The Osher Lifelong Learning Institute at William & Mary is dedicated, particularly but not exclusively, to persons age 50 or older, who seek learning, enrichment, and keeping in touch with the larger world. We strive to provide outstanding educational opportunities for members to explore varied topics via courses, lectures, special events and activities in environments that encourage sharing and fellowship.

This catalog represents the requirements, offerings, policies, and information in effect at press time. The Osher Institute reserves the right to change any offerings, dates and course times as needed. Notice of changes will be communicated to members via email and on our website at wm.edu/osher.

This catalog is available at wm.edu/osher, which incorporates a larger font size with the use of the zoom feature.

Photo credit: front cover, Rachel Dominy/William & Mary.
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Are you intrigued by our program but don’t have $150 for the membership fee? Consider a scholarship.

Several scholarships sponsored by the Institute are available for award this semester to individuals age 50 or older who have an annual combined household adjusted gross income of $50,000 or less.

The scholarships (funded by a grant from the Bernard Osher Foundation) pay the full cost of a membership at the Institute, which includes registration and parking for the semester with up to 8 courses and unlimited one-time lectures/activities.

Applications are available online at wm.edu/osher under About Us, Membership.
Membership & Attendance
You must be an Osher Institute at W&M member to register for and attend courses, one-time lectures, activities or special events.

Please select classes with the intent to attend every session. Absences result in underused resources and the loss of a seat for a member on a wait list.

Early Registration:
Nov. 14-23, 2022
During early registration, you may request up to 8 courses and any number of one-time lectures and activities.

* A “course” is defined as a class with multiple sessions over several weeks.

* A “one-time lecture/activity (OTL)” is defined as a single-session class.

Early registrants will receive their class schedules by December 23. Look for an email from Notifications@IrisRegistration.com. (Be sure to check your spam folder.)

Open Enrollment:
Jan. 3-Mar. 19, 2023
Registration reopens on January 3 at 8am and closes on March 19 at 5pm.

During open enrollment, members who missed the early registration period in November may now enroll in classes with available seats on a first-come, first-served basis. Members who are already enrolled may also add classes. All members are eligible for a total of 8 courses and unlimited OTLs.”

Payment & Refunds
Osher Institute fees are membership dues that help cover expenses of operating our program in a given semester. The membership fee applies per semester. It is not directly related to how many classes you take.

Spring 2023 membership dues are $150. Payment in full is due when you register. We accept VISA, MasterCard, Discover, American Express, and personal check.

You may request a refund through 5pm on the first day of classes (January 30, 2023) via email to osher@wm.edu. A $15 cancellation fee applies. There are no “per class” fees, and thus, no “per class” refunds.

Parking
A W&M Osher parking permit is required to park at the School of Education, Kaplan Arena, and Swem Library. Cost is $15.

Permits are valid August 30, 2022 through August 31, 2023. If you purchased a hang tag for the Osher Fall 2022 semester, you do not need to buy another for Spring. If you need to apply for a parking hang tag, use the form on page 34.

Members who submit their parking application through Osher no later than 5pm on November 23, 2022 can pick up their permit at the Osher office January 16-27 from 8am-5pm.

Members who apply for a permit after November 23 should work directly with Parking Services at Campus Center, 104 Jamestown Rd. One-hour parking is available in the Hunt Circle lot off Grigsby. Reach Parking Services at parked@wm.edu or (757) 221-4764.

Dropping a Class
If you need to drop a class, please notify us at osher@wm.edu or (757) 221-1506. This allows us to contact the first person on the wait list to fill the available seat.

Name Tags
Name tags are emailed a week before classes start. Plastic badge holders will be available on the first day of your in-person course. Wear your name tag to all Osher classes and events.

Face Masks
Our face mask policy follows that of William & Mary. As of November 1, 2022, masks are not required. We respect your decision to wear a mask if you so choose. We will email members if the policy changes.

Inclement Weather
Our weather policy mirrors that for university events and activities, and applies to all Osher classes, events, and training sessions. Our voicemail greeting will confirm a closure (757-221-1506). You will not be notified personally. The policy applies to both in-person and Zoom classes.

Guest Requests
Courses, one-time lectures, activities, tours, and special events are intended for Osher at W&M members. A member may request a guest once a semester, for a single, 2-hour session on a single date, if the course is not fully subscribed. Pre-approval is required. Guests who live in the Greater Williamsburg area must be considering Osher membership to qualify. Contact our office to request a guest.

GOOD TO KNOW
Links for Zoom classes are emailed the day prior to class.
Class handouts are distributed via email. Print copies are not available.
In our vibrant Life Plan Community, we happily handle the everyday tasks so you can spend your days knocking items off your bucket list — instead of your grocery list. With more choices and fewer chores, you can focus on dining with new friends, getting hands-on in your very own vegetable garden, or painting your next masterpiece — all with a lifetime guarantee of care.

After all, fun is never far from home when you live at Williamsburg Landing!

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Independent Living | Assisted Living & Memory Support
Short & Long-Term Care | Adult Day*
AMERICAN HISTORY

NEW! Be Your Own Williamsburg Tour Guide
Rebecca Ritter Kelly
Monday, 1:30-3:30pm
6 session(s)
1/30/2023 – 3/6/2023
School of Education, Room 1056
30 seats available

Learn all that local guides must know about Williamsburg before being licensed in the city. Starting with the road to the Revolution and Williamsburg’s unique place in it, this class will also address a broad spectrum of everyday aspects of society. After completing the class, impress your out-of-town guests when you weave together politics, fashion, militia laws, crime and punishment, religion, and more to create a picture of what life was like in colonial Virginia. The course’s historical foundation is based on Morgan’s The Birth of the Republic. Members are expected to read the text prior to the first class.


Rebecca Ritter Kelly has a B.A. from William & Mary in theater/speech and psychology. She has an M.A. from Hampton University in museum administration and an M.P.A. in Public Administration from Old Dominion University. She has been a licensed guide in Williamsburg since 1999 and has trained individuals to become licensed guides for more than 10 years.

From Colony to Commonwealth: Examination of the Primary Sources
Mark Howell
Monday, 1:30-3:30pm
3 session(s)
1/30/2023 – 2/13/2023
School of Education, Room 2010
30 seats available

It is all too easy to generalize the 18th century as the “Colonial era.” But Virginians underwent a sea of change in the last quarter of the century. Politically, socially, economically, religiously...there was not an aspect of life that was not affected to some degree by the assertion of independence and the war. Participants will have an opportunity to read, analyze, and discuss transcriptions of rarely seen documents – including government documents, newspaper ads, diaries, and personal letters – that reveal these changes.

Suggested Reading: The Revolution in Virginia, 1775-1783 by John Selby

Mark Howell is Director of Education at the Jamestown-Yorktown Foundation and has also worked at Colonial Williamsburg, the American Civil War Center, and the Library of Virginia. He is passionate about using primary documents in training and programming to evoke a sense of life in the 18th century.

City of Washington: The Origin and History of the Federal City
Christopher Collins
Tuesday, 9:30-11:30am
3 session(s)
1/31/2023 – 2/14/2023
Kaplan Arena, Wightman Cup Room
130 seats available

Washington, D.C., has grown significantly since the original plan for the Federal City was drawn by Pierre L’Enfant in 1791. This three-week course is an expansion of the instructor’s previous Osher one-time lectures on this topic. We will review in more detail the origin of the Federal City and the significant events, buildings, and features that have shaped the city as we know it today.

Christopher Collins was a land use lawyer in Washington, D.C., for 40 years, representing a broad range of clients in zoning, real estate development and historic preservation matters. During his career, he lectured at land use conferences, and taught seminars at the high school and college level.

Seeing the Future: Olmsted’s America
Patricia Ryther
Wednesday, 9:30-11:30am
3 session(s)
2/1/2023 – 2/15/2023
Zoom
30 seats available

Before he became the nation’s first landscape architect, Frederick Law Olmsted was a failed sailor, farmer, writer, and gold miner. His writings influenced international opinion on slavery, and his vision created a system of parks — including Central Park in New York City — that would remain relevant for hundreds of years and serve all the people. With dogged perseverance, battling through personal tragedies, he made it happen. This course will focus on Olmsted’s life and world, a time of civil war, rapid nation-building, and the beginning of the American park system.

Patricia Ryther is retired from a career in banking and insurance, where her jobs included writing user manuals and other nonfiction works. She has a degree in English literature and has taught at the community college level. In retirement, she is pursuing her lifelong interest in fiction writing.

The Good Life: from Rock Around the Clock to Camelot
Marilyn Younger
Thursday, 9:30-11:30am
3 session(s)
2/2/2023 – 2/16/2023
Discovery 3 Classroom
40 seats available

What was life like for those living in the U.S. from the end of the Korean Conflict to the assassination of JFK? On the surface, we lived ideal lives. Everyone had hope and seemed to be moving toward a secure job, owning
a home and a new car (with stylish fins). It was a time when President Eisenhower kept the peace and established stability. JFK took us from hope of stability to a vision of a dynamic future and a moon landing. Underneath the placid days, we faced the Cold War, paranoia about the USSR, and the Cuban missile crisis. This class is a continuation of the prior Osher social history classes *Between the Wars* and *Home Fires*. The goal is to better understand the lives our parents lived and reminisce about what many of us experienced during our own lives.

Marilyn Younger retired from the Social Security Administration where she was data exchange program director. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She works part time as an interpreter for Colonial Williamsburg and is a Certified Interpretive Guide of the National Association for Interpretation.

**If Walls Could Talk: Stone Walls of New York and New England**

**John Delano**  
Friday, 9:30-11:30am  
1 session(s)  
2/10/2023 – 2/10/2023  
Kaplan Arena, Wightman Cup Room  
130 seats available

The 250,000 miles of stone walls in New York and New England are an enduring testimony to the work ethic of 17th-19th century subsistence farmers. Many of those farmers left their farms to work the flat, fertile, rock-free lands in the Midwest. The abandoned New England fields ringed by stone walls were reclaimed by the forests. It is now common to find stone walls, stone foundations, and family cemeteries in the New England woods. Those long-forgotten features will be explored using old survey reports, diaries, maps, images, and John Delano’s personal accounts of his explorations of stone walls.

**Suggested Reading:** *Sermons in Stone: The Stone Walls of New England and New York* by Susan Allport

John Delano holds a Ph.D. in geology. He retired in 2016 from the University at Albany (SUNY) as a Distinguished Teaching Professor; was a NASA-funded researcher for more than 30 years; was an associate dean; and served as a member and/or chair of more than 20 NASA advisory panels. He is the author of nearly 70 articles in professional journals and a recipient of the university’s Lifetime Achievement Award in Public Engagement.

**NEW! Gun Law History in America**

**Robert Spitzer**  
Thursday, 9:30-11:30am  
1 session(s)  
2/16/2023 – 2/16/2023  
Williamsburg Regional Library, Theatre  
250 seats available

Most assume that early Americans owned and were skilled in the use of guns; that gun laws are modern; that the Second Amendment restricted gun laws; and that gun-carrying citizens won the West. These suppositions are mostly wrong.

Gun possession is as old as America, but so are gun laws. From the Colonial era through the 19th century, Americans enacted thousands of gun laws of every imaginable variety. In many respects, guns were more strictly regulated in the country’s first 300 years than in the last 30. In fact, the first gun grabbers were not Chablis drinking liberals from the 1960s, but rum guzzling pioneers from the 1600s.

**Suggested Reading:** *The Gun Dilemma* by Robert J. Spitzer

Robert J. Spitzer (Ph.D. Cornell) is Distinguished Service Professor Emeritus of Political Science at SUNY Cortland. He was also visiting professor at Cornell University for 30 years. He is the author of 16 books, including six on gun policy, and over 700 articles, papers, and op-eds on American politics and related subjects.

