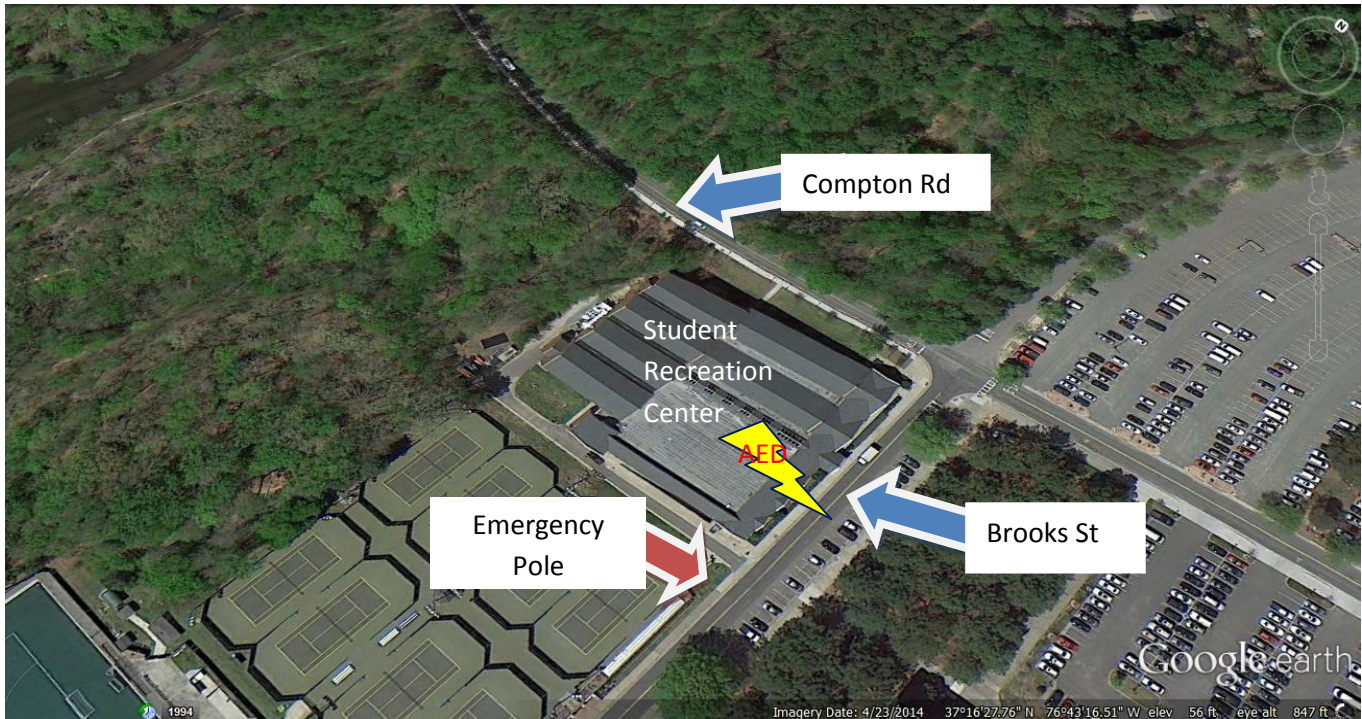


Emergency Action Plan
Student Recreation Center
400 Brooks Street, Williamsburg, VA 23187



Call EMS in any life-threatening situation:

- Unconsciousness
- Uncontrolled bleeding
- Difficulty breathing
- Any situation that you are unsure of or uncomfortable with

Role of First Responder:

- Immediate care of injured/ill student-athlete
- Activation of emergency medical system (EMS)
- Retrieval of medical equipment
- Direct EMS to the scene

Emergency Personnel

Teams and individuals utilizing the Student Recreation Center during intercollegiate events will be covered by the athletic training staff of the College of William and Mary subject to their availability and arrangements made prior to the event. The athletic training coverage of this venue will be in contact with the athletic training facility in William and Mary hall via radio in case of emergency situations.

If a Member of the Athletic Training staff is not there:

- At least one coach on each William and Mary athletic team staff is first aid, CPR & AED certified
- Contact the Athletic Training Facility at William and Mary Hall via phone or 2-way radio
- Contact campus police via campus phone at front desk, cell phone, or emergency pole; the nearest emergency pole is located at the northeast corner of the Millie West Tennis Facility. The emergency pole is denoted with a blue light on top of the pole.

Nearest Hospital:

- Sentara Williamsburg Regional Medical Center Emergency Room
- 100 Sentara Circle, Williamsburg, VA 23188

Directions to Hospital:

- Left onto Brooks and proceed to Compton
- Left onto Compton; proceed to stop sign
- Left onto Monticello; proceed through 3 stop lights
- Merge right on Rt 199 West; proceed to right exit at Rochambeau/Mooretown Rd
- Follow Mooretown Rd to 2nd stop light
- Right onto Sentara Circle; follow circle and signs to ER.

Important Phone Numbers:

- WM Hall Athletic Training Facility: 757-221-3407
- Campus Police
 - From campus phone: 911
 - From cell phone: 757-221-4596
- Sentara Williamsburg Regional Medical Center Emergency Room: 757-984-7111
- When making a call using a campus phone, dial "9-1-(area code)" before dialing the other phone numbers

Medical Equipment Available:

- The following emergency equipment is located in the athletic training room in William and Mary Hall: Athletic training kit, splinting kit, spine board, and additional emergency equipment
- AED is located at the front desk of the recreation center.