

**WILLIAM & MARY
INTERNATIONAL STUDENT ORIENTATION**



NEW STUDENT ARRIVAL GUIDE

FALL 2020

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REVES CENTER FOR INTERNATIONAL STUDIES
WILLIAM & MARY

200 S. BOUNDARY STREET, WILLIAMSBURG, VA 23185 (physical address)

P.O. Box 8795, Williamsburg, VA 23187-8795 (mailing address)

PRIMARY PHONE: 757.221.3590

www.wm.edu/internationalstudents

Reve's Center staff will be working remotely till the end of 2020. Email would be the best way to reach us while we work remotely. Thank you!

The Reves Center helps with...

- ✓ Visa and immigration matters
- ✓ Understanding requirements for SSNs, driver's licenses, and Virginia State identification cards
- ✓ Information about campus resources
- ✓ Making connections with W&M students, faculty, and staff
- ✓ International student trips and events
- ✓ Support for family members
- ✓ Getting involved with the local community
- ✓ Any problems you might have

INTERNATIONAL STUDENTS, SCHOLARS & PROGRAMS (ISSP) STAFF MEMBERS

Eva Wong, Director of International Students, Scholars & Programs ywong@wm.edu 757.221.3166

Emily Bailey, Assistant Director for Immigration Services ehbailey@wm.edu 757.221.3567

Zabrina Williams, Immigration Systems Coordinator zkwilliams@wm.edu 757.221.1138

Mona Starman, Community Programs Assistant mstarman@wm.edu

Verdiana Fontana, ISSP Administrative Assistant vfontana@wm.edu 757.221.1279

Chuqiu Wu, Graduate Assistant for International Programs globe@wm.edu

THINGS TO DO BEFORE THE FALL SEMESTER BEGINS

1) Complete Your Immigration Check-in

- Login to iStart using your W&M login: <https://istart.wm.edu>
- Select **Pre-Arrival** from the left menu
- Select **Pre-Arrival Checklist** and complete the **Immigration Check-In** and **Immigration Responsibilities** forms.

You must submit both of these forms so we can register your record with Immigration. **Questions or Problems?** Contact Zabrina Williams (zkwilliams@wm.edu, 757-221-1138)

2) Attend International Student Orientation Virtual Sessions

Immigration: Staying Legal in the U.S. (required to attend one session)	U.S. Healthcare, Safety & Local Laws with W&M Police (required to attend one session)
Zoom link: https://cwm.zoom.us/j/99920564247	Zoom link: https://cwm.zoom.us/j/94368078563
August 10, 12-1pm August 11, 10-11am August 11, 1-2pm August 12, 3-4pm August 13, 10-11am August 13, 12-1pm August 17, 1-2pm August 18, 1pm	August 10, 2-3pm August 17, 11am-12pm August 18, 3-4pm

3) Get your Tribe Card (W&M ID card). The Tribe Card is W&M's official form of identification and is used for the Recreation Center, Residence Hall access, library, riding local buses, etc.

- Tribe Card Services is located in the Campus Center, Room 169.
- New student cards will available at your Program Orientation.
- Office hours are [by appointment only](#).
- Bring a government issued photo ID (e.g., passport) to collect your ID.

4) Connect to the W&M eduroam Network. When on-campus, wireless internet is free for you to use.

- Authenticate your computer when on-campus at <https://connect.wm.edu/>. Use your W&M ID and password.
 - Select and complete **eduroam** setup
- Problems? Contact the Technology Support Center at 757-221-4357 or support@wm.edu.

5) Learn about the Bus. Free with your W&M ID! Go to <http://gowata.org/> for routes and bus times.

*The W&M Green Line will run again on August 17.

F-1 AND J-1 STUDENTS: YOUR IMMIGRATION RESPONSIBILITIES!

Following the immigration rules of my status is *my responsibility* and is *extremely important*. Questions? Contact a staff member in ISSP at the Reves Center.

