Summer Session Offered Online
Due to the ongoing COVID-19 pandemic, summer session courses will be offered exclusively through Zoom. The benefit to you? Register for as many courses or lectures as you like!

Membership
Summer membership is $25 and includes access to all online courses and lectures.

Summer Session Dates
Registration period is May 10 - June 25, 2021
Courses are offered on a first come, first served basis, and run June 1 – 30.
All Zoom links to access your classes will be emailed one business day prior to the class start date.

Need Help?
Step-by-step instructions are available at wm.edu/osher or call the Osher office at 757-221-1506 (Mon-Friday, 8-5), leave a message and we will return your call ready to assist you.

Review the Catalog
Go to wm.edu/osher to see the catalog online.

Review Instructions Online
Follow the step-by-step registration instructions on the website.

Register and Pay
Select the summer membership and pay with a credit card (Visa or Mastercard accepted).

Select Courses Online
Choose the courses you would like to join. Select one or select them all!

Receive Notifications
Notifications will be sent to confirm enrollment, any waitlists, course details, and links before classes begin.

Wild Times: Audubon's America
“This has been an amazing class and I highly recommend it! Thank you – I plan to join the Audubon Society.”
- Bonnie, Osher member

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*Front & Back Cover Photos by Carlo La Fiandra
An Introduction to Forest Ecology: How Does Your Forest Grow

James Perry
Wed 9:30 AM - 11:30 AM
1 session
6/9/2021
via Zoom
275 seats available

This lecture will introduce basic ecological concepts, as well as the role of humans, in defining what we see as we walk into an Eastern Virginia Forest. We will look at natural growth and successes, forest reproduction, and role of invasive species.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. He has worked in wetlands in China, Taiwan, South America, the United Kingdom, and the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

Climate Change: Uncertainty, Disagreement, and Moving Forward Together

Thomas White
John Delano
Wed 1:30 PM - 3:30 PM
1 session
6/23/2021
via Zoom
275 seats available

Like coronavirus, climate change is a difficult problem. There is some uncertainty, not only about the negative effects of climate change but also the positive effects of mitigation strategies. And there is deep political and moral disagreement about how best to move forward. This lecture will answer major questions about the Earth’s climate system, explore dimensions of scientific uncertainty and political disagreement, and suggest ways of moving forward together. It will be based on peer-reviewed research in climate science, psychology, and economics, and, to a lesser extent, environmental ethics, spirituality, and religion.

Thomas G. White retired in 2017 from the University of Virginia’s Curry School of Education where he was a senior research scientist. He has a Ph.D. in developmental psychology from Stony Brook University, taught at Gettysburg College, and worked for several research organizations and school districts before going to the University of Virginia.

John Delano was a NASA-funded researcher for 30 years. He retired from the State University of New York at Albany in 2016 where he served as a distinguished Teaching Professor Emeritus in Department of Atmospheric and Environmental Sciences (joint-appointed to Department of Chemistry), Associate Dean, and member and chair of numerous NASA advisory panels. He also has a Ph.D. in geochemistry.

Do Only The Rich Have Trusts? Key Strategies Using Trusts in Your Estate Plan

John Burton
Tue 1:30 PM - 3:30 PM
3 sessions
6/8/2021 - 6/22/2021
via Zoom
275 seats available

Trusts are not just for the wealthy. Trusts can handle any estate size more efficiently than relying on a will alone. What is the difference between revocable and irrevocable trusts? Can trusts protect an estate against probate, taxes, creditor claims and lawsuits? Do trusts protect your assets if you go into a nursing home? This course surveys the uses and vast new planning opportunities trusts can serve in your own estate plan.

John Burton is an experienced estate planning and elder-law attorney who has taught clients, lawyers, and the public on the subjects of estate planning, asset protection, elder law, and business law. He is a graduate of Virginia Wesleyan College, has a J.D. from Regent University School of Law, and is a Certified Estate Planner.

Have You Ever Wanted to Write a Family History?