**NEW! The Fairbanks House: The Making of a Family Home – 1637 to Today**

**David Whiting**  
Friday, 9:30-11:30am  
1 session(s)  
2/17/2023 – 2/17/2023  
Discovery 3 Classroom  
40 seats available

Share in the story of The Fairbanks House in Dedham, Massachusetts, the oldest surviving timber frame house in the U.S. Built in 1637, the house has been owned by the same family to this day. You will learn about the architecture of the house, as well as the history of the family as it relates to the house and a brief history of Dedham itself. It’s a fascinating tale of a pioneering New England family from the earliest days of America.

Dave Whiting, a graduate of Northeastern University, has a lifelong interest in New England history. He is a Fairbanks family descendant and has visited the house many times, dating to his childhood when his grandparents would take him there. As a Fairbanks, he continues to support and maintain the house and the family legacy.

**Interpreting the Past**

**Karen McPherson**  
Monday, 9:30-11:30am  
3 session(s)  
2/20/2023 – 3/6/2023  
School of Education, Room 1056  
40 seats available

**NEW! Home – 1637 to Today**

Historiography is the study of the methods that historians use to develop a systematic understanding of the past – the study of how history is written. Non-historians often believe there is a common understanding of what
happened in the past. Historians, on the other hand, know that their discipline is one of argument, not agreement. In this interactive class, we will look at how historians build their understanding of the past and then explain it to non-historians. We will examine case studies of how our understanding of history has “changed” as a result of the work of historians.

Suggested Reading: The Purpose of the Past by Gordon S. Wood

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

The Battle of Hampton Roads: USS Monitor vs. CSS Virginia

Mike Collier
Monday, 1:30-3:30pm
2 session(s)
3/20/2023 – 3/27/2023
School of Education, Room 1056 & Newport News Mariners’ Museum
35 seats available

The Battle of Hampton Roads, March 8-9, 1862, was instrumental in the Civil War and future naval warfare. It was the first battle in history between ironclads: the Union’s CSS Monitor and the Confederacy’s CSS Virginia (not the Merrimack). The first session is a classroom discussion on the path to war, construction of the two ships, the battle, and its aftermath. The second session is a guided tour of the USS Monitor Center at the Newport News Mariners’ Museum.


Mike Collier graduated from the U.S. Coast Guard Academy. After a career as a U.S. Coast Guard officer, he pursued a second career in higher education. He holds an M.S. and Ph.D. and is a docent at the Newport News Mariners’ Museum.

NEW! The Forgotten Founders: The Pinckney Family of South Carolina

Karen McPherson
Monday, 1:30-3:30pm
3 session(s)
3/20/2023 – 4/3/2023
Kaplan Arena, Wightman Cup Room
130 seats available

In South Carolina, few families were as well known as the Pinckneys. Wealthy and privileged, they served as judges and in the South Carolina legislature. They fought in the American Revolution; after the Revolution, they served in Congress, and family members were Federalist party nominees for Vice President or President from 1796 until 1808. They served as ambassadors to Britain, France, and Spain during the early years of the Republic. But the Pinckney name is largely absent from the broader narrative of these years. In this course, we will explore who the Pinckneys were and how they came to be the Forgotten Founders.

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

Custer and the Sioux at the Little Bighorn: The Centennial Campaign of 1876

John Rogers
Wednesday, 9:30-11:30am
3 session(s)
Updated! 4/12/2023 – 4/26/2023
Kaplan Arena, Wightman Cup Room
130 seats available

This class explores the army’s 1876 campaign against the non-reservation Indians of the Northern Plains. President Grant’s administration decided to resolve the “Indian problem” by ordering a military campaign in the spring of 1876 intended to force the “hostiles” onto reservations. The result was the catastrophic defeat of the 7th Cavalry and George Armstrong Custer’s death – and the end of the Indians’ traditional way of life.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

Completing the Constitution: Ratification and the Bill of Rights

Michael Kerley
Wednesday, 1:30-3:30pm
3 session(s)
3/22/2023 – 4/5/2023
Kaplan Arena, Wightman Cup Room
130 seats available

This course continues the story of how our Constitution came to be, including the events that ensued immediately post-Constitutional Convention of 1787. In particular, we will discuss the nationwide debates regarding the ratification of the Constitution in 1787-1788 to see how these debates formed the genesis of our Bill of Rights.

Suggested Reading: Ratification: The People Debate the Constitution (1787-1788) by Pauline Maier. The Bill of Rights: The Fight to Secure America’s Liberties by Carol Berkin

Michael Kerley has a B.A. in government from Notre Dame and a J.D. from George Washington University. He practiced securities and insurance law for 35 years, and now teaches classes on the origin and structure of the Constitution at various lifelong learning programs.
The VEEP

Feather Foster
Thursday, 9:30-11:30am
3 session(s)
3/23/2023 – 4/6/2023
Kaplan Arena, Wightman Cup Room
130 seats available

Few people have been so gloriously honored, abysmally neglected, irreverently riduided and immediately forgotten as the early bunch of Vice Presidents of the United States

Session 1: John Adams, to Hannibal Hamlin…worthies, not-worthies, medium-worthies and a few empty suits – and years of empty offices!

Session 2: Andrew Johnson to Al Barkley…some all-star who-are-theys intermingled with a few notable promotions. Finally, there will be a brief epilogue about modern VPs.

Session 3: Theodore Roosevelt, to Garrett Hobart…a mid-worthy bunch of pleasant fellows primarily as a geopolitical accommodation and more years of empty offices!

Feather Foster spent more than 35 years in advertising before starting a career that has centered on First Ladies of the United States, specifically the old gals. She has written four books on the subject. The latest is Mary Lincoln’s Flannel Pajamas and Other Stories from the First Ladies’ Closet.

A Comparison of the Plymouth and Jamestown Colonies

John Delano & David Whiting
Wednesday, 1:30-3:30pm
3 session(s)
4/12/2023 – 4/26/2023
Kaplan Arena, Wightman Cup Room
130 seats available

The cultural, historical, economic, and religious characteristics of two early 17th century English colonies will be compared and contrasted. We’ll explore: Why did they leave England?

What skills did the colonists bring to the New World? What were their farming strategies? What were their expectations upon arriving in the New World? What were their perspectives on slavery? What were their life expectancies? What were their religious goals for the Native Americans? What knowledge and expectations did the Native Americans have about the English prior to the colonists’ arrival?

John Delano holds a Ph.D. in geology. He retired in 2016 from the University at Albany (SUNY) as a Distinguished Teaching Professor; was a NASA-funded researcher for more than 30 years; was an associate dean, and served as a member and/or chair of more than 20 NASA advisory panels. He is the author of nearly 70 articles in professional journals and a recipient of the university’s ‘Lifetime Achievement Award in Public Engagement.’

Dave Whiting, a Northeastern University graduate, first taught in Scituate, MA, which was established by Plymou settlers, and has had a lifelong interest in New England Colonial history. He is a Mayflower descendant, and a member of the Fairbanks Family that supports the oldest wood frame house in America.

NEW! The History and Legacies of William & Mary Native American Iconography

Tyler Goldberger, Meghan Bryant
Wednesday, 1:30-3:30pm
1 session(s)
4/12/2023 – 4/12/2023
Swem Library, Special Collections
35 seats available

To honor the 300th anniversary of the Brafferton School opening, the William & Mary Special Collections Research Center is showcasing materials from the University Archives to engage learners with the myriad complexities of the university’s history. The – structured as an open house – will interrogate the history and legacies of the William & Mary logo through its various iterations representing the ‘Tribe.’ The session will engage with the iconographic evolution of W&M’s campus logo and its Native American imagery through a collection of photographs, manuscripts, artifacts, and more.

Tyler Goldberger is a fourth-year history Ph.D. candidate and research and instruction associate at William & Mary.

Meghan Bryant, Ph.D., is the head of Special Collections Public Services and instruction at the Swem Library at William & Mary.

Bleeding Kansas and the Civil War

Marilyn Younger
Friday, 9:30-11:30am
3 session(s)
4/14/2023 – 4/28/2023
Discovery 3 Classroom
40 seats available

The Kansas-Nebraska Act brought on a period of violence between pro-slavery and abolitionist forces called “Bleeding Kansas.” Quantrill’s burning of Lawrence caused the radicalization of John Brown whose role in killings in Kansas allowed him to raise money for the raid on Harper’s Ferry. Bleeding Kansas caused the creation of the Republican party, the Lincoln-Douglas debates, and bloody raids along the Kansas-Missouri border during the war. Afterwards, many Confederate guerrillas, including the James-Younger gang, became outlaws and animosity generated by the war continued.

Suggested Reading: Midnight Rising, John Brown and the Raid that Sparked the Civil War by Tony Horwitz. Civil War on the Missouri-Kansas Border by Donald L. Gilmore

Marilyn Younger retired from the Social Security Administration where she was director of the data exchange program. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She works part time as an interpreter for Colonial Williamsburg and is a Certified Interpretive Guide of the National Association for Interpretation.
The American Wisdom Project

The American Wisdom Project is a pilot research and teaching curriculum of the Innermost House Foundation, a California- and Virginia-based 501(c)(3) educational organization. It focuses on an American Wisdom Tradition while illuminating the world’s great wisdom traditions. From origins in early Virginia as a crossroads of East, West, North and South, and Old and New, the Tradition develops from 18th century Williamsburg, to 19th century Concord and Walden Pond, to 20th century Far West, and beyond to their roots in the cultures of Native America, Europe, Asia, the Middle East, and Africa. It comprehends nature, art, thought, and spirituality as humanistic disciplines of the individual, drawing upon local and national resources for class instruction, team-teaching, and offsite learning. Like its ancient forebear at Oxford, Literae Humaniores, the American Wisdom Project is a laboratory to cultivate a “more humane learning.”

Ansel Adams: Through a New Lens

Michael Lorence
Tuesday, 9:30-11:30am
1 session(s) | 1/31/2023 – 1/31/2023
Wmgb Regional Library, Theatre
250 seats available

A century after Ansel Adams took his first photograph, we almost cannot see nature except through his eyes. His photographs showed the world a nature it had never seen before: a revolutionary, brilliant refocusing on the wilderness. Adams’ art was a radical act of the human imagination of which we are all heirs. This course of striking masterworks and commentary seeks to regain that radical vision, to see afresh through the lens of our greatest photographic artist.

Lost Virginia: The Virginia House and the Start of the American Wisdom Tradition

Michael Lorence
Wednesday, 9:30-11:30am
1 session(s) | 2/8/2023 – 2/8/2023
Wmgb Regional Library, Theatre
250 seats available

17th century Virginia gave rise to the first forms of American building practice to stand fully distinct from English precedent. From the founding of Jamestown in 1607, with its English-framed, wattle and daub structures; to the innovation of an American vernacular in the form of the “Virginia House” throughout the Chesapeake region; to the “polite” architecture of the Williamsburg flush-frame house, Virginia is a study of emerging Americanness. The course will also update the status of the “Virginia House” building project.

Ralph Waldo Emerson: “The Wisest American” and The Wisdom Tradition

Michael Lorence
Wednesday, 9:30-11:30am
1 session(s) | 2/15/2023 – 2/15/2023
Wmgb Regional Library, Theatre
250 seats available

Through the formative century of American letters and beyond, Ralph Waldo Emerson was “the wisest American.” The great Transcendentalists we know – Henry David Thoreau, Walt Whitman, John Muir, William James, Robert Frost, Frank Lloyd Wright, and Ansel Adams – are practically unimaginable without Emerson’s influence. This course explores the special wisdom of the “Sage of Concord” to bring America’s larger wisdom tradition into focus.

A Shorter Introduction to the American Wisdom Tradition

Michael Lorence
Wednesday, 9:30-11:30am
1 session(s) | 2/22/2023 – 2/22/2023
Wmgb Regional Library, Theatre
250 seats available

Is there a compelling tradition of wisdom in American life? The world looks to America for many things, but seldom for wisdom. Yet through the length of American history runs a current of “plain living and high thinking” that draws upon the world’s many wisdom traditions, reflecting that ancient light back to the world as something radically new. A highly visual introduction to the American Wisdom Tradition.

