Freedom to enjoy your days in your own way.

We’re WindsorMeade—a welcoming retirement community located on a picturesque campus, minutes from Colonial Williamsburg. Our mission of “Enriching Life’s Journey” is reflected in everything we do. From healthful activities, elegant dining, new friends and stimulating conversations, and a full spectrum of on-campus support and services, WindsorMeade provides the perfect setting for your ideal retirement.

It’s Your Life. PLAY ON!

For a tour of our villas, apartments and campus, call today:
(757) 941 3615

WindsorMeade
Pinnacle Living

3900 Windsor Hall Drive, Williamsburg, VA
www.windsormeade.org
## TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Administrative Policies:</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance</td>
<td>2</td>
</tr>
<tr>
<td>Dropping a Course</td>
<td>2</td>
</tr>
<tr>
<td>Guests</td>
<td>2</td>
</tr>
<tr>
<td>Inclement Weather Policy</td>
<td>2</td>
</tr>
<tr>
<td>Name Tags</td>
<td>2</td>
</tr>
<tr>
<td>Refunds</td>
<td>2</td>
</tr>
<tr>
<td>Membership Information</td>
<td>3</td>
</tr>
<tr>
<td>Registration Instructions</td>
<td>4</td>
</tr>
</tbody>
</table>

### Spring 2019 Courses, Activities and One-Time Lectures:

| Activities (including Town and Gown)        | 5    |
| American History                            | 12   |
| Art, Music and Film                         | 16   |
| Computer and Technology                     | 20   |
| Finance and Economics                       | 21   |
| General Studies                             | 24   |
| Government and Law                          | 30   |
| Literature and Writing                      | 31   |
| One-Time Lectures                           | 35   |
| Photography                                 | 43   |
| Religion and Philosophy                      | 44   |
| Science and Health                          | 44   |
| World History                               | 48   |
| Volunteer Information                        | 32   |
| W&M Map with Osher Classroom Locations      | 54   |
| W&M Handicap Access Parking Map             | 55   |
| Directions and Parking Instructions—On Campus | 56   |
| Directions and Parking Instructions—Off Campus | 57   |
| Parking Hangtag Information                  | 58   |
| Vehicle Registration Form                   | 59   |
| Regular Membership Registration Form (for U.S. Mail) | 60,62 |
| Associate Membership Registration Form (for U.S. Mail) | 61,63 |

OSHERR CONTACT INFORMATION: 5300 Discovery Park Blvd., Williamsburg, VA 23188  
Mailing Address: PO Box 8795, Williamsburg, VA 23187-8795  
Telephone: (757) 221-1506  
Email Address: osher@wm.edu  
Website: [www.wm.edu/cwa](http://www.wm.edu/cwa)

Cover Photo Credit: Stephen Salpukas, William & Mary
The Osher Lifelong Learning Institute at William & Mary is a program dedicated to persons who seek opportunities for learning and enrichment of their lives in a collegial environment of sharing and fellowship. It offers opportunities to explore an array of topics in varied areas through courses, lectures, activities, field trips, and special event tours.

Each semester over 1,300 community members are involved in a wide variety of courses taught by volunteer instructors. Become a member of this vibrant program!

<table>
<thead>
<tr>
<th>Osher Institute at W&amp;M Board of Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>President</strong></td>
</tr>
<tr>
<td>Harry Haynsworth</td>
</tr>
<tr>
<td><strong>Vice President</strong></td>
</tr>
<tr>
<td>John Anderson</td>
</tr>
<tr>
<td><strong>Immediate Past President</strong></td>
</tr>
<tr>
<td>vacant</td>
</tr>
<tr>
<td><strong>College Relations Chair</strong></td>
</tr>
<tr>
<td>Mark Smith</td>
</tr>
<tr>
<td><strong>Finance Chair</strong></td>
</tr>
<tr>
<td>Jim O’Reardon</td>
</tr>
<tr>
<td><strong>Hospitality Chair</strong></td>
</tr>
<tr>
<td>Catherine Flanagan</td>
</tr>
<tr>
<td><strong>Program Analysis &amp; Evaluation Chair</strong></td>
</tr>
<tr>
<td>Clive VanOrden</td>
</tr>
<tr>
<td><strong>Program Chair</strong></td>
</tr>
<tr>
<td>Scott Langhorst</td>
</tr>
<tr>
<td><strong>Public Relations &amp; Marketing Chair</strong></td>
</tr>
<tr>
<td>Gordon Bratz</td>
</tr>
<tr>
<td><strong>Secretary</strong></td>
</tr>
<tr>
<td>Jim Rettig</td>
</tr>
<tr>
<td><strong>Special Events Chair</strong></td>
</tr>
<tr>
<td>Leonard Taubman</td>
</tr>
<tr>
<td><strong>Technology Integration Chair</strong></td>
</tr>
<tr>
<td>Ed McMahon</td>
</tr>
<tr>
<td><strong>Town and Gown Chair</strong></td>
</tr>
<tr>
<td>vacant</td>
</tr>
<tr>
<td><strong>Ex Officio Director</strong></td>
</tr>
<tr>
<td>Cindy Glavas</td>
</tr>
<tr>
<td>William &amp; Mary</td>
</tr>
<tr>
<td>Director, Auxiliary Services</td>
</tr>
</tbody>
</table>

| Osher Institute @ W&M Staff              |
| Scherry Barra, Director                  |
| Ann Covington, Administrative Coordinator|
| Melissa Degaraff, Administrative Coordinator|
| Kiandra Whack, Administrative Coordinator|
ADMINISTRATIVE POLICIES

Attendance

You must be registered for each course and activity you attend. As a courtesy to instructors and members, please select your courses with the intention of attending all sessions. Absentee registered students result in underutilized classroom space and missed opportunities for members on the wait list.

Dropping a Course

If you need to drop a course before it begins, please notify the Osher Institute office so they may contact the first person on the wait list to fill the available seat.

Guests

Osher courses and activities (including Town and Gown, Noon Lecture Series) are intended for Osher members. A member’s guest may attend a course or an activity once, only if the course is not fully subscribed. Local guests must be considering joining the Osher Institute at W&M. The office must be informed prior to any guest attending.

Inclement Weather Policy

The Osher Institute at William & Mary (W&M) will cancel courses/activities/events/training for weather if “W&M University Events and Activities” are cancelled. A notice will be on the Osher Institute office voice mail (757-221-1506). Please note, you will not be personally contacted.

Name Tags

Registrants will receive their name tag by e-mail approximately two weeks before courses begin. Plastic name tag holders will be available on the first day of your course. Please wear your name tag to all Osher Institute events.

Refunds

Please note that the Osher Institute at W&M fees are membership fees. They are used to cover overall expenses of operating our lifelong learning program in a given semester and are not directly related to the number of courses you may take (i.e., there are no “per course” fees, and therefore, no “per course” refunds). Members are free to register for open courses (up to 8 course max) at any time, even after a semester begins.

The deadline for a refund of the membership fee is the first day of the semester. For spring 2019, the refund deadline date is January 28, 2019. Please submit a refund request in writing to osher@wm.edu. An explanation as to why you are cancelling is appreciated.
MEMBERSHIP INFORMATION

Registration establishes you as a member of the Osher Institute at W&M each semester. We run two semesters per year—fall (September through December) and spring (January through mid-May).

There are two types of membership:

---

**Regular Membership**  
($135 per semester)

- Register for up to 8 courses each semester
- Register for an unlimited number of activities (including Town and Gown Noon Lecture Series), and one-time lectures
- Register and pay for special event trips
- Enjoy free borrowing privileges at The Earl Gregg Swem Library at William & Mary*

*Please present your current Osher name tag at the circulation desk to receive an annual borrower’s card. Osher Institute members get the same borrowing privileges as the Community borrowers that is 20 simultaneous check-outs for 30 days and included in that 20 items, could be up to 5 DVDs for 1 week.

---

**Associate Membership**  
($50 per semester)

- Attend Town and Gown Noon Lecture Series (which consists of 10 lectures)
- Register and pay for special event trips
SPRING 2019 REGISTRATION INSTRUCTIONS

Online Registration and Payment

Online registration and payment is available for regular and associate members. Visit our website at www.wm.edu/cwa for a link to the online registration site and registration instructions. The registration request period begins on December 7 through December 13. During this period, you may request up to 8 courses and an unlimited number of one-time lectures and activities (including Town and Gown, Noon Lecture Series). Your request for courses will be acknowledged by email. On December 14, you will be notified by email of the courses in which you have been assigned a seat. For courses that are full, you will automatically be placed on the waiting list and sent an email notification of that status. Registration continues through April, but the later you register, the increased likelihood the courses you desire will be filled.

Benefits of online registration:

- Add courses (up to the 8 course limit) at any time
- Add activities (including Town and Gown, Noon Lecture Series) and one-time lectures at any time
- Add yourself to a course wait list
- Receive automatic reminders before your class starts
- Pay by credit card
- Log back into your online account anytime to view your schedule or update your contact information
- Look up where your course is being held

To Register: Follow the links from our Web site (www.wm.edu/cwa) to get step-by-step instructions.

U.S. Mail Registration and Payment

We encourage all members to register online if possible. Mail-in registrations must be received by Dec 7. The staff must enter mail-in registrations in the online system by Dec. 13 for them to be entered in the assignment of classes that runs on Dec. 14. Your request for each course will be acknowledged by email. On Dec. 14, you will be notified by email of the courses in which you have been assigned a seat. For courses that are full, you will automatically be placed on the waiting list and sent an email notification of your status.

Please use a separate registration form and an individual check for each person enrolling. Note that we accept manual registrations by U.S. mail only. Sorry, no walk-ins will be accepted.

A registration form can be found in the back of this catalog. As instructed on the form, for each course you must enter the exact name of the course. Please number each course according to your priority, with #1 being your most desired course. In the event that all the courses you list are filled, you will be notified. One-time lectures and activities (including Town and Gown Noon Lecture Series) must be prioritized separately. If no priority number is listed, we will number them in the order they are written on the form.
Activities

Book Lovers Discussion Group
Patrick Dugan
Tue 12:00 PM - 1:00 PM, 4 session(s)
28 seats available

Join us for provocative discussions on four outstanding books. They are: Sing Unburied Sing by Jesmyn Ward, a road novel about a family that travels through rural Mississippi encountering the ghosts that haunt them; The Alchemist by Paul Coehlo, the modern classic of a young Andalusian shepherd in search of worldly treasures; The Sympathizer by Viet Nguyen, love and friendship as seen through the eyes of a communist double agent who travels to America after the Fall of Saigon; Educated by Tara Westover, the true story of the daughter of a survivalist family who's quest for knowledge leads to the severance of family ties in search for an education.

Patrick Dugan was an Assistant District Attorney in the New York County District Attorney's Office for 36 years.

Explore William & Mary's Greenhouse and Herbarium
Patty White-Jackson, Beth Chambers
Tue 9:30 AM - 11:30 AM, 1 session
1/29/2019 - 1/29/2019
W&M Integrated Science Center I & III, 3rd Floor, Greenhouse, Room 3015
10 seats available

This walking tour explores the form, adaptations and economic use of tropical plants housed in the Integrated Science Center rooftop greenhouse on the campus of William & Mary. The walking tour focuses on over a dozen interesting plants among hundreds of others, encompassing over 40 families. The Herbarium houses over 80,000 specimens, representing most of our regional vascular plants. Learn how plants are preserved and documented in this national research facility.

Patty White-Jackson earned her B.S. in horticulture from Virginia Tech. She is currently William & Mary Greenhouse Manager. Beth Chambers has served as the Curator of the Herbarium at William & Mary since 2003. Beth is a Board member of Virginia Botanical Associates and the Williamsburg Botanical Garden, and a member of the John Clayton Chapter of Virginia Native Plant Society.