- **Keep your passport, I-20, and I-94 valid at all times.** If one of them will expire during your stay in the US, you must contact the Reves Center at least 30 days before the expiration date.
- **Always be enrolled full-time for the Fall and Spring semesters.** For undergraduate students this means 12 credit hours per semester; for graduate students this means 9 credit hours per semester. **If you need to drop below full-time, make sure that you have received authorization from the Reves Center *first!***
- **Obtain a travel signature on your I-20 or DS-2019 prior to leaving the US.** You will need this to return to the US on your F-1/J-1 visa.
- **Do not work without authorization.** You can work for W&M *on-campus* a total of 20 hours per week during the Fall and Spring semesters and as many hours per week (on-campus) as you wish during official school breaks (Winter Break, etc.). **For ANY work**, or work-like activity, off-campus or for an on-campus employer, paid *or* unpaid, you must have *prior* approval from the Reves Center. "Self-employment" also requires prior approval. Engaging in unauthorized employment may result in the termination of your SEVIS record and you will be required to leave the US. In addition, your future employment eligibility and academic program may also be impacted.
- **Update your address within 10 days of moving.** Update your address via [Banner](#).
- **Notify the Reves Center to update your I-20 and SEVIS Record of any changes to your academic program or plans.** You must obtain permission from the Reves Center in advance if you 1) need to drop below full-time enrollment, 2) extend your I-20, or 3) obtain work authorization. You must notify the Reves Center immediately of 1) changes of major or funding, 2) plans to transfer to a different school, or 3) plans to start a new degree program. The Reves Center must update your SEVIS Record (sometimes in advance) in order for these changes to be allowed.
- **Do not engage in illegal activity.** Conviction of certain crimes can negatively impact your immigration status and may subject you to deportation from the US. If you are arrested or charged with a crime, notify the Reves Center immediately so that we can refer you to an immigration attorney.
- **Always have health insurance that meets the minimum requirements.** For J-1 students, you and your dependents must have health insurance during your stay in the US. The following are the minimum coverage requirements: \$100,000 for each accident or illness (for women this must include maternity/pregnancy care), \$50,000 for medical evacuation, \$25,000 for repatriation. This is federal law.

BANKING IN THE US

More information on our website: <http://tinyurl.com/WMbanking>

Many local businesses might have amended services due to COVID-19. Be sure to check the business' website or call to receive the latest information.

Opening A Bank Account

To open a bank account, you will need to apply in person and provide the following items:

- Passport
- W&M ID card (optional, some banks might offer benefits to students)
- Your physical (street) address and mailing address
 - If you live on campus, look up the [street address](#) for your Residence Hall or the Lettie Pate Whitehead Evans Graduate Complex.
 - Students living on campus will also need to provide the bank with your mailing address (students' mail will be sent to their CSU or GSH mailboxes). You can look up your mailbox number by going to the [W&M Housing Portal](#). For regular mail (not courier mail like UPS or FedEx), use this address format:

Graduate Students	Undergraduate Students
STUDENT'S NAME GSH ##### P O BOX 8705 Williamsburg, VA 23187-8705	STUDENT'S NAME CSU ##### P O BOX 8793 Williamsburg, VA 23187-8793

Some banks require a Social Security Number (SSN) to open a bank account. This is a bank policy and not a federal regulation; by law, you can open a bank account without a SSN provided that the customer completes a form W-8BEN. This form is available at the bank.

These banks will allow you to open a bank account without an SSN:

BANKS IN WILLIAMSBURG		
SUN TRUST BANK	WELLS FARGO BANK	BANK OF AMERICA
202 North Henry Street 757-564-1040 <i>0.5km from W&M</i>	1006 Richmond Rd 757-220-6200 <i>1.4km from W&M</i> <i>ATM available at Sadler Center</i>	4620 Monticello Ave 757-220-3250 <i>3.9km from W&M</i>
BANKS NEAR VIMS		
SUN TRUST BANK	WELLS FARGO BANK	
1478 George Washington Memorial Highway, Gloucester Point (804) 993-6001 <i>0.6km from VIMS</i>	2469 George Washington Memorial Hwy, Hayes (804) 642-2185 <i>3.5km from VIMS</i>	

CELL PHONES (MOBILE PHONES)

Many local businesses might have amended services due to COVID-19. Be sure to check the business' website or call to receive the latest information.

Before doing your research about using a cell phone in the US...

- Take your time to do some research and talk to current students to decide whether you would need to purchase a new cell phone and/or choose a contract plan.
- During the first few days to weeks at W&M, you can connect your existing cell phone to the internet and send texts (SMS) using free WiFi. For example, you can easily connect to the W&M WiFi on campus. Free WiFi is also available in most Williamsburg establishments (e.g., DoG St., Prince George St., Target, etc.).
- You can use online apps such as Skype, iMessage, Facetime, WeChat, [WhatsApp](#) to send international messages or make international calls for free.

After doing some research on using a cell phone in the US...

- It may be possible to use a cell phone from your home country if it has a SIM card slot and has been unlocked. You can purchase pre-paid SIM cards at selected stores or online.
- If you are staying in the US for a limited amount of time (1 semester or academic year) or if you are looking for a new cell phone, you might consider purchasing a pre-paid cell phone, as the fees to break a cell phone contract (typically several hundred dollars) may be reason enough to avoid signing a contract (see below for chart comparing pre-paid and contract plan).

