About the Post

The Programming Post is the PRC’s monthly newsletter. It exists to give you helpful hints and ideas for activities and events you can hold for your residents, as well as news from the PRC!

Challenge!

The first person to read this and post “I love the PRC” on our Facebook page will receive home-baked cookies. Seriously.

Bulletin Board Tip for the Month

Sick of vandalism? Glue bulletin board contents to the background paper so they’re more difficult to tear off. If you still have a problem, talk to a PA. You may be able to laminate parts of your bulletin board.

Programming Ideas for March

Have an outdoor picnic
Cook an Irish meal for St. Patrick’s Day
Have a Yo-Yo contest, hula hoop contest, or jump rope contest
Go to a baseball game (13th, 30th) or other athletic event
See art at the Muscarelle or in Andrews Hall
Watch “The Descendants” (16th-17th, 7 pm or 9 pm)
Go to an energy and sleep wellness seminar hosted by Health Educator Eric Garrison (20th, 5-6 pm)
Sign up for an IM sport (kickball, volleyball, tennis)
Eat ice cream
Make green eggs and ham
Color or do an elementary craft
Inspiration & Ideas for March

What’s Happening

Monthly:
Deaf History Month
International Women’s Month
National Caffeine Awareness Month
National Craft Month
Red Cross Month
National Color Therapy Month
Optimism Month
Save Your Vision Month
National Kite Month
Credit Education Month

Weekly:
Festival of Owls Week: 2-7
Celebrate Your Name Week: 4-10
National Sleep Awareness Week: 5-11
American Crossword Puzzle Weekend: 16-18
YoYo and Skill Toys Week: 21-25
Root Canal Awareness Week: 25-31
National Cleaning Week: 26-31

Daily
Peace Corps Day: 1
Dr. Seuss Day: 2
Day for Women’s Rights & International Peace: 8
Get Over it Day: 9
International Ask a Question Day: 14
St. Patrick’s Day: 17
National Biodiesel Day: 19
World Water Day: 22

Ready-Made Resources for March

Bulletin Boards in a Bag
Awkward Hugs (W)
American Sign Language (AA)
Welcome to Allergy Avenue (SS)
55 Things to do Before You Graduate (XXX)
While You Were Sleeping: A Look at Dreams (S)
Women at William & Mary (LLL)
Going Green (MMM)
All About Flowers (GGG)

Posters
101 Ways to Wellness
Dr. Seuss
Drugs—Club and Predatory
Sleep Awareness
Women of Interest
Worst Pickup Lines

Programs at Your Fingertips
Credit Education
What’s Your Color (H)
Disability Awareness (L)