The City of God: A Philosophical Garden Tour

Michael Lorence
Tuesday, 9:30-11:30am
1 session(s) | 4/25/2023 – 4/25/2023
Colonial Williamsburg Gardens
20 seats available

This walking tour of the town and gardens along Palace Street in Colonial Williamsburg examines the city through the philosopher’s eyes. Do gardens have meaning? Is architecture more than shelter and decoration? Is there a difference in Williamsburg and what difference does it make? What role can a city play in the pursuit of wisdom? A Colonial Williamsburg Good Neighbor Pass is required. (Visit colonialwilliamsburg.org for information.)

Michael Lorence is president of The Innermost House Foundation in California, director of the American Wisdom Project and the Virginia House Project in Williamsburg, and a past director of the Thoreau Society in Concord, Massachusetts. He has for 30 years provided cultural guidance to leaders in industry and the professions.
The Rise and Fall of Domestic Servants in Early 20th Century Northeast America
David Hopkinson
Tuesday, 9:30-11:30am
3 session(s)
5/2/2023 – 5/16/2023
Discovery 3 Classroom
40 seats available

This course surveys the role of domestic servants as the Gilded Age moved on to the Progressive Era. We'll cover cultural and historical contexts; structure, roles, and duties of staff; relationships of servant to master and servant to servant; technological impacts; and customs, rules, and manners in wealthy homes attended by servants. We will look at psychological, social class, and sociological factors at work in this unique arrangement of household operations.

David Hopkinson has a Ph.D. in clinical psychology. He spent seven years teaching full time at the collegiate and graduate school level, five of those at William & Mary. He has served as a tour guide at Maymont Mansion, has written a manuscript and presented as a public lecturer.

NEW! “And What Do You Think You’re Listening To?” A Composer’s Toolbox
Tim Kloth
Monday, 9:30-11:30am
1 session(s)
1/30/2023 – 1/30/2023
School of Education, Room 1056
40 seats available

There are many books on music appreciation that help listeners better appreciate classical music. However, these books don’t always highlight the specific tools a composer uses to move the music forward. Having worked as a composer for 40+ years, Tim has formulated a perspective that may enhance your understanding of classical music. Composers use a fixed set of tools: rhythm, melody, harmony, timbre, and texture; but each of the tools is not always used equally. By listening to musical examples from Chopin to Ravel, you will learn to listen for which parameter the composer used to propel the music.


Tim Kloth, while in high school, studied composition at the Cleveland Institute of Music. Majoring in composition, he earned a B.M. at Capital University, an M.M. at the Eastman School of Music, and a D.M.A. from the University of North Texas. Having taught at VCU, UVA, and the University of Arizona, he is now retired from the Fairfax County Public Schools specializing in the Orff Schulwerk method for music education.

From Page to Stage: Musicals Based on Literary Works – The Classics
Melissa Puttre
Wednesday, 1:30-3:30pm
6 session(s)
2/1/2023 – 3/8/2023
Kaplan Arena, Wightman Cup Room
130 seats available

Lisa Smith is a retired reading specialist at WJCC Schools who returns to her early passion for art history. She is as a docent at the Muscarelle Museum of Art and a volunteer at the Art Museums of Colonial Williamsburg.
Musicals pull inspiration from varied literary works, including a classic novel, biography, fairy tale, and even the Bible. We’ll take a look at musicals based on classic novels we all know, covering the spectrum, from classic interpretations of *Showboat* and *Fiddler on the Roof* to more modern adaptations such as *Les Misérables* and *The Phantom of the Opera*. The class will utilize both music and video clips from the shows when available and has been updated since last offered.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts and has performed at The Kennedy Center and Lincoln Center. Past shows include *Romeo and Juliet*, Laura Dennis, *Agnes of God*, *Lysistrata*, *Les Liaisons Dangereuse*, *Little Women*, *Grease*, *A Midsummer’s Night Dream*, *A View from a Bridge*, and *Children of Eden*.

**NEW! Gilbert and Sullivan’s HMS Pinafore**

Ken Krantz  
Thursday, 9:30-11:30am  
1 session(s)  
2/2/2023 – 2/2/2023  
Zoom  
275 seats available

In 1878, after several modest successes, W.S. Gilbert and Arthur Sullivan had their first great international hit with *HMS Pinafore*. This lecture will examine the background, plot, and music of this groundbreaking work. Students are encouraged to see Sinfonicron Light Opera’s production of *Pinafore* at the Kimball Theater. Tickets will be available at Sinfonicron.org beginning in January.

Ken Krantz performed both choral and leading roles with Sinfonicron as a William & Mary law student. A retired Navy JAG officer and federal administrative law judge, he performs with Virginia Opera, the Williamsburg Players, and other regional performing arts companies.

**Don’t be an Idiophone: Know Your Aerophones and Chordophones**

Tim Kloth  
Friday, 9:30-11:30am  
1 session(s)  
2/3/2023 – 2/3/2023  
School of Education, Room 1056  
40 seats available

While the creation of music is universal, musical languages and instruments differ widely by culture. In 1914, Erich Moritz von Hornbostel and Curt Sachs published an article in *Zeitschrift für Ethnologie* that classified instruments by the way they generate sound. Their work was based on the four categories of sound-producing materials identified in the late 19th century by Victor-Charles Mahillon, the curator of musical instruments at the Brussels Conservatory. He grouped them by identifying the source of vibrations that generated sound: a string, a membrane, an air column, or the body of the instrument.

**Suggested Reading:** Hornbostel–Sachs online at Wikipedia

*Tim Kloth is teaching two courses at Osher this semester. Read his full bio on page 10.*

**NEW! Charlie Chaplin: The Tramp Who Made Us Cry**

Dan Sherman  
Monday, 9:30-11:30am  
1 session(s)  
2/6/2023 – 2/6/2023  
WmBg Regional Library, Theatre  
250 seats available

Known best for his role as “The Little Tramp,” Charlie Chaplin brought laughs and tears to film audiences throughout the world through a brilliant series of films spanning the silent and sound eras. This class will explore Chaplin’s career beginning as a poor boy on the English stage in the 1890s to a beloved but highly controversial actor more than 60 years later. We’ll discuss Chaplin’s life and contributions to film, including his work as a composer. There will be many film clips and a discussion of how Chaplin’s work developed over time.

Dan Sherman has presented 25 courses on musical theatre and other topics at Osher Institute sites in Northern Virginia. He also has lectured for Wagner Societies and college alumni groups. He holds a Ph.D. in economics from Cornell.

**NEW! Leonard Baskin – The Human Frame**

Sandra Stephan, Harry Chancey  
Thursday, 2-4pm  
1 session(s)  
2/9/2023 – 2/9/2023  
Discovery 3 Classroom  
40 seats available

Best known for public sculptures such as the FDR Memorial in Washington, D.C., Baskin spent his life pursuing an “art that bleeds” in the footsteps of Francisco de Goya. While the art world focused on abstract expressionism, Baskin committed to figurative art through printmaking, especially monumental woodcuts. His compositions challenge artistic norms by framing subjects, sometimes human, sometimes otherworldly, to capture the inner experience of life. This exhibition from the Muscarelle Museum and Swem Library collections was curated by W&M art history students last fall.

Sandra Stephan holds a Ph.D. in British Literature and is Chair of the Muscarelle Museum of Art Docents Program.

Harry Chancey is a Muscarelle docent and a former program director for WNET/13 Public Television in New York.
NEW! The Controversial Death of Marilyn Monroe – An In-Depth Exploration
Frank Wood
Monday, 9:30-11:30am
3 session(s)
2/20/2023 – 3/6/2023
Kaplan Arena, Wightman Cup Room
130 seats available

For 60 years, the circumstances surrounding the untimely death of one of Hollywood’s most iconic stars have been examined and debated. This course will critically explore the many facets of this controversy.


Frank Wood is a retired accountant/financial executive and William & Mary alumnus who worked for 35 years in the mining/energy industry. He has an active interest in film noir and unsolved/controversial cold cases.

The German Virtuosa: The Life and Times of Clara Schumann
Anette Isaacs
Tuesday, 6-8pm
1 session(s)
3/21/2023 – 3/21/2023
Zoom
275 seats available

She was not just a divine pianist, talented composer, and successful teacher, but also a mother of eight and the family’s breadwinner. In the very male-dominated 19th century, German superwoman Clara Schumann did it all while juggling a 61-year concert career that made her an international star. Join us for an intimate look at the life of the exceptional Clara Virtuosa.

Anette Isaacs is a German historian and public educator who has presented programs pertaining to her native country’s history, politics, and culture across the United States (through Zoom). Anette has master’s degrees in American studies, political science, and history.

NEW! Three Neo-Noir Films
Thomas Thompson
Thursday, 9:30-11:30am
3 session(s)
4/13/2023 – 4/27/2023
Kaplan Arena, Wightman Cup Room
130 seats available

What is neo-noir? Neo-noir is the reimagining of the genre of film noir that flourished during the post-World War II era in the United States. Neo-noir is a style often seen in modern motion pictures and other forms that prominently utilizes elements of film noir, but with updated themes, content, style, visual elements or media that were absent in noir films of the 1940s and 1950s. Join us for The Long Goodbye, The Limey, and The Man Who Wasn’t There.

Suggested Reading: Detours and Lost Highways: A Map of Neo-Noir by Foster Hirsch; and Dark City: The Lost World of Film Noir by Eddie Muller

Thomas Thompson has a B.A. and M.A. in religious studies. He worked for a medical testing lab serving clients in the New York area, and became the company’s employee ombudsman. Once retired, he was invited by the American Association of Retired Persons to be a trainer, running workshops across the U.S.

OTHER ART, MUSIC & FILM RELATED COURSES

Ansel Adams: Through a New Lens (American History, p. 9)
Architecture and Times of English Medieval Cathedrals (World History, p. 28)
Lace: From Thread to Patron (World History, p. 30)

SPRING 2023 CLASS LOCATIONS

Discovery 3 – 5330 Discovery Park Blvd. (in New Town). The Osher office and Classroom are located on the first floor. A W&M Osher parking permit is not required.


Riverside Doctors’ Hospital Williamsburg – 1500 Commonwealth Ave. Head east toward Busch Gardens on Route 60/Pocahontas Trail. The hospital will be on the right just before the interchange for Route 199.

W&M Kaplan Arena – 751 Ukrop Way. Park in the lot off of Brooks St. and Compton Dr. Use the ground level entrance at the rear of the building. The side entrance has elevator access to the Wightman Cup Room. A W&M Osher parking permit is required.

W&M School of Education – 301 Monticello Ave. At the traffic light on Monticello and Treyburn, look for the green School of Education sign. Take this driveway and park in Lots 1-5. A W&M Osher parking permit is required.

W&M Swem Library – 400 Landrum Drive. Parking is available in the Kaplan Arena lots. The Special Collections Reading Room is on the Floor 1. A W&M Osher parking permit is required.

Williamsburg Landing – 5700 Williamsburg Landing Dr. Park in the lot off of Monticello Ave. and Compton Dr. Use the ground level entrance at the rear of the building. The side entrance has elevator access to the Wightman Cup Room. A W&M Osher parking permit is required.

Williamsburg Regional Library – 515 Scotland St. Park in the library parking lot or the lot across the street. Use the Theatre entrance.
FINANCE & ECONOMICS

Understanding Today’s Economic Trends & Issues
Dan Gaske
Tuesday, 1:30-3:30pm
3 session(s)
1/31/2023 – 2/14/2023
Zoom
275 seats available

This course examines present-day economic trends, issues, institutions, and markets, both in the United States and the rest of world, selecting from topics such as: state of the U.S. economy and government debt; China’s growing role in the international economy; economic sanctions; economics of climate change; impacts of immigration; global poverty and the World Bank; Brexit after a year, etc. Exact topics are chosen close to course dates based on key issues at that time.

Daniel Gaske has a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and universities in the Washington, D.C. area. He is presently adjunct professor of economics at the Mason School of Business at William & Mary.

