# **ACTIVE CITIZENS CONFERENCE**

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YOU HAVE TO DECIDE WHAT KIND OF DIFFERENCE YOU WANT TO MAKE. -jane goodall

MARCH 23, 2019 HOSTED BY WILLIAM & MARY OFFICE OF COMMUNITY ENGAGEMENT

# **Represented Institutions**

Blue Ridge Community College Dabney S. Lancaster Community College Frostburg State University George Mason University J. Sargeant Reynolds Community College James Madison University Norfolk State University Northern Virginia Community College Old Dominion University Paul D. Camp Community College Piedmont Virginia Community College Randolph College Richard Bland College Shenandoah University Thomas Nelson Community College Tidewater Community College Tufts University UNC Chapel Hill Virginia Commonwealth University Washington & Lee University William & Mary







# 2019 William & Mary Active Citizens Conference EDUCATING, UNITING, AND INSPIRING ACTIVE CITIZENS

# Saturday, March 23

9:00a.m. – 9:30 a.m.	Check-In and Breakfast <i>Matoaka Woods</i>
9:30 a.m. – 10:10 a.m.	Opening Remarks Matoaka Woods
10:15 a.m. – 11:35 a.m.	Dialogue
11:45 a.m. – 12:35 p.m.	Workshop Session #1
12:35 p.m. – 1:25 p.m.	Lunch Matoaka Woods
1:30 p.m. – 2:20 p.m.	Workshop Session #2
2:35 p.m. – 3:25 p.m.	Workshop Session #3
3:35 p.m. – 3:50 p.m.	Closing Session and Refreshments Matoaka Woods

Room 2056 is available throughout the conference as a space to reflect, reenergize, and connect with others.

Hosted by The William & Mary Office of Community Engagement Cultivating active citizenship within our communities





# 2019 Workshop Guide

### Session One: 11:45 AM - 12:35 PM

### Active Citizenship 101

Presenter: Melody Porter | William & Mary | Matoaka Woods

Found yourself at The Active Citizens Conference but not really sure what active citizenship means? Using the Active Citizen Continuum from Break Away, students in this session will become more aware of the ways they are already engaging in active citizenship and construct strategies on how to continue developing far beyond their years at college.

### Social Action through the Decades

*Presenters:* Patty Mathison, Lily Goodman, Demi Moore | George Mason University | Rm. 2030 Collective action and social change requires community and collaboration, but in a time of political tension and heavy self-interest, how do we get others to act? Join us for a roundtable discussion and workshop about social movements over the past 60 years. This program celebrates the collective actions of young people who have taken and continue to take risks in the fight to be heard.

### Achieving Success through Clarity of Your Values

*Presenters*: Lynn Buchanan Miller | Center for Creative Leadership | Rm. 2060 With so many pressing issues and approaches to change, how do you find the best path forward in active citizenship? In this session you will identify your values and explore how those values impact every aspect of your life.

### Music & Social Justice: Building Community through Song

Presenters: Robin Rio, Cameron Carter, Meghan Mack, and Colette Daley | Virginia Commonwealth University | Rm. 2066

RVA Street Singers is a community choir for individuals impacted by homelessness and their allies and is supported by an undergraduate service-learning course. This session will provide participants with an innovative interdisciplinary service-learning teaching model developed to create a long-term impact in the community and mobilize social change. Participants will have the opportunity to hear from students and community members involved in the project and experience community music making.

### Let's Do This! How to Start a 501(c)(3) in Less Than An Hour

Presenter: Doug Bunch | Global Playground | Rm. 1056

Come find out how to start your own nonprofit organization. Learn all about forming a board, writing bylaws and articles of incorporation, incorporating, obtaining 501(c)(3) status, reporting to the IRS, articulating your mission/vision, and raising money to support your cause.

## Session Two: 1:30 PM -2:20 PM

#### Meeting Students Where They Are: Programming to Promote Campus Civic Engagement

*Presenter*: Anna Connole and Shelby Taraba| James Madison University | Rm. 2066 Let's discuss the do's and don'ts of inspiring college students to be active citizens. Participants will be guided through possible initiatives and organize resources on their own campus to develop effective programming techniques for any form of civic engagement. Be prepared for a collaborative discussion on the importance of effectively amplifying the voices and civic knowledge of college students.

# Dignity Matters: Lessons Learned from the First Student-Organized Prisoner Art Show in Virginia

*Presenters*: Balen Essak and Laura Calhoun | Washington & Lee University | Rm. 1056 How does respect for human dignity inform the work of active citizens? How do you keep human dignity at the center of that work? How do you work with and sometimes within institutions with which you don't fully agree? The organizers of the first student-established prisoner art show in Virginia describe how they overcame various institutional hurdles by keeping these questions in mind. Learn action steps to take to further your own fight against injustice.