French Conversation Table
Anne de Vulpillieres, Didier de Vulpillieres
Wed 12:00 PM - 1:00 PM, 12 session(s)
1/30/2019 - 4/24/2019 (No class on 3/6)
School of Education, Room 2060
30 seats available

La Table de Conversation Française est un lieu de rencontre de personnes ayant en commun un intérêt dans la langue française et dans l’approfondissement de leur connaissance de sa culture. Les séances sont organisées autour de la lecture d’articles de journaux ou de magazines, lus et commentés par chaque participant dans une ambiance décontractée. Un niveauminimum de compréhension de la langue française est toutefois nécessaire pour pouvoir profiter pleinement de ces sessions.

Anne de Vulpillières is a native of France who has lived in the United States for more than 30 years. She is an accomplished artist who also tutors French conversation at home.

Didier de Vulpillières is a native of France who has lived in the United States for more than 30 years. He holds an engineering degree from France and an M.B.A. in international operations from Michigan State.

German Conversation Table
Judith Taddeo
Mon 12:00 PM - 1:00 PM, 12 session(s)
1/28/2019 - 4/22/2019 (No class on 3/04)
W&M Kaplan Arena, Wightman Cup Room
25 seats available

Eine gute Gelegenheit um nette Und interessante Leute kennen zu lernen und um an vielseitigen Gesprächen teilzunehmen mit einer Thematik der Gegenwart und der Vergangenheit, die Kultur, Wissenschaft, Literatur und Sprache und Kunst umfasst und uns so einen Einblick in das deutschsprachige Wesen gibt.

Judith Taddeo grew up in Bonn, Germany, was a former member of the German Foreign Service and is currently working as a professional technical and legal translator. She has earned a B.A. in linguistics, with an emphasis on bilingualism as well as language acquisition in children.

Italian Conversation Table
Flavio Mangini
Thu 12:00 PM - 1:00 PM, 12 session(s)
1/31/2019 - 4/25/2019 (No class on 3/7)
Discovery Park, New Town, Room 136
25 seats available

This walking tour explores the form, adaptations and economic use of tropical plants housed in the Integrated Science Center rooftop greenhouse on the campus of William & Mary. The walking tour focuses on over a dozen interesting plants among hundreds of others, encompassing over 40 families. Learn how plants are preserved and documented in this national research facility.

Patty White-Jackson earned her B.S. in horticulture from Virginia Tech. She is currently William & Mary Greenhouse Manager. Beth Chambers has served as the Curator of the Herbarium at William & Mary since 2003. Beth is a Board member of Virginia Botanical Associates and the Williamsburg Botanical Garden, and a member of the John Clayton Chapter of Virginia Native Plant Society.
Durante questo corso di conversazione avrete l'opportunità di praticare italiano con i vostri compagni di classe. Dovete essere in grado di leggere articoli di giornali e riviste e partecipare alla conversazione in italiano. Questo non è un corso di insegnamento della lingua italiana ma cercheremo di aiutarvi se necessario.

Flavio Mangini was born and raised in Italy where he earned his Ph.D. in chemistry. He joined a Fortune 500 company, worked in Europe and the United States, and retired as a vice president. He frequently visits family and friends in Italy and continues to look for opportunities to speak Italian.

Meditative Yoga as Preventative/Supplemental Medicine
Madhur Hans
Thurs 9:30 AM - 11:30 AM, 1 session
3/20/2019 - 3/20/2019
Williamsburg Landing, Charter Room
25 seats available

Uniquely designed meditative yoga lectures and practice workshops teach about physical, mental and emotional detoxification, harmonizing the physical, mental and spiritual energy fields creating balance, enhancing mental focus/capabilities to prevent/cure stress, anxiety, depression, dementia, and physical illnesses.

Madhur Hans is a descendant of ancient yogis and has been sharing her knowledge and experiences with communities worldwide to help them see 'life' from a different perspective and enjoy peace, harmony and deep contentment. Professionally, she holds a doctorate in medical biology and worked as a scientist, professor, counselor and healer.

Opera in Williamsburg Rehearsal - The Magic Flute
Naama Zahavi-Elly
Mon 11:45 AM - 3:00 PM, 1 session
Kimball, Theater
150 seats available

Opera in Williamsburg, the innovative opera company that performs two fully-staged operas in Williamsburg each year, will open its doors at 11:45 AM so Osher members can observe a working rehearsal that begins at noon. The singers will already have rehearsed the music and the staging before coming to the Kimball Theatre. This rehearsal will be a work session with piano accompaniment, with no costumes and with minimal props, with possible repetitions and with backstage staff moving around. The opera this time will be Mozart's fantasy The Magic Flute (sung in German, with English supertitles and with English dialog.) The finished production, on May 5, 7, and 9, will use lavish fantasy costumes.

Naama Zahavi-Elly founded Opera in Williamsburg in 2012, and is its Artistic and General Director. She taught Biblical Hebrew at William and Mary for over a decade before retiring to her birth country, Israel. She believes that Williamsburg is uniquely positioned for intimate performances of opera classics.

Spanish Conversation Table
Ruth Fraser
Tue 12:00 PM - 1:00 PM, 12 session(s)
W&M Kaplan Arena, Wightman Cup Room
25 seats available

La mesa espanola les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua espanola hablada. En las reuniones, unos articulos de periodicos o del internet forman las base de la lectura y de los comentarios de los participantes. El ambiente es amistoso.
y todos nos apoyamos el divertirnos. (Caveat: This is not a beginning Spanish class meant to teach level I language.) A Spanish/English dictionary is nice to have but not required.

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She earned her M.A. in Spanish at the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador and Peru.

The City of God: A Philosophical Garden Tour of Colonial Williamsburg

Michael Lorence
Wed 9:30 AM - 10:30 AM, 1 session
5/1/2019 - 5/1/2019
Colonial Williamsburg's Palace Green
40 seats available

This hour-long walking tour of the town and gardens along Palace Street in Colonial Williamsburg examines the city through the philosopher’s eyes. Do gardens have meaning? Is architecture more than shelter and decoration? Was the Colonial Revival a mistake or a revelation? Was there a difference in 18th century Williamsburg and what difference does it make to us today? Please join us for this unique look into the silent meanings written upon the houses, gardens and town plan of our "ancient citie."

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Town and Gown Noon Lecture Series

Elizabeth Keller, Coordinator
Thu 12:15 PM - 1:15 PM, 10 session(s)
2/14/2019 - 4/25/2019 (No class on 3/7/2019)
School of Education, Matoaka Woods Room
375 seats available

On ten dates, bring your lunch and join in a social gathering prior to an interesting lecture/program (see schedule below). Bottled water and soda will be provided. All Regular and Associate Members are eligible to register. Wear your current semester name tag for entry.

February 21: Sharon Duncan, Veteran Services Representative, Virginia Department of Veterans Services; Topic: Veteran Benefits Update.
March 14: Dr. Katherine A. Rowe, President, W&M; Topic: A Conversation with the President: Reception Following.
March 21: Molly Mitchell, Researcher, Marine Science, VIMS; Topic: Changing Climate and Its Impacts to the Chesapeake Bay.
April 4: Christopher Grasso, Professor of History, W&M; Topic: Skepticism and American Faith.
April 11: Carl Childs, Abby and George O’Neill Director, John D. Rockefeller Jr. Library at Colonial Williamsburg Foundation; Topic: From the Archives: The Restoration of Williamsburg Foundation.
April 18: Stan Allen, Director, VIMS Aquaculture Genetics and Breeding Technology Center; Topic: A New Paradigm for Oysters in the Chesapeake.
April 25: Adam M. Gershowitz, Associate Dean for Research and Faculty Development & Professor of Law, W&M; Topic: The Fourth Amendment in a Technological World.

Elizabeth Keller retired from a career on the west coast in IT consulting and sales and moved to Williamsburg with her late husband, Art, in 2004 from Woodside, CA. She volunteers at Colonial Williamsburg's art museums, belongs to King of Glory Lutheran Church and is active in local politics.

Wren Readers: Book Discussion

Sally Whiting
Mon 12:00 PM - 1:00 PM, 1 session
School of Education, Room 1056
35 seats available

Author Keith O’Brien has just presented us with one of those non-fiction gems that celebrates a slice of history about which few of us have ever heard. In his new book Fly Girls, he unfolds the story of five remarkable women who competed against men in the high stakes national air races of the 1920s and 1930s—the compelling story of what it took, not only to learn to fly, but to fight the entrenched male prejudice that conspired to keep them out of the sky—and how, in the end, they won! Here is your opportunity to learn something new, then join our discussion group to talk about it. Happy reading!


Sally Whiting has a degree in education from the University of Wyoming. She was an English teacher for eight years,
Live Connected to Williamsburg.

Treasured family vacations in the Historic Triangle. Experiences at The College of William & Mary. Service to our country. Regardless of what brought you here, Williamsburg Landing welcomes you to return.

With elegant homes and apartments, a state-of-the-art health club and spa, exceptional dining, an active social calendar, a full continuum of health care services and volunteer opportunities, come be connected to the community you love!

www.WilliamsburgLanding.org | 5700 Williamsburg Landing Drive | Williamsburg, VA 23185

---

Virginia Symphony Society
Promoting music across generations

Bring music to the community as a member of the

Help us support the VSO’s presence in our community at its Williamsburg Classics and Labor Day concerts, small group ensembles at the Library, coaching sessions for instrument music teachers and their students, and its annual concert for WJCC elementary students.

VSS Members
• Enjoy a 15% discount on all VSO tickets
• Receive invitations to social events and the elegant annual Gala
• Meet VSO conductors and musicians
• Connect with other music lovers

Join the Virginia Symphony Society | vssgw.com | 757-229-7280

2018-19 Williamsburg Classics Series
Latin Flair | Sat. Nov. 17, 2018 | CrossWalk Church | 8PM
Holiday Brass | Fri. Dec. 14, 2018 | St. Bede Catholic Church | 8PM
Beethoven’s Symphony No. 2 | Sat. Feb. 2, 2019 | CrossWalk Church | 8PM
Classics Reborn | Sat. March 16, 2019 | CrossWalk Church | 8PM
An Evening on Broadway Gala | Sunday, April 14, 2019 | Two River Country Club

Subscribe today at www.virginiasymphony.org or 757.892.6366
The Williamsburg Players

We are happy to share space with CWA. Come back and enjoy a show!

A Christmas Carol
December 13-23, 2018

Enchanted April
February 1-16, 2019

You Can't Take It With You
March 29-April 13, 2019

A Funny Thing Happened on the Way to the Forum
June 7-22, 2019

www.williamsburgplayers.org / Box Office: (757) 229-0431

Experts in...

- Wills
- Probate
- Estate Administration
- Revocable Living Trusts
- Powers of Attorney
- Business Law

757.220.9800

1100 Professional Drive
Williamsburg, VA 23185
www.JGBLLP.com
We don’t sell hearing aids,

we make memories.

Learn how better hearing can improve your life.
Schedule your appointment and FREE technology demonstration today!

Teresa Graham, M.S.
Eric Hecker, Ph.D.
Alexandra Yowell, Au.D.
Jay Eackles, Au.D.

DR. HECKER & ASSOCIATES
AUDIOLIGISTS

757.229.4335
Williamsburg
5400 Discovery Park Blvd, Ste 103

757.874.4665
Newport News
808 Triton Ct, Ste 100
Colonial Center for Hearing
WORLD’S BEST HEARING AIDS.
AWARD WINNING DOCTORS.
757-229-4004
williamsburghears.com

Benefits of Birding:
- Mental focus
- Quick reflexes
- Cardiovascular health
- Relaxation
- And...

Connecting with Nature

Backyard Birder
Seed & Supply
Nature Begins in Your Backyard

1490 Quarterpath Rd., Suite 5i | 757.378.2788
(near the Kingsmill Harris Teeter)
BackyardBirder.org

Grief is the last act of love we have to give to those we loved. Where there is deep grief, there was deep love.

Bucktrout
ALTMEYER FUNERAL HOME & CREMATORY
4124 Ironbound Rd., Williamsburg, VA 23188
www.bucktroutfuneralhome.net 757.229.3822

Noah’s Ark
VETERINARY HOSPITAL
GIVE YOUR COMPANIONS THE EXPERT CARE THEY DESERVE
- Comprehensive wellness care
- Pet boarding
- Emergency, critical care, & hospice
- Grooming
- Fully-stocked pharmacy
- Microchipping

757.564.9815
www.noahsarkvet.com
We’re looking forward to meeting you!
and co-owned and operated a graphic arts/typesetting company. She retired in 2007 after a career in educational publishing through The McGraw-Hill Companies, and presently volunteers at Colonial Williamsburg’s Center for Teaching, Learning and Leadership.

