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FIND OUT WHAT’S INSIDE

FALL 2019 COURSES, ACTIVITIES & ONE TIME LECTURES

Osher at W&M
Contact Information
5300 Discovery Park Blvd.
Williamsburg, VA 23188
Mail To: PO Box 8795
Williamsburg, VA 23187-8795
(757) 221-1506
osher@wm.edu
www.wm.edu/osher

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Welcome to the 2019 Fall Semester!

I extend a hearty and sincere welcome to all who are first-time or continuing members of the Osher Lifelong Learning Institute at William & Mary. We have another exciting semester of multiple session courses, one-time lectures, and activities (including a series of Town & Gown Noon lectures) lined-up for your participation. We think you will find more than one course, lecture, or activity that will “tickle your fancy,” intellectually and socially. If not, please let me or a Board member know (see names below).

I look forward to meeting those of you who will become members for the first time or who are rejoining us after an absence. Enjoy your pursuit of knowledge and friendship among fellow Osher learners.

John Anderson
President
Welcome one and all to the Osher Lifelong Learning Institute at William & Mary (Osher Institute at William & Mary)! We were founded in 1991 as the Christopher Wren Association by the late Wayne and Ruth Kernodle. Our program was designed to allow continued intellectual stimulation and fellowship for persons specifically, but not exclusively, over the age of 50.

Our programming works well for the active senior who seek intellectual stimulation in the form of short term courses, social interactions and opportunities to engage with the community. Fall courses include opportunities to study Art and Music, Computers and Technology, Government and Law, Literature, and Yoga, or to join various foreign language small groups during the lunch hour. There is something for everyone.

In 2018, our lifelong learning program was invited to become a part of the Bernard Osher Foundation network. The affiliation was accompanied by an initial $100,000 grant which has supported audio/visual upgrades to the Wightman Cup Room, the purchase of portable presentation equipment for offsite classroom use, increased Town and Gown lecture series programming and the creation of a one-day "Weekend Sampler University". We were also able to establish the Christopher Wren Association/Kernodle Scholarship so that more of the Williamsburg community can enjoy our class offerings. Two conditions of the grant were that the program become an official entity of William & Mary and the organizational name change to reflect the alignment with the Osher Foundation.

The Osher Foundation is dedicated to supporting various education and arts programs and has funded 123 other Osher Institutes nationally. In 2020 the program will be evaluated on its use of the initial funding and will be eligible for an additional $1 million endowment from the Osher Foundation. This subsequent investment will ensure stability for Osher Lifelong Learning at William & Mary for years to come.

Affiliation with the Osher Foundation has also provided us access to The National Resource Center which provides an excellent network with other Institutes to seek collaboration, ideas and much more.

In the past 28 years, the Osher Institute at William & Mary has grown from a small organization offering 16 courses with 109 members to a thriving institute offering 170 courses with about 1300 registrants each semester. We have always been, and remain a volunteer run organization. Your membership fee covers all costs of doing business, which includes payroll for a small staff but the program could not function without our volunteers. If you are interested in getting involved beyond taking courses, contact me about the ways you can assist us to ensure our continued success.

My staff and I look forward to seeing our returning friends and welcoming our newcomers to the Osher family. Enjoy your semester.

Regards,

Scherry Barra
Director

Osher Administrative Team
(From left to right) Phoebe Williams, Carrie Lehman, Scherry Barra, Ann Covington, & Judy Evans
You must be a Regular Member in order to register for courses, one-time lectures and activities (including Town & Gown Noon Lectures), or an Associate Member in order to register for the Town and Gown Noon Lecture Series or special event trips. Please select your courses and lectures with the intention of attending every session. Absences result in underused classroom space and prevent attendance by members who are on wait lists.

If you need to drop a course before it begins, please notify the Osher Institute office at (757) 221-1506 so they may contact the first person on the wait list to fill the available seat.

Osher courses, one-time lectures, and activities (including Town and Gown Noon Lecture Series) are intended for Osher members. A member’s guest may attend a course or an activity once, only if the course is not fully subscribed. Local guests must be considering joining the Osher Institute at W&M. The office must be informed prior to any guest attending.

The Osher Institute at William & Mary (W&M) will cancel courses/activities/events/training for weather if “W&M University Events and Activities” are canceled. A notice will be on the Osher Institute office voice mail (757-221-1506). Please note, you will not be personally contacted.

Registrants will receive their name tag by e-mail approximately two weeks before the semester begins. Plastic name tag holders will be available on the first day of your course. Please wear your name tag to all Osher Institute events.

Please note that the Osher Institute at W&M fees are membership fees. They are used to cover overall expenses of operating our lifelong learning program in a given semester and are not directly related to the number of courses you may take (i.e., there are no “per course” fees, and therefore, no “per course” refunds). Members are free to register for open courses (up to 8 course max) at any time, even after a semester begins.

The deadline for a refund of the membership fee is the first day of the semester. For fall 2019, the refund deadline date is September 9, 2019. Please submit a refund request in writing to osher@wm.edu. An explanation as to why you are canceling is appreciated.
Want to attend courses offered by the Osher Institute at Williams & Mary?

Don’t have $135 on hand? Apply for a 100% scholarship.

Several Kernodle-Christopher Wren Scholarships sponsored by the Institute will be awarded this year to individuals age 50 or older who have an annual combined household adjusted gross income of $50,000 or less.

The scholarships (funded by a grant from the Bernard Osher Foundation) pay the full cost of a Regular membership in the Institute and registration and parking for up to eight 2019 Fall semester courses. The courses begin September 9 and end December 6.

Applications are available from the Osher Institute at W&M office at (757) 221-1506 or osher@wm.edu. Return by mail or digitally soon as registration begins mid-July.

The scholarship program is named after Wayne and Ruth Kernodle, founders of the Christopher Wren Association’s lifelong learning program in 1991.

Osher operates best when its members participate.

Talk to a board member or our Osher staff about these great volunteer opportunities.

1. Help with Technology Integration
2. Serve on the Board
3. Write Articles for Newsletters
4. Registration Assistance
5. Take Photographs
6. Help in Our Office
7. Plan Special Event Tours
8. Serve as a Class Assistant
9. Serve as a Classroom Host
10. Help Organize Events and Receptions
11. Shape Curriculum and Recruit Instructors
12. Help Instructors Create Power Point Presentations
13. Teach a Course
14. Provide Technical Assistance in the Classrooms
Benefits to Registering Online

Our online system is a quick and convenient way to register for regular and associate membership, sign up for courses, add activities, access wait lists, and access your schedule.

Follow These Steps to Register

1. Review the Catalog
   Go to wm.edu/osherto see the catalog online.

2. Review Instructions Online
   Follow the step-by-step registration instructions on the website.

3. Register and Pay
   Select your membership type and pay with a credit card.

4. Submit Course Requests
   Choose the courses and activities you would like to attend.

5. Receive Automatic Reminders
   Reminders will be sent to confirm enrollment, waitlists, and course details before classes begin.

Fall Registration Session Dates

Registration request period begins: **July 19, 2019**
Registration request period ends: **July 25, 2019**
Course confirmation emails sent out: **July 26, 2019**
*You can still register for courses after the initial request period ends.

U.S. Mail Registration

Paper registration is an alternative for those that don’t have access to a computer. While we encourage all registrations to be submitted online, we want to accommodate everyone. A mail-in form is available in this catalog. Complete and mail hard-copy registrations and payment to: Osher Lifelong Learning Institute, William & Mary, P.O. Box 8795, Williamsburg, VA 23187 by July 19, 2019.

REGULAR MEMBERSHIP
($135 Per Semester)

- Register for up to eight courses each semester
- Register for an unlimited number of activities (including Town & Gown Noon Lecture Series), and one-time lectures
- Register and pay for special event trips
- Enjoy free borrowing privileges at The Earl Gregg Swem Library at William & Mary*
  * Restrictions apply

ASSOCIATE MEMBERSHIP
($50 Per Semester)

- Attend Town & Gown Noon Lecture Series (which, consists of six lectures)
- Register and pay for special events and trips
Activities

Basic Wine Appreciation
Phil Pryor, Lynn Pryor
Mon 4:00 PM - 6:00 PM, 3 session(s)
Ford's Colony Country Club, Banquet Room
60 seats available

Don't be intimidated any more. We will discuss how wine is made, regional differences, hints on ordering at restaurants, wine store buying, tasting techniques, and how to find wine values. We will also look at the marriage of wine and food, talk about how to read wine labels, pricing, and wine storage at home. Wine myths will be uncovered. Finally, we will confirm what we have learned with a wine-tasting session. **There will be a materials fee of $15.** Please bring payment to the first meeting.

Phil Pryor has taught Basic Wine Appreciation for over 18 years. Studied wine at the Acadamie du Vin in Paris. Former member of Les Amis du Vin and other wine clubs. He established and manages the Wine Society for Ford's Colony. Graduate of the U.S. Military Academy and holds an MBA-Operations Research/Systems Analysis from Tulane University.

Lynn Pryor has 30 years of experience attending wine tasting groups, seminars and organizations, and 17 years organizing wine tastings. She also has 35 years of technical experience with computers and presentation software.

Book Lovers Discussion Group
Patrick Dugan
Mon 12:00 PM - 1:00 PM, 4 session(s)
9/9/2019, 10/7/19, 11/4/19, 12/2/2019
Williamsburg Regional Library, Schell Room
30 seats available

Join us for thought provoking discussions on four excellent books. We begin with *A Tree Grows in Brooklyn* by Betty Smith, a seminal classic that transports us to the era of our parent’s youth. It is filled with laughter, heartache and enduring family love. Next is *The Alice Network* by Kate Quinn. This historical fiction presents two intersecting storylines; one describing the heroic efforts of a female spy network during WWI, the second, a desperate search for an American refugee after WWII. Our non fiction piece is *Chesapeake Requiem* by Earl Swift. The subject of this book is the rapid erosion of the historic fishing community and soft shell crab capital of the nation, Tangier Island. We finish with a very funny book called *The 100 Year Old Man Who Climbed Out The Window and Disappeared* by Jonas Jonasson.

**Reading Required:** *A Tree Grows in Brooklyn* by Betty Smith. *The Alice Network* by Kate Quinn. *Chesapeake Requiem* by Earl Swift. *The Hundred Year Old Man Who Climbed Out the Window and Disappeared* by Jonas Jonasson

Patrick Dugan was an Assistant District Attorney in the New York County District Attorney's Office for 36 years.

French Conversation Table
Anne de Vulpillieres, Didier de Vulpillieres
Wed 12:00 PM - 1:00 PM, 12 session(s)
W&M Kaplan Arena, Wightman Cup Room
30 seats available

La Table de Conversation Française est un lieu de rencontre de personnes ayant en commun un intérêt dans la langue française et dans l’approfondissement de leur connaissance de sa culture. Les séances sont organisées autour de la lecture d’articles de journaux ou de magazines, lus et commentés par chaque participant dans une ambiance décontractée. Un niveau minimum de compréhension de la langue française est toutefois nécessaire pour pouvoir profiter pleinement de ces sessions.

Anne de Vulpillières is a native of France who has lived in the United States for more than 30 years. She is an accomplished artist who also tutors French conversation at home.

Didier de Vulpillières is a native of France who has lived in the United States for more than 30 years. He holds an engineering degree from France and an M.B.A. in international operations from Michigan State.

German Conversation Table
Judith Taddeo
Mon 12:00 PM - 1:00 PM, 12 session(s)
9/9/2019 - 12/2/2019 (No class on 11/25/2019)
W&M Kaplan Arena, Wightman Cup Room
25 seats available

Eine gute Gelegenheit um nette Und interessante Leute kennen zu lernen und um an vielseitigen Gesprächen teilzunehmen mit einer Thematik der Gegenwart und der Vergangenheit, die Kultur, Wissenschaft, Literatur und Sprache und Kunst umfasst und uns so einen Einblick in das deutschsprachige Wesen gibt.
Judith Taddeo grew up in Bonn, Germany, was a former member of the German Foreign Service and is currently working as a professional technical and legal translator. She has earned a B.A. in linguistics, with an emphasis on bilingualism as well as language acquisition in children.

**Italian Conversation Table**

**Flavio Mangini**  
Thu 12:00 PM - 1:00 PM, 12 session(s)  
9/12/2019 - 12/5/2019  (No class on 11/28/2019)  
Discovery, 5300 Discovery Park Blvd., Room 136  
20 seats available

Durante questo corso di conversazione avrete l'opportunità di praticare italiano con i vostri compagni di classe. Dovete essere in grado di leggere articoli di giornali e riviste e partecipare alla conversazione in italiano. Questo non è un corso di insegnamento della lingua italiana ma cercheremo di aiutarvi se necessario.

Flavio Mangini was born and raised in Italy where he earned his Ph.D. in chemistry. He joined a Fortune 500 company, worked in Europe and the United States, and retired as a vice president. He frequently visits family and friends in Italy and continues to look for opportunities to speak Italian.

**Meditative Yoga Practice Workshop**

**Madhur Hans**  
Mon 9:30 AM - 11:30 AM, 1 session  
WindsorMeade, Kensington Room  
40 seats available

Experience meditative yoga in this two hour workshop. Learn how to connect body, mind and brain to help boost immunity, uplift your brain function and enhance your emotional health! Members are encouraged to bring a yoga mat.

Madhur Hans is a descendant of ancient yogis and has been sharing her knowledge and experiences with communities worldwide to help them see 'life' from a different perspective and enjoy peace, harmony and deep contentment. Professionally, she holds a doctorate in medical biology and worked as a scientist, professor, counselor and healer.

**Meditative Yoga as Preventative/Supplemental Medicine**

**Madhur Hans**  
Mon 1:30 PM - 3:30 PM, 1 session  
10/21/2019 - 10/21/2019  
W&M Kaplan Arena, Wightman Cup Room  
40 seats available

Uniquely designed meditative yoga lectures and practice workshops teach about physical, mental and emotional detoxification, harmonizing the physical, mental and spiritual energy fields creating balance, enhancing mental focus/capabilities to prevent/cure stress, anxiety, depression, dementia, and physical illnesses.

Madhur Hans is a descendant of ancient yogis and has been sharing her knowledge and experiences with communities worldwide to help them see 'life' from a different perspective and enjoy peace, harmony and deep contentment. Professionally, she holds a doctorate in medical biology and worked as a scientist, professor, counselor and healer.

**Opera in Williamsburg Rehearsal - *The Pearl Fishers* by Georges Bizet**

**Naama Zahavi-Ely**  
Thu 11:45 AM - 3:00 PM, 1 session  
8/29/2019 - 8/29/2019  
Kimball, Theater  
150 seats available

Opera in Williamsburg, the innovative opera company that performs two fully-staged operas in Williamsburg each year, will open its doors at 11:45 so Osher members can observe a working rehearsal that begins at noon. The singers will already have rehearsed the music and some of the staging before coming to the Kimball Theatre. This will be a work session with piano accompaniment, no costumes and minimal props, with possible repetitions and with backstage staff moving around. The opera this time will be *The Pearl Fishers* by Georges Bizet. The finished production, on September 4, 6, and 8 will use lavish fantasy costumes.

Naama Zahavi-Ely founded Opera in Williamsburg in 2012, and serves as the artistic and general director. She taught Biblical Hebrew at William & Mary for over a decade before retiring to her birth country, Israel. She believes that Williamsburg is uniquely positioned for intimate performances of opera classics.
Rosewell Ruins: Living History Lecture and Private On-Site Guided Tour  
Clayton James  
Mon 9:30 AM - 11:30 AM, 2 session(s)  
9/30/2019 - 10/7/2019  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

The Rosewell Ruins in Gloucester County exist today as a relic of America’s fabled past. From the earliest Native Americans to the post-Civil War industrialization, American history was forged at Rosewell. This two-day activity will explore the history of Rosewell and discover why Rosewell today stands as one of America’s most magnificent mansions. The first session is a lecture, and the second session is a private tour of the Rosewell Plantation, located a 40-minute drive from William & Mary. Members are responsible for their own transportation but carpooling may be discussed on the first day of class. The Rosewell private tour on site at Rosewell will require a $5.00 admission fee to the Rosewell Visitor Center and Ruins.

Clayton W. James, CFM is a registered financial advisor and serves as the managing director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a B.S. in mathematical economics, and has been helping investors in the investment management industry since 2003.

Spanish Conversation Table  
Ruth Fraser  
Tue 12:00 PM - 1:00 PM, 12 session(s)  
9/10/2019 - 12/3/2019 (No class on 11/26/2019)  
W&M Kaplan Arena, Wightman Cup Room  
25 seats available

La mesa espanola les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua espanola hablada. En las reuniones, unos articulos de periodicos o del internet forman las base de la lectura y de los comentarios de los participantes. El ambiente es amistoso y todos nos apoyamos el divertirnos. (Caveat: This is not a beginning Spanish class meant to teach level I language.) A Spanish/English dictionary is nice to have but not required.

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She earned her M.A. in Spanish at the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador and Peru.

The City of God: A Philosophical Garden Tour of Colonial Williamsburg  
Michael Lorence, Diana Lorence  
Wed 9:30 AM - 11:30 AM, 1 session  
Colonial Williamsburg's Palace Green  
40 seats available

This hour-long walking tour of the town and gardens along Palace Street in Colonial Williamsburg examines the city through the philosopher’s eyes. Do gardens have meaning? Is architecture more than shelter and decoration? Was the Colonial Revival a mistake or a revelation? Was there a difference in 18th century Williamsburg and what difference does it make to us today? Please join us for this unique look into the silent meanings written upon the houses, gardens and town plan of our “ancient citie.” It is requested that enrollees purchase a Colonial Williamsburg Good Neighbor pass.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Diana Lorence speaks at libraries and literary events across the country. She and her “Innermost House” have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of “Home” in the modern world, encouraging other

Town and Gown Noon Lecture Series  
JoAnn Gora, Coordinator  
Thu 12:15 PM - 1:15 PM, 7 session(s)  
9/19/2019 - 10/31/2019  
School of Education, Matoaka Woods Room  
370 seats available

On six dates, bring your lunch and join in a social gathering prior to an interesting lecture/program (see schedule below). Bottled water and soda will be provided. All Regular and Associate Members are eligible to register. Wear your current semester name tag for entry. This activity is purposely oversubscribed and each meeting will be first come first serve.

September 26: Dr. Steven Hanson, Vice Provost for International Affairs and Director of the Reves Center for International Studies; Topic: Thirty Years After the Fall of the Berlin Wall: Lessons Learned from the Study of Post Communism.

October 3: Moderator: Ted Maslin, Williamsburg City Council; Panel: Barbara Ramsey, Williamsburg City Council; John Mc Glennon, James City County Board of Supervisors; Tom Shepperd, Chairman, York County Board of Supervisors; Topic: Local Government: What Keeps Us Awake At Night?

No lecture on October 10.

October 17: Dr. Megan Tschannen-Moran, Professor of Educational Policy, Planning, and Leadership; Topic: Navigating the Dynamics of Trust, Betrayal, and Revenge.

October 24: Dr. Monika Gosin, Associate Professor of Sociology and Coco Scholar; Topic: The Limits of a Special Status: Cuban Immigration and the Quest for American Belonging.

October 31: Botetourt Chamber Singers, Professor Jamie Bartlett, Director; Topic: Seasonal Sounds to Delight You.

JoAnn Gora has more than 44 years experience in higher education. Before starting her own consulting firm, she was president of Ball State University, chancellor of the University of Massachusetts (Boston), provost and vice president for academic affairs at Old Dominion University and dean of the College of Arts and Sciences at Fairleigh Dickinson University.

Vinyl Lives!
Edward Chambers
Fri 1:30 PM - 3:30 PM, 2 session(s)
11/15/2019 - 11/22/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Most of us grew up listening to records . . . music etched in a groove on a black plastic disc. Decades ago, this technology was considered inferior, replaced by digital compact discs and internet streaming. However, records have made a huge comeback in recent years. A new generation of listeners is buying turntables and LPs. Why? Find out in this class. The first session will explore the history of recorded music, beginning with Edison’s phonograph. During the second session, attendees will be asked to bring one or two of their own records. Selections will be played on the instructor’s own stereo system.

Edward Chambers is a Williamsburg attorney who attended law school at William & Mary and recently retired after practicing 43 years in our area. He was also heavily involved as a volunteer with the Virginia State Bar, having served 12 years on Bar Council and on many Bar committees.