If you will be staying in the US for an extended period of time...

- If you will be staying in the US for more than a year, you might consider signing a contract plan (see below for chart comparing pre-paid and contract plan).
- Cell phone companies (“carriers”) run on different networks (e.g., CDMA, GSM, etc.). If you would like to use your cell phone internationally, you might want to consider buying a cell phone that will work on different networks.
- Once you have made friends at W&M, you can consider joining a “family share plan.” All cell phone carriers offer “family share plans,” which offer discounted rates for families and/or a group of individuals on a shared plan.

POPULAR CELL PHONE STORES IN WILLIAMSBURG				
STORE	ADDRESS	SIM CARD	WEBSITE	BUS LINE
AT&T	5227 Monticello Ave.	Yes	www.wireless.att.com	Red
Straight Talk Wireless	Walmart, 4670 Casey Blvd.	Yes	www.straighttalk.com	Red
T-Mobile	4645 Casey Blvd., Suite 120	Yes	www.t-mobile.com	Red
Verizon	4950 Monticello Ave.	No	www.verizonwireless.com	Red

POPULAR CELL PHONE STORES NEAR VIMS			
STORE	ADDRESS	SIM CARD	WEBSITE
Straight Talk Wireless	Walmart, 6819 Walton Lane	Yes	www.straighttalk.com

Verizon	TCC, Verizon Authorized Retailer 2417 York Crossing Dr., N3, Hayes	No	www.tccrocks.com
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POPULAR ONLINE SIM CARD OPTIONS	
campusSIMs	www.campussims.com
J1 SIM	www.j1simcards.com

PRE-PAID	CONTRACT PLAN
<ul style="list-style-type: none"> • No contracts or monthly payments—you purchase a phone and a specific number of minutes. When those minutes run out, you simply buy more. • No deposit or SSN required. • Depending on your usage, a pre-paid phone can be more expensive than paying a monthly bill for a plan. 	<ul style="list-style-type: none"> • You will most probably get lower monthly rates and lower prices for new phones. • A typical contract will last 1-2 years. If you cancel your contract, there is usually a heavy penalty. • Have to pay a large deposit without SSN (typically several hundred dollars). Even if you have an SSN, many cell phone providers will require that you pay the large deposit because you have not yet established “credit history” in the US.

NECESSARY DOCUMENTS

You should always call the cell phone company before you visit them in-person, to ask what documents you will need to bring with you to purchase a cell phone. Most companies ask for:

1. Passport and I-20/DS-2019
2. Government Issued Photo ID (Driver’s License or VA ID card)
3. W&M ID
4. Social Security Number (if applicable)

DRIVER'S LICENSES, VIRGINIA ID CARDS, AND DRIVING IN THE US

For more detailed information regarding driver's licenses, Virginia ID cards, and registering a car, visit the Virginia Department of Motor Vehicles (DMV): www.dmv.state.va.us or the Reves Center website (www.wm.edu/offices/revescenter/issp/life)

Many local offices might be closed due to COVID-19. Government offices might also temporarily amend regulations in response to the pandemic. Be sure to check the DMV's website or call to receive the latest information.