Yoga and Meditation

Indira Ghosh
Fri 11:00 AM - 12:00 PM, 3 session(s)
3/22/2019 - 4/5/2019
Williamsburg Landing, Charter Room
40 seats available

Yoga is an outstanding segment of an ancient educational and remedial legacy which is seen to be valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns. Athletes use it to tone muscles and increase flexibility. Corporate executives rely on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue. This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation. Bring a mat or blanket to use on the floor and wear comfortable clothing.

Indira Ghosh was a lecturer in physical education and yoga in Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is also an orthopedic nurse and teaches yoga and meditation in Williamsburg.

American History

#VastEarlyAmerica

Karin Wulf
Tue 1:30 PM - 3:30 PM, 1 session
2/19/2019 - 2/19/2019
Swem Library, Omohundro Institute Conference Room
35 seats available

#VastEarlyAmerica will explore the geographic depth and breadth of the field that we refer to as "Early America." There has been no end of consideration about what Early America is, where it is, when it begins, and when it ends. The increasingly global outlook of scholars—with the early American geography expanding beyond just the Anglophone world—has added more dimensions to a field that encompasses four centuries and four continents. This class will explore the extraordinarily vibrant and vast field of study known as Early America.

Karin Wulf holds a Ph.D. in history and, in addition to her Omohundro Institute position, she is a faculty member in William & Mary's department of history, where she teaches and advises undergraduate and graduate students.

Alexander Hamilton: A Life

Doug Cummings
Mon 9:30 AM - 11:30 AM, 3 session(s)
3/18/2019 - 4/1/2019
Williamsburg Regional Library, Theatre
250 seats available

The course will follow Hamilton from his early years in the Caribbean, years in NYC, the Revolutionary War years, his marriage to Elizabeth Schuyler, his years as a lawyer in NYC, his position as Secretary of the Treasury in Washington's first administration, his political and economic philosophy, the relationship with other Founding Fathers (Washington, Adams, Jefferson and Madison), the relationship with Aaron Burr, "The Duel" and Hamilton's legacy.

Reading: Suggested: Alexander Hamilton by Ron Chernow.

Doug Cummings is a native New Yorker with a B.B.A. in economics, an M.A. in history, and an M.B.A. in executive management. He spent 34 years in management in the Bell System. He has lived in Williamsburg since 1998 and has been an interpretive guide at Yorktown Battlefield for more than 17 years.

America in Transition: Post Industrialism and the Scientific and Telecommunication Revolution

Lynda Dunnigan
Wed 9:30 AM - 11:30 AM, 6 session(s)
1/30/2019 - 3/13/2019 (No class on 3/6)
School of Education, Room 1056
40 seats available

We’ve come a long way, baby! But how far can or should we go? Has modern technology freed or enslaved us? Explore the impact of rapid technological advances on the social/cultural fiber of American society, post WWII to the present. Topics include jets, space, drones, nuclear energy and weapons, the human Genome project, Dolly the sheep, the Internet, WWW.com, Post modern art and pixels, cell/smart phones, TV, CDs, DVDs, PCs, hybrid and electric
Lynda K. Dunnigan holds degrees from James Madison University and Syracuse University and has 34 years of teaching experience. With backgrounds in the social sciences and humanities, she designed and taught humanities courses at the secondary level, and is a former member of the Virginia Museum of Fine Arts Teacher Advisory Committee.

Any Way to Win? Reflections of an Infantry Colonel in Afghanistan

John Bessler
Tue 4:30 PM - 6:30 PM, 3 session(s)
2/19/2019 - 3/12/2019 (No class on 3/5)
Discovery Park, New Town, Room 136
40 seats available

This course will discuss group leadership principles and lessons gleaned from 30 years of Army service and multiple deployments, including Afghanistan. The nuances required to effectively accomplish missions and achieve objectives, the frustrations of coalition leadership, some discussions on negotiation, the importance of perspective and perception, and decision making in a time-constrained environment and amidst ambiguity will be discussed and compared to leadership in the corporate/business sector. The suggested readings provide a backdrop to the military discussion.

Reading: Suggested: Once a Warrior King by David Donovan. The Places in Between by Rory Stewart.

John Bessler spent time as an Infantry Colonel during Operation Enduring Freedom, commanding troops from every service, five allied nations, across the entire security apparatus of Afghanistan. This provided ample opportunity to learn how to lead a coalition – and achieve results in spite of national caveat, personal upbringing, official funding stream, or tribal agenda!

College of William and Mary Presidents, Top 10

Wilford Kale
Wed 9:30 AM - 11:30 AM, 3 session(s)
1/30/2019 - 2/13/2019
Location TBD

We will examine the 28 presidents of William and Mary focusing on the top 10, as viewed by historian Wilford Kale. Beginning with James Blair and including newly sworn in Katherine Rowe the class will include the highs and lows and the elements of each that tended to make William and Mary different from other schools of the age.

Reading: Suggested: Hark Upon the Gale, An Illustrated History of the College of William and Mary by Wilford Kale.

Wilford Kale was a bureau chief and senior writer for the Richmond Times-Dispatch for 25 years before joining the staff of the Virginia Marine Resources Commission. He is now an active historian and has authored or edited ten books, including Hark Upon the Gale: An Illustrated History of the College of William & Mary.


Sandy Menaquale
Tue 9:30 AM - 11:30 AM, 3 session(s)
1/29/2019 - 2/12/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Lindbergh was Time magazine’s first Man of the Year for making the first solo nonstop flight between two major cities across the Atlantic Ocean on May 20–21, 1927. For that 33 1/2-hour flight, Lindbergh was honored with awards, medals and parades throughout the world. But this intensely private man was never quite comfortable with the idolization thrust upon him and did not conform to the image of hero the public sought. The study of Lindbergh demonstrates that heroes, like the rest of us, have many facets, some definitely flawed.

Reading: Suggested: Lindberg by Scott Berg.

Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages. Currently works for Thomas Nelson Community College in Workforce Development training adults.

Enslaved People and Masters in Virginia: 1775 to 1865

Anne Willis
Tue 9:30 AM - 11:30 AM, 6 session(s)
1/29/2019 - 3/12/2019 (No class on 3/5)
Discovery Park, New Town, Room 136
40 seats available

This course will examine the ever-changing lives of enslaved people and their masters in Virginia from 1775 to
1865 as they found themselves transformed by powerful state and national events including changing economic conditions, forced western migrations and hardening of philosophical attitudes towards the institution of slavery itself. From 1861 to 1865 the bitterly divided nation committed itself to the destructive powers of civil war, in which 620,000 men died and countless towns and farms were destroyed. The Fifteenth Amendment was passed in 1865 ending slavery in the United States.

Anne Willis, B.A., history, Duke University; M.A., American studies, William & Mary. For over 30 years she worked for Colonial Williamsburg as a teacher, researcher, and writer concentrating on the character of colonial society, with a particular interest in slavery and its influence on all Virginians, free and enslaved.

Jefferson’s Godfather: George Wythe, Mentor to the Founding Fathers
Suzanne Munson
Fri 1:30 PM - 3:30 PM, 3 session(s)
2/22/2019 - 3/15/2019 (No class on 3/8)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will explore George Wythe’s mind behind the achievements that Jefferson wanted engraved on his tombstone: author of the Declaration of Independence, author of the Virginia Statute for Religious Freedom, and father of the University of Virginia, as well as Wythe’s legacy as signer of the Declaration of Independence, Constitution champion and groundbreaking judge. The most influential teacher in American history, Wythe turned his law school at William & Mary into the country’s first leadership training program for future statesmen. At his death in 1806, his former students were virtually running the nation.


Suzanne holds an undergraduate degree from the University of Maryland and a master’s in education from Virginia Commonwealth University. She taught at the Osher Institute for Lifelong Learning at University of Virginia and University of Richmond and attended the Executive Program, University of Virginia Darden Business School.

Lace, Fashion, and Lace-making In America
Carolyn Cerini
Wed 1:30 PM - 3:30 PM, 3 session(s)

Throughout the Colonial period and after the American Revolution, consumers were interested in the latest fashions in Europe. This course looks at the lace with its corresponding dress fabrics, the trade needed to bring them to America, and the people involved. The focus is on North America with some discussion of the Spanish and Portuguese colonies. The only known hand-made lace-making operation in America will be discussed. It is helpful to have taken the course entitled “European Lace and Chintz in the 17th and 18th Century,” but not a requirement.

Carolyn Cerini, B.S. (chemistry), M.A.T. from Fairleigh Dickinson University, taught high school chemistry for five years, then taught at Northern Virginia Community College before joining Federal Government for 30 years. She has testified in court as an expert witness, and given talks to federal, state and local officials on a variety of topics. Carolyn has been a lace-maker since 2001.

Lincoln and the Constitution
Michael Kerley
Thu 2:00 PM – 4:00 PM, 3 session(s)
5/2/2019 - 5/16/2019
Discovery Park, New Town, Room 136
40 seats available

Abraham Lincoln was not only one of our greatest Presidents, but he was also one of the most important interpreters of the Constitution in our history. During the Civil War - a time that stressed the Constitution almost to its breaking point - Lincoln carefully analyzed the Constitution. He developed and articulated insightful - and controversial - positions on fundamental constitutional issues such as: the nature of our Union, the extent of presidential power and balancing civil liberties against national security. Lincoln's interpretations defined the Constitution that we live under today. This course will examine and evaluate Lincoln's interpretations.


Michael Kerley is a retired attorney. He earned a degree in government at Notre Dame and a law degree at George Washington University. He practiced securities law for over 30 years with a major financial services company. Mike is now an instructor and speaker on the origins of the Constitution.
Making History Relevant: Reinterpreting America's Reconstruction Era
Donna Dodenhoff
Mon 1:30 PM – 3:30 PM, 3 session(s)
2/18/2019 – 3/11/2019 (No class on 3/4)
Thomas Nelson Community College, Room 327
40 seats available

Our memory of the past is about the present, not the past. In this course we will explore the ways in which our evolving collective memory of America's second revolution, the Reconstruction Era, has responded to changing cultural, social and economic conditions in the U.S.


Donna Dodenhoff has a Ph.D. in American studies from William & Mary and is currently employed by the Jamestown Yorktown Foundation. As a public historian, she has extensive experience interpreting American social and cultural history to general public and student audiences.

Mary Lincoln at 200
Feather Foster
Wed 9:30 AM - 11:30 AM, 3 session(s)
4/10/2019 - 4/24/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Mary Lincoln will celebrate her 200th birthday. How has she fared over the years? We shall try to look at her objectively. Session 1: childhood and marriage; Session 2: as the first lady of the land; Session 3: the widow Lincoln.

Feather Foster spent more than 35 years in advertising before starting a retirement career that has centered on First Ladies of the United States history, specifically the "old gals." She has written four books on the subject. The latest is Mary Lincoln’s Flannel Pajamas and Other Stories from the First Ladies' Closet.

Our Curious Constitution
Michael Kerley
Wed 1:30 PM - 3:30 PM, 3 session(s)
2/20/2019 - 3/13/2019 (No class on 3/6)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Our Constitution is a remarkable but very curious document. It does not contain terms that we would generally expect to find in it such as: “separation of powers”, “federalism” and “checks and balances.” But, it does have several peculiar provisions such as: “corruption of blood,” “letters of marque and reprisal” and “bills of attainder.” In this course we will examine the Constitution through this unique prism. Using the Framers’ own words and modern-day examples, we will analyze the structure and the wording of the Constitution. Attendees should expect to obtain a deeper understanding and appreciation of this fascinating document.


Michael Kerley is a retired attorney. He earned a degree in government at Notre Dame and a law degree at George Washington University. He practiced securities law for over 30 years with a major financial services company. Mike is now an instructor and speaker on the origins of the Constitution.