# From Bias to Collaboration: How Our Stories Influence the Way We Talk, Think, and Vote

Presenters: Ruth Gopin | AmerXchange | Rm. 2030

Understanding your own story gives you the skills to understand how other people's stories influence the way that they talk, think, and vote. In this workshop we will explore our own influences and biases as they relate to the political polarization and division in this country. We will further explore how to use this information to move towards collaboration across these divides.

### Stay Woke: Why lack of S.L.E.E.P. Is Killing Social Justice

*Presenters*: Nauje Jones | Virginia Commonwealth University | Matoaka Woods Are you feeling physically and mentally fatigued? Do you find yourself feeling burdened by the suffering of others? In this session students will learn about compassion fatigue and the benefits of self-care. This program will serve as an interactive therapeutic outlet for civically engaged students.

### Ethical Reasoning in Community Engagement

Presenter: Scott Ingram | James Madison University | Rm. 2060

Learn how to better navigate complex ethical dilemmas that may arise within our community engagement with the distinctive 8 Key Question ethical reasoning strategy. Participants will collaborate with their peers in a case analysis where they will ask an array of moral questions in a group discussion. This workshop will develop the skill of interrogating one's own biases and will introduce a diverse set of ethical considerations that can be consulted before making any decision.

## Session Three: 2:35 PM – 3:25 PM

#### Promoting Active Citizenship through Film

*Presenters*: Tom Bowling, Clarissa Lang, and Allen Myers | Frostburg State University | Rm. 2030 Discover the power of film to promote social change. Brief film clips will take participants to Uganda to learn how students at Frostburg introduced villagers to a radically simple solution to an urgent global problem. And then to Paradise, California to learn about community building now underway. Attendees will learn how to host The Earth Day Film Festival and explore ways we can celebrate global citizenship on the 50th anniversary of Earth Day in 2020.

#### Fully Engaged: Living a More Intentional Life

*Presenters*: Nandini Singh and Torie Dunlap | William & Mary | Rm. 2060 This session is an opportunity for participants to reflect on their personal values and explore ways to live a more engaged and intentional day-to-day life. Through self-reflection, small group conversations, and personal goal-setting activities, participants will leave understanding how committing to living a fully engaged life will further cultivate their own active citizenship, equipped with an action plan for doing so.

### The Stories That We Tell: How Should Our Colleges & Universities Support Democracy?

Presenter: Adam Gismondi | Tufts University | Rm. 1056

Colleges and universities are quick to include phrases like "preparation for global citizenship" and "advancing democracy" in mission statements and during publicized campus-wide events. But do our higher education institutions live up to these high-minded causes? In this session, we will explore the role of higher education in our democracy, examine how we are doing to date, and discuss what can be done moving forward.

### Filling in the Gaps: Making the Most of a Gap Year After College

Presenter: Erin-Marie Brown and JMU Engagement Fellows | VCU & James Madison | Matoaka Woods

Are you about to graduate and still have no idea what you want to do 'when you grow up'? As students begin to think about their futures post-graduation, some are unsure of next steps. Dr. Erin Burke Brown will offer her personal and professional insights from her own national service experience as well as managing an AmeriCorps Program to provide tips and strategies for students who are stuck in the middle between college and career. Current service year fellows and James Madison University will share their perspective as well.

### Stirring the Pot: Building Community through Food

Presenters: Thi Vu & Farial Rahman | UNC-Chapel Hill | Rm. 2066

This session focuses on the integral nature of food in fostering meaningful conversation and reflections, specifically over alternative service-learning breaks. If you are interested/involved in leading a service-learning activity and would like to learn about a creative way to engage with your participants, this session will introduce you to a guide from the UNC APPLES Reflections Chairs.

### 3:35 Please return to Matoaka Woods for the closing session

# **Conference Check-list**

To make the most of your time at the Active Citizens Conference, here are ten ways to engage. Participants who complete at least six will receive a small reward at the end of the conference.

- Introduce yourself to someone new and ask about their community involvements.
- Write down three things you want to remember at the end of each session you attend.
- Raise your hand and ask a question during a session OR collect the presenter's email so you can email a question on the way home.
- Based on the session description, write down two question you have about a session before you attend.
- Write down one specific action you want to take based on what you learned.
- Between sessions, take a two minute break to get outside or step away to give your brain a chance to rest and absorb.
- Create two SMART (Specific, Measurable, Achievable, Relevant, Timebound) goals for growing your active citizenship.
- Exchange emails with someone at the conference and be accountability buddies for accomplishing your SMART goals.
- Take a moment to acknowledge and celebrate all that you contribute to community.
- Thank someone who made your conference experience better.

# Notes