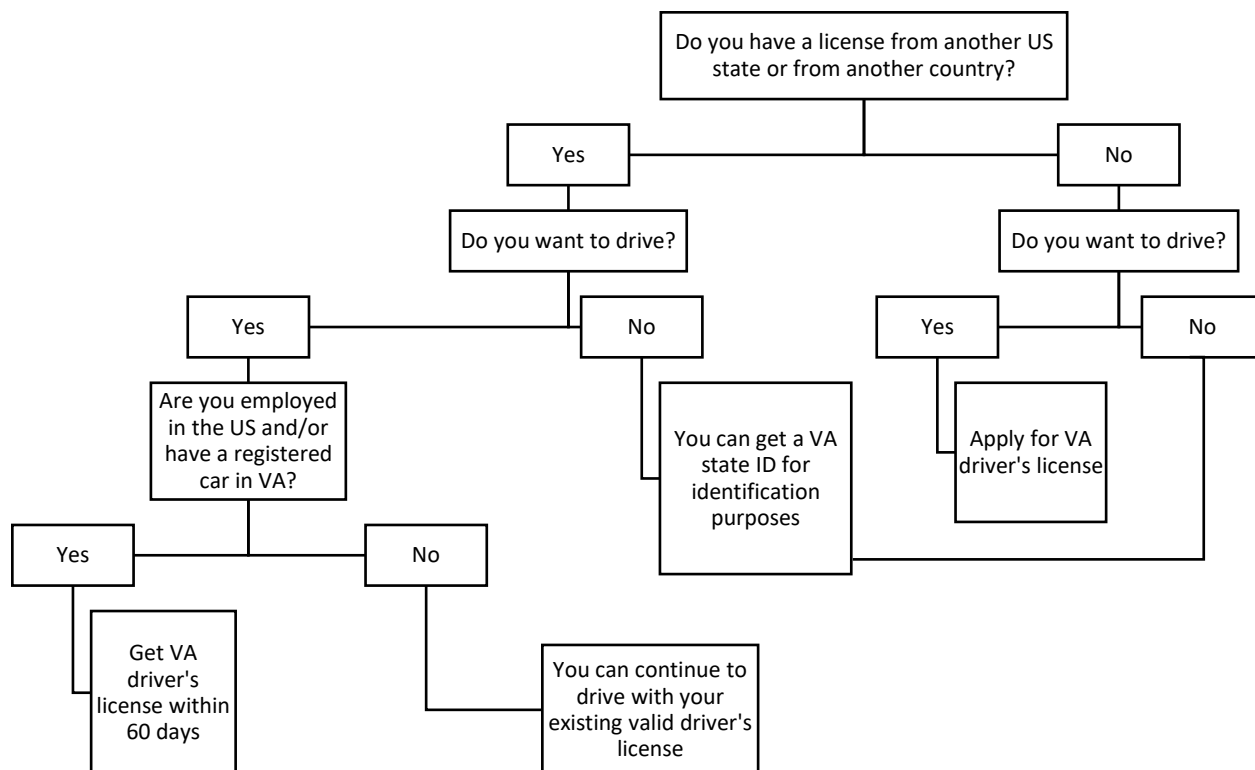
Williamsburg DMV: 5235 John Tyler Highway, Williamsburg, VA 23185. The **Jamestown Line of the Williamsburg Bus System** will take you there.

Gloucester DMV: 6577 George Washington Memorial Highway, Gloucester, VA 23061.

Visit Williamsburg Transportation's website <https://www.gowata.org> or you can use **Google Transit** (www.google.com/transit) for directions and a route planner.

You can drive with a valid foreign driver's license in Virginia. However, it is advisable to apply for a VA Driver's License if you plan to do a lot of driving in Virginia or to other US states. It is required if you work or register a car in Virginia.

LICENSE AND ID DECISION TREE



HOW TO GET A DRIVER'S LICENSE OR ID CARD

Driver's licenses and state identification (ID) cards are issued by the state in which you reside; the laws for each state are different. You may obtain a Virginia driver's license or state ID card from the DMV.

If you are a full-time student and have a valid foreign license, you may drive with that. Be sure to have an English translation of the foreign license. **If you are employed in the US and/or have a registered car in VA, you must obtain a Virginia license within 60 days.**

Immigration Check-in

As a new student, to be eligible for a Virginia driver's license or ID card, your immigration record must first be registered by the Reves Center. Students can request registration by completing the [student immigration check-in](#).

All documents must be originals.

Required Documents

If you want to apply for a driver's license, learner's permit, or state ID card, you will need to present the following documents to the DMV:

- Two proofs of identity
- One proof of legal presence
- Two proof of Virginia residency
- One proof of Social Security number (if you have been issued one)

Proof of Identity

Applicants must present **two** proofs of identity. Documents submitted must show your full legal name and date of birth. They may both come from the primary list of documents, or one from the primary list and the other one from the secondary list.

Primary Documents

- Unexpired foreign passport with an unexpired or expired visa and valid I-94 card or print out (accessible at www.cbp.gov/I94).
- Unexpired US or Canadian driver's license or learner's/instruction permit (with photo), not less than 60 days old.
- Unexpired photo ID card, not less than 60 days old, issued by a US state.

Secondary Documents

- I-20
- DS-2019
- Form I-797 (if applicable)
- Certified copy of school records/transcript issued by William & Mary

Proof of Legal Presence

Applicants must present one proof of legal presence. Accepted documents include:

- Unexpired foreign passport with an unexpired or expired visa and a valid I-94 card or print out (accessible at www.cbp.gov/I94).
- Holders of F1/F2 visas must present a valid I-20.
- Holders of J1/J2 visas must present a valid DS-2019.
- Form I-797 (applicant's name must appear on the form).