The Brink of Change - The United States Between 1890 and 1920
Sandy Menaquale
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/31/2019 - 2/14/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Looking outward, how did the U.S. became the dominant world power? Was it due to internal influences or the faltering of European Imperialism. This course will look at this Progressive Reform Era through legislation, immigration, education, entertainment and social justice. If you enjoy the intersection of how government and society are intertwined, this course will provide a context for how we become the world's superpower.

Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages. Currently works for Thomas Nelson Community College in Workforce Development training adults.
Art, Music and Film

"Come Over to the Dark Side" Again!

Thomas Thompson
Mon 1:30 PM - 3:30 PM, 3 session(s)
2/18/2019 - 3/11/2019 (No class on 3/4)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Classic Film Noir runs from "The Maltese Falcon" (1941) to "Touch of Evil" (1958). But noir films continued to be made in the 60s and the 70s before surging in the 80s and 90s.

The noir scholar, Foster Hirsch, has written, "It's become clear that the noir tradition, whether in novels or movies, really is the dominant style of the American 20th century. It pulls together all the big themes of the power of money and corruption and sexual obsession — and a kind of craziness." Come over to the dark side with us as we watch three of these movies.

Reading: Suggested: Film Noir: The Dark Side of the Screen by Foster Hirsch. Detours and List Highways: A Map of Neo-Noir by Foster Hirsch.

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory, serving clients in the New York area, and became the employee ombudsman for the company's managers nationwide. Once retired, American Association of Retired Persons invited him to become a trainer, running workshops across the country.

Art and Anecdote Part 2: An Overview of Art During the First Part of the 20th Century

Donnah Joyce
Thu 9:30 AM - 11:30 AM, 3 session(s)
2/21/2019 - 3/14/2019 (No class on 3/7)
Discovery Park, New Town, Room 136
40 seats available

This is a continuation and will build on concepts from an earlier course, Art and Anecdote. "All you wanted to know about modern art but were afraid to ask" or "What the heck does painting have to do with an explosion in a shingle factory?" This overview includes aesthetics, analysis and anecdote. Practice simultaneous viewing and discover ways in which artists translate their world.

Donnah Joyce has been an artist and art teacher for over 40 years. She has instructed students from pre-k through adulthood, in both school settings and recreational programs and has served as the Artist-in-Residence at the School of the Arts in York County. Currently Donnah lectures on art history topics and maintains a home studio.

Begining Guitar

Kim Hosman
Mon 1:30 PM - 3:30 PM, 6 session(s)
Williamsburg Landing, Auditorium
20 seats available

It's never too late to learn guitar. This course provides techniques that enable you to begin playing songs immediately, starting with simple chords and melodic lines. The basics of reading chord charts, notes, and tablature are covered along the way. Sessions are customized to support the interests of the individuals in the group, but you also receive a solid foundation for playing in any style or at any level. Students will need to bring a guitar and portable music stand to this class; instructor can help secure guitars if necessary (more information on this will be sent to registrants closer to the start of the course).

Kim Hosman is a classically trained guitarist with extensive experience teaching classes for adult education programs and tutoring privately. She has performed solo and with bands/ensembles doing a range of styles from old-timey Americana and bluegrass to rock and classical. Currently, she teaches at Authentic Guitars in New Town.

Celebrate Black History Month with Dance

Carol Sherman
Thu 4:30 PM - 6:30 PM, 3 session(s)
2/21/2019 - 3/14/2019 (No class on 3/7)
Discovery Park, New Town, Room 136
40 seats available

In the mid-20th century Alvin Ailey and his American Dance Theatre brought the level of concert dance to a dazzling new height and his performances have continued to delight and inspire audiences for over 50 years. Come and enjoy some of the finest dancing the world has known. Our film viewing will be framed by two different performances of Ailey's signature work, Revelations, and will also include a recent documentary on his company as well as works by several other significant African American choreographers. Class inquiry and discussion will be encouraged.

Carol Sherman is professor emerita of dance, William & Mary. Her 42 year career also included faculty positions at Indiana University, San Diego State University, the North Carolina School of the Arts, Interlochen Arts Academy and
the 92nd Street Young Men's and Young Women Hebrew Association in New York City, where she performed professionally for several seasons. She has taught classes for Christopher Wren Association since 2002.

Cimabue to Tintoretto: A Brief Overview of the Italian Renaissance Art

William Sharer
Thu 9:30 AM - 11:30 AM, 3 session(s)
5/2/2019 - 5/16/2019
Discovery Park, New Town, Room 136
40 seats available

Cimabue and his pupil Giotto led a break from the Gothic and Byzantine traditions in art, ushering in the glory of Italian Renaissance painting. This course will provide an overview of 20 some artists. Each artist will be given similar coverage. In depth exploration of Da Vinci, Raphael, and Michaelangelo will be the topics of a future course.

William Sharer is a Chicago native with a B.A. in biology and a minor in art history, Princeton; an M.D., Northwestern; urology training, Duke University and Northwestern University; associate professor of surgery, Bethesda Naval Hospital and Washington University in Saint Louis; Chief of Urology, Park Nicollet Medical Center in Minneapolis. He retired in 2013.

Exploring Painting with Soft Pastels

Judith Leasure
Mon 1:30 PM - 3:30 PM, 6 session(s)
3/18/2019 - 4/22/2019
Williamsburg Landing, Doig Health Club - Art Studio
16 seats available

In this hands-on course, we will work from photos to examine the principles of art used to produce realistic still life paintings. This course is for all skill levels, but is especially geared toward the beginner and those with some previous experience. Drawing skills are not required. During the course, we will complete two or three paintings. All materials will be provided for a $30 supply fee. Please bring payment to the first meeting.

Judith Leasure holds a B.A. in music education and a M.A. in business management. She has extensive private studies with Signature Members of the Pastel Society of America (PSA) and she is a Juried Associate Member of PSA. She has had works exhibited in numerous national-level shows and has extensive teaching experience.

From Realism to Post-Impressionism in 19th Century France

William Sharer
Wed 9:30 AM - 11:30 AM, 3 session(s)
5/1/2019 - 5/15/2019
Location TBD

Journey from Realism to Post-Impressionism through the unique paintings of Courbet, Manet, Monet, Degas, Cezanne, and Gauguin. Amidst turbulent times, they helped overturn the rigid dogmas of the French Academie des Beaux Arts, and opened the way for Modern Art.

William Sharer is a Chicago native with a B.A. in biology and a minor in art history, Princeton; an M.D., Northwestern; urology training, Duke University and Northwestern University; associate professor of surgery, Bethesda Naval Hospital and Washington University in Saint Louis; Chief of Urology, Park Nicollet Medical Center in Minneapolis. He retired in 2013.

Hymns: Words and Music

Bruce Brown
Tue 9:30 AM - 11:30 AM, 6 session(s)
1/29/2019 - 3/12/2019 (No class on 3/5)
Williamsburg Presbyterian Church, Adult Choir Loft, Lower Level
40 seats available

This course will study Christian hymnody, from psalmody to the most recent Presbyterian hymnal. Hymnals will be provided for course members. Be prepared to sing along with the professor and the rest of the class.

Bruce Brown served on the faculty of Houghton College, New York for 30 years. As head of the voice department, he taught hymnology, private voice, Masterworks of Sight and Sound, and directed several choral ensembles. He enjoys singing in the Virginia Symphony Chorus and the Virginia Chorale.

Introduction to the Basics of Drawing

Richard Corwin
Mon 1:30 PM - 3:30 PM, 3 session(s)
School of Education, Room 2020
20 seats available
This course will explore the basic drawing techniques using simple elements of contour and cross contour drawing. Students will also learn how to create a sense of volume, dimension, and linear perspective. **Note: materials required:** 9 x 11 sketch pad, charcoal pencil or 2B pencil and pencil sharpener.

Richard Corwin has a B.A. in American history from Empire State College, SUNY, and taught at a private school in central Florida. He has been exploring Inca and Maya ruins since 1982 and is a member of the Institute of Maya Studies in Miami-Dade College. He has presented Ancient Maya library lecture series and written three books of short stories.

**Movies Revisited**

**Gordon Beck**

Tue 1:30 PM - 4:00 PM, 6 session(s)
1/29/2019 - 3/12/2019 (No class on 3/5)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Mention a movie that made an impact on your life, and you will no doubt be able to name the lead actors, retell the story line, and perhaps know the name of the director. If you were given the opportunity to view again the same movie, would you respond today in the same way? This course will examine some of our old favorites, i.e. *The Graduate, The Caine Mutiny, Cat on a Hot Tin Roof, Charly, The Iceman Cometh,* and *On The Waterfront* (none of the movies of the last class of Movies Revisited will be repeated). We will discover that our times have changed, but we ourselves have also changed. Such self-awareness can only aid us in living a fuller life in the present.

Gordon Beck has a lifelong interest in stories and storytelling. Majored in literature, and then pursued master's degrees in philosophy and literature at New School University, he has written many movie reviews. He has taught in the adult education program at San Diego State University and with Cape Fear College of Wilmington.

**The Great American Songbook: Inside the Cabaret World**

**Susan James**

Mon 9:30 AM - 11:30 AM, 3 session(s)
Williamsburg Regional Library, Theatre
250 seats available

Explore the cabaret genre and its special characteristics - the intimate conversation and connection between the artist and the audience, selection of songs, the theatrical nature of the performance, and the unique contribution the singer brings to the material. Listen to examples and discuss the different vocalists as they personally interpret the Great American Songbook. Recordings and videos of cabaret artists from the current nightclub scene will be played. A short history of cabaret from Europe to America will also be presented.


Susan James earned a bachelor’s in music from Manhattanville College and completed post-graduate coursework in Camera and Film Production from University of Southern California. She understudied on Broadway, produced and directed musical revues for the American Theater Wing, and founded of Artists in Partnership, a non-profit cultural arts organization.

**The Genius of Bill Evans**

**David Hamilton**

Tue 1:30 PM - 3:30 PM, 3 session(s)
1/29/2019 - 2/12/2019
W&M Ewell Hall, Recital Hall Room 107
60 seats available

Most jazz fans and critics would agree that Bill Evans was one of the greatest jazz pianists who ever lived. His intensely emotional, harmonically complex and introspective style has influenced countless jazz musicians over the years. In this class we will first “take a look under the hood” to get a better idea of how jazz works. Then, through recordings and video reminiscences by those who knew Evans, we will come to a closer understanding and appreciation of the man and his music.

David Hamilton earned a B.A. in music history from Old Dominion University and completed graduate work in music history University of North Carolina, Chapel Hill. He has worked as an organist/choir director, taught music and piano, and composes jazz pieces for piano.

**The Lasting Legacy of Japanese Woodblock Prints**

**Trotter Hardy, Caroline Hardy, Marlene Cummins**

Tue 9:30 AM - 11:30 AM, 3 session(s)
3/19/2019 - 4/2/2019
School of Education, Room 2066
34 seats available
Japanese woodblock prints have fascinated Westerners since their widespread circulation to Europe and the U.S. in the 19th century. This course explores prints from many vantage points, covering their artistic development over time, the evolution of printing technologies, the surrounding context of Japanese culture and more, and the strong influence that these prints have had on Western art, especially Impressionism. The prints of Ando Hirshige will be emphasized; other Ukiyo-e artists will be included as well.

Trotter Hardy retired in 2013 after 32 years of teaching law at William & Mary Law School. He specialized in intellectual property law (mainly copyright law) and “torts” (the general law of liability), with a strong interest in technology and law, and also in the economic analysis of law and politics.

Caroline Hardy is a docent at the Muscarelle Museum of Art.

Marlene Cummins is a docent at the Muscarelle Museum of Art.

The New Art of Zentangle
Diane Kane
Tue 1:30 PM - 3:30 PM, 3 session(s)
School of Education, Room 2066
34 seats available

This course opens up the opportunity for anyone to become an artist whether one can draw or not. This new form of art is both fun and meditative. Since its creation, it has exploded worldwide. If you have looked at an adult coloring book you are seeing tangle. Note: Required supplies include, blank paper, #3 pencil and sharp pointed, fine pen (Sharpies are great).