Modern Wealth Management
Sean Allburn
Tuesday, 9:30-11:30am
3 session(s)
1/31/2023 – 2/14/2023
School of Education, Room 1056
40 seats available

Get acquainted with key tools for sound financial planning and investment management. Financial planning begins by considering your goals in view of risk exposure, tax environment, liquidity needs, and appreciation vs. income potentials. Join the discussion as Sean shares proven strategies to help achieve financial goals. You’ll lean about models for portfolio selection to help reduce risk through diversification, and explore factors affecting success: Do you need a plan to triple your income during retirement? Is your financial plan telling you what you need to know? Is there a way to minimize investment risk without sacrificing returns?

Sean Allburn earned a B.S. at Duke and an M.B.A. at William & Mary. He has been named in On Wall Street magazine’s Top Brokers” and “Top Advisors under 40” lists and was distinguished by Inside Business magazine as one of the “Top Forty Under Forty” in Hampton Roads. Sean is managing director at Allburn Financial Consulting of Davenport and Company’s Williamsburg office.

NEW! A Look Ahead for Investors in 2023
Keith Reagan
Thursday, 9:30-11:30am
3 session(s)
2/2/2023 – 2/16/2023
School of Education, Room 1056
40 seats available

The shortest bear market in 2020 accompanied a government-induced, global economic shutdown followed by unprecedented interference by central banks. 2022 saw the resulting inflation, receding GDP, and another stock market bear. What will 2023 bring? Where are the best opportunities now?

Keith C. Reagan, Sr. is a graduate of William & Mary. His post-graduate work includes executive education at The Wharton School of Business. He has been recognized in the Wall Street Journal as a Five Star Wealth Manager for the last six years. His firm, Reagan Holloway, is a fiduciary portfolio manager on the Fidelity platform.

Taxes in Retirement and Social Security
Jacob Bales
Friday, 9:30-11:30am
3 session(s)
3/24/2023 – 4/7/2023
Discovery 3 Classroom
40 seats available

Learn about taxes in retirement and how they may not be what you expect, including the impact of the Tax Cuts and Jobs Act and SECURE Act on your tax burden. Gain insight about claiming and managing Social Security. Understanding the concepts and policies that create the tax system we know today provides a foundation for developing strategies to manage your tax liability and approaches to distribution and asset structuring.

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed registered representative with Series 7 and Series 66 certifications, as well as a Certified Financial Planner®. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security issues.

Lifetime Income Strategies
James Bales
Wednesday, 9:30-11:30am
3 session(s)
4/12/2023 – 4/26/2023
School of Education, Room 1056
40 seats available

Learn about financial security in retirement and planning income for life. Post-retirement planning can be more difficult than retirement planning. You are managing your entire nest egg, not collecting paychecks, with less time to recover from mistakes. Learn time-tested strategies for planning your retirement income and how to make your money last.

James Bales is a registered principal, of James Bales Financial, LLC. Securities are offered through Centaurus Financial, Inc. Member of FINRA and SIPC.
NEW! Play Better Bridge

Michael Jenks
Wednesday, 9:30-11:30am
3 session(s)
2/1/2023 – 2/15/2023
Discovery 3 Classroom
40 seats available

This course is for intermediate level players looking to improve. The focus is on declarer play, but we will discuss defensive play and the approach you should take to make your contract. Various techniques will be covered: when and how to establish a second suit; playing a loser on a loser; the discovery play; the elimination play; making the higher percentage play; and how to resolve transportation issues. Members will play 12-15 hands. Handouts will address proper bidding, declarer play and defense.

Suggested Reading: Declarer Play the Bergen Way by Marty Bergen

Michael Jenks is a graduate of the United States Military Academy with a master’s degree in engineering from Stanford University. Mike spent 28 years in the United States Army Corps of Engineers. He is a bronze, silver, and ruby Life Master bridge player and has taught bridge locally since 2010.

NEW! Be an Instructor for Osher at W&M

Veteran Instructors from Osher at W&M

Tuesday, 1:30-3:30pm
1 session(s)
2/7/2023 – 2/7/2023
Discovery 3 Classroom
40 seats available

If you’ve thought about teaching an Osher class but wonder what is involved or how to proceed, then this class is for you. In this two-hour session, a panel of veteran Osher instructors will answer your questions and explain how to get started. These colleagues will guide you through the process of becoming an instructor and proposing a course. They will provide insight about the kinds of courses our members like and the best teaching methods for adult learners. They will help you figure out how to organize, deliver, and present your course. And, if you are interested, these instructors will work with you as you propose your first course and prepare to teach. Everyone has a special area of interest, hobby, and experience. Consider sharing yours with Osher at W&M members. You’ll wonder why you waited so long!

Unidentified Flying Objects (UFOs/UAPs): Are We Alone?

John Hickok
Friday, 2-4pm
3 session(s)
2/10/2023 – 2/24/2023
Zoom
275 seats available

Ever wonder if we are the only intelligent beings in the universe? Recent videos released by the U.S. Navy indicate that maybe we are not! In July 1947, a supposedly alien craft crashed near Roswell, New Mexico; the event was quickly covered up by the government. Now there is great interest in the Roswell event and other sightings. We will examine data from the Pentagon on UFOs, now called Unidentified Aerial Phenomena (UAPs), that is being analyzed by special committees and reported to Congress to see if these UAPs pose a threat to the U.S. Sensitive videos will be shown. Questions and member stories will be discussed. This is the first Osher course of its kind related to UFOs/UAPs.


John Hickok holds a B.S. in engineering/nuclear physics (USNA), an M.S. in aero engineering and an M.B.A. (NPGS). He retired after a 48-year career in the Navy and OSD, which encompassed service as A-6 Intruder Naval Flight Officer and RAF Buccaneer Weapon Systems Officer; acquisition assignments including top-secret stealth programs and Navy avionics systems; and a post with the Office of the Secretary of Defense (senior professor at Defense Acquisition University, Chief Knowledge Officer).

Comprehensive Guide to Adopting a Pet in Williamsburg

Bob Tubbs
Tuesday, 1:30-3:30pm
3 session(s)
2/21/2023 – 3/7/2023
Discovery 3 Classroom
40 seats available

Adopting a pet is a big step. This course prepares you and your family to welcome a dog or cat into your home, into your family and into your life. We will also discuss pet volunteering opportunities and projects in the region.

Bob Tubbs has 25 years corporate experience in marketing, acquisition, and technology and 15 years as a small business owner. He is the Internet Marketing Association founder and former president of the local Rotary club. Bob has a B.S. in tech marketing. He is engaged in various community projects, and has adopted and/or fostered 25 cats and 22 dogs over a 30-year period.

Critical Thinking for Everyday Life

Mike Collier
Wednesday, 9:30-11:30am
3 session(s)
2/22/2023-3/8/2023
School of Education, Room 1056
40 seats available

We frequently hear of the need for critical thinking, but seldom is it part of our formal education. This course introduces the critical
thinking framework developed by the Foundation for Critical Thinking (California), which is now widely used in higher education and by government agencies. The course reveals how this critical thinking framework may be applied to your everyday life for analysis and decision-making.

Mike Collier graduated from the U.S. Coast Guard Academy. After a career as a U.S. Coast Guard officer, he pursued a second career in higher education. He holds an M.S. and Ph.D. and is a docent at the Newport News Mariners’ Museum.

Genealogy: It’s Not a Tree or Chart, It’s a Story
Maureen Wlodarczyk
Tuesday, 1:30-3:30pm
1 session(s)
School of Education, Room 1056
40 seats available

Building a family tree chart is only the start of the genealogical research process. This course will teach members to expand upon that family tree and layer on context in the form of historical, societal, political, economic, military, and religion-related aspects of the times during which their ancestors lived. This results in a deeper understanding of the lives of your ancestors’ origins, trials, tribulations, and triumphs – and a much richer, more resonant family story.

Maureen Wlodarczyk (past-forward.com) is a genealogist, the author of seven books, a columnist writing about genealogy topics, and a frequent speaker about genealogy research. She has been selected for multiple Excellence-in-Writing awards by the International Society of Family History Writers & Editors.

NEW! Major League Baseball in the 1960s
Paul Boren
Wednesday, 9:30-11:30am
6 session(s)
4/12/2023 – 5/17/2023
Wmbg Regional Library, Theatre
250 seats available

Baseball in the 1960s tried to catch up with America’s modern era. It expanded or moved into new geographical areas. Rosters became more diversified. Television flexed its muscle. At first, home runs and base stealing increased. Then League officials changed the rules, and pitchers dominated over hitters. More rule changes followed. Over the decade, dynasties collapsed and miracles happened. This class relives each season and shows how the game changed. The class uses history, analytics, and media to tell the story. The only course prerequisite is the ability to sing Take Me Out to the Ballgame.

Paul Boren worked with the Department of Defense for over 40 years. He sat through countless meetings, but never fell asleep because he was often thinking about baseball, music or other topics. Now he is retired, takes naps often, and teaches about baseball, music, and topics he spent countless hours thinking about.

NEW! W&M Campus Tour: The Old Campus
Osher Members: W&M Alumni, Professors/Longtime Residents
Thursday, 1-4pm
1 session(s) rain or shine
April 13 | April 20 | April 27, 2023
Meet at 5330 Discovery Park Blvd.
60 seats available (in groups of 20)

Are you new to the area? Lived here for a while but never explored the campus? As an Osher member, you are part of the academic community of William & Mary. Here’s your chance to stroll shaded pathways, through gardens and woods, and past the Colonial-era buildings of the Old Campus while learning about the university’s history, architecture, and lore. Tours will be led by W&M alumni, former professors, and/or longtime residents who are also members of the Osher Institute.

The tour will be held rain or shine and requires being comfortable walking 1-2 miles outdoors and negotiating the occasional staircase or uneven terrain. The tour is available to a total of 60 members, divided into groups of 20.

Registrants will be assigned randomly to one of three Thursdays in April: 4/13, 4/20, or 4/27. We are unable to accommodate requests for a specific Thursday, or change your tour date once assignments are made.
It’s a community. It’s a lifestyle. It’s WindsorMeade.

As the only CMS 5-star rated Life Plan Community in Williamsburg, WindsorMeade is designed with your safety, independence, and future in mind.

Imagine filling your days with a fun game of pickleball, group exercise classes with new friends in our state-of-the-art Fitness Center, or just enjoying a little you time — all without the hassles and chores of homeownership.

With beautiful, walkable grounds, endless activities, and adventures on the calendar, you won’t have to change the way you live — just the address you call home.

SCHEDULE YOUR VISIT TO WINDSORMEADE TODAY!
REGISTRER

Spring 2023 Registration

Early registration: November 14-23, 2022
Open enrollment: January 3-March 19, 2023

Early registration offers the benefit of being included in a lottery for classes where demand exceeds seats. All registrations received by Nov. 23 at 5pm are included in the lottery. Early registrants will receive class schedules by Dec. 23.

If you missed early registration, you still can enroll for Spring classes during open enrollment. Members who registered early and already have classes scheduled may also select additional classes at this time. Classes are offered first-come, first-served based on available seats.

Register Online

Go to wm.edu/osher. Click on the green “Register/Sign In” button. Then click on “Register Now,” and “New Registration.” (New members must first sign up for an account.)

When prompted for a registration “Code,” enter Osher2023Spring.

Payment is due at time of registration. We accept VISA, MasterCard, Discover, and American Express. Your online membership purchase will appear on your bank statement as TNWM-CNFSVC-OSHER.

Register by Mail or Drop Off

Online registration is preferred, but a paper form is available (p. 33). Mail the completed form along with your check payable to “William & Mary” to Osher Institute, PO Box 8795, Williamsburg, VA 23187-8795. Or drop off your registration form and personal check at the Osher office at 5330 Discovery Park Blvd. (in New Town). Use the outdoor mailbox for Suite 100 if the office is closed.

Review the Catalog

To view the catalog online, go to wm.edu/osher.

Select Your Classes

Choose up to 8 multi-session courses and any number of one-time lectures/activities. Use the Class Selection Worksheet (p.18) to help in planning.

Rank Your Choices

(Early registration only)
The lottery requires that you rank class choices in order of preference.