Karen McPherson
Wed 9:30 AM - 11:30 AM
1 session
6/16/2021
via Zoom
275 seats available

Have you ever wanted to write a family history, but you are not sure how to go about it? This lecture will focus on both the content and the process of writing and publishing a family history. The first hour will be about content: How do you decide what to write about? How do you turn your story into a manuscript for publication? How does self-publishing work? What are the steps involved in actually publishing something?

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in
government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

Introduction to the Enneagram
Todd Payne
Mon 1:30 PM - 3:30 PM
3 sessions
6/7/2021 - 6/21/2021
via Zoom
50 seats available

Have you ever felt you and a friend or loved one simply are not connecting? Or wonder why you reacted to something as strongly as you did? The Enneagram is a powerful personality system for understanding ourselves and others and improving relationships. It forgoes traditional “external” behavior categories and explores the fears, hopes and needs of nine distinct Types. In this beginner’s course, we will consider each Type, including yours, and how your Type propels your habitual thoughts, feelings and actions. With greater self-awareness comes greater empathy and fluency in communicating with others. No Enneagram experience necessary.

Todd Payne, M.Div., IWLC, became a certified integrative wellness life coach after 20 years as a Lutheran pastor. He coaches self-understanding and growth through the Enneagram for groups, schools, couples and individuals and teaches through OLLI at the University of Denver and at the Boulder Valley School District Lifelong Learning.

Introduction to Virginia Politics
Karen McPherson
Mon 9:30 AM - 11:30 AM
1 session
6/28/2021 via Zoom
275 seats available

Whether you are a “born-here” or a “come-here” you are a Virginian. In this age of devolution of power to the states, it is important for citizens to know about state government. The states have primary responsibility for issues like health care, schools, roads, voting rights, criminal justice, and income support. Real political change starts in the states. This lecture will provide an introduction into politics in Virginia: the structure of the government, significant individuals, and upcoming elections.

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

Live the Life You Were Meant to Live
Jeanne Forrest
Mon 1:30 PM - 3:30 PM
3 sessions
6/7/2021 - 6/21/2021
via Zoom
275 seats available

Tired of being quarantined? Perhaps during this time you have given a lot of thought to your life. Has it been and is it all you really want it to be? Using the principles of success taught by Jack Canfield, John Assaraf, Neville Goddard and Neale Donald Walsch, this revised course provides an opportunity to explore new ideas and proven ways you can create and live the “life of your dreams!”

Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life-purpose coach, and seminar leader whose passion is leading others to find a closer alignment with God’s purpose for their lives. She is a graduate of Duke University Divinity School, and continues to study with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

Medical-surgical Care in the Time of America’s Early Wars: 1775 - 1865
John McCraw
Thur 9:30 AM - 11:30 AM
1 session
6/10/2021 via Zoom
100 seats available

Between 1775 and 1865, American medicine progressed from primitive to scientific. In the Revolutionary War, everything was dirty, entire battalions died overnight from unknown “fevers,” soldiers with exposed leg fractures were sent home to die, and 60% of those who had simple amputations died. Childbed fever was a major killer of new mothers. Anesthesia did not exist. By the time of the Civil War, medicine and surgery were scientific. Ether anesthesia, good surgical training and asepsis made operations reasonably safe. Medical schools thrived in most cities. This exciting period set the stage for the dramatic medical developments of the 20th Century.

John McCraw practiced reconstructive surgery of the face, spine, chest, breast, abdomen and extremities for 39 years. He trained at the Universities of Missouri, Virginia, Duke, Florida and Emory. He served in the U.S. Air Force,
Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran their field engineering development center and taught electrical and electronic engineering courses to engineers. During the Vietnam War, and is Emeritus Professor at the University of Mississippi.

**Microsoft PowerPoint (Microsoft 365): The Basics & Beyond**

**Rick Chase**  
Wed 1:30 PM - 3:30 PM  
3 sessions  
6/9/2021 - 6/23/2021  
via Zoom  
60 seats available

Whether you are a novice or an occasional user of PowerPoint (PPT), in this course you will learn the basic PPT toolsets to create, edit, and share professional-looking presentations. A sample of the topics to be covered include (but are not limited to): PPT templates and themes, creating a new presentation from scratch, changing the slide layout; adding and editing text, images, charts, video, and animation; formatting slides; adding speaker notes/comments; sharing your presentations; slideshows; creating handouts; and more. The version I will be using is PPT from Microsoft365; however, if you have PowerPoint 2016 or 2019, these versions are very similar.