Diane Kane holds a bachelor’s in environmental journalism from Virginia Commonwealth University (VCU) and a master’s in environmental communications/science from Antioch Graduate School, New Hampshire. She was a visiting instructor at VCU teaching environmental studies and has designed curriculum for high schools in journalism.

The Road to Broadway
Melissa Puttre
Wed 1:30 PM - 3:30 PM, 5 session(s)
3/20/2019 - 4/24/2019 (No class 4/3)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

An in-depth look at how musicals go from an idea to opening on the Great White Way. Whether they started as a concept album, a popular novel, the discography of a famous performer or a totally original idea, no show is guaranteed success on Broadway and the journey to get there can be difficult. In this class using documentaries, interviews and other available footage we will follow the journey of multiple shows and see how they made their way to Broadway.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night’s Dream, Kiss Me Kate, and Children of Eden.

Time In a Bottle: Musicals That Capture a Moment In History, Part 4
Melissa Puttre
Wed 1:30 PM - 3:30 PM, 6 session(s)
1/30/2019 - 3/13/2019 (No class on 3/6)
Williamsburg Regional Library, Theatre
250 seats available

Part 4 is an in-depth look at musicals that explore either a specific historic event, a historical figure or a specific decade. Part 4 will focus on history at the end of the 20th Century and the beginning of the 21st Century. This class will utilize both footage and music from shows to see how musicals captured a moment in history.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night’s Dream, Kiss Me Kate, and Children of Eden.

Understanding Opera, Part II
Glenn Winters
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/31/2019 - 2/14/2019
Location TBD

This class completes a survey of Virginia Opera’s 2018-2019 season. Works studied will include Donizetti’s classic comedy, The Elixir of Love and Puccini’s immortal tragedy, Madame Butterfly. Dr. Winters’ lively discussions feature video and audio excerpts, and this course is recommended for opera beginners and aficionados alike. Part I is not a prerequisite.
Glenn Winters, community outreach musical director for Virginia Opera, received a D. Mus. from Northwestern University. He also holds a B.M. and M.M. in piano performance from Indiana University. His most recent successful commissioned operas include History Alive! and Tales from the Brothers Grimm. He has extensive performing experience as a pianist and operatic baritone.

Computer and Technology

Excel for Beginners
Edward McMahon
Mon, Tue, Wed 9:30 AM - 11:30 AM, 3 session(s)
School of Education, Room 2031 Computer Lab
20 seats available

This course is to introduce Excel to computer literate students. Students should have the ability to create products using Microsoft Office Word or PowerPoint, opening files, saving and renaming such files. The course will cover how to enter and manipulate text and numeric data in Excel spreadsheets. Basic operations such as creating graphs and performing simple analyses of data will also be covered.

Ed McMahon holds degrees in physics and electrical engineering, and a Ph.D. in system science from Brooklyn Poly. He has prepared and taught management courses after retiring as president of MRJ Technology Solutions in 2000. He received a diploma from the Chinese Cookery in 1996 and teaches hands-on Chinese cooking for the Confucius Institute at William & Mary.

Making the iPad Work For You
Margaret Fowler
Mon, Tue, Wed, Fri 1:30 PM - 3:30 PM, 4 session(s)
School of Education, Room 2031 Computer Lab
20 seats available

This is an introductory course for those who already have their own iPad, not a borrowed one. The goal is to help students understand the fundamentals of iPad operation, offer useful and practical ways to make life easier by incorporating the iPad into life, and recommend some apps that are beneficial to that end. Note: Student’s iPad MUST be using iOS 10 or later and have knowledge of logins and passwords to their Apple / iTunes accounts.

Margaret Fowler earned her B.B.A. and B.A. in economics from Roanoke College. She had a career in investments and is a member of Chartered Financial Analyst since 1983. Served as computer classroom assistant with the Christopher Wren Association often. Programmed extensively in BASIC, tutored privately with computers and iPads, "go to" person on computer issues.

iPhone/IPad: The Basics and Beyond
Rick Chase
Wed, Fri 9:30 AM - 11:30 AM, 6 session(s)
2/20/2019 - 3/15/2019
School of Education, Room 2066
34 seats available

In this course you will learn how to use the most common apps and functions on these amazing devices. Topics covered include but are not limited to: the Phone features (iPhone), Mail, iCloud, WebBrowsing using Safari, Keyboard, iMessage, FaceTime, Camera, Photos, Contacts (address book), Calendar, Notes, APPS & APP Store, Music & Entertainment, iBooks, setting up WiFi & Bluetooth, accessories, troubleshooting, etc. Course is very hands on and interactive.

Reading: Suggested: Apple iPhone or Apple iPad User Guide (Free).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with GE he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

Mastering Your iPhone/IPad Camera and Photo Applications
Rick Chase
Mon 9:30 AM - 11:30 AM, 3 session(s)
3/18/2019 - 4/1/2019
School of Education, Room 2066
34 seats available

This course will help you master the camera and photos applications on your iPhone and/or iPad. You will learn the camera’s functions and capabilities, still photography, plus cover the video capabilities. The Photos application will also be explored, including navigation in the app, photo editing (crop, trim, rotation, etc.), smart adjustments, enhancing less-than-perfect shots, and filters. You’ll learn how to organize your photo and video media; make and use albums; navigate and find media in your collection. We’ll
also explore the creation and sharing of albums, how to create slide shows with music, and using iCloud.

**Reading: Suggested:** Apple iPhone and/or Apple iPad User Guide (Free).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with GE he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

---

**Searching the Internet for Genealogical and Family History Records**

**Joseph Sell**
Thu 9:30 AM - 11:30 AM, 6 session(s)
3/21/2019 - 4/25/2019
School of Education, Room 2066
34 seats available

This course is an intermediate genealogy course where a multitude of internet sites will be explored to locate and save documentation on your ancestors. The student should be well versed in the use of their computer browser. Opportunities in class will be made to practice searching some of the sites. Students can bring a laptop computer, i-PAD, tablet or smartphone to practice internet searches.

Joseph Sell received his B.E. in chemical engineering from Villanova University; an M.S. and Ph.D. in chemical engineering from the University of Pennsylvania and an M.B.A. from Rutgers University. He worked professionally in the chemical industry, and upon retirement undertook the search for his family history.

---

**Windows 10: Make It Work for You**

**Tom Lamb**
Tue 1:30 PM - 3:30 PM, 3 session(s)
3/19/2019 - 4/2/2019
School of Education, Room 1056
40 seats available

Windows 10 users have many options in this newer operating system (OS.) This three-session lecture will focus on how you can make this OS work better for you rather than just using the Microsoft factory defaults. Participants are encouraged to bring their personal laptops to all sessions, so they can try some options on their own computer. We will also discuss some of the privacy issues with the default settings, as well as, security issues.

---

**Finance and Economics**

**Accounting Information and Resource Allocation In Capital Markets**

**Phil Shane**
Tue 4:30 PM - 6:30 PM, 6 session(s)
3/19/2019 - 4/23/2019
Discovery Park, New Town, Room 136
40 seats available

This course introduces students to the language of business, basic financial accounting, financial statement analysis, the quality and decision-usefulness of accounting information, business valuation using accounting information, and the importance of accounting information for resource allocation in capital markets. We will bridge the disciplines of accounting, finance, microeconomics and business strategy.


Phil Shane earned a B.A. in accountancy at the University of Illinois in 1971, and a Ph.D. in business at the University of Oregon in 1982. He has 4 years of public accounting experience and 42 years of teaching experience at several universities, including William & Mary.

---

**Baby Boomer Retirement: The Rules Have Changed**

**Mark Shelby**
Thu 4:30 PM - 6:30 PM, 3 session(s)
1/31/2019 - 2/14/2019
Discovery Park, New Town, Room 136
40 seats available

Recent academic research details a shift in retirement planning. This is a comprehensive personal finance course for those in the early stages of retirement or those about to retire. It addresses retirement decisions such as asset
allocation, income planning, and social security, as well as pitfalls to avoid. This course will help you better understand risk, taxes, budgeting, and estate planning. You will also learn: optimal asset allocation, how to develop an income plan, the sequence of returns risk, questions to ask a potential advisor, social security maximization, and six reasons retirees run out of money.

Mark Shelby is the president of Vertical Investments. He is an experienced investment advisor, financial educator, public speaker, and radio host. He graduated from the University of Wisconsin in 1993, where he served as an academic tutor for finance and economics.

Behavioral Finance: How Common Biases Lead to Bad Investment Decisions
Mark Monroe
Tue 1:30 PM - 3:30 PM, 3 session(s)
4/30/2019 - 5/14/2019
Thomas Nelson Community College, Room 328
40 seats available

Many investors are well versed in the traditional strategies and theories that govern the financial markets. Yet, too often, those same investors struggle to consistently apply that knowledge to their own portfolio. Why? This course will compare and contrast how traditional finance theory (what investors should do) differs from behavioral finance theory (what investors actually do.) Participants will learn how faulty reasoning and common biases plague even the most intelligent investors, resulting in their making irrational investment decisions. Course participants will also learn strategies to modify or adapt to behavior, leading to improved application of traditional finance concepts.

Mark Monroe is Managing Director of Monroe Capital Partners, LLC and Capes Capital Management, Inc. He graduated from North Carolina State University with a B.S. in economics and statistics. Mark has been an investment advisor for over 28 years, including serving Chesapeake Investment Group as president and Fidelity Investments’ Trust and Asset Management Division.

Current Events, the Stock Market, and YOU
Keith Reagan
Mon 1:30 PM - 3:30 PM, 3 session(s)
2/18/2019 - 3/11/2019 (No class on 3/4)
Thomas Nelson Community College, Room 328
40 seats available

We will discuss current geographical and economic events and their impact on investors.

Keith Reagan, Sr. has been a registered investment consultant for over 25 years. A graduate of William & Mary, his post-graduate work includes executive education of The Wharton School of Business. He has been recognized as a Five Star Wealth Manager for three years in a row. His firm, Reagan Holloway, offers fiduciary portfolio management on the Fidelity and Wells Fargo platforms.

Estate Planning for Modern Times
Rhiannon Hartman
Tue 1:30 PM - 3:30 PM, 3 session(s)
1/29/2019 - 2/12/2019
Discovery Park, New Town, Room 136
40 seats available

This course will explore specialized estate planning topics applicable to many families today, such as Wills vs. Trusts, Planning for Blended Families, Consequences of Failure to Plan, Retirement Plan Trusts, Planning for Digital Assets and the Impact of Changes to Federal Estate Tax Law on Estate Planning Documents.

Rhiannon Hartman is an experienced elder law and estate planning attorney in Williamsburg. She graduated cum laude from the University of Richmond School of Law and earned her undergraduate degree from William & Mary.

Lifetime Income Strategies
Jim Bales, Jacob Bales
Tue 9:30 AM - 11:30 AM, 3 session(s)
4/30/2019 - 5/14/2019
Discovery Park, New Town, Room 136
40 seats available

We will discuss financial education for retirees and how to plan your income for life. Post-retirement planning is often more difficult than planning for retirement. You are managing your entire nest egg, not collecting paychecks anymore, and have less time to recover from your potential mistakes. In this course, you'll learn time-tested strategies for planning your retirement income that are designed to make your money last.

James Bales, registered principal, James Bales Financial, LLC. Securities offered through Centaurus Financial, Inc. Member of FINRA and SIPC.
Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7
Modern Wealth Management  
Sean Allburn  
Thu 2:00 PM - 4:00 PM, 3 session(s)  
1/31/2019 - 2/14/2019  
Edgeworth Park at New Town, Community Room  
40 seats available  

A comprehensive wealth management plan incorporates over a dozen diverse yet related issues. Sean will encourage your participation as he shares proven strategies to help you achieve your financial goals. Do you need a plan to triple your income during retirement? Is your financial plan telling you what you need to know? Other highlights: Practical methods to find higher dividends and interest when interest rates are low. Is there a way to minimize investment risk without sacrificing returns? We will discuss strategies to navigate a volatile market. Should alternative investments be a part of your portfolio?  