Label your first choice as 1; second choice as 2; third as 3 and so on.

Do not use the same rating (e.g., “1” or “2,” etc.) for multiple courses. Also do not use 0 (zero); it is an invalid ranking.

Register and Pay

(Online) Follow the instructions at wm.edu/osher. Pay with a credit card.

(Mail) Make check payable to “William & Mary” and mail/drop off with the form.

Look for Notifications

Your class schedule will come from Notifications@IrisRegistration.com. If you haven’t received it, check your spam folder.

Types of Memberships

Regular – $150 per semester
Members can register for up to 8 multi-session courses and an unlimited number of one-time lectures and activities (OTLs) each semester. An Osher parking permit is recommended if you have classes on campus. The fee is $15. The permit is valid from August 2022 to August 2023.

Honorary
Available to current instructors teaching 6 hours or more this semester to use this semester or next. Includes parking and registration.

Scholarship
Funded through the Bernard Osher Foundation and pays for registration and parking. Available to learners age 50+ with an annual combined household adjusted gross income of $50,000 or less. See page 2 for more information.

Gift
Gift certificates are available year round. Contact us at (757) 221-1506 or osher@wm.edu.
### CLASS SELECTION

**KEY**

- **#** Rank
  Use this column to rank classes in order of preference for the lottery. This list will help plan your semester and save time during registration.

- **G** Course
  Indicates a multi-session class. You can enroll in a max of 8 courses each term.

- **1** One-Time Lecture/Activity (OTL)
  Indicates a single-session class. You may enroll in any number of OTLs.

- **Z** Zoom
  Indicates an online class using Zoom. See p. 32 to learn more.

### FACTS ABOUT THE LOTTERY

All registrations submitted by Nov. 23 at 5pm qualify for the lottery. It does not matter if you register at 8am on Nov. 14 or by 5pm on Nov. 23.

For oversubscribed classes, an algorithm randomly assigns seats based on all members' priority preferences.

Use a rating only once. Do not assign the same preference (e.g., 1, 2, 3) to more than one class.

Zero (0) is not a valid ranking.

You'll be automatically placed on a wait list for any class you requested but did not get during early registration.

Missed early registration? That's okay. Open enrollment begins Jan. 3 at 8am. Register or add courses through Mar. 19 at 5pm.

During open enrollment, classes are first-come, first-served.

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**AMERICAN HISTORY**

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wm.edu/osher | Spring 2023

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HEALTH & WELLNESS

Yoga and Meditation
Indira Ghosh
Monday, 9:30-11:30am
4 session(s)
1/30/2023 – 2/20/2023
Williamsburg Landing, Alvin P Auditorium
25 seats available

Yoga is a segment of an ancient educational and remedial tradition that is valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns. Athletes use it to tone muscles and increase flexibility. Executives rely on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue. This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation. Bring a mat or blanket to use on the floor and wear comfortable clothing.

Indira Ghosh was a lecturer in physical education and yoga at Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is also an orthopedic nurse and teaches yoga and meditation in Williamsburg.

Engaging and Interacting with Life’s Experiences & the Impact of How We React – Part 1
Fran Bado
Tuesday, 4:30-6:30pm
3 session(s)
1/31/2023 – 2/14/2023
Discovery 3 Classroom
40 seats available

Do you need a life reset? How do we approach each day and how does it affect our lives? As we go through our daily routines, do we take advantage of all that surrounds us? We will have fun discussing positive and negative energy areas that motivate us, and how to appreciate the magic of our surroundings. The course is highly interactive and you may see life from a different perspective. Take a break, kick back, and see where this respite from the everyday grind takes you!

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience ensures a valuable learning opportunity.

Downsize Your Stuff to Upsize Your Life
Lisa Bates
Tuesday, 1:30-3:30pm
1 session(s)
1/31/2023 – 1/31/2023
Williamsburg Landing, Alvin P Auditorium
50 seats available

Does the challenge of how to downsize your stuff prevent you or delay you from starting the next chapter of your life? If so, this is the course for you! You will learn how to reduce household clutter, downsize your wardrobe, get organized, turn heirlooms into cash, and more! Then take a look at options to upsize your life. Senior living is changing. It’s time to look ahead and upsize your life!

Lisa Bates is the Chief Marketing Officer at Williamsburg Landing, a life plan community. Every day, Lisa and her team meet with seniors who are exploring the next chapter of their lives but are unable to make a change as they just don’t know where to begin downsizing their “stuff.”

NEW! Yoga – Theory and Practice of Healthy and Happy Living
Madhur Bhashini
Friday, 9:30-11:30am
1 session(s)
2/3/2023 – 2/3/2023
Williamsburg Landing, Alvin P Auditorium
40 seats available

How does yoga practice help the brain and body stay fit and functional? What makes it better than other forms of exercise? How do physical postures, breathwork, and meditation change the physiology and metabolism to bring holistic health benefits? How does it leave you feeling energetic, relaxed, happy and grounded, and more ready to “live” life? In this two-hour class, we will explore the theory in the first hour, and experience the effects of practice in the next.

Madhur Bhashini is a descendant of ancient yogis and has been sharing her knowledge and experiences with communities worldwide to help them see “life” from another perspective and enjoy peace, harmony and deep contentment. Professionally, she holds a doctorate in medical biology and has worked as a scientist, professor, counselor and healer.

NEW! Stress: Why Does It Have Such an Effect on Us?
Karen Thomas
Tuesday, 9:30-11:30am
1 session(s)
2/7/2023 – 2/7/2023
Discovery 3 Classroom
40 seats available

Stress is one of the body’s protective mechanisms, yet we tend to see it as an obstacle in our lives. Drawing upon notable works by experts in the field, we will explore what triggers the stress response – with positive and negative effects. You’ll learn how the amazing human body copes with stress through physiologic stress pathways.
that start in the brain and trigger the nervous system and release of certain hormones. You'll come to recognize the difference between short- and long-term stress and how intensity and duration can predispose the body to chronic illness. This two-hour class does not focus on the many problems that stress can cause, but will provide invaluable information about identifying and reducing the harmful effects of long-term stress.

Karen Thomas is retired from Montgomery College where she taught exercise physiology, nutrition, and health. Her interest in stress management began personally as a working mother of three and professionally as an instructor at a hospital-based pain clinic. Her instruction on stress management and exercise have helped hundreds of patients live healthier lives.

**NEW! Living Your Best-Ever Life**

**Mark McLaughlin**  
Friday, 9:30-11:30am  
1 session(s)  
2/10/2023 – 2/10/2023  
Zoom  
275 seats available

This presentation explores brain and spine anatomy, offers practical ways to protect one’s brain and spine to promote longevity, and provides ideas to expand mental health and cognitive resiliency as we grow older. The talk draws from a brain surgeon’s 20+ year experience in caring for thousands of patients with neurological conditions.

The talk contains valuable information on how to keep your brain and spine healthy as you age to keep dementia at bay.

**Suggested Reading:** Stay Sharp by Sanjay Gupta and The Noticer by Andy Andrews

Mark McLaughlin, M.D., F.A.A.N.S., F.A.C.S., is an Internationally recognized neurosurgeon who lectures on brain and spine diseases. He is the author of Cognitive Dominance: A Brain Surgeon’s Quest to Out-Think Fear.

**Exercise & Activity as Medicine**

**Daniel Shaye**  
Tuesday, 9:30-11:30am  
1 session(s)  
2/21/2023 – 2/21/2023  
Discovery 3 Classroom  
40 seats available

Americans fill 4.5 billion prescriptions each year with mixed results. Studies show that prescription drugs are the #3 killer in the U.S. and Europe. Exercise, whether organized activities or through hobbies, has many powerful effects that rival or even exceed the cost-benefit ratio of medications. What are the positive effects of exercise? Should we focus more on aerobic exercise, lifting weights, flexibility, or something else? In this course, you will explore and understand the benefits of self-care, including various forms of exercise to promote quality and quantity of life – and possibly, limit reliance on medications and surgery to maintain your best life.

Daniel Shaye is licensed in Virginia as a doctor of chiropractic and is a Fellow of the International Academy of Medical Acupuncture. A William & Mary alum, he graduated magna cum laude from Logan College of Chiropractic in 1996 before co-founding Performance Chiropractic in Williamsburg.

**Engaging and Interacting with Life’s Experiences & the Impact of How We React – Part 2**

**Fran Bado**  
Thursday, 4:30-6:30pm  
3 session(s)  
2/23/2023 – 3/9/2023  
Discovery 3 Classroom  
40 seats available

We left Part 1 developing specific plans to incorporate ‘wow’ into our lives. Part 2 now explores the six key areas of energy, the inner self, words and phrases, colors of life, and magical moments in great depth. We will encounter fictional characters and examine their situations encompassing each of the six areas. You will be involved in class exercises putting you in similar situations for maximum effect. The class is highly interactive as we put fun with ‘wow’ back in our lives.

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the project management curriculum. His passion for teaching coupled with his experience assures maximum skill transfer for students.

**NEW! Living Well with Diabetes**

**Carrie Karnes**  
Tuesday, 4:30-6:30pm  
1 session(s)  
Riverside Doctor’s Hospital, Meeting Room A  
56 seats available

**GENEALOGY SUPPLIES**

- Wall-sized pedigree charts
- Research kits
- Charts, forms & worksheets
- Archival-safe photo supplies

**CONTACT**

Mary Beth Dalton  
Williamsburg, VA  
757-564-1982  
jigsaw@widomaker.com
With nearly 11 percent of the U.S. population currently living with diabetes, we know we have some work to do. Join our panelist as we explore the latest advances in diabetes prevention, risks, screenings, and treatments. The discussion will be shaped around the differences between type 1 and type 2 diabetes. Facts including nutritional information about diet modifications for both types to gain optimal glucose control and balanced lifestyle to promote the ability to live a productive life with the disease will be shared. The group of medical professionals will include an endocrinologist, registered dietitian, and physical therapist.

Carrie Karnes serves as the coordinator for this course at Riverside Doctors Hospital in Williamsburg, which will be taught by various physicians and hospital administrators. She has worked at the hospital for over five years and currently serves as the volunteer/ community relations manager.

Walking for Fitness
Ray Funkhouser
Tuesday, 1:30-3:30pm
1 session(s)
Kaplan Arena, Wightman Cup Room
30 seats available

What gives the same aerobic workout for the lungs and heart as jogging and aerobic dance, does not stress the leg joints and feet, and provides more exercise for the upper body than running or jogging? The answer is race walking, also known as fitness- or health walking. In this moving clinic, you’ll learn efficient walking and specific race walking techniques, walking safety, how to start your personal walking program, choosing shoes, and how to dress for the weather. Whether you are an exercise enthusiast or just starting a fitness program, you will enjoy exploring this increasingly popular fitness activity. Wear comfortable clothes and shoes.

Ray Funkhouser is a two-time National Race Walk Champion, set two American records, and was a finalist in three Olympic track & field trials. He has represented the United States in international competitions on four continents and coached four USA Track & Field international teams. He is currently President of USA Track & Field Virginia Association.

Advanced Fitness Walking
Ray Funkhouser
Tuesday, 1:30-3:30pm
1 session(s)
4/18/2023 – 4/18/2023
Kaplan Arena, Wightman Cup Room
30 seats available

This class is for fitness walkers with some experience who want to get more from their walking routine to improve fitness level. This clinic will review efficient walking technique and current techniques that promote optimum performance, and discuss types of workouts to meet specific goals. In this class, participants will receive individual attention to technique and programs for their individual needs. Dress in comfortable walking clothing and shoes.

Ray Funkhouser is a two-time National Race Walk Champion, set two American records, and was a finalist in three Olympic track & field trials. He has represented the United States in international competitions on four continents and coached four USA Track & Field international teams. He is currently President of USA Track & Field Virginia Association.

German Conversation Table
Judith Taddeo
Monday, 12:00-1:00pm
12 session(s)
1/30/2023 – 4/24/2023
Kaplan Arena, Wightman Cup Room
20 seats available

Informal discussion of topics of interest, newspaper or magazine articles. Conversation is conducted in German with help by the instructor.