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

**Mindful Living Practices**

**Nancy Johnston**  
Mon 1:30 PM - 3:30 PM  
1 session  
6/28/2021

Learning to quiet our mind and be in the present is a cornerstone of mental health. Mindfulness practices help us attend to the present moment, calm our mind and body, and experience our self and life without judgment in the here-and-now. Mindfulness has been shown to have many health benefits and is an excellent tool for managing upset thoughts and feelings. In this session, the mindfulness practices of Jon Kabat-Zinn will be explained and experienced: mindful breathing, gentle stretching, and body scanning, and students will be guided in ways to carry these practices into their daily lives.

Nancy Johnston is a Licensed professional counselor in private practice in Lexington, VA. A graduate of William & Mary, Nancy has been a mental health therapist for 43 years. She specializes in relationships and mindfulness, has two published books on relationships, and teaches at workshops, conferences, and retreats.

**More Shorts for Summer: Three Brief Works Exploring a Female’s Perspective**

**Beth Guiliano**  
Tue 1:30 PM - 3:30 PM  
3 sessions  
6/8/2021 - 6/22/2021  
via Zoom  
25 seats available

This course covers three classic works of literature that are often noted for their feminist themes: “A New England Nun” (1891) by Mary Eleanor Wilkins Freeman, “The Yellow Wallpaper” (1892) by Charlotte Perkins Gilman, and “A Wagner Matinée” (1904) by Willa Cather. While these works are short, each has much to say about the circumstances of women at the time, insight that continues to be relevant today - for all people, not just women. Each Zoom session will provide biographical and contextual information about one author followed by an interactive discussion of the chosen texts (in the order listed).

Beth Guiliano is a retired professor of English, who taught literature and writing for over 20 years. She holds a B.S. in theatre, an M.A.T. in teaching English, and a D.A. in English education.

**Opera in a Time of COVID: The Different Solutions by Opera Companies Across the World**

**Naama Zahavi-Ely**  
Tue 1:30 PM - 3:30 PM  
1 session  
6/29/2021  
via Zoom  
275 seats available

Opera performances have been hit drastically by mandated closures during the time of COVID. While the "normal" run of the art of opera came to an abrupt and unexpected stop, opera companies and opera lovers found new and creative ways to enjoy and to perform opera at such challenging times. This course will explore the challenges and showcase the different and often brilliant solutions that were employed by different companies. The course will draw on the experience of several people who are connected with Opera in Williamsburg, and who were involved in the decision-making and innovative practices at several other companies. The course will focus on artistic content and problem-solving, with a mention of the financing changes and challenges involved and the effects of the pandemic on the lives of performing artists.
Naama Zahavi-Ely founded Opera in Williamsburg in 2012, and serves as the artistic and general director. She taught Biblical Hebrew at William & Mary for over a decade before retiring to her birth country, Israel. She believes that Williamsburg is uniquely positioned for intimate performances of opera classics.

**Optimizing Your Doctor Visit: Partnering for your Good Health!**

**Carol Bender**  
Tue 1:30 PM - 3:30 PM  
1 session  
6/1/2021  
via Zoom  
275 seats available

An outline of all information that should be prepared in advance to maximize the efficiency and good outcome of each physician/medical visit will be provided and discussed. Information for the audience to do their part in maintaining their good health will also be presented. Seeking a second opinion will also be addressed.

Carol Bender has a B.S. from Cornell University an M.A.T. from Columbia University, an M.D. from SUNY Upstate Medical University, and an M.B.A. from Johns Hopkins University. Carol served in private practice in internal medicine and was an adjunct faculty at George Washington School of Medicine. She was a member of Maryland Board of Physicians.