Wren Readers: A Book Discussion with Lawrence Perlow
Lawrence Perlow
Mon 12:00 PM - 1:00 PM, 1 session
10/14/2019 - 10/14/2019
School of Education, Room 2011
20 seats available

Come join us to discuss Chesapeake Requiem: A Year with the Watermen of Vanishing Tangier Island by Early Swift. For two centuries the waterman of Tangier Island have fed the nation’s appetite for crabs and oysters. The isolation of the island has fostered a unique community rich in tradition and pride. Their way of life and very existence is now threatened by rising sea levels and erosion. Journalist Earl Swift lived with these men and women for three years. He describes their responses to seemingly irresistible changes to their community and culture as their occupations, religious institutions, and schools try to adapt to the physical changes on their island.


Lawrence Perlow is an oncologist who received his medical degree from Georgetown University. After a career as an executive with several multinational corporations in the pharmaceutical industry, he received a D.Litt. from Drew University.

Yoga and Meditation
Indira Ghosh
Fri 11:00 AM - 12:00 PM, 3 session(s)
10/4/2019 - 10/18/2019
Williamsburg Landing, Charter Room
40 seats available

Yoga is an outstanding segment of an ancient educational and remedial legacy which is seen to be valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns. Athletes use it to tone muscles and increase flexibility. Corporate executives rely
on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue. This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation. Bring a mat or blanket to use on the floor and wear comfortable clothing.

*Indira Ghosh was a lecturer in physical education and yoga in Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is also an orthopedic nurse and teaches yoga and meditation in Williamsburg.*

**American History**

**A Farewell to Our Presidents**

**Bernie Henderson**  
Fri 1:30 PM - 3:30 PM, 3 session(s)  
10/4/2019 - 10/18/2019  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available  

Presentations on the deaths and funerals of Virginia-born Presidents; the assassinations and funerals of Presidents Lincoln, Garfield and McKinley; and a brief description of the deaths and funerals of our deceased Presidents.

*Bernie is CEO of Nelsen and Woody Funeral Homes. He has researched deaths and funerals of U.S. presidents and presented courses on this subject to several organizations, including Osher Institute of the University of Richmond and Open University of Richmond’s Shepherd Center.*

**A Good Look at the First Ladies of the 1920s**

**Feather Foster**  
Thu 9:30 AM - 11:30 AM, 3 session(s)  
10/24/2019 - 11/7/2019  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available  

They didn’t roar. They didn’t flap. But they were a nifty bunch of gals! This course will be a re-examination of the style and surprising influences of three very different FLOTUSES from nearly 100 years ago! With some great stories, too! Session one: An in-depth look at Florence Harding, the tough and savvy Duchess! Session two: Examine the many graces of the Lady in Red: Grace Coolidge. Session three: Lou Henry Hoover, and the surprising abilities of a Stanford graduate!

*Feather Foster spent more than 35 years in advertising before starting a retirement career that has centered on First Ladies of the United States history, specifically the old gals. She has written four books on the subject. The latest is Mary Lincoln’s Flannel Pajamas and Other Stories from the First Ladies’ Closet.*

**Any Way to Win? Reflections of an Infantry Colonel in Afghanistan**

**John Bessler**  
Tue 4:30 PM - 6:30 PM, 3 session(s)  
9/10/2019 - 9/24/2019  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available  

This course will discuss group leadership principles and lessons gleaned from 30 years of Army service and multiple deployments, including Afghanistan. The nuances required to effectively accomplish missions and achieve objectives, the frustrations of coalition leadership, some discussions on negotiation, the importance of perspective and perception, and decision making in a time-constrained environment and amidst ambiguity will be discussed and compared to leadership in the corporate/business sector. The suggested readings provide a backdrop to the military discussion.  
**Reading: Suggested:** *Once a Warrior King* by David Donovan. *The Places in Between* by Rory Stewart.

*John Bessler spent time as an Infantry Colonel during Operation Enduring Freedom, commanding troops from every service, five allied nations, across the entire security apparatus of Afghanistan. This provided ample opportunity to learn how to lead a coalition -- and achieve results in spite of national caveat, personal upbringing, official funding stream, or tribal agenda!*

**Between the Wars: From Ain't We Got Fun to Brother Can You Spare a Dime**

**Marilyn Younger**  
Mon 1:30 PM - 3:30 PM, 3 session(s)  
9/30/2019 - 10/14/2019  
School of Education, Room 2060  
40 seats available  

*John Bessler spent time as an Infantry Colonel during Operation Enduring Freedom, commanding troops from every service, five allied nations, across the entire security apparatus of Afghanistan. This provided ample opportunity to learn how to lead a coalition -- and achieve results in spite of national caveat, personal upbringing, official funding stream, or tribal agenda!*
The period between the wars was a time of great change. What was it like for our parents, grandparents, and great-grandparents living through it? While considering the major events of the period, our focus will be on the social and cultural aspects and how the people who lived through this short 20-year period experienced it. Presaging our own in many ways, we will consider the speed of change, including technology, fashion, entertainment, and cataclysmic weather to gain a better understanding of what life was like for those who embraced and endured it.

**Reading: Suggested:** Bernice Bobs Her Hair by F. Scott Fitzgerald (free online). Only Yesterday, An Informal History of the 1920's by Frederick Lewis Allen.

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Marilyn Younger retired from the Social Security Administration where she served as director of the Data Exchange Program. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She works part time as an interpreter for Colonial Williamsburg and is a Certified Interpretative Guide of the National Association for Interpretation.

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Sandy Menaquale
Tue 9:30 AM - 11:30 AM, 3 session(s)
10/1/2019 - 10/15/2019
Williamsburg Regional Library, Theatre
250 seats available

Lindbergh was *Time* magazine’s first Man of the Year for making the first solo nonstop flight between two major cities across the Atlantic Ocean on May 20–21, 1927. For that 331/2-hour flight, Lindbergh was honored with awards, medals and parades throughout the world. But this intensely private man was never quite comfortable with the idolization thrust upon him and did not conform to the image of hero the public sought. The study of Lindbergh demonstrates that heroes, like the rest of us, have many facets, some definitely flawed.

**Reading: Suggested:** Lindbergh by Scott Berg.

Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages. She also worked for Thomas Nelson Community College in Workforce Development training adults.

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Collecting the Civil War

Robert Jaffee
Thu 9:30 AM - 11:30 AM, 3 session(s)
10/24/2019 - 11/7/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

An in depth review of Civil War collectibles for sale from one dollar to one million dollars. A course for the beginning to advanced collector as well as those interested in Civil War artifacts. We will cover from buttons to uniforms including weapons, accouterments, and photographs. A discussion of how to buy, where to view and a syllabus of reference books will be included.

Robert Jaffee is a 50-year collector of Civil War memorabilia with nine published articles on the subject in publications of North South Trader's Civil War, The Gun Report, and The Rail Splitter.

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Dirt on the Neighbors

Meredith Poole
Mon 1:30 PM - 3:30 PM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Archaeology’s subject matter provides a unique perspective on the lives of Williamsburg’s past residents—those with names still associated with the Historic Area, and those whose names were not recorded. This course takes a deep dive into the households of John Custis (planter, politician, and scientific gardener), James Geddy (patriarch of a metal-working family), and Richard Charlton (proprietor of the Coffeehouse). Taking on one household per class session, Colonial Williamsburg’s archaeologists will guide an exploration of the written history, the excavations, and the artifacts that shape the stories of this 18th century community.

Meredith is a senior archaeology staff member at Colonial Williamsburg.

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Hats! The Importance of the Women's Millinery Industry in American History

Julia Henri
Fri 1:30 PM - 3:30 PM, 3 session(s)
11/15/2019 - 12/6/2019  (No class on 11/29/2019)
School of Education, Room 1056
40 seats available

Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages. She also worked for Thomas Nelson Community College in Workforce Development training adults.
Imagine! There was once a time when women considered hats more important than shoes! This lecture series will include original slide presentations illustrating dramatic millinery designs from important collections and never-before-published historic imagery. Authentic head-turning hats will be on display covering every major era between 1770 to 1970. Hear dramatic stories about how glamorous headgear evolved into male-dominated factory businesses and gave birth to labor and endangered species laws. Understand the sculptural artistry, feminine self-expression, and profound importance of hats and bonnets in our American history.

Julia Henri is an accredited appraiser with the International Society of Appraisers, and published journalist/photojournalist with professional member designation from The Author's Guild, New York City. Her extensive background is available online. Although Julia has a passion for millinery fashion history, she only wears a ballcap on bad hair days.

Historical Adaptations: Virginia’s Public Colleges & Universities

Dorothy Finnegan
Mon 9:30 AM - 11:30 AM, 3 session(s)
Small Hall, Room 235
34 seats available

William & Mary was established by a royal charter, so it’s a private college, right? If Jefferson attended W&M, why did he start University of Virginia? Virginia has two land grant colleges. What is a land grant anyway? Old Dominion University and Christopher Newport University were children of William & Mary? Over the past 326 years, how have Virginia’s public colleges and universities evolved? What have been the social forces, administrative forecasting, and state needs that produced the current system of Virginia’s public higher education? This course explores the commonwealth’s convoluted history of state colleges and universities.

Dorothy Finnegan holds a Ph.D. from The Pennsylvania State University. She is a professor emeritus at William & Mary School of Education, where she taught higher education administration for 21 years. Her primary research and writing focuses on the history of the YMCA and its contributions to higher education.

Lincoln and the Constitution

Michael Kerley
Mon 1:30 PM - 3:30 PM, 3 session(s)
9/30/2019 - 10/14/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Abraham Lincoln was not only one of our greatest presidents, but he was also one of the most important interpreters of the Constitution. During the Civil War - a time that stressed the Constitution almost to its breaking point - Lincoln developed and articulated insightful and controversial positions on fundamental constitutional issues such as: the nature of our Union, the extent of presidential power and the balance between civil liberties and national security. Lincoln's interpretations defined the Constitution that we live under today. This course will examine and evaluate Lincoln's interpretations.


Michael Kerley is a retired attorney. He earned a degree in government at Notre Dame and a law degree at George Washington University. He practiced securities law for over 30 years with a major financial services company. Mike is now an instructor and speaker on the origins of the Constitution.

The Rise and Fall of Domestic Servants in Early 20th Century Northeast America

David Hopkinson
Mon 1:30 PM - 3:30 PM, 3 session(s)
9/30/2019 - 10/14/2019
Edgeworth Park at New Town, Community Room
40 seats available

An overview of the rise and fall of the profession of domestic servants as the Gilded Age moved on to the Progressive Era: cultural and historical context; structure, roles and duties of staff; relationships of servant to master and servant to servant; technological impacts; customs, rules and manners in wealthy homes attended by servants. We will look at psychological, social class and sociological factors at work in this unique arrangement of household operations.

David Hopkinson has a Ph.D. in clinical psychology. He spent seven years teaching full time at the collegiate and graduate school level – five of those at William & Mary. He was also a tour guide at Maymont Mansion and wrote a manuscript and presented as a public lecturer several times.
The United States Between The Wars (1918 to 1941)

Bernie Fitzgerald
Tue 9:30 AM - 11:30 AM, 3 session(s)
10/1/2019 - 10/15/2019
W&M Kaplan Arena, Wightman Cup Room
70 seats available

Course will discuss domestic, economic, and social issues, as well as events leading to and from World War II.


Bernard Fitzgerald is retired from the federal government (state, defense, and Army). He has taught a number of Osher Institute courses.

Thomas Jefferson: A Complex Man

Doug Cummings
Wed 1:30 PM - 3:30 PM, 3 session(s)
Williamsburg Regional Library, Theatre
250 seats available

Thomas Jefferson, considered one of our great Presidents, was a man of many contradictions. We will explore his early life in Virginia, his role both in the House of Burgesses and the Continental Congress, his time as Minister to France, his two terms as President and his relationship to other founding fathers and finally his legacy.

Reading: Suggested: American Sphinx: The Character of Thomas Jefferson by Joseph Ellis

Doug Cummings is a native New Yorker with a B.B.A. in economics, an M.A. in history, and an M.B.A. in executive management. He spent 34 years in management in the Bell System. He has lived in Williamsburg since 1998 and has been an interpretive guide at Yorktown Battlefield for more than 17 years.

Union & Confederate Cavalry - Part I

George Callis
Mon 9:30 AM - 11:30 AM, 3 session(s)
9/30/2019 - 10/14/2019
Small Hall, Room 235
34 seats available

This course is an overview of cavalry and their uses. The formation of the Union and Confederate Cavalry at the beginning of the war. A review of the Battle of Brandy Station where they finally met in force and why this battle was so important. The course is designed to give a basic understanding of cavalry in the American Civil War.

George Callis is a retiree from Xerox Corporation. He has been a member of the Company of Military Historians since 1963. He is a lifetime collector of Union and Confederate sabers and regimental histories.

Art and Music

A Night at the Museum(s)!

Sandra Stephan, Georgianna Avioli, Patricia Rublein
Wed 9:30 AM - 11:30 AM, 3 session(s)
10/2/2019 - 10/16/2019
Small Hall, Room 235
34 seats available

Three Muscarelle docents will explore the history and collections of some of the more interesting, if less frequently visited, art museums in the U.S. and England. Learn about the founders, the missions, and the sometimes very idiosyncratic origins of these amazing repositories of our cultural heritage. Georgianna Avioli will take us through the Isabella Stewart Gardner Museum in Boston and the Neue Galerie in New York; Patricia Rublein will show us through the Albert C. Barnes Museum in Philadelphia, and Sandra Stephan will lead us through Sir John Soane’s Museum and The Foundling Museum, both in London. Hear good stories; view great art!

Patricia Rublein, Georgianna Avioli, and Sandra Stephan have, as a minimum, bachelor's degrees, and have taught in public and private schools, colleges, universities, adult education programs, and prison programs.

Exploring Painting with Soft Pastels

Judith Leasure
Tue 1:30 PM - 3:30 PM, 6 session(s)
9/10/2019 - 10/15/2019
Williamsburg Landing, Doig Health Club - Art Studio
16 seats available

In this hands-on course, we will work from photos to examine the principles of art used to produce realistic still
life paintings. This course is for all skill levels, but is especially geared toward the beginner and those with some previous experience. Drawing skills are not required. During the course, we will complete two or three paintings. All materials will be provided for a $30 supply fee. Please bring payment to the first meeting.

Judith Leasure holds a B.A. in music education and an M.A. in business management. She has extensive private studies with Signature Members of the Pastel Society of America (PSA) and she is a Juried Associate Member of PSA. She has had works exhibited in numerous national-level shows and has extensive teaching experience.

Eye and the Camera
Sheila Conrad
Wed 1:30 PM - 3:30 PM, 6 session(s)
Williamsburg Regional Library, Theatre
250 seats available

During our six sessions, we will explore domestic and foreign documentary films from decades past and of more recent vintage. These films will be discussed in their historic, sociological/political, and artistic contexts. The films cover a range of subject matter including biography, politics, history, science, sports, nature, social and cultural phenomena, travel and adventure.

Sheila Conrad received a B.A. from the Film Institute at City College of New York and worked as a film editor in both New York and Los Angeles. She has been teaching film courses at Osher Institute since 2005 and T'ai Chi Ch'uan for more than 20 years.

Film Noir: The Most American Film Genre
Thomas Thompson
Tue 1:30 PM - 3:30 PM, 6 session(s)
10/22/2019 - 12/3/2019 (No class on 11/26/2019)
Small Hall, Room 110
166 seats available

The greatest film noirs show you that the world is not as it appears and as we wish it to be, peaceful, comforting, safe. These movies portray people whose lives changed in an instant, by accident, by sudden decision. Their world then becomes the stuff of nightmares. Depressing? Yes, but some emerge this way: "I think maybe I'm stronger and braver. I know I am. Because I know that everything we have is balanced on such a delicate web of incidence and coincidence." Roger Ebert says, "Because no society could have created a world so filled with doom, fate, fear and betrayal, unless it were essentially naive and optimistic."

Reading: Suggested: Film Noir: The Dark Side of the Screen by Foster Hirsch. Dark City: The Lost World of Film Noir by Eddie Muller.

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory, serving clients in the New York area, and became the employee ombudsman for the company's managers nationwide. Once retired, American Association of Retired Persons invited him to become a trainer, running workshops across the country.

From Page to Stage: Musicals Based on Literary Works
Melissa Puttre
Wed 1:30 PM - 3:30 PM, 6 session(s)
9/11/2019 - 10/16/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Musicals pull their inspiration from many varied literary works. Whether it's Greek mythology, a classic novel, biographies, a fairy tale, or even the Bible, this course will look at even more musicals that drew their ideas from all things literary. An in-depth look at numerous musicals that use literary works as their source material. Class will utilize both music from the shows as well as video clips.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night's Dream, Kiss Me Kate, and Children of Eden.

Introduction to the Basics of Drawing
Richard Corwin
Mon 1:30 PM - 3:30 PM, 6 session(s)
9/9/2019 - 10/14/2019
School of Education, Room 2000
12 seats available
This course is designed to help students develop the fundamentals of sketching: one and two point perspectives, composition techniques, and basic anatomy. This course will include assignments to be submitted for individual critique by instructor. At course end it is hoped each participant will have confidence in their finished works. **Required materials:** 9x10 or 12 sketch pad, 2B pencils and pencil sharpener.

Richard Corwin has a B.A. in American history from Empire State College, SUNY, and taught at a private school in central Florida. He has been exploring Inca and Maya ruins since 1982 and is a member of the Institute of Maya Studies in Miami-Dade College. He has presented an Ancient Maya library lecture series and written three books of short stories.

**Let's Sing Opera!**

Nancy Burstein, Rosanne Reddin  
Tue 9:30 AM - 11:30 AM, 6 session(s)  
9/10/2019 - 10/15/2019  
W&M Ewell Hall, Choral Room 151  
10 seats available

If you enjoy opera and can sing solo, this course is for you. Participants will be assigned roles in small ensembles based on their vocal ranges, their willingness to sing in French, German, Italian or only English, and their ability to hold a part - it's imperative that members attend all six sessions. The course will comprise of rehearsals culminating in a performance with piano accompaniment and simple costumes and blocking. Scenes will be selected from such operas as Le Nozze di Figaro, Il Trovatore, and Die Fledermaus.

Nancy Burstein served as producer and rehearsal pianist for “Living Room Opera” in Massachusetts. She holds degrees in economics from Massachusetts Institute of Technology, London School of Economics and Political Science, and Yale University. She taught economics at Purdue University and worked as a policy analyst for over 30 years.

Accompanist Rosanne Reddin is a past president of Williamsburg Music Club (WMC), and holds degrees in Music Education and Education.

**Modern Dance: Back to Bach and Fast Forward**

Carol Sherman

Thu 2:00 PM - 4:00 PM, 3 session(s)  
9/12/2019 - 9/26/2019  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available

Contemporary choreographers have made dazzling, perplexing, and diverse choices of accompaniment for their works. From the elegant exuberance of Paul Taylor's "Esplanade" set to Bach's soaring Double Concerto for Violins, to the mind-boggling mixed-media theater pieces of Alwin Nikolais set to his own futuristic electronic scores, a full spectrum of these choices will be explored through film viewing, anecdotal commentary, and class discussion.

Carol Sherman is professor emerita of dance at William & Mary. Her 42 year career also included faculty positions at Indiana University, San Diego State University, the North Carolina School of the Arts, Interlochen Arts Academy and the 92nd Street Young Men's and Young Women Hebrew Association in New York City, where she performed professionally for several seasons. She has taught classes for the Osher Institute since 2002.

**The Genius of Bill Evans**

David Hamilton  
Tue 1:30 PM - 3:30 PM, 3 session(s)  
10/1/2019 - 10/15/2019  
W&M Ewell Hall, Choral Room 151  
70 seats available

Most jazz fans and critics would agree that Bill Evans was one of the greatest jazz pianists who ever lived. His intensely emotional, harmonically complex and introspective style has influenced countless jazz musicians over the years. In this class we will first "take a look under the hood" to get a better idea of how jazz works. Then, through recordings and video reminiscences by those who knew Evans, we will come to a closer understanding and appreciation of the man and his music.