Proof of Virginia Residency

Applicants must present **two** proofs of Virginia Residency. Accepted documents must show the **current street address** (not PO Box, CSU Box, or GSH box) and include:

- A letter from the Reves Center that confirms the official address as reported to immigration
 - Login to [iStart](#) using your W&M ID and Password
 - Click on **International Office** in the menu on the left-hand side. Then, click on **DMV On-Campus Formal Address Letter** and complete the form
- [Enrollment Verification](#) document from the Registrar Office. You should request this using the paper [enrollment verification form](#) (pdf), not the Clearinghouse version. When requesting the document, list your **street address** under "Additional Information" on the form, as what you list will be printed on the document. If you live on campus at W&M, street addresses are in this [directory](#).
- Monthly bank or credit card statement not more than two months old
- Residential rental/lease agreement
- Payroll check stub issued by an employer within the last two months.
- Unexpired Virginia driver's license or Virginia state ID card.
- Utility bill, not more than two months old, issued to you (examples include gas, electric, sewer, water, cable or phone bill). Cellular phone bill is not accepted.
- Current automobile or life insurance bill (cards or policies are not accepted).
- Change of address confirmation from the [US Postal Service](#) (USPS) of postmarked US mail with forwarding address label. This only works if you previously had another US address. You can request an address change online (\$1) or in person (free), and the Postal Service will mail you an address confirmation.
- US Internal Revenue Service tax reporting W-2 form or 1099 form (not more than 18 months old).
- US or Virginia tax return from the previous year.
- Postmarked mail displaying your name and street address.
- Additional documents can also be used. A complete list is on the [DMV website](#).

Proof of Social Security Number (you need one from this list only if you have a Social Security Number)

Applicants must present one proof of SSN only if they have been issued a SSN.

- Social security card (Individual Taxpayer Identification Numbers are not accepted).
- US Internal Revenue Service tax reporting W-2 form or 1099 form.
- Payroll check stub issued by employer.

State Identification (ID) Card Application Process

If you want just an ID card (does not allow you to drive but is useful for identification purposes), you can obtain one with the documents above. The fee is \$10.

Driver's License Application Process

If you have never had a driver's license (in any state or country):

- If you are 18 years old or older, you must provide proof of successful completion of a state-approved driver education program **or** you must have held a learner's permit at least 60 days before you can take the road skills test.
- If you are under age 18, you must complete a state-approved driver education program **and** hold your Virginia learner's permit for at least nine months.

If you have a license from another state or country:

- Regardless of age, you may be required to take a written test, or take both a written and driving test, depending on the country that issued your license. You will need to ask directly at the DMV.
- If you have a license from another US state, Canada, Germany, or France, then you may simply obtain a Virginia license by completing the application and paying the fee. Licenses from other US states or Canada will be invalidated when you receive your Virginia license.
- The driver's license will be issued for the period listed on your I-20 or DS-2019, not to exceed 5 years.
- The cost of the license is \$4 for each year issued, minimum fee is \$20.

WALKING & LOCAL TRANSPORTATION

Walking

Apps such as [Google Maps](#) provides walking directions and is a great tool to help you find your way around campus.

Public Transportation

The Williamsburg Trolley and Bus Lines provide a low-cost or free (with a W&M ID) method of local transportation.

For the most up to date information on trolley and bus routes and schedules, visit Williamsburg Transportation's website <https://www.gowata.org> or you can use Google Maps (<http://maps.google.com>) for directions and a route planner.

Zipcars

- Zipcars are cars that you can rent for a short period of time (a couple of hours to a day).
- These cars are parked on-campus and are good for local trips, such as to the grocery store.
- To rent a Zipcar, you must have had your driver's license for at least one year.
- You can rent with a foreign license, but if you do so, you may need to provide a translated driving record from your home country. See [Zipcar](#) for details.
- For more information, including how to enroll and current rates, visit [WM Zipcar](#) website.

Car Rental Agency

- You can rent a car with a foreign license (they will want to see your passport and W&M ID).
- You must be at least 21 years old. If you are under 25 years old there will be an additional underage surcharge per day.
- *You are strongly* advised to purchase the insurance, as even minor accidents or scrapes can be very expensive without insurance.
- A SSN is not required to rent a car.
- You can generally get a cheaper rate with an online reservation: [Enterprise-Rent-A-Car](#) or [Hertz Car Rental](#).

Additional resources for transportation options is available on our website:

<http://www.wm.edu/offices/reescenter/issp/life/transportation/index.php>

SOCIAL SECURITY NUMBERS (SSN)

Anyone who plans to work (on- or off-campus) will need a Social Security Number for payment and tax purposes. Social Security Numbers (SSN) are only granted to F-1 students with work authorization or J-1 students who apply for the number.