Judith Taddeo grew up in Bonn, Germany. She was a former member of the German Foreign Service and is currently working as a professional technical and legal translator. She has a B.A. in linguistics with an emphasis on bilingualism as well as language acquisition in children.

Las Noticias en Español para la Conversación
Chris Scheiderer
Tuesday, 1:30-3:30pm
3 session(s)
1/31/2023 – 2/14/2023
School of Education, Room 2056
25 seats available

La idea básica en cada clase va a ser la de leer las noticias y sacar el significado o la importancia de la lectura en cuanto a lo que pasa en nuestro mundo hoy. Es de esperar que los estudiantes ya saben bastante vocabulario y gramática para entender artículos de prensa.

Christopher Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971 to 2004, and at the University of Maryland, Waynesburg College, and the Ohio State University.
Spanish Conversation Table
Ruth Fraser
Tuesday, 12-1pm
12 session(s)
1/31/2023 – 4/25/2023
Kaplan Arena, Wightman Cup Room
25 seats available

La mesa española les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua española. En las reuniones, utilizamos artículos de periódicos o del internet para la lectura y facilitamos comentarios sobre el contenido. Es necesario tener un nivel de comprensión básica del español para participar en la lectura. El ambiente es amistoso: apoyamos y nos divertimos durante la hora.

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She has an M.A. in Spanish from the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador, and Peru.

French Conversation Table
Didier de Vulpillières, Kathleen Hickey
Wednesday, 12-1pm
12 session(s)
2/1/2023 – 4/26/2023
Kaplan Arena, Wightman Cup Room
25 seats available

La Table de Conversation Française sert de lieu de rencontre pour des personnes ayant un vif intérêt pour la langue et la culture française. Les séances sont organisées autour de la lecture et de la discussion d’articles de livres, de journaux ou de magazines, lus et commentés dans une ambiance décontractée. Un niveau minimum de compréhension de la langue française est quand même nécessaire pour pouvoir profiter pleinement de ces sessions.

Kathleen Hickey, qui arrive à la tête de la Table après une carrière de trente ans enseignant le français, sera aidée par Didier et Anne de Vulpillières qui ont modéré cette activité pendant plus de quinze ans.

Didier de Vulpillières is a native of France who has lived in the United States for more than 30 years. He holds an engineering degree from France and an M.B.A. in international operations from Michigan State.

Kathleen Hickey spent 30 years teaching French and Spanish in public and private middle and high schools. She has a B.S. in education and an M.A. in French literature from Washington University.

Hebrew: Explorations from the Past to Present Conversation
Betty Wajnberg Ronnen
Monday, 1:30-3:30pm
6 session(s)
3/20/2023 – 4/24/2023
Discovery 3 Classroom
15 seats available

Hebrew is a truly remarkable language. It is over 3,000 years old, having evolved from a staid 8000-word language of the written Bible into a contemporary thriving conversational language with over 33,000 words. The objective of these classes is to understand this extraordinary transformation and the building blocks of the Hebrew language. Participants may select their level of involvement from just listening to actively participating in simple conversation.

Betty Ronnen graduated from the School of Occupational Therapy in Jerusalem and earned a Ph.D. from New York University. She has been both a therapist and adjunct faculty member. She currently teaches conversational Hebrew at Williamsburg’s Temple Beth El.

Writing for the Fun of It
Frank Milligan
Wednesday, 1:30-3:30pm
6 session(s)
2/1/2023 – 3/8/2023
School of Education, Room 1056
30 seats available

This relaxed and fun overview ranges from learning to think like a writer to publishing your work. Discussion and exercises reveal simple yet effective tools for organizing your thoughts. Learn to choose the best form to convey your unique vision: fiction, nonfiction, poetry,
or drama, and the essential building blocks of each. A grammar and style refresher shows why you don’t have to be a grammar expert to be a good writer. With a project you’ll begin in class, or one you’ve already started, learn to apply professional techniques that will elevate your writing to the next level.

Suggested Reading: Time to Write: Discovering the Writer Within After 50 by Frank Milligan. Complete Guide to Writing Fiction and Nonfiction by Pat Kubis and Bob Howland

Frank Milligan has taught creative writing at Northern Virginia Community College and Lorton Workshop Art Center. His book, Time to Write: Discovering the Writer Within After 50, won a silver award at the 2009 National Mature Media Awards. He has an M.A. in writing from Johns Hopkins, an M.B.P.A. in management, and a B.A. in psychology.

Book Lovers Discussion Group
Sally Whiting, Barbara Reynolds
Monday, 12-1pm
4 session(s)
2/13/2023 – 5/15/2023
Discovery 3 Classroom
40 seats available

Join us to chat about the four excellent books selected for this semester. It’s a great opportunity to read and share your love of storytelling.

Required Reading:
Feb. 13, A Burning
by Megha Majumdar (304 pgs.)

Mar. 13, Horse
by Geraldine Brooks (401 pgs.)

Apr. 17, The Catcher in the Rye
by JD Salinger (277 pgs.)

May 15, West with the Giraffes
by Lynda Rutledge (371 pgs.)

Sally Whiting has a B.A. in education. She has taught English, operated a graphic arts/typesetting business, and managed various departments of two educational publishing divisions for The McGraw-Hill Companies. She loves books, and has been a Book Lovers Discussion Group member since moving to Williamsburg in 2007.

Barbara Reynolds is an avid reader who has been a member of the Book Lovers Discussion Group since 2008. She belongs to three other book clubs.

NEW! From Healthcare Changemaker to Thriller Novelist
Tim Norbeck
Tuesday, 1:30-3:30pm
1 session(s)
2/21/2023 – 2/21/2023
Zoom
275 seats available

Tim Norbeck was a career healthcare executive who became a writer when he retired in 2020. In this lively discussion, Tim will talk about his formative years, highlights of his career, transition into retirement, and pivot into writing. An engaging Q&A session will follow — his daughter Kiki Keating, a global PR director and publicist will moderate. Tim will also discuss his latest book, a fast-paced thriller called No Time for Mercy, a tale of revenge, justice, denial and redemption by a father avenging his beloved daughter’s death.

Suggested Reading: No Time for Mercy by Tim Norbeck

Tim Norbeck attended Hamilton College. He was CEO for the Connecticut State Medical Society’s and is recognized for expertise in issues impacting America’s healthcare system. His first novel, Two Minutes, was published in 2018; his new book, Almost Heaven, is in the works.

RELIGION & PHILOSOPHY

NEW! St. Paul and the First Christians
Jack Dalby
Tuesday, 9:30-11:30am
4 session(s)
1/31/2023 – 2/21/2023
Zoom
275 seats available

The origins of Christianity remain largely mysterious. How, historians ask, did a tiny group of rural, 1st Century, apocalyptic Jews, disciples of a crucified, itinerant Jewish preacher, start a religious movement that would one day grow to include over 2 billion adherents? Some topics for discussion will be: What are our sources for understanding Christian origins? When does Christianity begin? Who was St. Paul? What was Paul’s mission to the gentiles? Who was James, the Brother of the Lord? Was there one Christianity or many? What were the earliest Christian rites and prayers? And, how did the Roman Empire view Christianity?

Jack Dalby is a newly retired North Virginia business owner. For the past 11 years, he has lectured on various topics under the general heading of “Christian Origins” at George Mason University’s Osher Institute program. The courses are the result of 15 years of private study within this always fascinating and continually relevant topic.

OTHER LITERATURE & WRITING RELATED CLASSES
Cicero’s De Senectute (Religion & Philosophy, p. 26)
Ralph Waldo Emerson: “The Wisest American” and the American Wisdom Tradition (American History, p. 9)
From Page to Stage: Musicals Based on Literary Classics (Art, Film & Music, p. 10)
NEW! It’s a New Year – Make It a New You

Jeanne Forrest
Tuesday, 9:30-11:30am
3 session(s)
3/21/2023 – 4/4/2023
Discovery 3 Classroom
28 seats available

Over the past few years, you may have reflected on the quality and meaning of your life. We are all called to be more! This interactive program will help you learn the keys to creating the life you are meant to live.

Required Reading: The Magic of Believing by Claude M. Bristol

Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life-purpose coach, and seminar leader whose passion is leading others to find a closer alignment with God’s purpose for their lives. She is a graduate of Duke University Divinity School, and continues to study with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

Heretics, Schisms, and Zealots: The Spice of Early Christianity

Jeff Marston
Wednesday, 9:30-11:30am
3 session(s)
3/22/2023 – 4/5/2023
Discovery 3 Classroom
40 seats available

The history of the early Christian era is usually taught from the perspective of the “winners” – those people and ideas that became “orthodox.” This course will look at things from the perspective of the losers, but those losers brought significant ideas, theology, and religious practices to what has become both Western and Eastern Christianity. We will explore actions and reactions of people and movements within the context of the Roman Empire and Greek philosophy. Some of our cast of characters will include the Ebionites, Gnosticsim, Marcion, Tatan, the Monatists, Manicheaism, the Donatists, the Pelegians, Arius, and the Schools of Antioch and Alexandria.

Jeff Marston has a B.A. in history from Princeton, an M.P.A. from Cornell, is an ordained Presbyterian elder and has taught extensive bible study with 30 years of self-study in the field.

Healing Through Divine Names

Islam Bedir
Wednesday, 4:30-6:30pm
3 session(s)
3/22/2023 – 4/5/2023
Discovery 3 Classroom
40 seats available

Connecting with the Creator, knowing and invoking Him with His most perfect beautiful names was and still is the path taken by many for spiritual healing and growth. As stated by a Muslim scholar “Whoever knows God will inevitably love Him. And when one loves God, the clouds of darkness dissipate from him. Grief, anxiety, and sorrow are removed from the heart, and it is then filled with joy and happiness.”

Suggested Reading: A Supplication of Prophet Muhammad by Al-Jawshan Al-Kabi

Islam Bedir holds a Ph.D. in theoretical physics and has studied Islamic sciences under a number of scholars.

From Doubt to Faith: Six Challenges to Your Faith

Peter Stimpson
Thursday, 2:00-4:00pm
3 session(s)
3/23/2023 – 4/6/2023
Discovery 3 Classroom
40 seats available

Ever doubt what you believe? Today, few go to church, and many might challenge your faith. Are you lost for words when they do? This course poses six questions that have caused many to lose their faith: 1. Does God exist? 2. Is Jesus Christ the Son of God? 3. Does God really love you? 4. Why does God allow suffering? 5. Why do bad things happen to good people? 6. Is there life after death? The answers will provide you with a bridge to God, helping you cross over from doubt to faith, from confusion to understanding, and from discouragement to hope.

Suggested Reading: A Bridge to God: A Little Book with Big Insights by The Rev. Peter Stimpson

Peter Stimpson is a priest who holds master degrees in theology and social work. He was director of counseling services in Albany, NY and Princeton, NJ; authored a personal advice column for 33 years and has written two books, Map to Happiness and A Bridge to God.

NEW! Cicero’s De Senectute (On Old Age)

Bill Rhodes
Monday, 1:30-3:30pm
1 session(s)
4/10/2023 – 4/10/2023
School of Education, Room 1056
40 seats available

This course allows members to become familiar with De Senectute and elements of Stoic philosophy. The session opens with a popular-level introduction to the discipline of practical philosophy, particularly Stoicism. With that foundation, we will move through each of Cicero’s “considerations” regarding the beneficial aspects of aging. Though he grants that we change in many ways as we age, he suggests, contrary to popular opinion, that most of these changes promote our well-being. The course is offered in a lecture format, but there will be plenty of opportunity for interaction – especially for those with no prior exposure to or experience with philosophy.

Suggested Reading: De Senectute by Cicero
Bill Rhodes has a doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Human Rights and the Greatest Good

Bill Rhodes
Tuesday & Thursday, 9:30-11:30am
6 session(s) over three weeks
School of Education, Room 1056
40 seats available

Some current debates over human rights and associated matters of public policy seem to overlook the questions of just what a human right is and why we claim to have them. This course investigates the Western philosophic foundations of human rights and associated theories for ethical decision-making and public policy. All of these enlightenment-era notions constitute roots for modern thinking about human rights, personal decision-making, justice, and governance.