David Hamilton earned a bachelor's in music history from Old Dominion University and completed graduate work in music history at the University of North Carolina, Chapel Hill. He has worked as an organist/choir director, taught music and piano, and composes jazz pieces for piano.
**The Great American Songbook: Inside the Cabaret World**

*Susan James*

Wed 9:30 AM - 11:30 AM, 3 session(s)
Williamsburg Regional Library, Theatre
250 seats available

A presentation of the cabaret genre as expressed in the music of artists such as Jerome Kern, Irving Berlin, George and Ira Gershwin, Cole Porter, Rodgers and Hart, Rodgers and Hammerstein, and Harold Arlen. The singers, the songwriters, and the songs will be explored along with more contemporary artists' work. Videos will be shown highlighting the historical importance of the art and the theatrical conversation that arises in performance as the vocalists personally interpret the rich musical contribution that is purely American.

**Reading: Suggested:** American Popular Song: The Great Innovators, 1900-1950 by Alec Wilder.

Susan James earned a bachelor's in music from Manhattanville College and completed post-graduate coursework in Camera and Film Production from University of Southern California. She understudied on Broadway, produced and directed musical revues for the American Theater Wing, and is founder of Artists in Partnership, a non-profit cultural arts organization.

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**The New Art of Zentangle**

*Diane Kane*

Wed 1:30 PM - 3:30 PM, 3 session(s)
School of Education, Room 2010
30 seats available

This course opens up the opportunity for anyone to become an artist whether one can draw or not. This new form of art is both fun and meditative. Since its creation, it has exploded worldwide. If you have looked at an adult coloring book you are seeing tangle. **Note: Required supplies include, blank paper, #3 pencil and sharp pointed, fine pen (Sharpies are great).**

Diane Kane holds a bachelor's in environmental journalism from Virginia Commonwealth University (VCU) and a master's in environmental communications/science from Antioch Graduate School, New Hampshire. She was a visiting instructor at VCU teaching environmental studies and has designed curriculum for high schools in journalism.

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**The Road to Broadway**

*Melissa Puttre*

Wed 1:30 PM - 3:30 PM, 6 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

An in-depth look at even more musicals and how they go from an idea to opening on the Great White Way. Whether they started as a concept album, a popular novel, the discography of a famous performer or a totally original idea, no show is guaranteed success on Broadway and the journey to get there can be difficult. Once again using documentaries, interviews and other available footage we will follow the journey of multiple shows and see how they made their way to Broadway.

**Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night's Dream, Kiss Me Kate, and Children of Eden.**

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**Understanding Opera, Part 1**

*Glenn Winters*

Thu 9:30 AM - 11:30 AM, 3 session(s)
9/12/2019 - 9/26/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will prepare students for the first two productions of Virginia Opera's 2019-2020 season. Puccini's political thriller Tosca and Daniel Catan's melodic romance Il Postino. Discussions will include comprehensive musical and dramatic analysis, illustrated with audio and video excerpts. Recommended for opera beginners and aficionados alike.

**Glenn Winters, community outreach musical director for Virginia Opera, received a D. Mus. from Northwestern University. He also holds a B.M. and M.M. in piano performance from Indiana University. His most recent successful commissioned operas include History Alive! and Tales from the Brothers Grimm. He has extensive performing experience as a pianist and operatic baritone.**
Computer and Technology

Exploring Excel for Intermediate Users
Edward McMahon
Mon, Tue 9:30 AM - 12:30 PM, 2 session(s)
10/14/2019 - 10/15/2019
School of Education, Room 2031 Computer Lab
20 seats available

This is a hands-on course for intermediate Excel users. The course will present various analyses, simulations, forecasting techniques, engineering studies, Monte Carlo applications, and use of pivot tables. Pitfalls and shortcuts in Excel will be discussed as will troubleshooting, data input validation, data sheet protection, and other topics of interest. Students are expected to have familiarity with Excel and the use of functions and formulas, and should bring a USB thumb drive to class.

Ed McMahon holds degrees in physics and electrical engineering, and a Ph.D. in system science from Brooklyn Poly. He has prepared and taught management courses after retiring as president of MRJ Technology Solutions in 2000. He received a diploma from the Chinese Cookery in 1996 and teaches hands-on Chinese cooking for the Confucius Institute at William & Mary.

iMovie for IOS (iPad and/or iPhone)
Rick Chase
Tue 1:30 PM - 3:30 PM, 3 session(s)
10/22/2019 - 11/5/2019
Thomas Nelson Community College, Room 328
24 seats available

iMovie (iOS version) is a video creation application enabling you to make your own blockbusters using video and photos on your iDevice. You will learn how to browse and select media, make Hollywood style trailers, create beautiful movies; play them back on your iDevices and Apple TV; and how to publish/share them with friends and family. Course will focus on using the iPad, but most of the iMovie features are also available on iPhone.

Reading: Suggested: iMovie Help for iPad (FREE) by Apple. iPhone and/or iPad User Guide (FREE).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

iPhone/iPad: The Basics and Beyond
Rick Chase
Wed, Fri 9:30 AM - 11:30 AM, 6 session(s)
School of Education, Room 2010
32 seats available

In this course you will learn how to use the most common apps and functions on these amazing devices. Topics covered include but are not limited to: the Phone features (iPhone), Mail, iCloud, WebBrowsing using Safari, Keyboard, iMessage, FaceTime, Camera, Photos, Contacts (address book), Calendar, Notes, APPS & APP Store, Music & Entertainment, iBooks, setting up WiFi & Bluetooth, accessories, troubleshooting, etc. This course is very hands on and interactive.

Reading: Suggested: Apple iPhone or Apple iPad User Guide (Free).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

Making the iPad Work for You
Margaret Fowler
Mon, Tue, Wed, Thu 9:30 AM - 11:30 AM, 4 session(s)
10/21/2019, 10/22/2019, 10/23/2019, 10/24/2019
School of Education, Room 1056
25 seats available

This consecutive four-day course is an immersive dive into unlocking the enormously practical potential of your iPad/iPhone. There is far more to know than email. Since these devices aren't going away, come learn how they can help you! From boarding passes to movie tickets to birding or doctor appointments, find out how to make your life easier using the capabilities of your Apple device. Remember, this class is four consecutive days. It is intended for current owners of these devices who know their Apple IDs and passwords and have their own email addresses, preferably, not a shared one.

Margaret Fowler earned her B.B.A. and B.A. in economics from Roanoke College. She had a career in investments and is a member of Chartered Financial Analyst since 1983. Served as computer classroom assistant with the Osher Institute often. Programmed extensively in BASIC, tutored privately with computers and iPads, and go to person on computer issues.
Modern Computing Devices and How they Work
Peter Henderson
Wed 9:30 AM - 11:30 AM, 3 session(s)
Small Hall, Room 235
34 seats available

In this course, we will discuss how modern electronic computing devices work - such as laptops, desktops, smart phones and watches, tablets, fitbit, and smart appliances. All digital devices work on the same fundamental principles. These principles include the stored program computer, digital logic and transistors, central processing unit, microprocessor, memory, storage, algorithms, communication and control, and interface devices such as display, input, navigation and networking. These concepts will be introduced in the context of the history of computing devices illustrating the progression from the industrial revolution to present day. Hardware components from modern computing devices will be presented and discussed.

Peter Henderson spent 34 years as an academic computer scientist and software engineer at The State University of New York at Stony Brook and Butler University. Computer science and computing education, at all educational levels, was his primary emphasis near the end of his academic career. He is a contributor to two educational columns: Math Counts and Software Engineering Education.

Finance and Economics
Baby Boomer Retirement: The Rules Have Changed
Mark Shelby
Thu 2:00 PM - 4:00 PM, 3 session(s)
9/12/2019 - 9/26/2019
Williamsburg Landing, Auditorium
50 seats available

Recent academic research details a shift in retirement planning. This is a comprehensive personal finance course for those in the early stages of retirement or those about to retire. It addresses retirement decisions such as asset allocation, income planning, and social security, as well as pitfalls to avoid. This course will help you better understand risk, taxes, budgeting, and estate planning. You will also learn: optimal asset allocation, how to develop an income plan, the sequence of returns risk, questions to ask a potential advisor, social security maximization, and six reasons retirees run out of money.

Mark Shelby is the president of Vertical Investments. He is an experienced investment advisor, financial educator, public speaker, and radio host. He graduated from the University of Wisconsin in 1993, where he served as an academic tutor for finance and economics.

Behavioral Finance: How Common Biases Lead to Bad Investment Decisions
Mark Monroe
Thu 9:30 AM - 11:30 AM, 3 session(s)
10/24/2019 - 11/7/2019
School of Education, Room 2066
34 seats available

Many investors are well versed in the traditional strategies and theories that govern the financial markets. Yet, too often, those same investors struggle to consistently apply that knowledge to their own portfolio. Why? This course will compare and contrast how traditional finance theory (what investors should do) differs from behavioral finance theory (what investors actually do.) Participants will learn how faulty reasoning and common biases plague even the most intelligent...
investors, resulting in their making irrational investment decisions. Course participants will also learn strategies to modify or adapt to behavior, leading to improved application of traditional finance concepts.

Mark Monroe is Managing Director of Monroe Capital Partners, LLC and Capes Capital Management, Inc. He graduated from North Carolina State University with a B.S. in economics and statistics. Mark has been an investment advisor for over 28 years, including serving Chesapeake Investment Group as president and Fidelity Investments’ Trust and Asset Management Division.

**Estate Planning for Modern Times**

**Rhiannon Hartman**
Thu 2:00 PM - 4:00 PM, 3 session(s)
10/3/2019 - 10/17/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This course will explore a variety of estate planning topics, with a particular focus on issues that are unique to modern times, such as planning for blended families and digital assets. Additional topics will include the difference between wills and revocable living trusts, the consequences of failure to plan, and the impact of changes to federal estate tax law on estate planning documents.

*Rhiannon Hartman is an experienced elder law and estate planning attorney in Williamsburg. She graduated cum laude from the University of Richmond School of Law and earned her undergraduate degree from William & Mary.*

**Financial Follies: From Tulips to TARP**

**(A Review of Unique Financial Events)**

**Keith Reagan**
Mon 1:30 PM - 3:30 PM, 3 session(s)
School of Education, Room 2060
40 seats available

Enjoy a fun and informative look back on some of the world's most unusual manias and crises.

*Keith Reagan, Sr. has been a registered investment consultant for over 25 years. A graduate of William & Mary, his post-graduate work includes executive education of The Wharton School of Business. He has been recognized as a Five Star Wealth Manager for three years in a row. His firm, Reagan Holloway, offers fiduciary portfolio management on the Fidelity and Wells Fargo platforms.*

**Lifetime Income Strategies**

**Jim Bales, Jacob Bales**
Tue 9:30 AM - 11:30 AM, 3 session(s)
10/1/2019 - 10/15/2019
School of Education, Room 2066
34 seats available

We will discuss financial education for retirees and how to plan your income for life. Post-retirement planning is often more difficult than planning for retirement. You are managing your entire nest egg, not collecting paychecks anymore, and have less time to recover from your potential mistakes. In this course, you'll learn time-tested strategies for planning your retirement income that are designed to make your money last.

*James Bales, registered principal, James Bales Financial, LLC. Securities offered through Centaurus Financial, Inc. Member of FINRA and SIPC.*

*Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social S*

**Protecting Your Estate From Probate, Taxes, Creditors and Long-Term Care Expenses**

**John Burton**
Thu 9:30 AM - 11:30 AM, 3 session(s)
9/12/2019 - 9/26/2019
School of Education, Room 1056
40 seats available

This course will focus on the basics of estate planning as well as more advanced, cutting edge planning techniques in order to protect one’s estate from lawsuits, creditor claims and Medicaid spend-downs. The course will specifically focus on the differences between wills and living trusts. Students will also understand the importance and unique intricacies of planning for incapacity as it relates to medical and financial decisions. Lastly, the course will focus on the topic of elder law and
how seniors can protect their estates against the rising and catastrophic expenses of long-term care.

John Burton is an experienced estate planning and elder law attorney who has taught clients, lawyers and the public on the subjects of estate planning, asset protection, elder law and business law. He is a graduate of Virginia Wesleyan College, has a J.D. from Regent University School of Law, and is a Certified Estate Planner.

Social Security and Taxes in Retirement
Jacob Bales
Tue 1:30 PM - 3:30 PM, 3 session(s)
10/1/2019 - 10/15/2019
Thomas Nelson Community College, Room 328
24 seats available

In this course, we will review the basics of taxes in retirement and how they may not be what you expect, as well as focusing on how the changes from the 2018 Tax Cuts and Jobs Act can affect you. We will also have a discussion on Social Security claiming strategies, in addition to management tips. The tax portion will have a focus on the basic concepts and policies that work together to create the system we know today. You will learn methods that can help manage the taxes you experience, including proper distribution structure and asset structuring strategies.

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

Understanding Today’s U.S. and Global Economic Trends, Issues, and Institutions
Dan Gaske
Thu 2:00 PM - 4:00 PM, 3 session(s)
11/14/2019 - 12/5/2019 (No class on 11/28/2019)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This 3-session course examines a selection of both current day U.S. and global economic trends and issues, with regard to trends, causes, impacts and implications, potential solutions, and impacts and implications of solutions. Examples of trends/issues potentially to be examined include: U.S.-China trade war, government debt, economic sanctions, comparison of U.S.-EU economic policies and outcomes, etc. Exact topics to be chosen closer to actual dates of course based in part on important issues at that time.

Daniel Gaske holds a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and numerous universities in the Washington, D.C. area. He is presently an adjunct professor of economics at the Mason School of Business, William & Mary.

General Studies
A Little Bit of Everything: Hot Tips and Creative Ideas for Daily Living
Linda Pincus
Thu 9:30 AM - 11:30 AM, 3 session(s)
9/12/2019 - 9/26/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Enhance your daily activities, work, and leisure time with practical, easy, and (sometimes) unusual shortcuts and tips. Save effort, time, money, and have fun as you learn. Re-purpose things and increase your organizational skills. Discover some simple techniques and ideas that can make a positive difference in your life. Examples: Be certain you remember where you put something, regardless of the passage of time. Leave home knowing you DID turn off the coffee pot and close the garage door, etc. An idea for a great box opener for packages, one much safer than utility knives. Label easily, for free, computer “spaghetti” wires and other corded devices.

Linda Pincus is a registered nurse and a graduate of Thomas Jefferson University in Philadelphia. She received her B.S. from Thomas Edison State University, provided medical care in hospital settings including Langley Air Force Base, maintained private practice in the fields of counseling expectant and new parents, and taught hospital-based and private classes in childbirth education, parenting, organization, communications, and behavioral changes.
America Comes of Age

Lynda Dunnigan
Wed 4:30 PM - 6:30 PM, 6 session(s)
9/11/2019 - 10/16/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

We will examine the ripple effect of Industrial Age technology as it transforms and shapes late 19th and early 20th century America. Topics include agriculture and industry, farm and city - horizontal and vertical landscapes, the iron horse to internal combustion engine, and taming the west. Industrial transformation begins with assembly line, mass production, catalogs, RFD, and the homogenization of American culture: telegraph, phonograph, telephone, moving pictures, home remedies, homeopathy, medicine shows, M.D.s, antibiotics, hospitals, economics, Robber Barons, immigrants and labor, economics and politics, and technology and the arts.


Lynda K. Dunnigan holds degrees from James Madison University and Syracuse University and has 34 years of teaching experience. With backgrounds in the social sciences and humanities, she designed and taught humanities courses at the secondary level, and is a former member of the Virginia Museum of Fine Arts Teacher Advisory Committee.

America's Weapon Systems - Now and in the Future

John Hickok
Mon 9:30 AM - 11:30 AM, 6 session(s)
10/21/2019 - 12/2/2019 (No class on 11/25/2019)
Small Hall, Room 235
34 seats available

America's defense is of immense importance to us all, and it is our responsibility as citizens to understand what our defense consists of and what it costs. Over six lessons, we will learn about threats, the Pentagon, the United States and defense budgets and present and future weapon systems that make up the defense of our nation. There will be a comprehensive overview of our major weapon systems covering strategic nuclear forces, space, air, sea, undersea and land. There will also be a short overview of Department of Defense's acquisition, technology and logistics system which provides and maintains the systems for our war-fighters.

John Hickok graduated from the U.S. Naval Academy, B.S., engineering/nuclear physics; M.S., aeronautical engineering and M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

An Engagement/Interaction of Life's Experiences/Situations and How We React From Day to Day

Fran Bado
Thu 4:30 PM - 6:30 PM, 3 session(s)
10/3/2019 - 10/17/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

It's all about you! Do you need a life's reset? How do we approach each day and how does it affect our lives? As we go through our daily routines, do we take advantage of all that surrounds us? We will have fun discussing positive and negative energy, areas that motivate us, and how to appreciate the magic of our surroundings. It is highly interactive and you may see life with a different perspective. Take a break, kick back and see where this little road takes you!

Francis Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience assures maximum skill transfer for students.

Bridge “Truisms"... or NOT!

Michael Jenks
Thu 9:30 AM - 11:30 AM, 3 session(s)
11/14/2019 - 12/5/2019 (No class on 11/28/2019)
Patriots Colony, Liberty Lounge
26 seats available

Bridge players learn several concepts that work more often than not and become bridge "truisms." They apply to all aspects of the game...defender play ("cover an honor with an honor"), bidding (bidding to the level of total trumps); and declarer play ("eight ever, nine never"). But there are many situations where blindly following bridge "truisms" is clearly wrong. In this course we will learn when and why to deviate from commonly accepted bridge truisms. You will have an opportunity to put to play several hands that demonstrate these situations.

Reading: Suggested: Modern Bridge Defense by Eddie Kantar.
Michael Jenks is a graduate of the United States Military Academy with a master’s degree in engineering from Stanford University. Mike spent 28 years in the United States Army Corps of Engineers. He is a bronze, silver, and ruby Life Master bridge player and has taught bridge locally since 2010.

Brush-Up Bridge
John Miley
Tue 1:30 PM - 3:30 PM, 3 session(s)
9/10/2019 - 9/24/2019
School of Education, Room 2016
25 seats available

For the average bridge players wishing to improve their game through reviewing the basic standard American yellow card rules designed to pass information to their partners through "table talk." Partners in pairs are encouraged to attend.

John Miley is a B.S. graduate of West Point with a four-year tour at the Military Academy as tactical officer of the cadets. He has an M.B.A. from the University of Chicago, an M.S. in taxation from DePaul University, and is an enrolled agent, authorized to practice before the IRS.

Conceptual Blockbusting for Lifelong Learners: Thinking Outside the BLOX
Scott Langhorst
Wed 1:30 PM - 3:30 PM, 3 session(s)
10/2/2019 - 10/16/2019
School of Education, Room 2060
40 seats available

It's never too late to (re-)discover innovative ways of thinking and problem solving! This course is designed to help enable Osher Institute members with a more creative approach to idea generation and problem solving. Students will experience a hands-on, interactive seminar using games, puzzles, and brainteasers to actively engage their minds (and others’) in a creative group process. Topics include: problems with problem definition, learning how to look at things in different ways, lateral versus vertical thinking styles, and identifying and overcoming conceptual “blocks” to problem solving. Join us to find out what it means to "...think outside the blox."


Scott Langhorst is retired from the Virginia Community College System and federal service (Army civilian). He is a faculty development specialist and trainer with experience as both a classroom and online teacher. Scott earned a Ph.D. in public administration from Virginia Commonwealth University and was an undergraduate psychology major at William & Mary.

Conversational Italian for Travelers: Level II
Carolyn Stowe
Tue 9:30 AM - 11:30 AM, 6 session(s)
10/22/2019 - 12/3/2019 (No class on 11/26/2019)
Discovery, 5300 Discovery Park Blvd., Room 136
20 seats available

This course is a continuation of Level 1 (prerequisite) using a workbook. Focus is on essential grammar, structure, and vocabulary. Conversation and oral participation will be encouraged.


Carolyn Stowe received a B.A. in Italian from Vassar College and participated in the master's program in romance languages at the University of Pennsylvania. She traveled extensively in Italy with her tour company, Stowe Away Tours, Inc. Carolyn taught elementary and secondary level French for ten years and gives private lessons in Italian.