**Preserving and Transferring Wealth in the Commonwealth of Virginia**

**George Buxton**  
Wed 9:30 AM - 11:30 AM  
1 session  
6/2/2021  
via Zoom  
275 seats available

This lecture will focus on properly preserving and transferring wealth in Virginia. We will discuss wills, trusts, and estates, as well as Virginia’s new laws pertaining to powers of attorney and medical directives. Particular emphasis will be given to protecting family assets from the Deadly Ds: divorce, death taxes, disability, and debts.

Wake Buxton is an attorney and resident of Williamsburg. He has an LL.M. in estate planning from the University of Miami and an M.B.A from William & Mary. Mr. Buxton taught estate planning at the University of Charleston and was director of its Graduate Financial Planning Program.

**Rodgers Without Hammerstein: Mostly Larry Hart**

**Dan Sherman**  
Wed 1:30 PM - 3:30 PM  
1 session  
6/2/2021  
via Zoom  
275 seats available

Songwriter Richard Rodgers spent nearly equal time working with two of the theatre’s great lyricists, Lorenz Hart and Oscar Hammerstein. Rodgers’ work with Hart was very different than with Hammerstein, but also moved theatre toward more realistic shows. Together Rodgers and Hart produced more than 500 songs, including great standards such as My Funny Valentine, Bewitched, and the ballet Slaughter on 10th Avenue. The course will describe the partnership of Rodgers and Hart, while illustrating the wit, sadness, and sophistication of Hart’s lyrics with many great performance clips.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He has also lectured for Wagner Societies and college alumni groups. He has a Ph.D. in economics from Cornell University.

**An Engagement/Interaction of Life’s Experiences/Situations and How We React From Day to Day**

**Fran Bado**  
Wed 5:30 PM - 7:30 PM  
3 sessions  
6/9/2021 - 6/23/2021  
via Zoom  
40 seats available

It’s all about you! Do you need a life’s reset? How do we approach each day and how does it affect our lives? As we go through our daily routines, do we take advantage of all that surrounds us? We will have fun discussing positive and negative energy areas that motivate us, and how to appreciate the magic of our surroundings. This course is highly interactive, and you may see life with a different perspective. Take a break, kick back and see where this little road takes you!

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and

“...Osher enriches my life and has built a community of friends based on our mutual interests.”  
- Patricia, Osher member
continues to teach across the curriculum of project management. His passion for teaching coupled with his experience assures maximum skill transfer for students.

Smart Houses: What They Are and Why You Do and Don’t Need Them

Joe Cross
Wed 1:30 PM - 3:30 PM
1 session
6/16/2021
via Zoom
275 seats available

Smart houses have been a "work in progress" for thirty years, but only recently with internet and phone technology have they become viable. This course will provide an introduction into what they are and why you may or may not want to use this new and rapidly evolving technology.

Joe Cross has a B.A. in architecture and city planning and is the founder of PMA Architects in Newport News. He was the director of construction at Anheuser Busch and a Class A contractor and has lectured on first-time home buying and home maintenance for the U.S. Department of Housing and Urban Development.

So I am Thinking of Taking a Course On Blackboard, But What Is It?

Deborah Misiag
Tue 9:30 AM - 11:30 AM
1 session
6/1/2021
via Zoom
50 seats available

This lecture will show you a course in Blackboard and share the similarities and differences of taking a course via Zoom or Face to Face and Blackboard. Blackboard Courses have different expectations of the instructor and of the participants. The goal of this session is to help you make an informed decision when selecting this type of course.

Debbie Misiag has a B.A. in history from California State University, Fullerton and an M.A. from John Hopkins. She has taught undergrad and graduate students in person, hybrid and online. She has presented at state and national conferences. Debbie was an elementary school teacher and administrator and developed numerous professional learning opportunities for her staff.

Steps to Better Portraits in Chalk Pastels

Steve Prince
Tue 9:30 AM 11:30 AM
3 sessions
6/8/2021 - 6/22/2021
via Zoom
30 seats available

In this three-day workshop, artist Steve Prince will guide participants in learning a conceptual formula for creating more accurate portraits in chalk pastels. Students will learn proportion, shading, and color techniques to make representational drawings from photographs.

Steve has a B.A. in fine arts from Xavier University of Louisiana and an M.F.A. in printmaking and sculpture from Michigan State University. He has over 25 years of art teaching experience.