SSNs are often used for "credit checks," which is why many businesses and applications ask for one. But, even if you cannot get a SSN, you can still function quite well in the US.

You do not need a SSN to:

- **Open a Bank Account**
- **Obtain a Virginia Driver's License or State ID Card**
- **Rent, purchase, register, or insure a car**
- **Mobile/Cell Phones**

If you purchase a pre-paid phone, you do not need to have a SSN. If you will use your phone a lot and want to have a plan (1-2 year contract), you can usually be exempted from the SSN requirement by paying a deposit. Another alternative is to join a "family plan" with a friend who already has a plan.

- **Renting an Apartment**

If a SSN is requested, it is probably for a credit or background check. Explain to the rental agency or landlord that you do not have a SSN because you are not yet eligible for one. If they wish, we can provide a handout explaining the background check process that students undergo when obtaining a student visa.

- **Working On-campus at W&M or VIMS**

You do not need a SSN to apply for a job or even begin working. However, before W&M or VIMS can pay you, you must have a SSN. Once you receive a job offer, you can apply for your SSN.

- **Apply for Off-campus Jobs and Internships**

As above, you should not need a SSN until you start working, but once you work you will need this for tax purposes, work verification purposes, and in some cases to get paid. For F-1 students, once you receive an offer you may apply for CPT or OPT work authorization and with that authorization obtain a SSN.

- **Receive a Scholarship**

You do not need a SSN to receive a scholarship since, by definition, scholarships are not given in exchange for work (unlike an assistantship).

WORKING IN THE US

More information on our website:

F-1 (I-20) Student: <https://tinyurl.com/F-1StudentEmployment>

J-1 (DS-2019) Student: <https://tinyurl.com/J-1StudentEmployment>

We know that some of you may be interested in working, interning, or earning money.

If you're in the US on an F-1 or J-1 student visa, make sure you are staying legal, especially with working and earning money. **Working/earning money without authorization is very serious!** If you work without authorization (even for 1 day!), you may need to leave the US, and you may not be able to work in the US after graduation.

W&M/VIMS Employment:

- **What kind of jobs can I do?** Most jobs where you work for W&M or VIMS are fine, such as W&M offices and departments, W&M dining services, W&M Rec Sports, W&M Bookstore, graduate assistantships, and as W&M resident advisors.
- **How much time can I work?** Up to 20 hours per week during the semester and no limits during official breaks (like winter break).
- **Do I need work authorization to work for W&M or VIMS as a student?** No, your [W&M or VIMS employment authorization](#) is automatic.
- **Can I work for W&M or VIMS when I graduate or after my program ends?** No, you need to stop working when you graduate, unless you get special work authorization (like [OPT](#) or [AT](#)).
- **Want to work for W&M or VIMS?** There are [lots of places you can work!](#)
- **Which jobs might be “on campus” but are not legal?** You cannot do work for a company or organization located off campus (like working remotely or online for a company), run your own business, babysit children, tutor students, or translate (unless you are paid by W&M to do these things). You need special, advance authorization for these jobs from the Reves Center.
- **More information:** [W&M or VIMS Employment](#).
- **A good rule to follow:** If the paycheck is from W&M or VIMS, it's probably fine. If the paycheck is not from W&M or VIMS, ask Reves Center first.

Other Employment/Earning money:

- **What kind of work can I do?** This is typically limited to internships or jobs related to your major, and authorization is required.
- **What about informal jobs like babysitting, tutoring, translating, catering, opening an online business or startup, or doing yardwork?** You need work authorization before doing any of these things, and usually this will only be approved if it relates to your major or program.
- **When do I apply for work authorization?** Get authorization before you work and do not work before or after the authorized dates.
- **What are my work authorization options?** For F-1 students, there's [CPT](#) or [\(OPT\)](#), or for J-1 students: [AT](#).
- **What about working after I graduate or after my program ends?** You can apply for [OPT](#) or [AT](#).
- **What if I have serious money problems?** You can apply for [Economic Hardship Work Authorization](#). We also have some limited short term [financial support](#).
- **Questions?** Always ask **in advance** if you are not sure if something requires work authorization.