Creative Genealogy: Expanding Your Approach to Research
Karen McPherson
Fri 9:30 AM - 11:30 AM, 3 session(s)
11/15/2019 - 12/6/2019 (No class on 11/29/2019)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

So you’ve created your family tree. You’ve verified some things and disproven others. What do you do now? In this class we’ll look at ways to get more creative with your genealogy research. No, I don’t mean making things up to make it more interesting! I mean looking at activities like writing and publishing your family stories, creating photo albums, blogging, using spreadsheets and other technology to deepen your understanding of your roots, taking genealogy research trips and making a genealogy Facebook Page. This class will be most useful for people who have already done some genealogy research.

Karen McPherson graduated from William & Mary and has a M.A. and Ph.D. in government from Catholic University and a M.A. in history from George Mason.
University. She also taught government and history in the public school system.

Fake News: Media, Misinformation, and Mistrust
Candice Benjes-Small
Mon 1:30 PM - 3:30 PM, 3 session(s)
Morton Hall, Room 20
70 seats available

“Fake News is not a fight over Truth but rather a fight over Power.” We’ll examine how political, societal, and technological forces affect the spread of information, and explore our own behaviors in order to become more thoughtful consumers of media.

Candice Benjes-Small is the head of research at William & Mary Libraries, having served previously at the University of Southern California and Radford University. She has presented and published extensively on critically evaluating news sites and is lead author of the article Teaching Web Evaluation, selected as a 2013 Top Twenty article.

For the Beauty of It All—West
Nancy Cogswell, Dennis Cogswell
Wed 1:30 PM - 3:30 PM, 3 session(s)
Morton Hall, Room 20
70 seats available

For the Beauty of It All—West is the second half of a two-course sequence that looks at National Parks, and other places of beauty in western North America. Extensive experience of the presenters is shared including narrative, pictures, and videos. Session one: Arizona, California, Washington, and New Mexico; session two: Alaska, Western Canada, Hawaii and the Virginia Islands; session three: Arizona, Colorado, Montana, North and South Dakota, Oregon and Utah. Information on Amtrak train travel will also be included. Registrants may view this presentation at www.ForTheBeautyOfItAll.com. Reading: Suggested: Dear Bob and Sue: One Couple’s Journey Through the National Parks by Matt & Karen Smith. Waiting on a Train by James McCommons.

Nancy Cogswell, mother of three adult children and grandmother of five, has co-led workshops with her husband Dennis for many years. A Registered Nurse, with extensive experience in women’s and children's heath and infectious diseases, she serves as the primary editor of his books and other communication projects. Dennis Cogswell, Ed.D in adult education from Virginia Polytechnic Institute, M.S.W. from Case-Western University. More than 40 years of teaching and administrative experience at Radford University's School of Social Work. Professor emeritus of social work, 1999 Virginia Social Work Educator of the Year, and author of Families are Forever.

Genealogical Online Research for the Beginner
Joseph Sell
Thu 9:30 AM - 11:30 AM, 3 session(s)
11/14/2019 - 12/5/2019 (No class on 11/28/2019)
School of Education, Room 2066
34 seats available

This is an introductory online genealogy research course. We will learn about the content and how to navigate two online software programs that hold a large collection of genealogical records. Ancestry.com is a subscription site; there is an institutional version available at local libraries and the local Family History Center. FamilySearch.org is a free site maintained by the Latter-Day Saints Church. Reading: Suggested: Unofficial Guide to Ancestry.com by Nancy Hendrickson. Unofficial Guide to FamilySearch.org by Dana McCullough.

Joseph Sell received his B.E. in chemical engineering from Villanova University; an M.S. and Ph.D. in chemical engineering from the University of Pennsylvania and an M.B.A. from Rutgers University. He worked professionally in the chemical industry, and upon retirement undertook the search for his family history.

Organizing Your Family Filing System
Kevin Joyce
Thu 2:00 PM - 4:00 PM, 3 session(s)
9/12/2019 - 9/26/2019
School of Education, Room 1056
40 seats available

This workshop will cover important family documents and the need for a well-designed, manageable system for organizing, updating and safekeeping these documents.
Kevin Joyce received a B.A. in economics from the U. S. Naval Academy. He is a financial advisor with Financial Security and serves in several capacities in the community, including vice president of the Fort Eustis Civic Leader Association and chairman of the Military Affairs Council.

Christian Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971-2004, and at the University of Maryland, Waynesburg College, and Ohio State University.

Residential Contracting and Project Management 101 for Homeowners

Joe Cross
Mon 1:30 PM - 3:30 PM, 3 session(s)
10/21/2019 - 11/4/2019
Morton Hall, Room 20
70 seats available

How to contract with, work with and manage home repairs, alterations and additions to obtain your desired results - on time, on budget and to your satisfaction.

Joe Cross has a B.A. in architecture and city planning and is the founder of PMA Architects in Newport News. He was the director of construction at Anheuser Busch and a Class A contractor, and has lectured on first-time home buying and home maintenance for the U.S. Department of Housing and Urban Development.

Spanish Grammar and Conversation: Intermediate/Advanced Level: Part I

Chris Scheiderer
Mon 9:30 AM - 11:30 AM, 6 session(s)
9/9/2019 - 10/14/2019
School of Education, Room 2000
25 seats available

This class is the first of two for intermediate and advanced students of Spanish. The focus of both classes is a review of some of the basics of Spanish grammar with short readings and conversation as a complement. The topics for the first class will include the present tense, ser and estar, reflexive verbs, and the passive voice. Readings and conversation topics will range from sports, food, traditions, and music to famous personalities from the Spanish-speaking world. The second class will emphasize the imperfect, preterite, and the compound past tenses, and on nouns and the articles.


Christopher Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971-2004, and at the University of Maryland, Waynesburg College, and Ohio State University.

Spanish Grammar and Conversation: Intermediate/Advanced Level: Part II

Chris Scheiderer
Mon 9:30 AM - 11:30 AM, 6 session(s)
10/21/2019 - 12/2/2019 (No class on 11/25/2019)
School of Education, Room 2010
25 seats available

This course is part II of the review of some of the basic elements of Spanish grammar with short readings and conversation. The emphasis in the presentation of grammar will be the preterite, the imperfect, and the compound past tenses, and something on nouns and articles. In addition we will continue with conversation and short reading selections. This course is most appropriate for intermediate and advanced students.


Television Sports Today

Jim Spence
Tue 9:30 AM - 11:30 AM, 3 session(s)
10/22/2019 - 11/5/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will take students inside the fascinating and compelling world of network television sports. Concentrating on programming and production, topics will include television rights negotiations and commentary. Jim Spence, who had day-to-day responsibility for all areas of ABC Sports, the most acclaimed television sports organization in history, will draw back the curtain on billion-dollar deals and personalities such as Howard.
Cosell, Jim McKay, Keith Jackson and Al Michaels, along with those behind the cameras.


The History of Italian Cuisine
Donna Kendall
Tue 1:30 PM - 3:30 PM, 6 session(s)
9/10/2019 - 10/15/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

One of the world's most beloved cuisines has a fascinating and diverse history. Thanks to the Etruscans, the Greeks, the Roman excursions to faraway lands, and the explorers, Italian cuisine has become what it is today. Join us for a look at the rich history and traditions associated with Italian food. Samples will be provided at each class. Mangia!

Donna Kendall has a B.S. in secondary education, and a M.F.A. in English and creative writing. She has been teaching for almost 35 years. She has been teaching for Northern Virginia Community College. She also studied Italian literature, taught Italian for the Department of Defense, and through Osher Lifelong Learning Institute at George Mason University.

The Virginia Aviation History and Local Museums
David Eberly
Wed 1:30 PM - 3:30 PM, 3 session(s)
Morton Hall, Room 20
70 seats available

The Virginia Aeronautical Historical Society representatives will present a review of the history of aviation in Virginia and the many firsts credited to our state. Additionally, separate sessions will explore the extensive, renowned collections of two nearby aviation museums: the Shannon Air Museum in Fredericksburg and the Military Aviation Museum and Fighter Factory near Virginia Beach home of The Warbirds Over the Beach annual celebration.

David Eberly is a member of the Virginia Aeronautical Historical Society. The members represent many thousands of flying hours and professional research in all aspects of aviation from World War II to present-day conflicts in Iraq and Afghanistan.

The World of Oriental Rugs
Frank Shaia, Bryan Siewert
Tue 5:30 PM - 7:30 PM, 3 session(s)
10/22/2019 - 11/5/2019
Shaia Oriental Rugs, 1325 Jamestown Rd
40 seats available

This course will feature an overview of the oriental rug industry. It will include the history of rugs from some of the oldest known through those of modern times. It will explain what makes an oriental rug, where they are from, and the various types. While the focus will be on Persian rugs, the class will cover rugs from nearby countries. It will also cover how rugs are woven, rug weaving and looms, the method of preparing the wool, and the dyeing process.

Frank Shaia is a second generation rug dealer. In 1973, Frank's older brother, Joseph, opened an oriental rug store in Williamsburg. Frank joined him shortly after and later bought the shop. While the shop specializes in fine new rugs, Frank spends most of his time with antique rugs and exhibits at antique shows. Bryan Siewert is the General Manager of Shaia Oriental Rugs and has been working for Frank Shaia for over 10 years. He grew up in Richmond and attended Virginia Tech.

Those Rascal Feelings and Values: 21st Century Myths, Misstatements and Misinterpretations
Dennis Cogswell
Wed 1:30 PM - 3:30 PM, 3 session(s)
Morton Hall, Room 20
70 seats available
Feelings or emotions are non-logical statements of how we are feeling about matters. Values are our preferences or what is important to us in life. Both come from within us and are caused by ourselves—not by others as believed. How the human brain works, especially perception loops; six different ways we structure time and/or human relationships and receive a primer on how we feel, value and think. You will experience theoretical content and meet up to 25 people who may already be in your lives.

Reading: Suggested: Families are Forever: 21 Century Matters (Books 1-4) by Dr. Dennis Cogswell (Free online at www.DrDsDomians.com). How Emotions are Made: The Secret Life of the Brain by Dr. Lisa Feldman Barnett. Games People Play by Dr. Eric Bearne.

Dennis Cogswell, Ed.D in adult education from Virginia Polytechnic Institute, M.S.W. from Case-Western University. More than 40 years of teaching and administrative experience at Radford University’s School of Social Work. Professor emeritus of social work, 1999 Virginia Social Work Educator of the Year, and author of Families are Forever.

Three Fascinating 20th Century Women You May Not Know
Judith Barzilay
Tue 9:30 AM - 11:30 AM, 3 session(s)
9/10/2019 - 9/24/2019
School of Education, Room 1056
40 seats available

This term we will discuss the following fascinating women: Katherine Graham, reared for a life of private privilege who, as publisher of the Washington Post during Watergate, became a champion for freedom of the press. Josephine Baker fled racism to become the toast of Paris as an entertainer. She spied for the Allies during WWII, fostered 12 children and worked tirelessly for civil rights. Alma Mahler, composer born in Austria, wife to composer Gustav Mahler, architect Walter Gropius, writer Franz Werfel and infamous mistress to other famous artists.


Judith Barzilay spent 18 years as a federal judge and is now on the faculty of the William & Mary Law School. She taught English literature and composition in high school and college and was a reference librarian. She has a particular interest in the biographies of influential women who might have been overlooked by traditional historians.

Government and Law

Citizen Watchdogs: Holding Your State and Government Accountable
Megan Rhyne
Fri 9:30 AM - 11:30 AM, 3 session(s)
9/13/2019 - 9/27/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Students will learn how to use the General Assembly website to track their lawmakers and the bills through the 2017 Virginia legislative session. They will also learn about the Virginia Freedom of Information Act: its use, abuse and the policy behind open records and open meetings acts.

Megan Rhyne, director of the Virginia Coalition of Open Government since 2008, received a B.A. in radio, television and motion pictures from the University of North Carolina and a J.D. from the University of Colorado School of Law. She was an adjunct professor of media law at Hampton University.

Congress Shall Make No Law..." The First Amendment in Theory, History, and Practice"
Karen McPherson
Mon 9:30 AM - 11:30 AM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.” These 45 words are the source of much discussion in the United States today. So what do they mean? This course will examine what the First Amendment meant when it was written, how the courts have expanded the meaning of these seemingly simple words, and how this amendment shapes American political discourse today.

Karen McPherson graduated from William & Mary and has a M.A. and Ph.D. in government from Catholic University and a M.A. in history from George Mason
University. She also taught government and history in the public school system.

Four Chief Justices of the United States
Jack Edwards
Thu 9:30 AM - 11:30 AM, 3 session(s)
11/14/2019 - 12/5/2019 (No class on 11/28/2019)
Williamsburg Landing, Jamestown-Yorktown Room
30 seats available

The first session deals with John Marshall; the second with Charles Evans Hughes and Earl Warren; and the third with John Roberts. The course deals with the background of each one, and with what opportunities and crises each one faced, rather than their overall record at the Supreme Court. Did their background contribute to their success? How do we define success for a Chief Justice?

Jack Edwards is professor emeritus of government at William & Mary.

How We Value Children: Child Labor, Public Education, and Juvenile Justice
Timothy McPherson
Wed 9:30 AM - 11:30 AM, 3 session(s)
10/2/2019 - 10/16/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The reform movements of the Progressive Era spawned numerous causes, including the elimination of child labor, the expansion of public education, and the creation of courts for children. This course will explore the history of each of these issues and analyze how they demonstrate a positive effect on children. The legendary child labor photographs of Lewis Hine will be featured. The efforts of contemporary public education to educate every child and the function of modern juvenile courts and the constitutional protections afforded juveniles will also be reviewed.

Tim McPherson graduated from William & Mary and has a J.D. from the University of Virginia and a M.Ed. from Marymount University. He also taught government and history in the public school system.

Supreme Court Preview
Jayne Barnard
Tue 1:30 PM - 3:30 PM, 3 session(s)
9/10/2019 - 9/24/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Supreme Court is traditionally a flashpoint for issues of national importance to millions of people. It also handles many cases that would seem to be important only to the people before the Court. In this course, we will explore some of the "hidden gems" on the Court's docket for the 2019-2020 term.

Jayne Barnard was the Cutler Professor of Law and Kelly Professor of Teaching Excellence at William & Mary, where she specialized in corporate and securities law. Her research interests included the powers of the Securities and Exchange Commission and the process and consequences of Ponzi scheme victimization.

The Cinderella Branch - U.S. Supreme Court in 1803
John Anderson
Thu 2:00 PM - 4:00 PM, 3 session(s)
10/24/2019 - 11/7/2019
Small Hall, Room 110
166 seats available

In 1801, in the midst of an emotional and partisan political climate that makes 2016 look tame, the Supreme Court had to pass judgment on the actions of newly elected President Thomas Jefferson and Secretary of State James Madison. We will examine the case of Marbury vs. Madison, the "midnight judges," and the events and personalities that put the weak young Supreme Court and its new Chief Justice in an apparent no-win situation. The ingenious solution made the case "one of the most famous and influential in history."

Reading Suggested: The Great Decision by Sloan & McKean.

John Anderson received his B.A. in philosophy from Holy Cross College, and his J.D. from Fordham Law School. He has practiced law in a corporate setting and taught both high school and law school. He currently works for a not-for-profit corporation that supports classroom teachers.
Transportation Security Administration Past, Present, Future
Michael Richardson
Tue 1:30 PM - 3:30 PM, 3 session(s)
10/1/2019 - 10/15/2019
School of Education, Room 1056
40 seats available

Lecture series on the inception, creation, challenges, successes, failures and the continued evolution of the Transportation Security Administration as a limited non-law enforcement security branch of Homeland Security. Series will include the development of new security technologies to preclude identity theft, fraud, stowaway and other potential threats to commercial aviation. Facial recognition, a recently deployed security measure will be included along with bottled liquid scanning and new developments in X-ray technologies.

Michael Richardson, a West Point engineering graduate with a concentration in national security and a master's degree in international affairs, has served in the government as both a federal employee and a contractor. He has applied his engineering and management skills to the development and successful integration of technical security processes in United States embassies and to many of the 450 federalized airports.

U.S. Border Security and Immigration Control: A Historical Review
Mike Collier
Tue 1:30 PM - 3:30 PM, 3 session(s)
11/12/2019 - 12/3/2019 (No class on 11/26/2019)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Historical and current policy coverage of U.S. border security and immigration control: these areas have been a major concern of the U.S. government since the late 1700s. U.S. policy has oscillated frequently in these areas over the past 200 plus years. The course places the current policies on U.S. border security and immigration control in their historical context and hopefully dispels many myths in these areas.

Mike Collier graduated from the U.S. Coast Guard Academy. After a career as a U.S. Coast Guard officer, he pursued a second career in higher education, retiring from Eastern Kentucky University. He holds a M.S. in strategic intelligence (Defense Intelligence College) and a Ph.D. in International Relations (Florida International University).

Literature and Writing
A Glimpse of Modern Ireland Through the Voices of Two Women Writers
Kathleen Slevin
Thu 4:30 PM - 6:30 PM, 3 session(s)
10/24/2019 - 11/7/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Ireland has long been recognized as a country that celebrates storytelling and that produces gifted writers. With a few notable exceptions, e.g., Edna O'Brien celebrated writers have been men. In recent decades there has been significant social change in Ireland and one result of that change is the emergence of a number of internationally recognized women writers. This course will focus on two such writers: Anne Enright who won The Man Booker Prize in 2007 and Belinda McKeon whose first novel was recognized as “Irish Book of the Year” and who was a recipient of The Faber Prize in 2011.

Kate Slevin, a sociologist, brings to this course over 30 years of teaching experience. A native of Northern Ireland, she received her undergraduate degree from University College, Dublin and her Ph.D from University of Georgia. She has won several teaching awards at the State and university levels, including William & Mary's Phi Beta Kappa Faculty Award for Excellence in Teaching. An avid traveler and reader of literature, she returns to Ireland yearly.

Flannery O'Connor's Short Stories
Lawrence Perlow
Mon 1:30 PM - 3:30 PM, 2 session(s)
10/21/2019 - 10/28/2019
School of Education, Room 2060
40 seats available

Flannery O'Connor combined her Southern upbringing, devout Catholicism, biting wit, and observational skills to produce comic Southern Gothic fiction. When asked why she wrote, she replied “I come from a family where the only emotion respectable to show is irritation. In some this tendency produces hives, in others literature, in me both.” Her best works are short stories, where she creates remarkable characters to illustrate the Grace she believes possible in our lives. In order we will discuss “Good Country People,” “A Good Man is Hard to Find,” “Greenleaf,” and “Parker’s Back.”

Reading: Suggested: The Complete Short Stories by Flannery O'Connor.

Lawrence Perlow is an oncologist who received his medical degree from Georgetown University. After a
career as an executive with several multinational corporations in the pharmaceutical industry, he received a D.Litt. from Drew University.

Shakespeare’s *Macbeth*: Fair, Foul, Fascinating!

**Elizabeth Guiliano**
Wed 9:30 AM - 11:30 AM, 3 session(s)
10/2/2019 - 10/16/2019
Williamsburg Landing, Auditorium
40 seats available

In this course we will discuss the themes and language of Shakespeare’s classic tragedy Macbeth as well as explore the historic and cultural contexts in which it was written. Fate, ambition, traitors, gender roles, witchcraft—there is something for everyone. Participants are encouraged to read the play; we will, however, view a film version of the play by interspersing scenes in our discussion.

**Reading: Suggested:** *Macbeth* by William Shakespeare.

Beth Guiliano is a retired professor of English, who taught literature and writing for over 20 years. She holds a B.S. in theatre, M.A.T. in teaching English, and a D.A. in English education.

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**The Great Divorce** by C.S. Lewis

**Amanda Deverich**
Thu 9:30 AM - 11:30 AM, 6 session(s)
9/12/2019 - 10/17/2019
Williamsburg Regional Library, Schell Room
25 seats available

Explore *The Great Divorce* by C.S. Lewis with others like you who are moved by the metaphors and inspired by the insight. The purpose of this class is not only to come to know the author and appreciate his writing, but to delve into the personal experience of reading the story. Be prepared to share your thoughts and revelations as well as to receive some new ones!


Amanda Deverich earned a master's degree in education from William & Mary. She is a regular Osher Institute instructor, experienced group leader, resident marriage and family therapist and professional counselor. Amanda is in private practice at Williamsburg Counseling.