Taxes in Retirement & Social Security

Jacob Bales
Thu 2:00 PM - 4:00 PM
3 sessions
6/10/2021 – 6/24/2021
via Zoom
275 seats available

In this course, we will review the basics of taxes in retirement and how they may not be what you expect, as well as focus on how the most recent changes may affect you and key strategies to consider. We will also have a discussion on Social Security claiming strategies, in addition to management tips. The tax portion will have a focus on the basic concepts and policies that work together to create the system we know today. You will learn methods that can help manage the taxes you experience, including proper distribution structure and asset structuring strategies.

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

The Rise and Fall of the Berlin Wall

Anette Isaacs
Thu 4:30 PM - 6:30 PM
1 session
6/24/2021
via Zoom
275 seats available

With the rise of the Berlin Wall sixty years ago this summer, the course of Germany’s and especially of Berlin’s history took a tragic turn. It would take 28 years for this cruel and inhuman symbol of Germany’s division to come down, thus giving birth to yet another period in this European nation’s remarkable evolution. Join German Historian and Ex-Berliner Anette Isaacs, M.A., as she presents you with a historical and political overview of this painful but also almost miraculous period in Berlin’s captivating history.

Anette Isaacs is a German historian and public educator who has been presenting hundreds of programs on more than 30 different topics in Illinois and Florida. She has Masters’ degrees in American studies, political science, and history and is an adjunct faculty member at the
lifelong learning departments of 5 colleges in Illinois.

**Thirty Years as a Professional Investor: Lessons Learned for Young and Old**
Keith Reagan  
Thu 2:00 PM - 4:00 PM  
1 session  
6/3/2021 via Zoom  
275 seats available  

Here is your opportunity to improve your investment experience by learning from someone who has been around the block. Practical take-aways will be combined with colorful stories from an industry veteran who is still an active and in-demand Portfolio Manager and not afraid to answer the question: What would I have done differently?

Keith Reagan, Sr., has been a registered investment consultant for over 25 years. He is a graduate of William & Mary. His post-graduate work includes executive education at The Wharton School of Business. He has been recognized as a Five Star Wealth Manager for three years in a row. His firm, Reagan Holloway, offers fiduciary portfolio management on the Fidelity and Wells Fargo platforms.

**What Can You Do with Your WRL Library Card?**
Barry Trott  
Wed 9:30 AM - 11:30 AM  
1 session  
6/23/2021 via Zoom  
275 seats available  

From eBooks, downloadable music, genealogy, and health research to direct assistance from librarians, you can find what you need through Williamsburg Regional Library’s (WRL) digital collections and services. We will discuss the variety of resources that can be accessed with your library card 24/7 from the WRL website, www.wrl.org. Whether you use a desktop computer, a laptop, or a mobile device there is something for you at WRL.

Barry Trott is the digital services director at the Williamsburg Regional Library (WRL). He coordinates the library’s digital collections, services, and programs, including the library website and social media. He is the series editor for Libraries Unlimited’s Read On series and author of Read on...Crime Fiction (2008).

**Wild Times: Audubon’s America**
Patricia Ryther  
Mon 9:30 AM - 11:30 AM  
3 sessions  
6/7/2021 - 6/21/2021 via Zoom  
35 seats available  

A young man in a young nation, John James Audubon had the ambitious goal of painting all the birds of America, life-size. The still new United States was mostly wilderness, and Audubon had a small business to run and a family to support. He labored without success for years, suffering personal rejection and financial ruin, as he discovered new species, studied their habits, and left a warning and a legacy for the conservationists who would follow. This course will focus on Audubon’s life and world, a time of explosive growth and rapid scientific and technological change.

Patricia Ryther is retired from a career in banking and insurance, where her jobs included writing user manuals and other nonfiction. She has a degree in English literature and has taught at the community college level. In retirement, she is pursuing her lifelong interest in fiction writing.
For all the latest information about Osher programming, please make sure you read our e-newsletter, follow us on Facebook @OsheratWM, and visit our website at www.wm.edu/_osher