Suggested Reading: Utilitarianism by John S. Mill. Groundwork of the Metaphysics of Morals by Immanuel Kant

Read Bill Rhodes’ bio above. Aspects of his experience related to aviation mishap research is on page 28.

NEW! The Geography of Medicine

Paul Severance
Thursday, 2-4pm
1 session(s)
2/2/2023 – 2/2/2023
School of Education, Room 1056
40 seats available

The idea that place and location may influence health is not exactly new. It is an old idea and a fertile one. Since Hippocrates (circa 3rd century BC), it has been known that certain diseases, such as malaria, occur in some places and not others (and for good reason). This presentation will provide a layman-level examination of how the diffusion of disease can be viewed as a spatial process and the environment’s effect of health and disease, as well as how medical geography deals with accessibility to health care and the spatial distribution of health care providers.

Suggested Reading: Political Geography (pages 132; 532; and 586-587) by Glassner and Fahrer. The Rough Topography of Human Health, in Power of Place, (chapter 4) by Harm de Blij

John Delano holds a Ph.D. in geology. He retired in 2016 from the University at Albany (SUNY) as a Distinguished Teaching Professor; was a NASA-funded researcher for more than 30 years; was an associate dean, and served as a member and/or chair of more than 20 NASA advisory panels. He is the author of nearly 70 articles in professional journals and a recipient of the university’s ‘Lifetime Achievement Award in Public Engagement.”

NEW! Tesla: Genius or Crank?

Dan Sherman
Monday, 9:30-11:30am
1 session(s)
2/13/2023 – 2/13/2023
Wmbg Regional Library, Theatre
250 seats available

Nikola Tesla is known to many as an eccentric character in history of science, but he made profound contributions to science and technology that directly affect us. We will discuss Tesla’s background, his “current war” with Edison, and his range of inventions, including radio transmitters and the legendary death ray technology. The class is a
mix of science and history, including development of key industries and the scientists and financiers behind them.

Dan Sherman has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in northern Virginia. He has also lectured for Wagner Societies and college alumni groups. He has a Ph.D. in economics from Cornell University.

**Introduction to Astronomy**

**Brad Perry, Carmen Fragapane**

Tuesday, 5-7pm  
3 session(s)  
2/21/2023 – 3/7/2023  
Discovery 3 Classroom  
24 seats available

This course presents a brief survey of the solar system, stellar astronomy, galactic astronomy, and cosmology. A separate practical observing session is planned at the Kiskiack Golf Club following the conclusion of the course.

**Suggested Reading:** Astronomy: A Self-Teaching Guide (8th Edition) by Dinah L. Moche

Brad Perry is a retired NASA engineer and has completed astronomy graduate studies at his University of Virginia. He has published papers on topics including planetary objects, novae and supernovae.

Carmen Fragapane has taught physical science in the York County School Division for 16 years. He has taken part in projects at the National Radio Astronomy Observatory in Green Bank, WV, and supports local astronomy education and public outreach efforts throughout the Hampton Roads area.

In the last 60 years, cyberspace has evolved from an academic information exchange to an essential requirement of everyday life. This course traces the development of cyber attacks from the early mainframe computer virus and spam attacks to recent telecommunication, cloud, and lone home computer attacks. Whether deployed as a frivolous prank or a potential prelude to warfare, cyber threats have created a need for new cybersecurity strategies, which have in turn led to the development of new and more sophisticated threats. Case studies and examples throughout the course offer insight into major breaches you may not have heard about plus tips on protecting your personal data and identity online.

Michael Richardson, a West Point engineering graduate with a concentration in national security and a master’s degree in international affairs, has served as a soldier, professional engineer, and federal employee. He has applied his engineering and management skills to the development of technical security processes in United States embassies and to many of the 450 federalized airports.

**NEW! The Human Element in General Aviation: Knowledge is Not Enough**

**Bill Rhodes**

Monday, 1:30-3:30pm  
1 session(s)  
4/17/2023 – 4/17/2023  
School of Education, Room 1056  
40 seats available

Throughout the instructor’s professional life, he sought to bring concepts from professional ethics to bear against the problem of pilot-induced mishaps. This work involved piloting an airplane across much of the U.S. as well as extensive simulator work. This research into “pilot error,” coupled to personal experience handling an aircraft emergency form a lecture concerning self-mastery in aviation. Featuring recordings of air-ground communications, it’s arguable that successful outcomes during times of crisis are a product of more than technical expertise; an internalized personal ethic can be critical. An optional follow-on hour will present research results.

After retiring from the Air Force, Bill Rhodes, Ph.D. conducted research into aviation-mishap prevention sponsored by various entities. An instrument-rated commercial pilot, he flew across the U.S. extensively. During one flight, his own aircraft suffered a serious mechanical malfunction.

**The Three Marys: Mary Boleyn, Mary Tudor & Mary Stewart, Queen of Scots**

**Debbie Misiag**

3 session(s)  
1/30/2023 – 2/14/2023  
Zoom, Blackboard  
30 seats available

This Blackboard course explores the lives of three women: Mary Boleyn, the sister of Anne Boleyn and a mistress of Henry VIII; Mary Tudor, the sister of Elizabeth I of England; and Mary Stewart, Queen of Scots and a cousin to Elizabeth I. Each Mary has a module in this fully online course and lasts one week. Participants will enjoy brief articles, video and movie clips and narrated PowerPoint presentations to view on their own schedule within each week. Participants are expected to participate in the discussion board by answering 1-2 questions per week by typing in a text box on Blackboard.

The class has one Zoom meeting at the start of the course and another during the last week so that participants get to know each other.

Debbie Misiag has a B.A. in history from California State University, Fullerton and an M.A. from Johns Hopkins. She has taught undergraduate and graduate students in person, online, and in hybrid format,
Syria's October 6, 1973, attacks took executed deception, Egypt's and meticulous preparation and well defense plans. The War was a watershed event for Israel and Egypt.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

Japan's Surrender August 1945: Unconditional or Conditional?

Alan Stark
Wednesday, 9:30-11:30am
3 session(s)
2/22/2023 – 3/8/2023
School of Education, Room 2060
32 seats available

On August 14, 1945, Emperor Hirohito spoke to the Japanese people and told them Japan was accepting the Potsdam Declaration and surrendering to the Allies. Why did Japan surrender? Was the Atomic Bomb the crucial factor? Was the Soviet Union's invasion the tipping point? In this course, we will explore these questions and examine the forces driving the Japanese government decision. We will discuss the pro-war faction and its almost successful coup. The Peace faction and its influence will also be visited as well as the temper of Japanese public opinion. We will also look at the various factions in the U.S. government and their views as to the continuance of the war and regarding terms of surrender. Finally, we will study the effect of the Soviet Union on the decision-making process of both Japan and the United States. Several of the same personages that were involved in the road to war will play a major role in our story.


NEW! Korea 1950-1953: America's Forgotten War

Timothy Wray
Friday, 9:30-11:30am
1 session(s)
2/17/2023 – 2/17/2023
Kaplan Arena, Wightman Cup Room
130 seats available

Gain insight into the war's political and military background, major operations, and events: the initial North Korean onslaught, the UN counteroffensive, the Chinese intervention, and eventually the "stalemate battles" near the 38th Parallel. We will analyze key decisions and actions – good and bad – by senior American leaders (Truman, MacArthur, Ridgway, et. al.), and conclude by summarizing North Korea's history of belligerence since the fighting stopped, as well as its contemporary significance for U.S. foreign policy in East Asia.

Timothy Wray is a USMA graduate and retired Army officer. Among other assignments, he taught military history at West Point, served in a forward-deployed infantry brigade in Korea, and did a one-year fellowship at Harvard's Center for International Affairs. He later had a second career as a government attorney.

October 1973: Israel's Yom Kippur War

John Rogers
Tuesday, 1:30-3:30pm
3 session(s)
2/21/2023 – 3/7/2023
Kaplan Arena, Wightman Cup Room
130 seats available

By means of innovative plans, meticulous preparation and well-executed deception, Egypt's and Syria's October 6, 1973, attacks took Israel by surprise, catching them ill-prepared. Facing imminent defeat, Israel saved itself with a desperate defense, ultimately defeating Egypt and Syria. Post-war assessments brought about major changes in Israel's armed forces and national defense plans. The War was a watershed event for Israel and Egypt.

NEW! Understanding the Holocaust Part 2

Rena Berlin
Thursday, 9:30-11:30am
3 session(s)
2/23/2023 – 3/9/2023
Zoom
275 seats available

The History of Finland

Robin Church
Wednesday, 9:30-11:30am
3 session(s)
2/22/2023 – 3/8/2023
Discovery 3 Classroom
40 seats available

Over the centuries, Finland has grown from a barren northern land into a truly modern democracy and a prosperous member of the European Union. Along the way it has thrown off the yokes of its neighbors, Sweden to the west and Russia to the east. The class will cover its history from early times until today, with its recent application to join NATO. The class will look in detail at its relationship with the big bear to the east and how it maintained its independence, particularly during WWII, leading to the reasons for its recent application to join NATO together with Sweden.

M. Robin Church is a chemical engineer by trade, earning his B.S. from Imperial College in London and his Ph.D. from Cambridge University. He was employed in the United States planning refinery projects around the world. Since retiring he has given courses and presentations on energy for the Osher at William & Mary.
**NEW! Hastings – The Battle That Created the British Empire**

**Martin Cox**  
Wednesday, 9:30-11:30am  
3 session(s)  
3/22/2023 – 4/5/2023  
Kaplan Arena, Wightman Cup Room  
75 seats available

“Battles That Changed History” is a frequently used term and often inaccurate. Rarely does history shift on one battle. The 1066 Battle of Hastings is an exception. With a different outcome, England likely would have remained an island nation tied most closely to Scandinavia versus spending almost a millennium of involvement, tension, and conflict in the affairs of neighboring France. We will explore 11th Century English society, the events that led to the fateful meeting on Senlac Hill, and the ways in which England was transformed by the Norman Conquest.

**Suggested Reading**  
*1066: The Year of the Three Battles* by Frank McLynn

**NEW! The Architecture and Times of English Medieval Cathedrals**

**Jan Smith**  
Thursday, 9:30-11:30am  
3 session(s)  
3/23/2023 – 4/6/2023  
Discovery 3 Classroom  
40 seats available

Medieval cathedrals are among the most magnificent buildings in England, embodying earthly and spiritual power. Offering a glimpse of heaven on earth, the medieval master builders created stunning places of worship that remain standing 1,000 years later. We will cover the beginnings of Christianity in England, basic cathedral architecture and terminology; characteristics of Anglo-Norman, English Early Gothic, Decorated Gothic, and Perpendicular Gothic cathedral architecture; and touch on the struggles between Rome, the English clergy and monarchy.

**NEW! The Angevin Kings & Queens of England 1154-1216: Myths and Realities**

**Stuart Butler**  
Friday, 9:30-11:30am  
3 session(s)  
3/22/2023 – 4/5/2023  
Kaplan Arena, Wightman Cup Room  
130 seats available

Was Henry II the impetuous and vengeful king as portrayed in books, novels, and movies? Did he order Thomas Becket’s murder? Was Eleanor the power-seeking queen who led her sons’ revolt against her husband? And what about Henry’s and Eleanor’s sons? Was Richard I England’s greatest king because of his exploits in the Third Crusade? Was John the most evil of English Kings, or was he just much maligned and misunderstood by biographers? Did he in fact cross swords with of Robin Hood and did he sign the Magna Carta? This course explores fact versus fantasy in dramatic 13th century style.