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**Writing for the Fun of It**

**Frank Milligan**
Thu 2:00 PM - 4:00 PM, 5 session(s)
10/24/2019 - 12/5/2019 (No class on 10/31)
Discovery, 5300 Discovery Park Blvd., Room 136
35 seats available

This relaxed and fun overview ranges from learning to think like a writer to publishing your work. Discussion and exercises reveal simple yet effective tools for organizing your thoughts. Learn to choose the best form to convey your unique vision: fiction, non-fiction, poetry, or drama, and the essential building blocks of each. A quick grammar and style refresher shows why you don’t have to be a grammar expert to be a good writer. With a project you’ll begin in class, or one you’ve already started, you will learn to apply professional techniques that will elevate your writing to the next level.

**Reading: Suggested:** *Complete Guide to Writing Fiction and Non-Fiction, and Getting it Published* (2nd Edition) by Pat Kubis and Bob Howland. *Time to Write: Discovering the Writer Within After 50* by Frank Milligan.

Frank Milligan has taught creative writing at Northern Virginia Community College and Lorton Workshop Art Center. His book, *Time to Write: Discovering the Writer Within After 50,* won a silver award at the 2009 National Mature Media Awards. He holds an M.A. in writing from The Johns Hopkins University, an M.B.P.A. in management, and a B.A. in psychology.

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**The Long Journey Home:**

**Understanding Homer's Odyssey**

**John Livecchi**
Thu 9:30 AM - 11:30 AM, 6 session(s)
10/24/2019 - 12/5/2019 (No class on 11/28/2019)
School of Education, Room 2010
30 seats available

Few works are more fundamental to understanding our heritage than Homer’s Odyssey. This course aims to immerse the participant in Homer’s world through a close reading of The Odyssey in a modern English translation. Reading, discussion and writing in response to what we read helps us broaden our understanding of Greek mythology and Homer’s contribution to world literature, no matter the level at which we begin.

John Livecchi taught Homer's *The Iliad* and The Odyssey for much of his career as a high school English teacher. He holds an M.A. in English, College of New Jersey and an M.Litt., Drew University. He was IBM's Teacher of the Year for the mid-Atlantic region in 1992 and New Jersey's Christa McAuliffe Fellow in 1994.
One-Time Lectures

#VastEarlyAmerica
Karin Wulf
Tue 9:30 AM - 11:30 AM, 1 session
10/22/2019 - 10/22/2019
Swem Library, Omohundro Institute Conference Room
30 seats available

#VastEarlyAmerica will explore the geographic depth and breadth of the field that we refer to as Early America. There has been no end of consideration about what Early America is, where it is, when it begins, and when it ends. The increasingly global outlook of scholars—with the early American geography expanding beyond just the Anglophone world—has added more dimensions to a field that encompasses four centuries and four continents. This course will explore the extraordinarily vibrant and vast field of study known as Early America.

Karin Wulf holds a Ph.D. in history and, in addition to her Omohundro Institute position, she is a faculty member in William & Mary's department of history, where she teaches and advises undergraduate and graduate students.

Ansel Adams Seen Through a New Lens
Michael Lorence
Fri 9:30 AM - 11:30 AM, 1 session
10/11/2019 - 10/11/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Now a century after Ansel Adams took his first photograph, we almost cannot see nature except through his eyes. Yet those photographs showed the world a nature it had never seen before: a revolutionary, brilliant refocusing on the Wilderness, the whole wilderness, and nothing but the wilderness. It was a radical act of the human imagination, to which we are all heirs today. In this lecture of striking masterworks and commentary, we shall seek to regain that radical vision, to see afresh through the lens of our greatest photographic artist.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Baseball’s Storytellers: The Game’s Greatest Announcers
Paul Boren
Thu 2:00 PM - 4:00 PM, 1 session
10/17/2019 - 10/17/2019
School of Education, Matoaka Woods Room
130 seats available

Baseball has great players, characters, and stories. Most of us rely on baseball’s announcers to tell us these stories. Their voices come into our homes and they become our friends. We silently listen to their words as if they are sitting next to us in the car or on the porch. Their names are Red Barber, Mel Allen, Vin Scully, Jack Buck, Ernie Harwell, Harry Caray, Jon Miller... It doesn’t matter if our team wins or loses. It’s the ritual of listening to the game that makes our summers special. Come learn about, and listen to, baseball’s storytellers.

Paul Boren was a season ticket holder with the Orioles and Nationals. He has gone to Play-off Games, the World Series, and the All-Star Game. He’s seen 126 Hall of Famers, and many “steroid hall of famers”. But he could never hit the curve ball.

Brain-Related Change As We Age
Pattie Gaudio
Thu 2:00 PM - 4:00 PM, 1 session
10/3/2019 - 10/3/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Have you ever worried because your memory is not what it used to be? This course will explore how the brain works and the various changes that affect our cognition as we age. We will discuss natural age-related cognitive changes, as opposed to changes with dementia, how neuroplasticity works and ways you can “exercise” and maintain your brain health.

Pattie Gaudio is the Dementia Services Educator at Williamsburg Landing. She assists and supports residents, staff and caregivers to maximize brain health extending from natural age-related changes throughout the dementia spectrum. Pattie brings a medical and teaching background along with personal experience as a home caregiver for her husband with Alzheimer’s disease.
**Bruton Parish: Church and State in Colonial America**

Kirk Lovenbury  
Thu 2:00 PM - 4:00 PM, 1 session  
10/24/2019 - 10/24/2019  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

Kirk Lovenbury, the only non-Episcopal docent has been a tour guide at Bruton Parish Church for four years. This gives him a more historic than religious approach to this iconic church and its place in history. This course will discuss the building and the many changes it has undergone over the 300 years along with the religiousness, or lack thereof, of the five presidents who lived in Williamsburg, as well as issues pertaining to church and state, slavery and freedom, high versus low church, in the years leading to the Revolution. Just who was the Duke of Gloucester anyway? Come and find out.

*Note: Although this is a one session class, one week after the class all members are invited to meet on palace green for a tour of the building.*

Kirk Lovenbury has degrees in anthropology, history, and education and has traveled in over 100 countries. He has been an Osher Institute instructor since 2010.

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**Creating Multi-image Photo-collages**

Janice Hathaway  
Fri 9:30 AM - 11:30 AM, 1 session  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available

This lecture begins with a demonstration of an artist's point of view of how to use photography and free association to make multi-image photographic collages. How to create strong compositions based on the principles of design with an awareness of Old Master composition and lighting is explained. The second part of the presentation will demonstrate how to make a photo-collage using Photoshop. This will include cutting and pasting of collage elements, establishing a good background, and refining the composition through blending, masking and painterly techniques.

Janice Hathaway has been part of the contemporary Surrealist movement since 1973. She exhibits and publishes internationally and had a solo exhibition in Santiago de Compostela, Spain in 2016. She has a M.F.A. from the University of Alabama and is currently a professor of art at Thomas Nelson Community College.

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**Buying and Selling Homes in Today's Real Estate Market**

Suzanne Dana  
Tue 1:30 PM - 3:30 PM, 1 session  
10/22/2019 - 10/22/2019  
Williamsburg Landing, Auditorium  
40 seats available

"The times they are a changin'." This old adage certainly applies to real estate! If you are planning on buying or selling a home, you'll need to be prepared. Come see how the processes, technology, jargon, and expectations have changed since many of us last bought or sold a home.

Suzanne Dana moved to Williamsburg in 2005 and shortly thereafter began her career as a realtor. She has received numerous awards from her peers and companies, served on committees at the local association and on the boards of directors of both the association and Multiple Listing Service (MLS), including as president of the MLS.

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**Demystifying the Stock Market - How to Become a Confident Investor**

Clayton James  
Tue 1:30 PM - 3:30 PM, 1 session  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

For investors of all experience levels, the Stock Market can be both intimidating and frustrating. During our time together we will breakdown the most common investor barriers in order to help you work towards becoming a confident, informed, and educated investor.

Clayton W. James, CFM is a registered financial advisor and serves as the managing director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a B.S. in mathematical economics, and has been helping investors in the investment management industry since 2003.
Dental Implants - Everything You Want to Know!

Timothy Johnston
Tue 1:30 PM - 3:30 PM, 1 session
10/8/2019 - 10/8/2019
Small Hall, Room 110
166 seats available

Dental Implants are as close to real teeth as modern dentistry has ever come. But there are multiple ways to use them: Replacing individual teeth up to replacing all the teeth. There are 5 different ways to use implants to replace teeth. Learn the process, life expectancy, benefits and limitations of dental implants. What about "teeth in a day" as advertised on TV? This lecture will answer all your questions about implants, and some you never thought of.

Timothy Johnston earned a D.D.S. from the Medical College of Virginia, where he maintained a position as adjunct faculty for 17 years. He has lectured nationally to dental audiences on topics ranging from current trends and techniques to practice management.

Drone Strikes and Traditions of Honor in the Military

Bill Rhodes
Thu 9:30 AM - 11:30 AM, 1 session
10/24/2019 - 10/24/2019
School of Education, Room 2030
30 seats available

Traditional conceptions of honorable military service have been tightly linked to physical courage – the courage to go in harm’s way risking death or wounds. Today, however, much military activity occurs at a distance through remotely piloted aircraft (RPAs, or drones). This lecture will examine challenges drones present for traditional accounts of military ethics and military identity.

Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Patriot, Dr. Joseph Warren

Christian Di Spigna
Thu 2:00 PM - 4:00 PM, 1 session
10/31/2019 - 10/31/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

We will explore all the new Warren research discoveries opening new windows to his public career and private life. Warren’s resistance activities against Crown policies spanned more than a decade in the Boston area between 1765-1775. His efforts not only led to American independence, but his involvement predated many of the men we now esteem as our founders.

Christian Di Spigna received his degree in history from Columbia University where he began 20 years of research on Dr. Joseph Warren. In 2011 he moved to Colonial Williamsburg and began volunteering to continue researching 18th century history. Since the biography's publication, he has delivered lectures about Warren throughout the country.

Frank Lloyd Wright: Seventy Years of Changing the World

Dan Sherman
Fri 9:30 AM - 11:30 AM, 1 session
10/18/2019 - 10/18/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This lecture will honor America’s greatest architect and review his colorful career that covered almost 70 years. The presentation will use a multimedia approach that includes rare interviews with Wright.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.

From Williamsburg to Walden

Michael Lorence
Wed 9:30 AM - 11:30 AM, 1 session
11/13/2019 - 11/13/2019

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From Williamsburg to Walden

Michael Lorence
Wed 9:30 AM - 11:30 AM, 1 session
11/13/2019 - 11/13/2019
Two very small, very early American towns stand out from all others in the cultural impact they have exerted on American life: Williamsburg, Virginia and Concord, Massachusetts. Both founded in the 1630s, both centers of revolutionary life, both one tenth the size of a Philadelphia, Boston or New York, they would give birth to new forms of public and private life that would revolutionize America. This lecture will examine the special character of these two microcosms of Americanness, and seek the meaning of the cultural migration from Williamsburg to Walden.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

GMOs (Genetically Modified Organisms)
Mark Smith
Tue 1:30 PM - 3:30 PM, 1 session
9/24/2019 - 9/24/2019
Small Hall, Room 110
166 seats available

Production of Genetically Modified Organisms (GMOs) utilizes comparatively new genetic technologies to produce improved food crops that are widely utilized around the world. We will examine what are GMOs, are they safe for human and animal consumption, and how are they produced. We will also examine what are their current and future roles in world food production.

Mark Smith received an M.S. and Ph.D. in plant pathology and agronomy from the University of Minnesota; adjunct professor at William & Mary; Fulbright Scholar to India; foreign service officer for the United States for over 25 years with the agency for International Development (USAID) (served in Liberia, India, Jamaica, Senegal, Ukraine, Moldova, and many other developing countries).

Inside the Williamsburg Symphony Orchestra's Music Director Search
Carolyn Keurajian
Tue 1:30 PM - 3:30 PM, 1 session
9/17/2019 - 9/17/2019
Small Hall, Room 110
166 seats available

The Williamsburg Symphony Orchestra is entering a new era as they search for their new Music Director. Executive Director, Carolyn Keurajian shares the inside track of how the five finalists were selected, who they are and what to expect in the 2019-20 season. Lecture followed by Q&A and a ticket give away.

Carolyn Keurajian has served as Executive Director of The Williamsburg Symphony Orchestra since January 2012, is Vice-Chair of the LEAD Historic Triangle Board of Directors, and is the Vice-President Elect of the League of American Orchestras’ national leadership team. Carolyn moved to Williamsburg with her family from Princeton, NJ in 2011.

Henry David Thoreau: A Fresh Look at Walden
Michael Lorence
Wed 9:30 AM - 11:30 AM, 1 session
Islam: An Overview
Shubir Ghosh
Thu 2:00 PM - 4:00 PM, 1 session
9/26/2019 - 9/26/2019
School of Education, Matoaka Woods Room
160 seats available

This lecture explains the origin of Islam and its interrelationship with neighboring religions of the Middle East. Islam has had a phenomenal spread to the east and the west. We will examine the importance laid upon the teachings of the Quran and its powerful and benevolent influence on all aspects of a dignified human life. We will also look at the current challenges and opportunities being faced by Islam. The instructor’s experiences in India, which carries the world’s second largest Muslim population within a secular, democratic society, makes his presentation especially insightful.

Shubir Ghosh was a teacher and business executive in India, where he lived for 50 years. He immigrated to the United States in 1991 and continued working here in both professions until he retired. His interest in spirituality and his experience in the East add to his unique perspective.

John Muir and the Ideal of Wilderness
Michael Lorence
Mon 9:30 AM - 11:30 AM, 1 session
W&M Kaplan Arena, Wightman Cup Room
130 seats available

When we think of wilderness in America today, we think of John Muir. When we see beauty in wilderness, even holiness in it, we are seeing through John Muir’s eyes. No one figure in American history urges us so powerfully with his words and example to restore ourselves with a walk in the wild. It is said that Muir rediscovered America. But did he discover the wilderness we know, or did he create it? Please join us for this exploration with words and pictures into our nation’s wild soul.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Lead with Your Weakness: The Gentle Art of Public Speaking
Diana Lorence
Tue 9:30 AM - 11:30 AM, 1 session
11/12/2019 - 11/12/2019
Williamsburg Regional Library, Schell Room
42 seats available

It is said that public speaking is America’s greatest fear. The prospect of speaking in public was inconceivable to me until I was called upon to do it one day, without experience or training. You may have succeeded in avoiding all your life, or simply never had the chance—yet wouldn’t it be an adventure to experience it? In this single-session course we will explore the satisfaction of speaking publicly. Each of us will have an opportunity to stand up (or sit down) and address our own group for a moment. I will be there for you, and beside you.

Diana Lorence speaks at libraries and literary events across the country. She and her “Innermost House” have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of “Home” in the modern world, encouraging others by her example to seek their own way home.

Leaving a Legacy, Not a Mess: Estate Planning in the Commonwealth of Virginia
Wake Buxton
Mon 1:30 PM - 3:30 PM, 1 session
10/21/2019 - 10/21/2019
Thomas Nelson Community College, Room 328
24 seats available

An in-depth overview of the most popular wealth preservation techniques available in Virginia. Particular emphasis will be placed on revocable living trusts and other will substitutes. Other topics will include disability planning, long-term care issues and estate administration.

Wake Buxton is an attorney and resident of Williamsburg. He holds a LL.M. in estate planning from the University of Miami and an M.B.A from William & Mary. Mr. Buxton taught estate planning at the University of Charleston and
was director of its Graduate Financial Planning Program.

**Life in the Woods: An American Passion**  
**Michael Lorence**  
Wed 9:30 AM - 11:30 AM, 1 session  
10/2/2019 - 10/2/2019  
Williamsburg Regional Library, Schell Room  
42 seats available

From the beginning, the woods have haunted the American imagination. The woods mean self-reliance to us, they mean independence. The woods mean renewal. The woods mean solitude and silence and peace. The woods represent a way back to our origins in nature and spirit, as individuals and as a people. “In the woods we return to reason and faith,” wrote Ralph Waldo Emerson, and there we seek them still. Please join us for this philosophical and artistic look into the American woods of our imagination.

*Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.*

**Louise Penny Mysteries - Surprised by JOY**  
**Judith Cobb**  
Mon 9:30 AM - 11:30 AM, 1 session  
9/9/2019 - 9/9/2019  
School of Education, Room 1056  
40 seats available

Being "Surprised by JOY" is a thread-like theme that runs through Penny's books. Initially she is referring to the C.S. Lewis book but then widens the concept to include "belonging," "forgiveness" and more. You may have read only one of the mysteries or all 14. Join the discussion. What does "surprised by JOY" mean?

*Judith Cobb is a retired Lutheran pastor with a B.A. from Upsala College and an M.A.R. from Lutheran Theological Seminary at Gettysburg. In addition to parish ministry in Virginia, Pennsylvania, Michigan and Missouri, she has taught English as a second language and community college courses.*

**Lyrics of Oscar Hammerstein: You've Got to Have a Dream**  
**Dan Sherman**  
Thu 2:00 PM - 4:00 PM, 1 session  
10/10/2019 - 10/10/2019  
Small Hall, Room 110  
166 seats available

The lecture covers the 40-year career of Oscar Hammerstein and his contributions to musical theatre as lyricist and book writer. It will present many video clips, including rare interview footage.

*Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.*

**Menokin: Re-Imagining a Ruin**  
**Alice French, Mariaelena DiBenigno**  
Thu 2:00 PM - 4:00 PM, 1 session  
9/12/2019 - 9/12/2019  
School of Education, Room 2060  
40 seats available

The approach for preserving the history of Menokin has always been aimed at inspiring fresh thinking. Menokin tells the story of the “Building of America”, not only philosophically from the creation of a new nation, but physically through the building arts and the natural resources of this landscape. The architectural Glass House concept juxtaposes the old and the new. Discover how the integration of the built environment within a museum landscape transforms a museum space by emphasizing craft’s impact on American life today. In the act of making we gather stories, share knowledge, teach new skills and make history relevant.
Pearl Harbor Attack Spies, Dupes, and Traitors
Thomas Kimmel
Thu 2:00 PM - 4:00 PM, 1 session
10/3/2019 - 10/3/2019
School of Education, Matoaka Woods Room
160 seats available

How spies, dupes, and traitors—American, British, Soviet, and Japanese—touched the button that started the war for America. There are many kinds of maneuvers in war, some only of which take place on the battlefield, but the maneuver which brings an ally into the field is as serviceable as that which wins a great battle. A nation can survive its fools, and even the ambitious. But it cannot survive treason from within. So, what’s changed today?

Thomas Kimmel is a former naval officer, retired FBI agent, and the eldest grandson of Admiral Husband Kimmel, Commander of the Pacific Fleet in 1941. A graduate of the U.S. Naval Academy and attended John Marshall Law School. He served on three warships during the Vietnam War and joined the FBI in 1973.

Pricing Your Home to Sell in Today's Real Estate Market
Ted Evans
Wed 1:30 PM - 3:30 PM, 1 session
10/9/2019 - 10/9/2019
Morton Hall, Room 20
70 seats available

This lecture will explain the difference between an estimate for what your home will sell for, Zillow’s Zestimate, an appraisal, and market price. In addition, we will answer the following questions: How is market price determined? Will I have to come off my list price? What is the risk of overpricing?

Ted Evans has been a licensed Realtor in Williamsburg since 2002. He has a degree in Economics and Accounting, was a licensed CPA from 1986-2006, worked as the Managing Broker for one of the region’s largest real estate firms, and has been very involved in the Williamsburg Area Association of Realtors (Past President, served on the Board of Directors, and was on the Board of Directors for the Multiple Listing Service).

Precious Nonsense: The Operas of Gilbert and Sullivan
Ken Krantz
Fri 9:30 AM - 11:30 AM, 1 session
11/15/2019 - 11/15/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

In the late 19th century, Sir W.S. Gilbert and Sir Arthur Sullivan wrote the most successful English language comic operas of all time. This course will examine the background, plots, and music of the 13 extant Gilbert and Sullivan works. The last lecture will focus on the operas scheduled for 2020 productions by William & Mary’s Sinfonicron Light Opera and the Performing Arts Department at Thomas Nelson Community College. Note: The 2020 productions have not been announced as of the publication of this catalog.