Volunteering and Unpaid Internships

- **Can I volunteer or do an unpaid internship?** Maybe. If the position is a legitimate volunteer position or unpaid internship, it may not need special authorization.
 - **Volunteer positions** are limited to charitable, humanitarian non-profit organizations such as Red Cross, Habitat for Humanity, schools, food banks, churches and religious organizations, and homeless shelters. Volunteering is not simply “working for free” and one cannot volunteer for a company. The Office of Community Engagement can help connect you to a volunteer opportunity.
 - **Unpaid internships** must meet the government’s definition of an unpaid internship.
Legitimate unpaid internships
 - Are primarily educational in nature (i.e., they provide more training to the intern than the intern provides service to the company).
 - Have no expectation of compensation now or the promise of a future job.
 - Do not take the place of a paid worker.
 - Unpaid internships are not simply working for free for a company or organization.
- **Can I work for free if I can’t get work authorization?** No. Positions that are normally paid require work authorization.
- **Can someone pay me in another way, like with gift cards?** No. Positions that are normally paid require work authorization.
- **More information:** [Volunteering and Unpaid Internships](#)
- **Questions?** Always ask **in advance** if you are not sure if something requires work authorization.

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| <ul style="list-style-type: none">• Remember, it is always best to ask before starting a position because if special authorization is needed, you must get it before you begin work.• If you begin work and later ask for authorization, you have already violated your immigration status and the consequences for that can be serious!• If we learn that you are working (or have worked) without authorization, we must take action on that (by law). |
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THINGS TO KNOW ABOUT YOUR W&M HEALTH INSURANCE

1. **Use the Student Health Center:** It is a great facility and low cost to students! It is staffed by registered nurses and physicians. Located in the McLeod Tyler Wellness Center. Check website for hours. Call for appointments: 757-221-4386.
2. **For insurance coverage, you must use the Student Health Center first, except if** a. it is a true medical *emergency*, b. the Student Health Center is closed, or you are more than 16 km (10 miles) from the College. In these cases you do not need to use the Student Health Center first or get a referral from the Student Health Center.
3. **Emergency?!** For true *emergencies*, call 911 or go to the emergency room at the hospital.
 - a. If it is not an emergency, and the Student Health Center is open, you **MUST** go to the Student Health Center first or your insurance won't pay.
 - b. If it is not an emergency but you need to see a doctor, and the Student Health Center is closed, it is better to go to a clinic (see a list of local clinics below).
 - c. **If you are not sure if it is an emergency**, call the **Nurseline** (877) 499-3568. With this 24-hour hotline you can talk to a nurse, with options for **different languages**.
4. **Prescription drugs are cheapest at the Student Health Center.** They also sell generic over-the-counter medications such pain relievers, decongestants, antihistamines, and medicine to treat a cold, sore throat, and upset stomach.
5. **Always carry your Insurance ID card with you:** Print out your insurance card at <http://tinyurl.com/WMInsuranceID>. If you go to a hospital or see a doctor, you will need to show them your W&M Health Insurance card when you arrive.
6. **Need to see a specialist? Get a referral from the Student Health Center.** To see a specialist (e.g., allergist), you need a referral from the Student Health Center (or the insurance won't cover it).
7. **Use a "preferred provider":** If you are going to see a doctor, specialist, or medical center off campus, it is best to use a "preferred provider" (one that is in our health insurance network) for two reasons: a. The cost is lower, and b. The insurance will cover more of the cost. Find a preferred provider at www.uhcsr.com/wm
8. **Your insurance is billed in two parts:** One installment is due with Fall tuition; another is due with Spring tuition.
9. **Create your online account.** Go to www.uhcsr.com/wm. Update your personal information here to include a local, domestic mailing address. You can also reprint your ID card, review insurance claims for medical bills submitted from doctors/clinics/hospitals, look up a network/preferred provider and review insurance coverage information.

Questions? Ask Trista Sikes, Student Insurance Coordinator, student.insurance@wm.edu; 757-221-2978

Health Evaluation Form:

- Turn it in to the Student Health Center if you haven't done so already!
- You can get necessary immunizations for the W&M Health Evaluation Form at the Student Health Center.

Waivers of the W&M Health Insurance Plan:

- Contact student.insurance@wm.edu **immediately** if you want to request a waiver but haven't done so already.

Local Clinics - After Hours care when the Student Health Center is closed:**Hospitals (Emergencies)**

- Call 911 for ambulance transport, if necessary
- **Sentara Williamsburg Regional Medical Center** - 100 Sentara Cir., Williamsburg 757-984-6000
- **Riverside Doctors' Hospital Williamsburg** - 1500 Commonwealth Ave., Williamsburg 757-585-2200
- **Riverside Walter Reed Hospital** - 7519 Hospital Drive, Gloucester, VA, 23061 804-693-8899

Urgent Care Clinics (Non-Emergencies):

- **M.D. Express Urgent Care** - 120 Monticello Ave., Williamsburg 757-564-3627
- **Velocity Urgent Care** - 4374 Newtown Ave., Williamsburg 757-772-6124
- **Velocity Urgent Care Gloucester** - 5659 Parkway Drive, Gloucester 804-381-4361
- **M.D. Express Urgent Care Gloucester** - 6567 George Washington Memorial Hwy, Gloucester, 804-824-9962
- **Riverside Medical Center at Hayes** - 2246 George Washington Memorial Hwy, Hayes 804-642-6171***Limited Days for Urgent Care (Monday, Wednesday, Fridays only)

There are many other doctors in Williamsburg and Gloucester. This is a limited list.