**NEW! Lace: From Thread to Patron**

**Carolyn Cerini**  
Monday, 9:30-11:30am  
3 session(s)  
3/20/2023 – 4/3/2023  
Discovery 3 Classroom  
40 seats available

In the 16th-19th centuries, fortunes were made and lost in LTTS: Lace, Tobacco, Timber, and Silk. This class focuses on the L (Lace) from the perspective of business men and women and their customers – who was allowed to wear it, who were the lacemakers, how was it sold, and the impact of the taxes, tariffs, smugglers, and even pirates who valued lace as much as gold and jewels.

**Carolyn Cerini** has a B.S. in chemistry and a M.A.T. from Fairleigh Dickinson University. She taught high school chemistry and then taught at Northern Virginia Community College before a 30-year federal government career. She has testified in court as an expert witness and given talks to government agencies on a variety of topics. Carolyn has been a lacemaker since 2001.
leaders construct foreign affairs

What is Fascism?: A Historical Analysis
Donald Schilling
Tuesday, 9:30–11:30 am
3 session(s)
Discovery 3 Classroom
40 seats available

In the current political moment, the term “fascism” is used frequently. Many wonder, “To what degree are Western democracies now being transformed by fascist or fascist-like movements?” To gain understanding, we will analyze fascist movements that became powerful in the interwar period, especially in Italy and Germany. We will then explore contemporary political developments to assess if “fascism” is an accurate descriptor. Reading of relevant articles will be required.

Donald Schilling has a Ph.D. in modern European history from the University of Wisconsin-Madison. He taught the subject at Denison University for 41 years. Classes on Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of WWII.

NEW! The “Hidden Hand” of Geopolitical Theory in International Relations
Paul Severance
Tuesday, 1:30–3:30 pm
3 session(s)
School of Education, Room 1056
40 seats available

“Geopolitics” is a sub-discipline of geography. Seldom recognized or consciously acknowledged, geopolitical organizational theory provides a framework upon which contemporary global political leaders construct foreign affairs and national security policy (and attendant domestic policy) in support of foreign affairs aims, objectives, and interventions. This course addresses modern geopolitical theory from the late 19th century through today and its distinction from the more familiar and broad discipline of geography.

Paul Severance taught strategic geography at the National Defense University for 23 years. He focused on analysis of the broadest dimensions of physical and human geography on the inception, planning, and execution of strategic U.S. endeavors in the international arena.

International Politics of the 1930s
Michael Butler
Monday &/or Wednesday afternoon(s)
3 or 5 session(s)
Weeks of April 17/24 and May 1
Exact date, time and location TBD
35 seats available

This class, offered in coordination with W&M’s History 491C seminar, will examine the history of the international politics of the 1930s through “capstone” multimedia research presentations by upper-class W&M history and international relations students. Each class includes 5-6 student presentations.

Michael Butler has a Ph.D., focused on 20th century American diplomacy. He spent 30 years as a U.S. State Department foreign service officer; was a visiting assistant professor of history at William & Mary; and a former faculty member at University of Virginia and West Point. He authored Cautious Visionary: Cordell Hull and Trade Reform, 1933-1937.

Western Europe on Fire in the Middle Ages: The Hundred Years War
Bill Riffer
Tuesday, 9:30–11:30 am
3 session(s)
5/2/2023-5/16/2023
Wmhb Regional Library, Theatre
250 seats available

From 1337 to 1453, England and France fought almost continuously over the throne of France. In many ways, French and English nationalism emerged from this conflict. We will review the causes, strategies, major battles, key players, and technical and tactical innovations of this conflict. Finally, we will look at who won, why, and the importance of it all.

Suggested Reading: The Hundred Years War: A People’s History by David Green

A Brief History of the Arabs
Nashat Ahmad
Tuesday, 4:30–6:30 pm
3 session(s)
5/2/2023 – 5/16/2023
Discovery 3 Classroom
30 seats available

Gain an understanding of Arab history from pre-Islamic times to 1200 CE. Within a very short period after Muhammad’s death (d. 633 CE), the Arabs were ruling over an area larger than the Roman Empire at its zenith. The reasons for this rapid pace of Arab conquests will be discussed. You will also gain an understanding of Arab culture, religion, literature, and contributions.

Suggested Reading: The Arabs: A Short History by Philip K. Hitti

Nashat Ahmad has a Ph.D. in computational science from George Mason University and spent 25+ years in the field. The study of history has been his lifelong passion; recent areas of study include the history of the Middle East and South Asia.

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Bill Riffer
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Suggested Reading: The Hundred Years War: A People’s History by David Green

Bill Riffer is a retired career submarine officer with a lifelong interest in military history. In addition to at-sea commands, he served as Atlantic Submarine Force chief of staff for tactics, training, and doctrine. He holds degrees in nuclear engineering, national security policy, and international relations.
Zoom Guide

What You Need

- An internet connection –broadband wired or wireless (3G or 4G/LTE)
- Windows 7 or later•macOS X with macOS 10.7 or later
- Highly recommended:
  - Speakers and a microphone –built-in or USB plug-in or wireless Bluetooth
  - Webcam or HD webcam –built-in or USB plug-in

Joining Your Course

- Click the “Join Zoom Meeting” link provided at the top of your Zoom invitation email. The link starts with https://cwm.zoom.us/j/ followed by a 9-digit Zoom meeting id.
- If it is your first time using Zoom, you will need to click the download button provided to install and launch the Zoom software on your computer. Once the software is installed (takes just a few seconds), you will not need to install it again for future meetings.
- A pop-up window will appear that asks you to choose your audio preference:
  - Option 1: Listen to the meeting through your computer’s speakers (most common way). To do this, click the large “Join with Computer Audio” option.
  - Option 2: Listen to the meeting over the telephone instead of your computer. To do this, click “Phone Call” in the top left corner of the pop-up window, use the information presented to make the phone call (any of the phone numbers provided will work; include the +1), then click “Done.”

The Zoom Menu Bar

- The Zoom menu bar appears at the bottom of the Zoom window once the meeting begins. If you do not see it, move your mouse in this area and the bar will appear.
- Some frequently used attendee controls:
  - Mute / Unmute–The meeting host can control whether attendees are able to mute/unmute their microphone. For Osher courses, your microphone will be muted unless otherwise specified by the instructor. Please use the chat feature to ask questions during the lecture.
  - Start Video / Stop Video -Turns your computer’s webcam on or off. If you click Start Video, everyone in the meeting will be able to see you.
  - Manage Participants–Allows you to see who is currently in the meeting.
  - Chat –Access a chat window to submit questions or comments to the meeting host.
  - Leave Meeting –Leave the meeting while it continues for the other participants. Only the meeting host can end the meeting.

Additional Information and Help

Looking for additional resources on how to use Zoom? Visit the Zoom Help Center at https://support.zoom.us

updated 22-1110

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Address __________________________ Email __________________________
City, ST & Zip __________________________ Preferred First Name __________________________
(for Your Name Tag)

New mailing address? [ ] Yes [ ] No
New email address? [ ] Yes [ ] No
I am a: [ ] New Member [ ] Returning Member

I prefer the Catalog by: [ ] U.S. Mail [ ] Email

Membership Type
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[ ] Honorary
Code: __________________________
[ ] Scholarship
Code: __________________________
[ ] Gift Certificate
Code: __________________________

Class Request – Ranked by Preference
Enroll in up to 8 “courses” and any number of “OTLs.” A “course” is defined as a multi-session class. An “OTL” is defined as a one-time lecture/activity.

Prioritize your selections by ranking them in order of preference. Use the check boxes below to track your mix of courses (8 max) and OTLs (unlimited). Refer to the Spring 2023 Catalog (p. 18-20) for easy reference of courses and OTLs.

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Payment is due at time of registration.

To register online and pay via credit card, visit wm.edu/oshern for the link. Use the registration code OsherSpring2023.

For mail-in registration, include this form and your check payable to “William & Mary.”

Registrations submitted online, mailed in, or dropped off by Wednesday, November 23, 2022, at 5pm will be included in the lottery. If you do not get a seat in an oversubscribed class, you will be added to a wait list automatically. Registrations received after November 23 at 5 pm will be assigned classes based on availability.

Your class schedule will be emailed from Notifications@IrisRegistration.com by December 23. (If you haven’t seen it, be sure to check your spam folder.)

Mailing address: Osher Institute at William & Mary, PO Box 8795, Williamsburg, VA 23187-8795
Physical address: 5330 Discovery Park Blvd., Williamsburg, VA 23188 (use outdoor mailbox if the office is closed.)
The Osher permit is valid at Kaplan Arena, School of Education (Lots 1-5), and the Facilities Plant on Grigsby. It is valid through August 31, 2023. One hang tag allowed per member. Fee is $15. Make checks payable to “William & Mary.”

ADA: An Osher hang tag plus your state-issued handicapped placard or license plate allows you to park any space in any campus lot, including faculty and staff spaces. However, at no time may any vehicle, even those displaying ADA credentials, park in spaces designated as Reserved at All Times; Service or State Vehicle; or Reserved for a Special Event.

As a courtesy, Osher members who apply for a permit during Early Registration (November 14-23, 2022 at 5pm) can pick up their permit at the Osher office Monday-Friday, January 16-27, 2023 from 8am-5pm. Members who apply after November 23 should work directly with W&M Parking Services at the address above to request and pick up a permit.

Member Information

Name ____________________________ Driver’s License # ____________________________ ST ________________

Address ____________________________ City ____________________________ ST __________ Zip __________

ADA Placard/Plate?  □ No □ Yes:

Expiry Date ____________________________ Handicapped Placard/Plate # ____________________________

Vehicle Information

Any vehicle displaying a hang tag must be registered with Parking Services. You may register up to two personally owned vehicles or family vehicles on a single permit:

Vehicle 1 (all info below is required)  Vehicle 2 (all info below is required)

License Plate # ____________________________ State __________

License Plate # ____________________________ State __________

Make/Model ____________________________ Color ______ Year ______

□ Sedan □ Coupe □ SUV □ Truck □ Van □ Other

Make/Model ____________________________ Color ______ Year ______

□ Sedan □ Coupe □ SUV □ Truck □ Van □ Other

Acknowledgment

My signature below certifies that the information I have provided is true and accurate. I agree to notify Parking Services if and when any information changes. I have read and agree to abide by the Campus Parking Rules & Regulations (available at wm.edu). I also acknowledge that all Virginia-licensed drivers must carry the minimum insurance coverage on their vehicle. I affirm that I possess the minimum coverage as set forth by Virginia Department of Motor Vehicles.

Signature ____________________________ Phone ____________________________

Date ____________________________ Email ____________________________

Sp 2023 | 10/22
Osher Shared Interest Groups

Sharing the WOW!

**Prerequisite Course:** An Engagement/Interaction of Life’s Experiences/Situations and How We React From Day to Day

You left the Osher course ready to reboot your life. Maybe you are living your plan. Or perhaps you have fallen back into the same-old, same-old. Either way, join us for a monthly get-together to build on putting the WOW back into our lives. Sessions are highly interactive and a lot of fun.

For information, email badofran@gmail.com.

Animal Friends

Animal Friends of Williamsburg members are passionate about animals and the animal welfare community in the Greater Williamsburg area. They engage in discussions of animal care, lost pets, projects, events, fundraising, volunteering and more. You will learn about local shelters and rescues, how to foster and adopt pets, volunteer opportunities and much more. Starting in January 2023, this group will meet monthly.

Learn more at animal.friends.williamsburg@gmail.com.

Williamsburg Area Genealogical Society (WAGS)

Are you intrigued about genealogy and family history? Join us! Our group meets monthly to share successes and brick walls, make local field trips to research libraries, find new friends, and have a lot of fun along the way. Whether you are an experienced genealogical researcher or a beginner, we would love to have you join!

Interested? Email wags1607@yahoo.com.

Want to start a shared interest group? Email osher@wm.edu.

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Contact us for rates and specifications at **(757) 221-1506** or **osher@wm.edu**.
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Key Dates for Spring 2023

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<td>Class assignments emailed (Email will come from <a href="mailto:Notifications@IrisRegistration.com">Notifications@IrisRegistration.com</a>)</td>
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2023

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<td>May 19</td>
<td>F</td>
<td>Last Day of Classes</td>
</tr>
</tbody>
</table>