Ken Krantz sang with Sinfonicron as a William & Mary law student, and has performed more than 20 roles in Gilbert and Sullivan operas. A retired Navy JAG officer and federal administrative law judge, he performs with Virginia Opera, the Williamsburg Players, and other companies in the region.

Riverside Doctors’ Hospital Williamsburg: An In-depth Look at the Region’s Newest Hospital
Neil Burns, Coordinator
Wed 4:30 PM - 6:30 PM, 1 session
10/23/2019 - 10/23/2019
Riverside Doctors' Hospital Williamsburg, Room A & B
35 seats available

From hi-res MRI imaging to kidney dialyses to surgery services and so much more, Riverside Doctors' Hospital Williamsburg (RDHW) offers state-of-the-art care and convenience for the community. This seminar will delve into the myriad services and capabilities RDHW offers in support of the region’s most expansive health care network. For example, are you aware that the hospital has 40 private patient rooms (33 medical/surgical patient rooms and seven intensive care rooms), as well as a full-service ER with 12 additional private patient rooms? A surgical services featuring three ORs and a procedure suite? Come peel back the curtain on your local health care provider!
Snow: Normal vs. Not Normal Aging

Teresa Sweaney
Mon 9:30 AM - 11:30 AM, 1 session
10/14/2019 - 10/14/2019
Riverside Doctors' Hospital Williamsburg, Room A & B
25 seats available

Teepa Snow's mission is to help families and professionals better understand how it feels to be living with dementia. Normal vs. not normal aging - we will address the difference, help understand behaviors and typical issues that occur throughout the progression of dementia.

Teresa (Terry) Sweaney, CSA, CGCM is a Senior Member Advisor for Riverside Lifelong Health Division, specifically ChooseHome. Terry completed her graduate studies at the University of Florida in Geriatric Care Management. She is certified in Teepa Snow's Positive Approach to Caregiving.

Teepa Snow: Positive Physical Approach for Caregivers

Teresa Sweaney
Mon 9:30 AM - 11:30 AM, 1 session
Riverside Doctors' Hospital Williamsburg, Room A & B
25 seats available

Teepa’s Mission is to help families and professionals better understand how it feels to be living with dementia and related challenges. Learn Postitive Approach to Care and Holiday Tips.

Teresa (Terry) Sweaney, CSA, CGCM is a Senior Member Advisor for Riverside Lifelong Health Division, specifically ChooseHome. Terry completed her graduate studies at the University of Florida in Geriatric Care Management. She is certified in Teepa Snow’s Positive Approach to Caregiving.

The Awesome Power of Words

Thomas Redmond
Thu 4:30 PM - 6:30 PM, 1 session
9/19/2019 - 9/19/2019

It's counterintuitive; most people think of nuclear weapons as powerful while words are harmless like the adage of “sticks and stones.” While words can be used to provoke or harm or divide, they can also be harnessed to heal and help. They can change you and others for the better. Whether it’s corporate businesses, charities, political parties, special interest groups or the media, communicators carefully use words and craft messages to drive storylines and frame discussions, advance ideas and evoke emotions. This lecture will challenge you to listen intently, speak purposefully and understand more deeply.

Thomas Redmond is a communications and marketing professional, film producer and professional writer with years of experience writing, crafting and designing target messaging. He received a B.A. from Virginia Polytechnic Institute and State University in communications/film production. He grew up working in an advertising agency, writing and producing television and radio commercials.

The Crucible of Legions

David Morrison
Mon 9:30 AM - 11:30 AM, 1 session
10/28/2019 - 10/28/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Legions of Rome are regarded as one of the most effective military machines in history. The Legions obtained this lofty regard through adaption, theft of ideas, recovery from defeats, and sheer bull-headed determination. In this course we will cover the origins of the Roman legions and the 900 years of conflict that would produce the army that could conquer and build one of the greatest empires ever in human history.

David Morrison earned a B.A. in history from Regent University in 2014. Having lived more than ten years overseas in but not limited to Scotland, Belgium, Italy, Germany and Denmark, David has developed a great love of history. He has spent extensive time visiting many historical sites in Europe, Wales, Sweden and Turkey.

The Electoral College

Michael Kerley
Mon 1:30 PM - 3:30 PM, 1 session

Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

It's counterintuitive; most people think of nuclear weapons as powerful while words are harmless like the adage of “sticks and stones.” While words can be used to provoke or harm or divide, they can also be harnessed to heal and help. They can change you and others for the better. Whether it’s corporate businesses, charities, political parties, special interest groups or the media, communicators carefully use words and craft messages to drive storylines and frame discussions, advance ideas and evoke emotions. This lecture will challenge you to listen intently, speak purposefully and understand more deeply.

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The upcoming presidential election has re-focused national attention on the peculiar system that we use to select our presidents: the electoral college. In this lecture we will examine this unique institution. We will examine its origins at the Constitutional Convention of 1787 and its subsequent evolution. We will inspect the actual constitutional language that governs this process. Finally, we will evaluate the main arguments - both pro and con - about whether this curious institution should be retained.

Michael Kerley is a retired attorney. He earned a degree in government at Notre Dame and a law degree at George Washington University. He practiced securities law for over 30 years with a major financial services company. Mike is now an instructor and speaker on the origins of the Constitution.

The Forgotten Dreams Recovery Program
Kathy Eckhardt
Wed 1:30 PM - 3:30 PM, 1 session
10/2/2019 - 10/2/2019
Morton Hall, Room 20
70 seats available

"You are never too old to set a new goal or to dream a new dream." C.S. Lewis. Is there a little voice in your head that keeps asking questions such as: "Is this it?" "What am I supposed to do with the rest of my life?" This lecture will provide some simple, fun and creative exercises to inspire you to dream a new dream or remember and reignite an old one. It will help you to determine what it is that you really want so that the rest of your life will be the best of your life.

Kathy Eckhardt, a personal/business success coach, is committed and passionate about working to assist individuals to create deeply fulfilling, more abundant, richer lives. As the founder of The Solopreneur Success Connection, she supports, educates and inspires over 400 savvy solopreneurs. Previously, Kathy was a top sales director, mentoring and training consultants and directors nationwide.

The Internet
Peter Henderson
Tue 1:30 PM - 3:30 PM, 1 session
10/29/2019 - 10/29/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Internet is fundamental for modern day computing based services. The internet is the result of many innovations in computing over the past 60 years. Major milestones in the evolution of the internet will be used to explain what the internet is, and the basics of how it works. The internet supports a broad range of applications including, among others, email, web browsing using the World Wide Web, messaging, ecommerce, peer-to-peer computing (sharing computing resources), and social media.

Peter Henderson spent 34 years as an academic computer scientist and software engineer at The State University of New York at Stony Brook and Butler University. Computer science and computing education, at all educational levels, was his primary emphasis near the end of his academic career. He is a contributor to two educational columns: Math Counts and Software Engineering Education.

The Japanese Way of Tea: A Window on Another World
Michael Lorence
Mon 9:30 AM - 11:30 PM, 1 session
9/16/2019 - 9/16/2019
Williamsburg Regional Library, Schell Room
42 seats available

There are few Asian customs so incomprehensibly strange to Americans as the Japanese Tea Ceremony. How can whole hours on end be spent doing so little, and to so little effect? Yet, to its practitioners, tea ceremony represents the very heart of traditional Japanese culture, a way of finding peace amidst chaos, of healing all things in a broken world. In this brief lecture—briefer by half than a single tea service—we shall seek in tea ceremony a universal symbol of the spiritual life. Through words and images, we shall gaze into a thatched tea hut as a window on the heartbreakingly beautiful world of the soul.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.
The Joy of Powerlessness: Seven Years in the Woods
Diana Lorence
Tue 9:30 AM - 11:30 AM, 1 session
Williamsburg Regional Library, Schell Room
42 seats available

For seven years, Diana Lorence and her husband lived in an unelectrified, 12' x 12' house they built themselves, hidden in the woods without power of any kind, in a world lit only by fire. Diana’s Innermost Life answered her deepest need for something we have all left behind. Her life reminds us that it is not too late to regain the paradise we have lost. What she has done in her way, we may do in our own. We each see something of ourselves in Diana’s beautiful story. We all have an Innermost Life.

Diana Lorence speaks at libraries and literary events across the country. She and her “Innermost House” have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of “Home” in the modern world, encouraging others by her example to seek their own way home.

The Psychology of Climate Change Beliefs
Thomas White
Thu 4:30 PM - 6:30 PM, 1 session
9/12/2019 - 9/12/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This lecture seeks to explain why people vary widely in their beliefs about climate change and their willingness to take action to reduce its impact. Whether you are a “denier,” an “alarmist,” or something in between, you can gain a deeper understanding of how you and others are influenced by the psychology of climate change. The most important psychological factors are assessment of future and distant risks, perception of scientific agreement, rational thought versus emotions, the tendency to seek information that confirms existing beliefs, and the deep-seated human need to identify with groups of people who share certain moral foundations.

Thomas G. White retired in 2017 from the University of Virginia’s Curry School of Education where he was a senior research scientist. He earned a Ph.D. in developmental psychology from Stony Brook University, taught at Gettysburg College, and worked for several research organizations and school districts before going to University of Virginia.

The W&M Athletic Scandal of 1950-51 and Its Aftermath
Wilford Kale
Thu 2:00 PM - 4:00 PM, 1 session
11/14/2019 - 11/14/2019
Small Hall, Room 110
166 seats available

The football and basketball programs, running at a high level after World War II, were hit by an admissions scandal that ultimately changed the course of the two programs in the college's history. The scandal also involved W&M President John Pomfret, who resigned. The faculty's involvement in pressing for a thorough investigation changed the course of big time football and finally resulted in the style of student/athlete football currently played at W&M. The basketball program also was diminished.

Wilford Kale was a bureau chief and senior writer for the Richmond Times-Dispatch for 25 years before joining the staff of the Virginia Marine Resources Commission. He is now an active historian and has authored or edited ten books, including Hark Upon the Gale: An Illustrated History of the College of William & Mary.

The World of Stealth
John Hickok
Tue 1:30 PM - 3:30 PM, 1 session
10/15/2019 - 10/15/2019
Small Hall, Room 110
166 seats available

Stealth is the ultimate game of hide and seek for our military. We are not yet at the point of a Klingon battle cruiser that can completely disappear from any sensor, but we are working on it. This lecture will help you understand the major technologies and components of creating “stealth,” the evolution of stealth platforms since World War II, and the latest stealth platform—the F-35 Joint Strike Fighter which is the largest and most expensive program in the United States/Department of Defense budget.

John Hickok graduated from the U.S. Naval Academy, B.S., engineering/nuclear physics; M.S., aeronautical
The World of Thomas Jefferson

Thomas Thompson
Thu 2:00 PM - 4:00 PM, 1 session
10/3/2019 - 10/3/2019
Small Hall, Room 110
166 seats available

Jefferson has been described as "America's da Vinci, a revolutionary, an architect, a great literary craftsman, a farmer, a gardener, an amateur paleontologist, an archaeologist, the father of American library science, a classicist, and much more." He could "calculate an eclipse, survey an estate, tie an artery, plan an edifice, try a cause, break a horse, dance a minuet, and play the violin." We will look at his world, internally and externally, as revealed in some of his 19,000+ letters. The historian Joseph Ellis has said, "The best and worst are inextricably tangled in Jefferson" but "It is impossible to avoid Jefferson..." This lecture is revised from a previous semester.

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory, serving clients in the New York area, and became the employee ombudsman for the company's managers nationwide. Once retired, American Association of Retired Persons invited him to become a trainer, running workshops across the country.

Tic Tock, the Clock Rules, the Time of Your Life

Dennis Cogswell
Wed 1:30 PM - 3:30 PM, 1 session
10/9/2019 - 10/9/2019
School of Education, Room 2010
30 seats available

Time is an observed phenomenon that differs from person to person. Time flows at a different speed in different places. The past and the future differ far less than expected. Past-present-future is an illusion. The past is not gone and the future is here now. Everything that has happened or will happen exists now. Different theoretical bases are used to debunk four myths about how human's use time. Six practical ways that humans use time and/or form relationships are highlighted. Hologram time is discussed. Registrants are urged to review the materials at www.DrDsDomains.com.

Dennis Cogswell, Ed.D in adult education from Virginia Polytechnic Institute, M.S.W. from Case-Western University. More than 40 years of teaching and administrative experience at Radford University's School of Social Work. Professor emeritus of social work, 1999 Virginia Social Work Educator of the Year, and author of Families are Forever.

United States Immigration: A Historical Perspective

Bill Fetsko
Mon 9:30 AM - 11:30 AM, 1 session
10/21/2019 - 10/21/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Past legislation, executive decisions and historical narratives shed light on how, as a nation, we have responded to the relocation of individuals from other lands to this country. However, the current debate reflects the fact that people have not taken the time to acquaint themselves with how we have arrived at this point in our history. Without this knowledge it is impossible to establish any context for a civil discussion of this issue. We focus here on this concern by providing an overview of the history of immigration into the United States from the mid-1800s to the present time.

William is a former public school teacher and administrator who currently is a curriculum consultant with Colonial Williamsburg. After 35 years in public education he relocated to Williamsburg where he has assisted with the Foundation's educational programs including their Summer Teacher Institute and has conducted workshops throughout the United States and Hungary.

Walking for Fitness

Ray Funkhouser
Mon 9:30 AM - 11:30 AM, 1 session
W&M Kaplan Arena, Wightman Cup Room
30 seats available
What gives the same aerobic workout for the lungs and heart as jogging or aerobic dance, doesn't stress the leg joints and feet, provides more exercise for the upper body than running or jogging? The answer is race walking, also known as fitness walking, power walking, and health walking. In this "moving" clinic, you'll learn efficient walking and specific race walking techniques, walking safety, how to start your walking program, choosing shoes, and how to dress for varied weather. Whether an exercise enthusiast or just starting a fitness program, you'll enjoy exploring this increasingly popular fitness activity. Wear comfortable shoes.

Ray Funkhouser is a two-time national race walk champion, set two American records, and was a finalist in three Olympic track and field trials. He represented the United States in international competition on four continents and coached four USA track and field international teams. Ray is currently president of the USA Track and Field Virginia Association.

What Can You Do With Your WRL Library Card?
Barry Trott
Wed 9:30 AM - 11:30 AM, 1 session
Williamsburg Regional Library, Schell Room
42 seats available

From ebooks and downloadable music to genealogy and health research to direct assistance from librarians, you can find what you need through Williamsburg Regional Library's (WRL) digital collections and services. Barry Trott will talk about the variety of resources that can be accessed with your library card 24/7 from the WRL website, www.wrl.org. Whether you use a desktop computer, a laptop, or a mobile device, there is something for you at WRL.

Barry Trott is the digital services director at the Williamsburg Regional Library (WRL). He coordinates the library's digital collections, services, and programs, including the library website and social media. He is the series editor for Libraries Unlimited's Read On series and author of Read on...Crime Fiction (2008).

Who are Mary (Jones) Hobbs Clark's Parents?
Joseph Sell
Wed 1:30 PM - 3:30 PM, 1 session
Thomas Nelson Community College, Room 328
24 seats available

This is a case study of combining records searches and modern DNA techniques to help identify the parents of Mary Jones. The limited records for the poor, landless, and illiterate woman makes her ancestry uncertain. Using DNA techniques provides confirming evidence for the hypothesized parents.

Joseph Sell received his B.E. in chemical engineering from Villanova University; an M.S. and Ph.D. in chemical engineering from the University of Pennsylvania and an M.B.A. from Rutgers University. He worked professionally in the chemical industry, and upon retirement undertook the search for his family history.
Photography

Composition - Building a Better Photograph!
Helen Oderisi
Wed 1:30 PM - 3:30 PM, 3 session(s)
10/2/2019 - 10/16/2019
Helen's Place Photography, Studio
20 seats available

This course will examine simple compositional techniques to help you consistently build better photos. Each class will feature some classroom instruction followed by time with your cameras and the instructor to try out the techniques just discussed.

Helen fell in love with photography while at W&M. In 1990 she started Colonial Photography, now Helen's Place Photography. Teaching and inspiring others has always been a huge part of her mission as a professional photographer. Fun is her motto.

Developing a Photographic Eye: Part II
Norm Rictor
Tue 1:30 PM - 3:30 PM, 3 session(s)
11/12/2019 - 12/3/2019 (No class on 11/26/2019)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Part II of Developing a Photographic Eye is a continuation of Part I. (Part I is not a prerequisite for Part II). The purpose of the course is learning to see photographically and getting it “right” in the camera. Emphasis is placed on basic skills including the rules of composition, the elements and principles of photographic design, the effective use of color, the ability to recognize and find compelling subjects, the importance of precise exposure, and the expressive use of light. Class discussions include the extensive use of photographs and graphics to illustrate course content. Additional topics may be included as time permits.

Norm Rictor taught history and social studies in secondary schools in Maryland for 35 years. He was a department head, summer school principal, and member and/or chair of various curriculum committees. He has been a photographer for over 69 years, instructor at Edward L. Bafford School of Photography, and past president of Baltimore Camera Club. Has taught for the Osher Institute for over 10 years.

Learning & Living With Photoshop
Joe Heyman
Thu 9:30 AM - 11:30 AM, 3 session(s)
11/14/2019 - 12/5/2019 (No class on 11/28/2019)
Discovery, 5300 Discovery Park Blvd., Room 136
35 seats available

Learn Photoshop tools by seeing them used on interesting images taken from travels to many countries. The goal is to give images feeling – to bring out emotions. Students are expected to practice at home for at least as many hours as they are in class, hopefully more. Although Lightroom and Photoshop Elements are fine, they are not the focus of this class. However, many of the tools covered have broad applications.


Joe Heyman has a NASA background which complements his lifelong photographic passion. Awards and recognitions include: National Geographic workshop; Suffolk Museum Best in Show, work compared to Edward S. Curtis; 2008 Virginia Artist’s Exhibit; published commercially. His one-man exhibit, People of the World: Through My Lens, was highly successful and is now a book.

Understanding How to Take a Better Photograph
Carlo La Fiandra
Thu 9:30 AM - 11:30 AM, 3 session(s)
10/3/2019 - 10/17/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

The purpose of the course is to teach you how to take better pictures and it will teach you what creative camera techniques can be applied to achieve that result. Various photographic situations will be discussed and examples will be used to illustrate the results. Bring your camera to class.

Carlo La Fiandra's knowledge and teaching experience in photography will instill in you a love of the craft. Technical concepts necessary to understand the required photographic techniques will be explained in a simple and easily understood manner. During his engineering career he used this skill to explain technical concepts to associates.
Religion and Philosophy

Human Rights and Happiness: Seminar in Moral Philosophy and the Enlightenment
Bill Rhodes
Fri 9:30 AM - 11:30 AM, 6 session(s)
School of Education, Room 2030
30 seats available

This course investigates the Western philosophic foundations of human rights and associated theories for ethical decision-making and public policy. All of these enlightenment-era notions constitute roots for modern thinking about human rights, personal decision-making, justice, and governance.


Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Success Principles for Achieving Your Life Purpose
Jeanne Forrest
Tue 1:30 PM - 3:30 PM, 3 session(s)
10/22/2019 - 11/5/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Join me for an opportunity to look at life in a new way! We are never too old to fulfill our lifelong dreams as we discover and live our life's fullest purpose. Applying the Success Principles designed by Jack Canfield, cocreator of the Chicken Soup for the Soul series, and other leaders in the field of human potential, to both our personal and professional lives we can move from where we are to where we want to be. It just takes awareness, desire, action and persistence. Be all you were meant to be, for therein lies the key to true fulfillment and happiness.

Reading: Suggested: The Secret by Rhonda Byrne. The Success Principles: How to Get from Where You are to Where You Want to Be by Jack Canfield.

Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life purpose coach, and seminar leader who finds her passion in leading others to find a closer alignment with God’s purpose for their lives. She is a graduate of Duke University Divinity School, and continued studies with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

Living in Mud - Thriving Like Lotus!
Lawrence Durrett
Mon 1:30 PM - 3:30 PM, 6 session(s)
10/21/2019 - 12/2/2019 (No class on 11/25/2019)
Williamsburg Landing, 2nd Floor Parlor
15 seats available

Allowing our perception to be transformed by an ongoing invitation to love gradually frees us from all the weight and pain of life adversity, enabling us to find God in everything. With Socratic dialogue, humor, music, walking, prose, and poetry, we’ll explore ways to be, transformed by the awakening of the whole person.