Non-Emergency Transportation Options:

- **Historic Taxi** - 757-258-7755
- **Williamsburg Taxi** - 757-221-0004
- **Williamsburg Area Transit Authority (WATA)** - local bus service with stops on campus. W&M students with a school ID can ride at no charge. Visit <https://www.gowata.org/> for more information
- **Lyft** (rideshare service) - Access through smartphone app at <https://www.lyft.com/>
- **Uber** (rideshare service) - Access through smartphone app at <https://www.uber.com/>

SHOPPING

The State of Virginia requires that people wear cloth face coverings when spending time in indoor public settings.

GROCERY/FOOD

STORE	ADDRESS	TRANSPORTATION
WILLIAMSBURG		
Food Lion	1234 Richmond Road	Walking Red bus line
	5251 John Tyler Hwy	Jamestown bus line
Trader Joe's	5224 Monticello Ave.	Red bus line
Aldi	1504 Richmond Road	Trolley
Plubix	4660 Monticello Ave.	Red bus line
GLOUCESTER		
Food Lion	2292 York Crossing Drive, Hayes	Driving
Aldi	7176 George Washington Memorial Hwy, Hayes	Driving
Walmart	6819 Walton Ln., Gloucester Courthouse	Driving

INTERNATIONAL GROCERY STORES

STORE	TYPE	ADDRESS	NOTES
Aldi	Varies	1504 Richmond Road	Discounted grocery store (based in Europe)
Cost Plus World Market	Varies	5225 Settlers Market Blvd.	Has a wide variety of international foods
E-Mart	Asian/Latin/South Asian	13270 Warwick Blvd. Newport News	Reves Center organizes monthly shopping trips to E-Mart.
Kielbasa Euro Deli	Eastern European	113 Palace Lane, Suite P. Williamsburg	
La Tienda	Spanish	1325 Jamestown Road	La Tienda also has a restaurant.
Trader Joe's	Varies	5000 Settlers Market Blvd.,	Has a wide variety of international foods
Farm Fresh International Store - Denbigh	Asian/Latin/South Asian	353 Chatham Dr, Newport News, VA 23602	Has a wide variety of international foods

SHOPPING FOR NON-GROCERY ITEMS (HOME, CLOTHES, BICYCLES, ETC.)

STORE	ADDRESS	TRANSPORTATION
Marshalls	1252 Richmond Rd.	Blue bus line
Target	4630 Monticello Ave.	Red bus line
Walmart	4670 Casey Blvd.	Red or Trolley

ENGLISH LANGUAGE RESOURCES

RESOURCE	PROGRAMS	CONTACT INFORMATION
W&M Writing Resources Center	The Writing Resources Center, located on the main floor of Swem Library, offers both writing and oral communication assistance to members of the College community at no charge.	Writing Resources Center Swem Library, First Floor (757) 221-3925
W&M Arts & Sciences Graduate Center	Course for A&S graduate students: Grad 501: English Conversation & Pronunciation Grad 503: Listening, Speaking & Pronunciation Skills Grad 505: Academic Public Speaking	Sarah Glosson, sgglos@wm.edu
W&M English Conversation Club	Conversation club run by the Reves Center for international families and scholars. The club meets on Mondays and Wednesdays from 9-10:30am.	Mona Starman, mstarman@wm.edu
College Partnership for Adult Learners (CPALs)	CPALs is a William & Mary student-run organization that offers free English language classes for the local community. Classes meet every Tuesday and Thursday evenings.	cpalearners@gmail.com
W&M Tribe Tutor Zone	The Tribe TutorZone has peer tutors providing low-fee tutoring services in many subjects. Students who need assistance with English in their courses can select "English 2 nd Language" tutors. A 60-minute session fee is \$12, A 90-minute session fee is \$18. Charged to your student account.	Swem Library, First Floor
Literacy For Life	Classes and tutoring for international families: Literacy for Life provides individualized tutoring for adults in reading, writing, and math, and English for speakers of other languages.	W&M School of Education 301 Monticello Avenue Williamsburg, VA 23187 (757) 221-3325 literacyforlife@wm.edu www.literacyforlife.org