Sean Allburn, B.S. Duke University; M.B.A., William & Mary. He has been named to On Wall Street magazine’s "Top Brokers" and "Top Advisors under 40" lists and distinguished by Inside Business magazine as one of the "Top Forty Under Forty" in Hampton Roads. A Senior Vice President-Investments, Sean manages Allburn Financial Consulting from the Williamsburg office of Davenport and Company LLC.

Preserving and Transferring Wealth in the Commonwealth of Virginia  
Wake Buxton  
Fri 9:30 AM - 11:30 AM, 3 session(s)  
2/22/2019 - 3/15/2019 (No class on 3/8)  
Thomas Nelson Community College, Room 327  
40 seats available  

This course will focus on properly preserving and transferring wealth in Virginia. We will discuss wills, trusts and estates, as well as Virginia’s new laws pertaining to powers of attorney and medical directives. Particular emphasis will be given to protecting family assets from the Deadly D’s: divorce, death taxes, disability and debts.  

Wake Buxton is an attorney and resident of Williamsburg. He holds a LL.M. in estate planning from the University of Miami and an M.B.A from William & Mary. Mr. Buxton taught estate planning at the University of Charleston and was director of its Graduate Financial Planning Program.

Protecting Your Estate From Probate, Taxes, Creditors and Long-Term Care Expenses  
John Burton  
Thu 4:30 PM - 6:30 PM, 3 session(s)  
Discovery Park, New Town, Room 136  
40 seats available  

This course will focus on the basics of estate planning as well as more advanced, cutting edge planning techniques in order to protect one’s estate from lawsuits, creditor claims and Medicaid spend-downs. The course will specifically focus on the differences between wills and living trusts. Students will also understand the importance and unique intricacies of planning for incapacity as it relates to medical and financial decisions. Lastly, the course will focus on the topic of elder law and how seniors can protect their estates against the rising and catastrophic expenses of long-term care.  

John Burton is an experienced estate planning and elder law attorney who has taught clients, lawyers and the public on the subjects of estate planning, asset protection, elder law and business law. He is a graduate of Virginia Wesleyan College, has a J.D. from Regent University School of Law, and is a Certified Estate Planner.

Social Security and Taxes in Retirement  
Jacob Bales  
Wed 9:30 AM - 11:30 AM, 3 session(s)  
1/30/2019 - 2/13/2019  
Williamsburg Landing, Auditorium  
60 seats available  

In this course, we will review the basics of taxes in retirement and how they may not be what you expect, as well as focusing on how the new changes for 2018 may affect you and key strategies to consider. We will also have a discussion on Social Security claiming strategies, in addition to management tips. The tax portion will have a focus on the basic concepts and policies that work together to create the system we know today. You will learn methods that can help manage the taxes you experience, including proper distribution structure and asset structuring strategies.
Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

General Studies

A Little Bit of Everything: Hot Tips and Creative Ideas for Daily Living

Linda Pincus
Tue 9:30 AM - 11:30 AM, 3 session(s)
Discovery Park, New Town, Room 136
40 seats available

Enhance your daily activities, work, and leisure time with practical, easy, and (sometimes) unusual shortcuts and tips. Save effort, time, money, and have fun as you learn. Re-purpose things and increase your organizational skills. Discover some simple techniques and ideas that can make a positive difference in your life. Examples: Be certain you remember where you put something, regardless of passage of time. Leave home knowing you DID turn off the coffee pot and close the garage door, etc. An idea for a great box opener for packages, one much safer than utility knives. Label easily, for free, computer “spaghetti” wires and other corded devices.

Linda Pincus is a registered nurse and a graduate of Thomas Jefferson University in Philadelphia. She received her B.S. from Thomas Edison State University, provided medical care in hospital settings including Langley Air Force Base, maintained private practice in the fields of counseling expectant and new parents, and taught hospital-based and private classes in childbirth education, parenting, organization, communications, and behavioral changes.

Advanced Belief Analysis

Barnet Feingold
Mon 1:30 PM - 3:30 PM, 6 session(s)
Location TBD

Advanced Belief Analysis is a follow-on course for students who are taking Belief: An Owner's Manual in fall 2018. It is devoted to finishing the articles and exercises at barneysplace.net, enhancing understanding of the concepts and tools of Critical Belief Analysis, and increasing skill in the use of those concepts and tools. Significant class time will be devoted examining beliefs submitted by the class. Critiques of Critical Belief Analysis will be encouraged.

Barnet Feingold earned a Ph.D. in clinical psychology from Penn State in 1977. He served the Veterans Administration in diverse clinical, supervisory, consulting, research, and training roles for over 30 years. After retiring, he taught at Shepherd University. He has over a dozen publications and presentations about the nature of belief.

Aging Smartly, Aging Successfully

Mary Leeds
Wed 1:30 PM - 3:30 PM, 3 session(s)
4/10/2019 - 4/24/2019
Integrated Science Center, Room 3280
24 seats available

Aging smartly and successfully is a challenging process made simpler and more attainable when experienced professionals give you tips to assure that you are as fully prepared as you can be for your senior years. Mary, along with other presenters, will guide you with tips for success in nutrition, exercise programs, navigating through health care systems, a physician’s perspective, long term care planning, downsizing, how to manage stress in your life and more. Mary will be bringing to this course a nutritionist, a nurse practitioner, and a Senior Care Advisor.


Mary Leeds is a medical social worker and a care manager/senior care advocate with over 35 years of experience working with the geriatric population. Mary started her own company five years ago, Senior Care Advocate LLC, and loves assisting seniors with planning for their senior years. She is proud to say that she is also planning her own and gets plenty of wonderful ideas and suggestions from her classes.

An Engagement/Interaction of Life’s Experiences/Situations and How We React From Day to Day

Fran Bado
Tue 4:30 PM - 6:30 PM, 3 session(s)
4/30/2019 - 5/14/2019
Discovery Park, New Town, Room 136
40 seats available

It's all about you! Do you need a life's reset? How do we
approach each day and how does it affect our lives? As we go through our daily routines, do we take advantage of all that surrounds us? We will have fun discussing positive and negative energy, areas that motivate us, and how to appreciate the magic of our surroundings. It is highly interactive and you may see life with a different perspective. Take a break, kick back and see where this little road takes you!

Francis Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience assures maximum skill transfer for students.

Competitive Bidding for Bridge - INTERMEDIATE
Michael Jenks
Tue 9:30 AM - 11:30 AM, 3 session(s)
1/29/2019 - 2/12/2019
Patriots Colony, Liberty Lounge
27 seats available

Many bridge players are too passive due to an unwarranted fear of failing to make their bid. Consequently they are out bid by more experienced players. Competing for part scores is an essential element of winning bridge and requires an appreciation for vulnerability, position at the table, fit or probable fit with partner, and proper hand evaluation. High card points are secondary; one might pass with 14 HCP and bid with only 8. We will play 16 hands, each involving multiple teaching points in bidding, defensive play and declarer play. For intermediate level and advanced players.

Michael Jenks is a graduate of the United States Military Academy with a master's degree in engineering from Stanford University. Mike spent 28 years in the United States Army Corps of Engineers. He is a bronze, silver, and ruby Life Master bridge player and has taught bridge locally since 2010.

Conversational Hebrew
Betty Ronnen
Tue 1:30 PM - 3:30 PM, 6 session(s)
3/19/2019 - 4/23/2019
Discovery Park, New Town, Room 136
40 seats available

Modern Hebrew is more than just another foreign language. It is a language with ancient historical, religious and cross cultural connections. This class will introduce participants to the Hebrew alphabet and phrases common to daily conversations. These phrases will center on meeting and greeting people as well as dining. The biblical roots of selected vocabulary will be explored in class. Homework reviews will be assigned to support the learning process and skills of the participants.


Betty Ronnen graduated from the School of Occupational Therapy in Jerusalem, Israel. She received a Ph.D. from New York University. She was a therapist and an adjunct faculty member. She teaches conversational Hebrew at Temple Beth El in Williamsburg.

Conversational Italian for Travelers - Level 1
Carolyn Stowe
Thu 9:30 AM - 11:30 AM, 6 session(s)
1/31/2019 - 3/14/2019 (No class 3/7)
School of Education, Room 2066
20 seats available

Some basic "please" and "thank you" Italian to help you travel comfortably in one of Europe's most beautiful countries. We will concentrate on vocabulary for shopping, dining, hotels, asking directions, counting, etc. Come join the fun!

Carolyn Stowe received a B.A. in Italian from Vassar College and participated in the master's program in romance languages at the University of Pennsylvania. She traveled extensively in Italy with her tour company, Stowe Away Tours, Inc. Carolyn taught elementary and secondary level French for ten years and gives private lessons in Italian.

Creative Genealogy: Expanding Your Approach to Research
Karen McPherson
Tue 9:30 AM - 11:30 AM, 3 session(s)
3/19/2019 - 4/2/2019
W&M Kaplan Arena, Wightman Cup Room
30 seats available

So you've created your family tree. You've verified some things and disproven others. What do you do now? In this class we'll look at ways to get more creative with your genealogy research. No, I don't mean making things up to make it more interesting! I mean looking at activities like
writing and publishing your family stories, creating photo albums, blogging, using spreadsheets and other technology to deepen your understanding of your roots, taking genealogy research trips and making a genealogy Facebook Page. This class will be most useful for people who have already done some genealogy research.

Karen McPherson graduated from William & Mary and has a M.A. and Ph.D. in government from Catholic University and a M.A. in history from George Mason University. She also taught government and history in the public school system.

Critical Thinking: Never Too Late to Learn!
Mike Collier
Mon 9:30 AM - 11:30 AM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

What is critical thinking? We frequently hear of the need for critical thinking, but seldom is critical thinking part of our education. This course introduces the critical thinking framework developed by the Foundation for Critical Thinking (California), which has been adopted in the U.S. Intelligence community and at many higher education institutions. It will be seen how this critical thinking framework may be applied to professional or personal analysis and decision-making. Several fun exercises will be conducted to help you gain skills toward becoming a good critical thinker.


Mike Collier graduated from the U.S. Coast Guard Academy. After a career as a U.S. Coast Guard officer, he pursued a second career in higher education, retiring from Eastern Kentucky University. He holds an M.S. in strategic intelligence (Defense Intelligence College) and a Ph.D. in International Relations (Florida International University).

For the Beauty of It All: Eastern United States
Dennis Cogswell, Nancy Cogswell
Mon 1:30 PM - 3:30 PM, 3 session(s)
3/18/2019 - 4/1/2019
James-York Playhouse, Theater
60 seats available

This course looks at Eastern United States National Parks and other beautiful places i.e. Longwood Gardens, Niagara Falls—as suggested by class members of previous CWA offerings. Shown will be pictures taken in the Parks, YouTube videos and offer verbal commentary on our trips to the places visited. Audience participation is sought and will contribute to the discussion of what beautiful places there are to visit in Eastern America. All that we visit in the class can be found at www.ForTheBeautyOfItAll.com.

Dennis Cogswell, Ed.D in adult education from Virginia Tech, M.S.W. from Case-Western University. More than 40 years of teaching and administrative experience at Radford University's School of Social Work. Professor emeritus of social work, 1999 Virginia Social Work Educator of the Year, and author of Families are Forever.

Nancy Cogswell, mother of three adult children and grandmother of five, has co-led workshops with her husband Dennis for many years. A Registered Nurse, with extensive experience in woman’s and children’s heath and infectious diseases, she serves as the p
Getting More From Your DNA Test Results
Lise Embley
Thu 2:00 PM - 4:00 PM, 3 session(s)
School of Education, Room 1056
40 seats available

DNA results are much more useful than your ethnicity estimate. Learn the basics of how to use your DNA profile, family tree, shared matches, GEDmatch, and the FamilySearch Family Tree to discover new relationships.

Lise Embley is a genealogy/technology and DNA enthusiast and lecturer with more than 30 years of traditional and digital research experience. Lise studied DNA with CeCe Moore at Salt Lake Institute of Genealogy in 2017 and currently manages approximately 30 DNA kits on five different DNA sites.