Lawrence Durrett earned a B.A. in government from William & Mary; a M.Div. from Wesley Theological Seminary; and a M.S.L.S from The University of Kentucky. He has served as a United Methodist minister, a librarian, and a yoga teacher and provided music in churches and nursing homes. He enjoyed post graduate work at the National Presbyterian Church, Virginia Theological Seminary and the Catholic University of America.

The Dead Sea Scrolls
Glenn Markus
Mon 1:30 PM - 3:30 PM, 6 session(s)
9/9/2019 - 10/14/2019
Morton Hall, Room 20
70 seats available

There are all kinds of rumors pervading the media about these scrolls claiming they show how Christianity has been distorted or that they radically alter our understanding of Christianity. In this course you will learn how they were discovered and by whom, what they contain and teach, what they tell us about the community that produced them and about early Judaism, and the impact that they have on our understanding of Christianity. Here is the real story. You’ll be surprised and intrigued and gain a whole new understanding of an ancient sect.
Glenn Markus holds degrees in philosophy (epistemology) and in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at other educational programs for seniors in Virginia.

The Dead Sea Scrolls and the Origins of Christianity
Forrest White
Tue 4:30 PM - 6:30 PM, 3 session(s)
10/1/2019 - 10/15/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Although Jesus and Christianity are never directly mentioned in the texts, the scrolls reveal a great deal about the messianic expectations and apocalyptic beliefs that helped to launch the new faith. Not only were many of these texts known to the early followers, the mysterious "holy ones" who collected them called themselves the "Sons of Light," the "Way" and the "Poor," all names adopted by the first Christians. It is even apparent that they formed the bulk of the super orthodox element of the early Jesus movement that both Paul and Acts call derisively "the circumcision party."

Reading: Suggested: Bring a Bible to class.

Barnet Feingold earned a Ph.D. in clinical psychology from Penn State in 1977. He served the Veterans Administration in diverse clinical, supervisory, consulting, research, and training roles for over 30 years. After retiring, he taught at Shepherd University. He has over a dozen publications and presentations about the nature of belief.

Science and Health
Advances in the Multidisciplinary Care of Liver and Pancreatic Cancers
Neil Burns
Tue 4:30 PM - 6:30 PM, 2 session(s)
10/22/2019 - 10/29/2019
Riverside Doctors' Hospital Williamsburg, Room A & B
35 seats available

This seminar will explore advances in state-of-the-art care of the liver and pancreas, highlighting the remarkable progress made in the management of the tough to treat cancers. We will emphasize the importance of a multidisciplinary approach and integrated care in achieving best possible outcomes. Specifically we will discuss in depth advances in diagnostic, surgical, radiation and other advanced treatments that have led to significant improvement in survival of the patients with these cancers. The presentations will be delivered by Riverside physicians, experts in the field with many years of experience managing these types of cancers.

Neil Burns serves as the coordinator for this course at Riverside Doctors Hospital in Williamsburg, which will be taught by various physicians and hospital administrators.

Aging into Elderhood
Annie Rhodes
Wed 9:30 AM - 11:30 AM, 3 session(s)
Small Hall, Room 235
34 seats available

A course which focuses on the growth, maintenance and decline of aging. Understanding, but not fearing our aging
bodies and dissecting the cultural narrative which defines elders value in society. All lessons are evidence-based and rooted in gerontological theory. Explore ageism, the aging process and the changes we experience. This course is meant to present a balanced and informed view of the aging process.

Annie Rhodes has an M.S. in Gerontology from Virginia Commonwealth University. She has worked in aging services since 2006. She speaks and teaches frequently in the Commonwealth on a variety of aging topics, focusing on aging as a lifelong process of growth, maintenance, and decline.

Apollo Missions to the Moon: Stories and Scientific Results
John Delano
Thu 2:00 PM - 4:00 PM, 3 session(s)
9/12/2019 - 9/26/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

In recognition of the 50th anniversary of the Apollo 11 landing on the Moon on July 20, 1969, which was the first of six Apollo landings, this course will relay many of the stories and major scientific results from each mission. The course will include videos from the lunar modules of the landings and ascents taken by the astronauts. The stories will relay some of the intrigue associated with each mission. The scientific results will be described with minimal jargon to convey what has been learned about the origin and histories of the Earth and Moon.

John Delano was a NASA-funded researcher for 30 years; retired from University at Albany (State University of New York) in 2016; Distinguished Teaching Professor Emeritus in Department of Atmospheric and Environmental Sciences (joint-appointed to Department of Chemistry); Associate Dean; member and chair of numerous NASA advisory panels; Ph.D. in geochemistry.

Are Psychic Experiences Real?
John Streiff
Tue 1:30 PM - 3:30 PM, 3 session(s)
9/10/2019 - 9/24/2019
Thomas Nelson Community College, Room 328
24 seats available

In this course we examine controversial psychic abilities based on empirical evidence and modern philosophies of psi and skepticism. The course includes a brief review of epistemology, a discussion of scientific methods, experimental protocols and related statistical methods. The origins of skepticism are reviewed. The history of modern psi research and the scientific evidence for psi is presented along with the skeptical responses to that evidence.

John Streiff took his degree in telecommunications from San Diego State in 1972 and worked in the broadcast industry for decades. He was an early staff member at the National Public Radio in Washington, D.C. He has been a voting member of the Audio Engineering Society, the Society of Motion Picture and Television Engineers, the National Academy of Television Arts and Sciences, and the Motion Picture Academy of America.

Codes, Ciphers, The Enigma Machine: Alan Turing and “The Imitation Game"
Robert Welsh
Tue 9:30 AM - 11:30 AM, 3 session(s)
10/22/2019 - 11/5/2019
School of Education, Room 2066
34 seats available

We will discuss the history of codes and ciphers, especially during WWII, the invention and breaking of the German Enigma cipher machine, and how your credit card is enciphered on the web and how quantum physics may make that easier to break. The instructor will bring an Enigma machine to the first class for attendees to experiment with. A number of other mechanical cipher devices will also be demonstrated and described and made generally available for inspection. The movie The Imitation Game will be discussed regarding some of its omissions.


Bob Welsh joined the department of physics at William & Mary in 1963. He came from Carnegie Mellon University. His undergraduate training was at Georgetown University and his Ph.D. is from Penn State University. He had two years of active duty in the Air Force as a nuclear weapons officer.
Cooking Up Health
Sarita Golikeri
Fri 1:30 PM - 3:30 PM, 3 session(s)
9/13/2019 - 9/27/2019
Edgeworth Park at New Town, Community Room
40 seats available

This course will discuss the impact of diet on health, basic principles of culinary medicine, and preventing and mitigating disease risk through good dietary habits. This course is intended to provide students with information, guidance and strategies to expand, rather than limit, food choices while managing their health and/or chronic conditions. Discussions will focus on the role of nutrition in chronic disease management and prevention, pros and cons of fad diets, the use of spices and herbs in disease prevention, and maintaining flavor when limiting fats and sugars. Cooking demonstrations will be given to provide a tasting experience.


Sarita Golikeri is certified in culinary medicine through the Goldring Center for Culinary Medicine, Tulane University. A family medicine physician at Tidewater Physicians Multispecialty Group (TPMG) Colonial Family Medicine in Williamsburg, she also works with TPMG Nutrition Services, offering cooking classes and education on making better health choices in the kitchen.

Exercise- A Key to Good Health
Karen Thomas
Tue 1:30 PM - 3:30 PM, 3 session(s)
10/1/2019 - 10/15/2019
W&M Kaplan Arena, Wightman Cup Room
40 seats available

Come explore the physical, mental, and psychological benefits of physical activity that assist in the treatment and prevention of chronic diseases such as heart disease and diabetes. Learn why exercise really is essential for good health. Topics will include the different effects of cardiorespiratory, strength, and flexibility exercise; and how intensity of exercise changes the impact and benefits; the immediate bodily responses to exercise and the impact of a long-term physical activity on fitness and health. The risks of exercise and guidelines for safe but effective physical activity will be discussed.

Reading: Suggested: Illustrated Book of Trees: The Comprehensive Field Guide to More than 250 Trees of

Karen Thomas has a M.A. in Kinesiology and is an American College of Sports Medicine Certified Exercise Physiologist with certifications in “Exercise is Medicine,” nutrition, and public health. She retired in 2018 from Montgomery College, Maryland after teaching health and exercise science for 29 years.

How to Lie with Statistics (Or How to Know When the Other Guy Is Messing with You)
Ted Mittler
Fri 1:30 PM - 3:30 PM, 3 session(s)
9/13/2019 - 9/27/2019
Thomas Nelson Community College, Room 328
24 seats available

Mark Twain reckoned that “Figures don’t lie, but liars do figure,” while Benjamin Disraeli listed the “three kinds of falsehoods” as “lies, damned lies and statistics.” Statistics, it would seem, have been held in low regard for some time. In this course, we’ll see how honest people use figures, and how to spot the other fellows who are trying to mislead us by intentionally abusing them. The course will conclude with a look at polling for the upcoming elections. Although we’ll use some numbers from time to time, this is not a math class.

Ted Mittler holds a B.S. and M.A. from Truman University and a Ph.D. from St. Louis University. He taught high school chemistry and physics for 35 years, and college statistics courses for 27 years, most recently at William & Mary.

Identification of Trees with Leaves, Twigs, and Fruit
Jim Perry
Mon 9:30 AM - 11:30 AM, 3 session(s)
9/30/2019 - 10/14/2019
School of Education, Room 1056
40 seats available

This course will expose the students to the methods used to identify trees using leaves, twigs, and fruit. This course will consist of one classroom lecture, one classroom identification session, and one field trip to the college woods. Enrollee should be prepared to walk and maneuver on rough terrain.

Reading: Suggested: Illustrated Book of Trees: The Comprehensive Field Guide to More than 250 Trees of
**Eastern North America** by William C. Grimm, Revised by John Kartesz.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. While originally trained as an east coast wetland ecologist, he works in wetlands in China, Taiwan, South America, United Kingdom as well as the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

**Introduction to Informal Logical Fallacies**
Kelly Shaw
Fri 1:30 PM - 3:30 PM, 3 session(s)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Would you like to make friends and influence people by pointing out critical thinking mistakes during cocktail parties or online political discussions? Do you yearn to clean up your own thinking by filtering out personal bias when constructing or considering the merits of an argument? Informal logic can be defined as a set of techniques that help us evaluate the validity and soundness of arguments in everyday discourse. We will study examples of several of the most famous logical fallacies in informal logic to help us identify and address sloppy arguments made by others, and ourselves.

Kelly has a Ph. D. in computer science with a concentration in Artificial Intelligence. Her master's thesis included a catalog of multi-valued logic systems whose rejection of ‘Excluded Middle’ would distress any classical logician.

**Introductory Astronomy**
Brad Perry, Carmen Fragapane
Tue 5:00 PM - 7:00 PM, 3 session(s)
10/22/2019 - 11/5/2019
Discovery, 5300 Discovery Park Blvd., Room 136
24 seats available

This course presents a brief survey of the solar system and stellar and galactic astronomy. A separate practical observing session, following the conclusion of this course, is planned at the Kiskiack Golf Club - date and time TBD. An alternate date will be selected, should weather not cooperate.


Brad Perry is a retired NASA engineer who has accomplished graduate studies in astronomy at the University of Virginia. He has published a number of papers on astronomical objects ranging from planetary objects to novae and supernovae. Carmen Fragapane has taught physical science in the York County School Division for 16 years. He has taken part in educational projects at the National Radio Astronomy Observatory in Green Bank, West Virginia and supports local astronomy education and pub

**Learn - Feel - Move Better!**
Sasha Digges, Jr.
Wed 9:30 AM - 11:30 AM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This class will look at the multiple areas of physical therapy and how it can improve one's health and wellbeing. You will leave this class understanding and knowing more about physical therapy and improvements you can make ... today. Come learn to be young again!! Physical therapy is a hands-on medical intervention that can have a positive, profound effect on one's life.

Sasha Digges, Jr., president and founder of PEAK Physical Therapy & Sports Rehabilitation and the CORE FITNESS Performance Training Center in Williamsburg, licensed physical therapist, certified athletic trainer and certified strength and conditioning specialist. Earned masters of science in physical therapy from Wheeling Jesuit University and trained in sports medicine at Marquette University.

**Shoreline Studies**
Carl Hobbs
Wed 9:30 AM - 11:30 AM, 3 session(s)
Small Hall, Room 235
34 seats available

This course will consider the physical character of beaches, sand dunes, barrier islands, and tidal marshes, along with the processes that form and modify them. The important processes are wind, waves, tides, and storms, and (on a longer scale) sea-level rise. By the conclusion of the course, students should have a better understanding of and appreciation for the major environments of the
shore.

**Reading Suggested:** The Beach Book by Carl Hobbs.

Carl Hobbs, B.S., M.S., Ph.D. geology, 40 plus years at Virginia Institute of Marine Science working in coastal geology and geomorphology, geological history of the Chesapeake Bay and the adjacent shelf. Led projects studying the environmental consequences of mining offshore sand for beach nourishment. Professor emeritus of marine science and author of The Beach Book.

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### Spinal Injury Avoidance Concepts and Postural Improvement Tutorial

**Daniel Carlson**  
**Tue 9:30 AM - 11:30 AM, 3 session(s)**  
**9/10/2019 - 9/24/2019**  
**W&M Kaplan Arena, Wightman Cup Room**  
25 seats available

Non-ideal posture has a role in spinal injury. Receive instruction in a 10-minute a day exercise protocol to improve balance, alignment, and movement.  
**Reading Suggested:** 8 Steps to a Pain-Free Back by Esther Gokhale. Stand Taller-Live Longer by Steven Weiniger.

Daniel Carlson has been in continuous chiropractic practice for 36 years with a focus on instructing mechanical back pain patients, self-performed injury avoidance and strength-stability protocols. He received his doctor of Chiropractic Medicine from the National University of Health Sciences.

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### Taijiquan and Qigong for Health and Well-Being

**Stan Rockwell**  
**Thu 2:00 PM - 4:00 PM, 3 session(s)**  
**10/24/2019 - 11/7/2019**  
**School of Education, Room 1056**  
40 seats available

Qigong (energy work) is sometimes referred to as Chinese yoga. Taijiquan is a Chinese martial art that focuses on energy, posture, balance and breathing and is a form of qigong. Both are based in Chinese philosophy and medicine. We will briefly review some classical Chinese philosophers and concepts that all come together in moving meditations aimed at enhancing harmony and balance physically, mentally, emotionally and spiritually. We will practice simple easily learned forms.  
**Reading Suggested:** The Path by Michael Puett and Christine Gross-Loh.

Stan Rockwell holds a B.A. in psychology and philosophy, M.Ed., and advanced certificate in graduate study from William & Mary, a Psy.D. from California Southern University, plus other graduate work from the Benson Henry Mind Body Institute. He has been a licensed professional counselor since 1989, using meditative techniques and has taught taijiquan and qigong for about eight years.

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### The Final Frontier: The Exploration of the Solar System by Humans

**Joel Levine**  
**Wed 1:30 PM - 3:30 PM, 3 session(s)**  
**School of Education, Room 2060**  
40 seats available

The course will cover the histories of two aspects of the U.S. Space Program—the humans in space program (Mercury, Gemini, Apollo Programs, Skylab, the Space Shuttle and the International Space Station) and the robotic solar system exploration program. With the current development of the new U. S. Space Launch System (SLS) and the Orion human space module, which will permit human access to the Moon, Mars and beyond, we are witnessing a convergence of both programs and a new and exciting phase of human exploration that may result in humans becoming a two planet species.


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### The Psychopath Next Door

**Arleen Cerbone Faustina**  
**Tue 1:30 PM - 3:30 PM, 3 session(s)**  
**10/22/2019 - 11/5/2019**  
**School of Education, Room 1056**  
40 seats available

Psychopaths and serial killers are the subject of endless fascination, but there is a sizable number who walk among us daily. “Successful psychopaths,” those who attain prominent positions in society, may be seen in academia, business and entertainment. This course will present the history, diagnostic criteria, prevalence, and prognosis for psychopathy, as well as ways of identifying a psychopath in daily life.
Arleen Cerbone Faustina has a Ph.D. in psychology from Tulane University where her research centered on the effects of stress on behavior, with a focus on PTSD. Her experience extends from the classroom to research, private practice, and the pharmaceutical industry.

Tidal Marshes of the Chesapeake Bay
Jim Perry
Fri 1:30 PM - 3:30 PM, 3 session(s)
9/13/2019 - 9/27/2019
School of Education, Room 2030
30 seats available

In this course we will concentrate on the ecology of Virginia’s tidal wetlands. We will discuss the importance of tidal wetlands, history of their uses, distribution and classification of Virginia’s tidal marshes, and their dominant flora and fauna. We will end with a discussion of tidal wetland losses in Virginia and the application of the "Mitigation" concepts (wetland conservation vs. preservation, creation vs. restoration) and the potential future of Virginia’s tidal wetlands.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. While originally trained as an east coast wetland ecologist, he works in wetlands in China, Taiwan, South America, United Kingdom as well as the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

Waves, Sound, and Music
Ted Mittler
Mon 1:30 PM - 3:30 PM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Why doesn't a ukulele sound like a violin? Why doesn't a clarinet sound like an oboe? (Spoiler alert: those are not the same reason.) How can a bugle play a tune without keys or valves? What’s the simple arithmetic that makes two notes harmonious? Welcome to the wonderful world of sound waves, where we’ll use live demonstrations, original animation, and everything from crude musical instruments to computer-synthesized keyboards to show how the study of simple pendulums just naturally leads to “Beethoven’s Fifth.

Ted Mittler holds a B.S. and M.A. from Truman University and a Ph.D. from St. Louis University. He taught high school chemistry and physics for 35 years, and college statistics courses for 27 years, most recently at W&M..

What Do These Results Mean?
Understanding Clinical Diagnostic Tests: Part I
Dana Willner
Thu 2:00 PM - 4:00 PM, 3 session(s)
9/12/2019 - 9/26/2019
Small Hall, Room 110
166 seats available

Have you ever wondered why you tested negative for the flu, but still had all of the symptoms? In this course we will explore the underlying biology and statistics of common clinical diagnostic tests, with an emphasis on making meaningful sense of results despite uncertainty. Specifically, we will look at tests for infectious diseases such as influenza, blood tests for autoimmune and other conditions, and testing for genetic diseases. This course is the first part of a two part series which will continue in the spring with a closer look at DNA testing for criminal justice and via commercial platforms for genealogy.

Dana Willner is currently a lecturer in the Computer Science Department at William & Mary. Her background is in exploring humans and their microbiomes using high-throughput DNA sequencing combined with biostatistics and bioinformatics.

World History
Ancient Art of Fortifications and Siegecraft
David Morrison
Tue 9:30 AM - 11:30 AM, 3 session(s)
11/12/2019 - 12/3/2019 (No class on 11/26/2019)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Ever since the first human found a piece of ground to settle and call home he has desired to protect it, and others desired to take it. This course explores the progress of the art of fortifications and siege warfare throughout time. The grand edifices of the ancient world, the cold stone of medieval castles, and the star forts that grappled with the modern age of gunpowder weapons will all be explored.

David Morrison earned a B.A. in history from Regent University in 2014. Having lived more than ten years overseas in but not limited to Scotland, Belgium, Italy, Germany and Denmark, David has developed a great love
Discover China: Its Geography, History, and Current Challenges
Sandy Menaquale
Mon 1:30 PM - 3:30 PM, 3 session(s)
9/30/2019 - 10/14/2019
Williamsburg Regional Library, Theatre
250 seats available

The geography of China shaped the way the civilization and culture developed. The large area was isolated from much of the rest of the world and consequently enabled the Chinese to develop independently from other world civilizations. At times, China led the world in discoveries, but during the Renaissance and Industrial Revolution, China was left behind from its European counterparts. China has a fascinating past, present, and future, and this course will look at all three time periods. Today China is identified as a rising superpower, and this "rise of China" has been named the top news story of the 21st century.


Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages. She also worked for Thomas Nelson Community College in Workforce Development training adults.
outcomes were possible or desirable, and finally we will try to assess the importance of it all to the modern world.

Bill Riffer is a retired career submarine officer with a lifelong interest in military history. In addition to at-sea commands, he also served as Atlantic Submarine Force chief of staff for doctrine, tactics, and training. He has degrees in nuclear engineering, national security policy, and international relations.

