Skills
- CPR Certification

# **Advanced Track Highlights**

For those who have previously attended a Basic Workshop or have extensive experience with an ATC.

- Advanced Taping and Wrapping
- Aguatic Therapy in Pool \*\*\*
- Strength and Conditioning Lab
- Seminar on Sports Medicine Careers
- CPR Certification
- Video presentation of orthopedic surgery cases

\*\*\* In rare situations, these activities may need to be modified or cancelled due to circumstances beyond our control. Every effort will be made to ensure the safety and quality of every educational experience.



Advanced Track in Strength and Conditioning Lab