How Preferences, Motivations and Culture Shape Behavior
William Wemple
Mon 1:30 PM - 3:30 PM, 3 session(s)
3/18/2019 - 4/1/2019
Thomas Nelson Community College, Room 328
35 seats available

Have you ever awakened and not felt like yourself? Or wondered why someone you’re talking with does not seem to get it? Or why conflict often only worsens despite our best efforts? Or why another culture seems so different? How we behave in private and with others is a rich mix of factors. Our preferences – laced with our motivations to seek gratification even in conflict, topped with national or cultural personality traits – influence how we interact, and what we do, each and every day. We can learn about these, and how they influence others.

William Wemple has taught or facilitated professional courses in project management, risk management, leadership, strategic planning and execution, and Total Quality for numerous clients, both in the United States and internationally. M.B.A., Harvard Business School; B.S, Yale University. MBTI certified administrator (Step I and II), consulting practice since 1983, and award winning author.

Organizing Your Family Filing System
Kevin Joyce
Thu 2:00 PM - 4:00 PM, 3 session(s)
School of Education, Room 1056
30 seats available

This workshop will cover important family documents and the need for a well-designed, manageable system for organizing, updating and safekeeping these documents.

Kevin Joyce received a B.A. in economics from the U. S. Naval Academy. He is a financial advisor with Financial Security and serves in several capacities in the community, including vice president of the Fort Eustis Civic Leader Association and chairman of the Military Affairs Council.

Publishing Options and Pointers
Dawn Brotherton
Mon 1:30 PM - 3:30 PM, 3 session(s)
Integrated Science Center, Room 3280
24 seats available

In the digital age, the face of publishing has been transformed. Certain definitions and actions are important regardless of the publishing option you select. When talking to printers and sales venues, you need a background knowledge across many aspects of publishing, formatting, editing, software programs, etc. Setting realistic goals is also important for any venture. We’ll go through a sample timeline to help you determine how long it takes to get your manuscript published once you’ve finished writing it. How much will it cost to produce a quality book? What should you expect whether you are self-publishing or going traditional?

Reading: Suggested: The Road to Publishing by Dawn Brotherton. On Writing by Stephen King.

Dawn Brotherton is an award-winning author and featured speaker at writing and publishing seminars. A retired Air Force colonel, Dawn is focused on sharing the various options for publishing, from self- to traditional publishing.

Spanish Grammar with Reading and Conversation - Level II
Chris Scheiderer
Tue 9:30 AM - 11:30 AM, 6 session(s)
1/29/2019 - 3/12/2019 (No class on 3/5)
Location TBD

This INTERMEDIATE course will focus on some important elements of Spanish grammar such as prepositions,
negation, relative pronouns, adverbs, and adjectives. In addition, there will be short readings for each class and, as much as possible, we will converse on a variety of themes. Students who have had one or two years of Spanish will be comfortable and most prepared to benefit from this course of study.

Christopher Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971-2004, and at the University of Maryland, Waynesburg College, and Ohio State University.

Television Sports Today
Jim Spence
Wed 9:30 AM - 11:30 AM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will take students inside the fascinating and compelling world of network television sports. Concentrating on programming and production, topics will include television rights negotiations and commentary. Jim Spence, who had day-to-day responsibility for all areas of ABC Sports, the most acclaimed television sports organization in history, will draw back the curtain on billion-dollar deals and personalities such as Howard Cosell, Jim McKay, Keith Jackson and Al Michaels, along with those behind the cameras.


The Evolution of House Systems: Why You Need a Pro
Joe Cross
Thu 2:00 PM - 4:00 PM, 3 session(s)
2/21/2019 - 3/14/2019 (No class on 3/7)
School of Education, Room 1056
40 seats available

Housing systems have evolved to meet our needs with the introduction of science and technology and composite materials. Contracting has changed, as a result. Learn how these systems are designed to operate, their life expectancies and what you can (and cannot) expect from their use. Learn how knowing basic project management can let you choose the right person for the job, maintain a construction schedule and realize your desired result for the right price.

Reading: Suggested: Basic Engineering for Builders by Max Schwartz.

Joe Cross has a B.A. in architecture and city planning and is the founder of PMA Architects in Newport News. He was the director of construction at Anheuser Busch and a Class A contractor, and has lectured on first-time home buying and home maintenance for the U. S. Department of Housing and Urban Development.

The Middle of Nowhere Is Somewhere
Lynda Dunnigan
Thu 2:00 PM - 4:00 PM, 3 session(s)
Thomas Nelson Community College, Room 328
40 seats available

In order to know where you are going, it is important to know where you've been. Take a little time to reflect on how life experiences bring meaning, creating a sense of place to geographic space. How does the middle of nowhere become somewhere, and once changed, is it where we want to be? Not a scientific approach, but a multiple perspective discussion using Meinig's multiple sense of place indicators. Participants are invited to engage in a discussion of place from an economic, historical, aesthetic, artistic, problematic, systematic, environmental, political, geologic/geographic, and personal sense of place.

Lynda K. Dunnigan holds degrees from James Madison University and Syracuse University and has 34 years of teaching experience. With backgrounds in the social sciences and humanities, she designed and taught humanities courses at the secondary level, and is a former member of the Virginia Museum of Fine Arts Teacher Advisory Committee.

The World of Oriental Rugs
Frank Shaia, Bryan Siewert
Tue 5:30 PM - 7:30 PM, 3 session(s)
4/30/2019 - 5/14/2019
Shaia Oriental Rugs, 1325 Jamestown Rd
50 seats available

This course will feature an overview of the oriental rug industry. It will include the history of rugs from some of the oldest known through those of modern times. It will explain...
what makes an oriental rug, where they are from, and the various types. While the focus will be on Persian rugs, the class will cover rugs from nearby countries. It will also cover how rugs are woven, rug weaving and looms, the method of preparing the wool, and the dyeing process.

Frank Shaia is a second generation rug dealer. In 1973, Frank's older brother, Joseph, opened an oriental rug store in Williamsburg. Frank joined him shortly after and later bought the shop. While the shop specializes in fine new rugs, Frank spends most of his time with antique rugs and exhibits at antique shows.

Bryan Siewert is the General Manager of Shaia Oriental Rugs and has been working for Frank Shaia for over 10 years. He grew up in Richmond, attended Virginia Tech and currently resides in Mechanicsville with his wife and two children.

Three Countries of Note: Kenya, China, and Guatemala
Kirk Lovenbury
Thu 2:00 PM - 4:00 PM, 3 session(s)
Discovery Park, New Town, Room 136
40 seats available

Kirk Lovenbury has lived in nine foreign countries on three continents and has visited 100 more. Join him as he recalls his years in the Peace Corps in Kenya, as a college professor in China (the year of Tiananmen Square) and on three visits to Mayan Guatemala. Lovenbury describes the culture and history of these places from his viewpoint as an anthropologist and historian. This will be a walk down memory lane, rather than lectures on the specifics of these nations, however, Lovenbury always brings an abundance of background material into all of his classes and questions are welcomed.

Kirk Lovenbury has degrees in anthropology, history, and education and has traveled in over 100 countries. He has been a Christopher Wren Association instructor since 2010.

Paul Boren
Thu 9:30 AM - 11:30 AM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available


Paul Boren went to his first major league baseball game in 1963. Since then he has seen 115 Hall of Famers play, been a season ticket holder with the Orioles and the Nationals, gone to play-off games, the World Series, the All-Star Game, and the Baseball Hall of Fame in Cooperstown, NY. Paul spent many years in public speaking and professional training for the U.S. Government.

Tidewater Boats, Ships and Shipyards
James Shoemaker
Tue 9:30 AM - 11:30 AM, 3 session(s)
2/19/2019 - 3/12/2019 (No class on 3/5)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course is a survey of Tidewater Virginia boats, ships and shipyards from Jamestown to the present. It includes military, commercial and pleasure vessels. There is particular emphasis on the ships of Norfolk Navy Yard and Newport News Shipbuilding, including the CSS Virginia built at Norfolk, and the aircraft carriers built at Newport News.

Jim Shoemaker has a B.S. in engineering technology from Old Dominion University (ODU) and trained as a nuclear designer at Newport News Shipbuilding (NNS). He spent 52 years working at NNS and Norfolk Naval Shipyard, retiring as a production manager. He has built 50 small pleasure/work boats and presented technical papers to the Society of Naval Architects on various topics including the building of CSS Virginia at Norfolk Naval Shipyard. He has taught industrial classes at Norfolk Naval Shipyard and ODU.

You Got to Know When to Hold 'em, Know When to Fold 'em...
David Hopkinson
Wed 9:30 AM - 11:30 AM, 3 session(s)
5/1/2019 - 5/15/2019
School of Education, Room 2060
40 seats available

Our culture promotes and rewards idealism, optimism, persistence, and heroic efforts...even in the face of
palpable failure. This course will examine issues faced within a life stuck in a quagmire or actually on an irreversible downslope. Learning to identify, accept and face hopelessness and defeat is a skill-set rarely taught or considered important to know in our 'can-do' and 'failure is not an option' culture. This course will draw on examples from family life, business and military ventures, career paths, health decisions and science. Class discussion and personal sharing are expected.

David Hopkinson has a Ph.D. in clinical psychology. He spent seven years teaching full time at the collegiate and graduate school level – five of those at William & Mary. He was also a tour guide at Maymont Mansion and wrote a manuscript and presented as a public lecturer several times.

Government and Law

America's Weapon Systems - Now and In the Future

John Hickok
Wed 9:30 AM - 11:30 AM, 6 session(s)
1/30/2019 - 3/13/2019 (No class on 3/6)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

America's defense is of immense importance to us all, and it is our responsibility as citizens to understand what our defense consists of and what it costs. Over six lessons, we will learn about threats, the Pentagon, the United States and defense budgets and present and future weapon systems that make up the defense of our nation. There will be a comprehensive overview of our major weapon systems covering strategic nuclear forces, space, air, sea, undersea and land. There will also be a short overview of Department of Defense's acquisition, technology and logistics system which provides and maintains the systems for our war-fighters.

John Hickok graduated from the U.S. Naval Academy, B.S., engineering; M.S., aeronautical engineering and M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

Seeking a Majority

Jack Edwards
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/31/2019 - 2/14/2019
Williamsburg Landing, Auditorium
30 seats available

Questions about majorities are sometimes simple, sometimes not. The first session will deal with two matters: representation in the U.S. Senate; and the Electoral College in the selection of Presidents. The other two sessions will be primarily about redistricting and gerrymandering, especially for the United States House of Representatives. This is not a course in political theory, but rather one on institutions and practices and how they have changed.

Jack Edwards is professor emeritus of government at William & Mary.

Transportation Security Administration Past, Present, Future

Michael Richardson
Tue 1:30 PM - 3:30 PM, 3 session(s)
3/19/2019 - 4/2/2019
Thomas Nelson Community College, Room 328
40 seats available

Karen McPherson graduated from William & Mary and has a M.A. and Ph.D. in government from Catholic University and a M.A. in history from George Mason University. She also taught government and history in the public school system.

It's Party Time! The Role of Political Parties in American Politics

Karen McPherson
Wed 9:30 AM - 11:30 AM, 3 session(s)
1/30/2019 - 2/13/2019
Williamsburg Regional Library, Theatre
130 seats available

Political Parties - Americans don’t love them, but, historically, political systems don’t work without them. This course will examine the role that political parties play in political systems in general and specifically in the United States. It will also look at the evolution of the American political party system during the 230 years of governance under the Constitution. Why do political parties exist? How do political parties change over time? Why does the United States have a two-party system? Is it better to have weak or strong parties? What can we do to make political parties the servants rather than the masters of democracy?

Karen McPherson graduated from William & Mary and has a M.A. and Ph.D. in government from Catholic University and a M.A. in history from George Mason University. She also taught government and history in the public school system.
Lecture series on the inception, creation, challenges, successes, failures and the continued evolution of the Transportation Security Administration as a limited non-law enforcement security branch of Homeland Security. Series will include the development of new security technologies to preclude identity theft, fraud, stowaway and other potential threats to commercial aviation. Facial recognition, a recently deployed security measure will be included along bottled liquid scanning and new developments in X-ray technologies.