Present Day Maritime Piracy
Jacob Polderman
Tue 1:30 PM - 3:30 PM, 3 session(s)
11/12/2019 - 12/3/2019 (No class on 11/26/2019)
School of Education, Room 1056
40 seats available

Present day piracy is different versus what we experienced some 10 years ago offshore Somalia. We are now facing cases of hijacking vessels for the considerable value of their cargo and for ransom, crew members are being taken as hostage. The course will give an overview, details and background of the present day piracy and robberies.

Jacob (Jack) Polderman is a naval architect and a retired manager in the marine industry. Jack still works part-time in the marine regulatory sector.

Queen Victoria: Europe's Grandmother
Linda Smith
Fri 9:30 AM - 11:30 AM, 3 session(s)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Queen Victoria and Prince Albert planned the marriages of their children with the goal of a unified, peaceful Europe under Anglo-German guidance or, at least, to extend their influence. Did they succeed or fail? This course will trace their descendant's marriages through the 19th and 20th century Europe "for better or for worse." No prior knowledge is necessary.


The History of the Protestant Reformation
John Rogers
Wed 9:30 AM - 11:30 AM, 6 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

A study of the 16th and 17th century Protestant Reformation. The study will examine late medieval/pre-Reformation society and the church, and pre-Reformation reformers. We will then examine the work of Reformation figures Martin Luther, Huldrych Zwingli, John Calvin, Menno Simons and John Knox. The effects of the Reformation in Germany, Switzerland, the Low Countries, France, England and Scotland will also be examined, as will the reaction of the Roman Catholic Church and the Counter Reformation.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

The Holocaust: Exploring the Issues of Resistance and Rescue
Donald Schilling
Tue 9:30 AM - 11:30 AM, 6 session(s)
9/10/2019 - 10/15/2019
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Among Holocaust topics requiring sustained examination are those of resistance and rescue. In the first three classes we will challenge the view that Jews went to their deaths like "sheep to the slaughter" by examining the varieties of Jewish resistance including the dramatic Warsaw Ghetto Revolt and actions of the Bielski Partisans. In the last half of class we will deal with rescue. What actions were taken by individuals or groups to save Jews? What motivated such actions? How successful were they? Among other cases we'll look at the rescue work of the French community of La Chambon. Reading will consist of documentary materials and several excerpts from books.

Donald Schilling holds a Ph.D. in modern European history from the University of Wisconsin-Madison and spent 41 years teaching courses in this subject area at Denison University, including Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of World War II.
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<td>Living in Mud - Thriving Like Lotus!</td>
<td>10/21/2019</td>
<td>Lawrence Durrett</td>
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<td>Making the iPad Work for You</td>
<td>10/21/2019</td>
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<td>Residential Contracting and Project Management 101 for</td>
<td>10/21/2019</td>
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<td>Spanish Grammar and Conversation: Intermediate/Advanced</td>
<td>10/21/2019</td>
<td>Chris Scheiderer</td>
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<td>United States Immigration: A Historical Perspective</td>
<td>10/21/2019</td>
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<td>#VastEarlyAmerica</td>
<td>10/22/2019</td>
<td>Karin Wulf</td>
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<td>Advances in the Multidisciplinary Care of Liver and Pancreatic System</td>
<td>10/22/2019</td>
<td>Neil Burns</td>
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<td>Buying and Selling Homes in Today's Real Estate Market</td>
<td>10/22/2019</td>
<td>Suzanne Dana</td>
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<td>Codes, Ciphers, The Enigma Machine: Alan Turing and The</td>
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<td>Robert Welsh</td>
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<td>Conversational Italian for Travelers: Level II</td>
<td>10/22/2019</td>
<td>Carolyn Stowe</td>
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<td>10/22/2019</td>
<td>Ruurdje Laarhoven</td>
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<td>Thomas Thompson</td>
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<td>Rick Chase</td>
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<td>Introductory Astronomy</td>
<td>10/22/2019</td>
<td>Brad Perry</td>
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<td>Meditative Yoga as Preventative/Supplemental Medicine</td>
<td>*10/21/2019</td>
<td>Madhur Hans</td>
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<td>Success Principles for Achieving Your Life Purpose</td>
<td>10/22/2019</td>
<td>Jeanne Forrest</td>
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<td>The Structure of Wisdom and the Periodic Table of the Beliefs</td>
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<td>Eye and the Camera</td>
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<td>For the Beauty of It All--West</td>
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<td>Riverside Doctors' Hospital Williamsburg: An In-depth Look at</td>
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<td>The New Art of Zentangle</td>
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<td>A Glimpse of Modern Ireland Through the Voices of Two</td>
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<td>A Good Look at the First Ladies of the 1920s</td>
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<td>Behavioral Finance: How Common Biases Lead to Bad</td>
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<td>Bruton Parish: Church and State in Colonial America</td>
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<td>Collecting the Civil War</td>
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<td>Drone Strikes and Traditions of Honor in the Military</td>
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<td>Taijiquan and Qigong for Health and Well-Being</td>
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<td>The Cinderella Branch - U.S. Supreme Court in 1803</td>
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<td>The Long Journey Home: Understanding Homer's Odyssey</td>
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<td>Writing for the Fun of It</td>
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<td>Bill Rhodes</td>
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<td>Introduction to Informal Logical Fallacies</td>
<td>10/25/2019</td>
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<td>ISIS, Syria and the Explosive Middle East</td>
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<td>Krasnaya Pobeda; The Russian Revolution and Civil War, 1917-1922</td>
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<td>Bill Riffer</td>
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<td>The Crucible of Legions</td>
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<td>The Electoral College</td>
<td>11/4/2019</td>
<td>Michael Kerley</td>
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<td>Joe Heyman</td>
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<td>The W&amp;M Athletic Scandal of 1950-51 and Its Aftermath</td>
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<td>Understanding Today's US and Global Economic Trends,</td>
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<td>11/15/2019</td>
<td>Ken Krantz</td>
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<td>Vinyl Lives!</td>
<td>11/15/2019</td>
<td>Edward Chambers</td>
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</table>

*not in chronological order*
Membership Registration Form

☐ New Member  ☐ Returning Member

Member Information

Name: ________________________________  Phone #: ________________________________

Address: ________________________________  Email: ________________________________

City, State & Zip: ________________________________  Has your address changed? ☐ Yes ☐ No

Nickname: ________________________________  Has your email changed? ☐ Yes ☐ No

How did you learn about us? ☐ Friend  ☐ Advertisement  ☐ Facebook  ☐ Catalog  ☐ Other

Membership Options Please select your annual membership level.

☐ Regular Membership - Fee $135

Regular members may register for 8 courses, plus unlimited activities, Town and Gown events, and one-time lectures. Use the form below to sign up for courses and activities.

☐ Associate Membership - Fee $50

Associate members may attend the Town and Gown Noon Lecture Series (listed on page 55), and are eligible to register and pay for special event trips.

Please provide your request for up to 8 courses in PRIORITY ORDER, and any number of activities and/or one-time lectures in PRIORITY ORDER. Please note that the courses will be prioritized SEPARATELY from activities and one-time lectures. If any of your choices are filled, you will automatically be added to a Wait List. You will be advised by e-mail of the course(s) for which you are assigned a seat.

Course Name - List requests in order of preference. Circle “H” if willing to host or “CA” if willing to adjust volume / shut down.

#1 ________________________________  H / CA
#2 ________________________________  H / CA
#3 ________________________________  H / CA
#4 ________________________________  H / CA
#5 ________________________________  H / CA
#6 ________________________________  H / CA
#7 ________________________________  H / CA
#8 ________________________________  H / CA

Activity Name - Activities and One-Time Lectures. List in order of preference.

#1 ________________________________  H / CA
#2 ________________________________  H / CA
#3 ________________________________  H / CA
#4 ________________________________  H / CA
#5 ________________________________  H / CA
#6 ________________________________  H / CA
#7 ________________________________  H / CA
#8 ________________________________  H / CA

As a courtesy to instructors and other members, please list courses with the intention of attending all sessions.

Please mail the registration fee, payable to William & Mary, and the registration form to the address below, or visit www.wm.edu/osher for a link to register and pay online with a credit card. Please remember to sign your check and send a separate check and registration form for each person. Persons wanting to take the same courses should send registrations in the same envelope. Note: There will be no refunds after September 10, 2019. Sorry, walk-in registrations are not permitted.

Mail to: Osher Institute at William & Mary, PO Box 8795, Williamsburg, VA 23187-8795
Membership Registration Form

☐ New Member  ☐ Returning Member

Member Information

Name: ____________________________  Phone #: ____________________________

Address: ____________________________  Email: ____________________________

City, State & Zip: ______________________  Has your address changed?  ☐ Yes  ☐ No

Nickname: ____________________________  Has your email changed?  ☐ Yes  ☐ No

How did you learn about us?  ☐ Friend  ☐ Advertisement  ☐ Facebook  ☐ Catalog  ☐ Other

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#5 ____________________________  H / CA
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Mail to: Osher Institute at William & Mary, PO Box 8795, Williamsburg, VA 23187-8795
# W&M PARKING HANGTAGS

## HOW TO OBTAIN YOURS

Osher Institute members will purchase their own hangtags.

The cost is $12-14 for an academic year (September 2019-Jun 2020).

You must complete one form for each driver needing a hangtag.

Please mail form on page 60 along with a self-addressed, stamped envelope, and a check payable to William and Mary to:

Office of Parking Services
PO Box 8795
Williamsburg, Virginia 23187-8795
(757) 221-4764

You may also submit your completed paperwork in person at Parking Services, 201 Ukrop Way.

Osher hangtags are required for classes held at the following:

- School of Education
- W&M Kaplan Arena
- Integrated Science Center*
- Andrews Hall*
- Morton Hall*
- Small Hall*
- Swem Library*
- Thomas Nelson Community College
- Tucker Hall*
- W&M Sadler Center*

*Park at Kaplan Arena

Any member with a DMV handicapped parking permit and a Osher parking hangtag (both displayed) may park in any faculty/staff parking space or metered space (at no charge) on campus.
The information on this form is both true and accurate. I agree to notify Parking Services if and when any information changes. I have read and agree to abide by the Campus Parking Rules & Regulations.

The Osher Institute (formerly CWA) Hangtag decal allows parking in the Kaplan Arena lot (formerly William & Mary Hall lot) and in School of Ed lots 1-5 (Student areas only). During specified times parking may be authorized in the Parking Deck and the Plant lot.

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<tr>
<th>LAST NAME</th>
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**Handicap Tag (Fill in if applicable)**

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**Method of Payment for the fee ($12-14):**

- VISA / MC / AMEX / DISC (Circle One)
- CHECK
- CASH
- Instructor or Kernodle Scholarship Recipient (Invoice Osher Institute)

**PLEASE COMPLETE YOUR VEHICLE INFORMATION. ANY VEHICLE DISPLAYING A HANGTAG MUST BE REGISTERED.**

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All Virginia licensed drivers must carry the minimum insurance requirements on their vehicle, your signature below certifies that you possess the minimum coverage as set forth by VA DMV.

**SIGNATURE** ___________________________ **DATE** ___________________________

**Only one decal per person and it is valid until Aug 31, 2020.**
Directions and Parking Instructions for Off-Campus Location

Brookdale Williamsburg – 3800 Treyburn Dr.
From Monticello Ave., turn north on Treyburn Dr. At the Brookdale gate give your name and reference Osher Institute. Continue on Treyburn and bear right at the circle onto Windbrook Ln. to the parking area. Do not park in the sheltered spaces or circle. Check in at the registration desk of the main building. You will be directed to the class location.


Edgeworth Park at New Town – 5501 Discovery Park Blvd.
From Ironbound Rd., turn onto Discovery Park Blvd. and drive to the far end of the road. Park on street or to the left of the main entrance or behind the building. Members should not park in spaces near front entrance.

Ford’s Colony – 240 Ford’s Colony Dr.
Turn into the main Ford’s Colony entrance off of Longhill Rd. Go 1 mile on Ford’s Colony Dr. to the roundabout. The clubhouse is on the right. Park on the left hand side of the clubhouse. The banquet room is on the left as you enter the front door.

Helen’s Place Photography – 1205 Lightfoot Rd.
Head northeast on VA-199 W. Take the exit toward VA-603 W/Mooretown Rd/Lightfoot Rd. Merge onto VA-603/Mooretown Rd. Turn right onto Lightfoot Rd. Helen’s Place Photography will be on the left.

Kimball Theatre is on W. Duke of Gloucester St. near Little Theatre/Campus Center. There is a paid parking lot ($2 an hour) at the corner of S. Boundary and Francis Streets.

Patriot’s Colony – 6000 Patriot’s Colony Dr.
Depending on the assigned room for the course:
Liberty Lounge - Heading West on Route 5 (John Tyler Highway), Patriot’s Colony will be on the right. Stop at the guard house and give your name and reference Osher. Park in the parking lot in front of the Cannon Community Center.

Riverside Doctors’ Hospital Williamsburg – 1500 Commonwealth Ave. Heading East toward Busch Gardens on Route. 60/Pocahontas Trail, the hospital will be on the right just before the interchange for Route 199.

Shaia Oriental Rugs – 1328 Jamestown Rd.
Off of Route 199, turn onto Jamestown Rd. toward Jamestown Settlement. Shaia Oriental Rugs is just past the Colony Square Shopping Center on the right at 1325 Jamestown Rd.

Thomas Nelson Community College – 4601 Opportunity Way
From Monticello Ave. take VA-199 west towards Lightfoot. Take route 60/Lightfoot exit turning left at traffic light onto route 60/Richmond Rd. Go 0.3 miles and turn left onto Centerville Rd then get in the left lane and turn left onto Opportunity Way.

Williamsburg Landing – 5700 Williamsburg Landing Dr.
When you turn left on Lake Powell Road, drive past the Williamsburg Landing main entrance and turn left on Marclay Road (the first road on the left past Williamsburg Landing). Continue down Marclay Road to the Event Parking gravel lot on the left side. There is a connecting sidewalk from the Event Parking lot to the Landing Building. A shuttle will be provided for events held in the Assisted Living Building and the Doig Health Club.

Williamsburg Regional Library – 515 Scotland St.
Schell Room or Theatre. Park in the library parking lot or the lot across the street. All morning classes use theatre entrance.

WindsorMeade – Windsor Hall Dr. #3900
Park in the Belk / Bed Bath & Beyond (4900 Monticello Avenue) shopping lot. Park at the far right end in front of Binns of Williamsburg. There will be a continuous shuttle running loops beginning 30 minutes before class begins.
Directions and Parking Instructions for Campus Locations

W&M parking hangtags are required for the following:

Andrews Hall - 605 Jamestown Rd.*
Andrews Hall is located in the back of Phi Beta Kappa Hall. Parking is at W&M Kaplan Arena. See below

Integrated Science Center I & III - 540 Landrum Dr.*
Located at 540 Landrum Dr., behind and to the right of Phi Beta Kappa Hall. Parking is at W&M Kaplan Arena. See below

Morton Hall - 100 Ukrop Way*
Morton Hall is near the corner of Jamestown Rd. and Ukrop Way. Parking is at W&M Kaplan Arena. See below

Sadler Center - 200 Stadium Dr.*
Sadler Center is beside the W&M football field. Parking is at W&M Kaplan Arena. See below

Small Hall - 300 Ukrop Way* Small Hall is on the corner of Landrum Dr. and Ukrop Way. Parking is at W&M Kaplan Arena. See below

Swem Library - 400 Landrum Dr.*
Swem Library is directly behind the Phi Beta Kappa Memorial Hall on Jamestown Rd. Parking is at W&M Kaplan Arena. See below

W&M Kaplan Arena, Wightman Cup Room – At Corner of Brooks St. and Compton Dr.*
The Wightman Cup Room entrance is the one nearest to the soccer field. The elevator entrance is located off the handicap walkway alongside the loading ramp, facing the tennis courts on Brooks St. See below

*KAPLAN ARENA PARKING

Parking lot off Brooks St. and Compton Dr. You do not need to pay most parking meters in this lot. Do NOT park in the rows closest to Ukrop Way – they require payment. Park in the first two rows closest to Brooks St. Do not park in the faculty/staff spaces.

You are welcome to ride the WATA Green Line Shuttle from Kaplan Arena parking Lot. Please show your nametag for free entry. It runs a continuous loop approximately on the hour and half hour. See website for shuttle info at www.wm.edu/oshers

Ewell Hall – 221 Jamestown Rd.
Ewell Hall is across the street from the Student Center. There is a paid parking lot ($2 an hour) at the corner of S. Boundary and Francis Streets or park at Kaplan Arena. See above.

School of Education - 301 Monticello Ave.
The School of Education is at the corner of Treyburn Dr. and Monticello Ave. From Monticello Ave., turn into the School of Education entrance (Treyburn Dr.) Park in student lots 1-5 (student areas only).

W&M parking hangtag is NOT needed for the following campus location:

Discovery 1, 5300 Discovery Park Blvd., Rm. 136
From Monticello Ave. turn left onto Ironbound Rd. Proceed one block to the traffic light. Turn left onto Discovery Park Blvd. Turn right into the parking lot. We are located in the building labeled 5300. The classroom is the first room to your right as you enter the main lobby, Room 136.

HANDICAPPED PARKING: Any member with a DMV handicapped parking permit and a W&M parking hangtag (both displayed) may park in any faculty/staff parking space or metered space (at no charge) on campus.
Come join William & Mary friends and alumni on a Journey!

Choose from these two trips, or visit our website to view 30+ options that we offer!

**Cosmopolitan Havens: A Cruise along the Western Mediterranean - November 3-11, 2019**

**Verona: Land-based tour of Northeastern Italy, including Venice - May 1-9, 2020**

Contact Donna Coggins with Alumni Journeys at dcoggins@wm.edu or call 757-221-1165,

Like our Facebook page for the inside scoop on new trips, beautiful Alumni Journey photos and more!

Visit wmalumni.com/travel for a full listing of all of the exciting trips that will be offered in 2020!
Marianne Martin and Tracey Gulden, Visual Resources Librarian and Media Collections Manager, John D. Rockefeller Jr. Library, The Colonial Williamsburg Foundation; see more details in the activities section of the catalog.

Dr. Steven Hanson, Vice Provost for International Affairs and Director of the Reves Center for International Studies.

Topic: Thirty Years After the Fall of the Berlin Wall: Lessons Learned from the Study of Post Communism.

September 26, 2019

Dr. Megan Tschannen-Moran, Professor of Educational Policy, Planning, and Leadership

Topic: Navigating the Dynamics of Trust, Betrayal, and Revenge.

October 17, 2019

Dr. Monika Gosin, Associate Professor of Sociology and Coco Scholar

Topic: The Limits of a Special Status: Cuban Immigration and the Quest for American Belonging.

October 24, 2019

Botetourt Chamber Singers, Professor Jamie Bartlett, Director;

Topic: Seasonal Sounds to Delight You.

October 24, 2019

Moderator: Ted Maslin, Williamsburg City Council; Panel: Barbara Ramsey, Williamsburg City Council; John Mc Glennon, James City County Board of Supervisors; Tom Shepperd, Chairman, York County Board of Supervisors

Local Government: What Keeps Us Awake at Night

October 3, 2019

Want to Attend a Town & Gown Lecture?

Be sure to register to attend and wear your name tag to each session

TOWN & GOWN

NOON LECTURE SERIES

Navigating the Dynamics of Trust

October 17, 2019

Dr. Megan Tschannen-Moran, Professor of Educational Policy, Planning, and Leadership

Topic: Navigating the Dynamics of Trust, Betrayal, and Revenge.

Quest for American Belonging

October 24, 2019

Dr. Monika Gosin, Associate Professor of Sociology and Coco Scholar

Topic: The Limits of a Special Status: Cuban Immigration and the Quest for American Belonging.

Highlight from Last Semester; A Conversation with the President

October 17, 2019

Dr. Katherine A. Rowe, President, William & Mary

Seasonal Sounds; Botetourt Chamber Singers

October 24, 2019

Botetourt Chamber Singers, Professor Jamie Bartlett, Director;

Topic: Seasonal Sounds to Delight You.

March 14, 2019 (Past Event)

Dr. Katherine A. Rowe, President, William & Mary
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