Michael Richardson, a West Point engineering graduate with a concentration in national security and a master's degree in international affairs, has served in the government as both a federal employee and a contractor. He has applied his engineering and management skills to the development and successful integration of technical security processes in United States embassies and to many of the 450 federalized airports.

Understanding the World of Currencies and Exchange Rates
Dan Gaske
Wed 1:30 PM - 3:30 PM, 3 session(s)
1/30/2019 - 2/13/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This 3-session course looks at the world of currencies and exchange rates, covering such areas as: how foreign exchange markets work; different types of exchange rates (with dollar, between non-dollar currencies, etc.); what numerical exchange rate movements mean (is it good or bad when Dollar/Euro rate goes from 1.40 to 1.20?); different ways countries manage their currencies (pegged, floating, currency board, etc.); what currency manipulation is; the Euro; and currency collapses/crises.

Daniel Gaske holds a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and numerous universities in the Washington, D.C. area. He is presently an adjunct professor of economics at the Mason School of Business, William & Mary.

Understanding U.S. Monetary and Fiscal Policies
Dan Gaske
Thu 2:00 PM - 4:00 PM, 3 session(s)
1/31/2019 - 2/14/2019

This 3-session course examines how the US Federal Reserve Bank decides on and implements monetary policy, how these policies impact the US economy, and provides a similar discussion of the fiscal policies (tax, spending, deficit, and government debt) of the federal government. In addition to description of the basics of these policies, course to provide discussion of the status of these policies as they stand at the time of the course.

Daniel Gaske holds a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and numerous universities in the Washington, D.C. area. He is presently an adjunct professor of economics at the Mason School of Business, William & Mary.

Literature and Writing
Albert Camus' The Plague: A Novel for All Seasons
Ronald St. Onge
Mon 9:30 AM - 11:30 AM, 3 session(s)
School of Education, Room 1056
40 seats available
Talk to a board member or Osher staff about these great volunteer opportunities.

**OSHER OPERATES BEST WHEN ITS MEMBERS PARTICIPATE!**

- Help With Technology Integration
- Serve on the Board
- Write Articles for Newsletter
- Help Instructors Create PowerPoint Presentations
- Registration Assistance
- Serve as a Classroom Host
- Serve as a Class Assistant
- Take Photographs
- Occasional Office Help
- Help Organize Events and Receptions
- Shape Curriculum and Recruit Instructors
Let Our Family Help Yours

Our attorneys are skilled in the following areas:

- Estate & Trust Planning
- Tax & Business Planning
- Asset Protection Planning
- Special Needs Planning
- Veteran’s Benefits & Medicaid Planning
- Elder Law & Life Care Planning
- Estate Litigation
- Family Law
- Guardianship & Fiduciary Services
- Probate & Trust Administration

“In congruence with thinking that any attorney can write a will or a trust, many people think that once the document is signed, the plan is complete. This is simply not true. An estate plan is only effective if it is carried out. Let us help you determine if your existing plan is complete and will work as intended.” Helena S. Mock, Esquire

The Peninsula Center for Estate and Lifelong Planning
461 McLaws Circle Suite 2
Williamsburg, VA 23185
757-969-1900 www.tpcestate.com

Watson Mowry, PC
CERTIFIED PUBLIC ACCOUNTANTS

Call today for your free consultation 645-4863!

Individual and Corporate Tax Preparation and Planning

Corporate Accounting

Payroll Services

Visit WatsonMowry.com for a free monthly newsletter.

Jodi W. Mowry and Kimberly C. Watson
757.645.4863 | WatsonMowry.com
Albert Camus (1913-1960) published *La Peste (The Plague)* in 1947. He had been writing his novel for some six years encompassing the events of the Second World War and many readers were inclined to interpret it as an allegory for the German Occupation of France. But *The Plague* remains a novel of ideas and its philosophical bent allows it to transcend a given historical situation. This course will test its appeal to today’s audience. Does *The Plague* provide us with a message for dealing with our own times? Listen to Camus and draw your own conclusions.

Ronald St. Onge was, for 40 years, Professor of French and Francophone Studies at William & Mary. After retiring as Chair of the Modern Languages and Literatures Department in 2010, he served as Interim Director of the Reves Center for International Studies. His field of expertise is Early 20th-Century French Literature.

---

**All Creatures Great and Small**

**Betsy Hollins**  
Mon 1:30 PM - 3:30 PM, 3 session(s)  
2/18/2019 - 3/11/2019 (No class on 3/4)  
School of Education, Room 2066  
34 seats available

Poetry often operates through metaphor. Writers describe something by making a comparison: “Mind in its purest play is like some bat.” In this course, we will study poems in which the poet writes about a creature from the natural world in order to make a point about us humans. We will look at poems about fellow mammals, like bears and dogs, as well as poems about more alien creatures, like snakes and toads. A connection between ourselves and the natural world draws us into the work of such poets as Dickinson, Bishop, Frost, Wilbur, and Oliver.

*Betsy Hollins, B.A., Wellesley College; M.A., Brown University, M.A.L.S., Wesleyan University. She studied literature and history and has a 40 year teaching career in Vermont and Rhode Island teaching English at the high school level (including Advanced Placement classes).*

---

**More of Louise Penny**

**Judith Cobb**  
Wed 1:30 PM - 3:30 PM, 3 session(s)  
2/20/2019 - 3/13/2019 (No class on 3/6)  
School of Education, Room 2066  
34 seats available

The fun just doesn't stop. Read and discuss 3 more Louise Penny books. *Bury Your Dead* (3 stories in one) *A Trick of the Light (Hearts are Broken)* and *The Beautiful Mystery* (music amid pain.)

---


**Reading: Suggested:** *The Beautiful Mystery* by Louise Penny.

Judith Cobb is a retired Lutheran pastor with a B.A. from Upsala College and an M.A.R. from Lutheran Theological Seminary at Gettysburg. In addition to parish ministry in Virginia, Pennsylvania, Michigan and Missouri, she has taught English as a second language and community college courses.

---

**Othello: Looks Can Be Deceiving**

**Elizabeth Guiliano**  
Mon 1:30 PM - 3:30 PM, 3 session(s)  
Thomas Nelson Community College, Room 328  
40 seats available

In this course, we will discuss the themes and language of Shakespeare’s Othello, as well as, explore the historic and cultural contexts in which it was written. This play reminds us of the timelessness of concepts such as race, trust and justice. Participants are encouraged to read the play; we will, however, view a film version of the play by interspersing scenes in our discussion.

*Beth Guiliano is a retired professor of English, who taught literature and writing for over 20 years. She holds a B.S. in theatre, M.A.T. in teaching English, and a D.A. in English education.*

---

**Poetry as Story, Symbol and Song**

**Linda Partee**  
Tue 9:30 AM - 11:30 AM, 6 session(s)  
1/29/2019 - 3/12/2019 (No class on 3/5)  
Discovery Park, New Town, Room 136  
15 seats available

Exercise your mind and become a late-blooming poet by joining this interactive course that encourages the blending of poetic elements into your writing. We will develop a common language of poetry based on the rhythms of music, patterns of math, observations of science, structures of engineering, the art and images of creativity, memoirs of history, and the philosophy of life and living. Though helpful, experience isn't necessary. The welcome mat awaits your footsteps. Bring pen and paper.

*Linda Partee holds a B.A. and M.A. from California State University with a specialization in communication disorders. She has been an educator and workshop leader for 28 years, is a member of the Poetry Society of Virginia, the James City Poets, and Cercle de Plume. Her work has been published in journals and anthologies.*
been published and has received various awards.

**The Screwtape Letters by C.S. Lewis**
Amanda Deverich
Thu 9:30 AM - 11:30 AM, 6 session(s)
1/31/2019 - 3/14/2019 (No class on 3/7)
School of Education, Room 2010
24 seats available

Settle in with *The Screwtape Letters* to uncover the multi layers, metaphors, and spiritual life applications of C.S. Lewis’ classic book. The focus of discussion is not Christian apologetics nor a deconstruction of Lewis’ theology. It is a close look at how easy it is to self-delude and fall short of our best selves. If you have always appreciated this author or genre of writing then this discussion group is the opportunity to share and learn more. (Reading the book ahead is recommended, but we will read most if not all of the book together in class.)


Amanda Deverich earned a master’s degree in education from William & Mary. She is a regular Christopher Wren Association instructor, experienced group leader, resident marriage and family therapist and professional counselor. Amanda is in private practice at Williamsburg Counseling.

**The Women In Dante's Divine Comedy**
Donna Kendall
Fri 9:30 AM - 11:30 AM, 3 session(s)
2/1/2019 - 2/15/2019
School of Education, Room 2060
40 seats available

Dante Alighieri wrote his timeless 100 Canto Comedy because of one woman, Beatrice Portinari, the love of his life. But as Dante travels through the realms of the Inferno, Purgatorio, and Paradiso, he encounters many other women as well. Who are these women? What do they have to say to Dante? What is their destiny? And what does Dante feel for these women? Find out as we journey through *The Divine Comedy*.

Donna Kendall has a B.S. in secondary education, and a M.F.A. in English and creative writing. She has been teaching for almost 35 years. She has been teaching for Northern Virginia Community College. She also studied Italian literature, taught Italian for the Department of Defense, and through Osher Lifelong Learning Institute at George Mason University.

**Writing for the Fun of It**
Frank Milligan
Wed 1:30 PM - 3:30 PM, 6 session(s)
3/20/2019 - 4/24/2019
School of Education, Room 2066
34 seats available

This relaxed and fun overview ranges from learning to think like a writer to publishing your work. Discussion and exercises reveal simple yet effective tools for organizing your thoughts. Learn to choose the best form to convey your unique vision: fiction, non-fiction, poetry, or drama, and the essential building blocks of each. A quick grammar and style refresher shows why you don’t have to be a grammar expert to be a good writer. With a project you’ll begin in class, or one you’ve already started, you will learn to apply professional techniques that will elevate your writing to the next level.


Frank Milligan has taught creative writing at Northern Virginia Community College and Lorton Workshop Art Center. His book, *Time to Write: Discovering the Writer Within After 50*, won a silver award at the 2009 National Mature Media Awards. He holds an M.A. in writing from The Johns Hopkins University, an M.B.P.A. in management, and a B.A. in psychology.

**One-Time Lectures**

**Brain-Related Change As We Age**
Kathy Kammer
Tue 1:30 PM - 3:30 PM, 1 session
2/19/2019 - 2/19/2019
Location TBD

Have you ever worried because your memory is not what it used to be? This course will explore how the brain works and the various changes that affect our cognition as we age. We will discuss natural age-related cognitive changes, as opposed to changes with dementia, how neuroplasticity works and ways you can “exercise” and maintain your brain health.

Kathy Kammer, Senior Director of Community Relations, Williamsburg Landing, has over ten years of experience in senior living and has assisted aging parents in this process.
"The Wisest American" Ralph Waldo Emerson and the American Wisdom Tradition

Michael Lorence
Tue 9:30 AM - 11:30 AM, 1 session
5/7/2019 - 5/7/2019
Location TBD

The world looks to the example of America for many things—for independence, for ideals of freedom and equality, for industry, wealth and opportunity—but it seldom turns to this country for wisdom. Yet the central figure in American intellectual life, Ralph Waldo Emerson, was through the formative century of American letters, "the wisest American," uniting in his writings the wide world's cumulative wisdom. This lecture will seek to recover the wisdom of the "Sage of Concord" as a means of bringing America's larger wisdom tradition into focus, from the founding period to the closing of the present day.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for thirty years provided cultural guidance to leaders in the worlds of industry and state.

A Women's Perspective: A Healthier You through Screening and Prevention

Adria Vanhoozier, Coordinator
Tue 4:30 PM - 6:30 PM, 1 session
Riverside Doctors' Hospital Williamsburg, Room A & B
35 seats available

This two-hour seminar for women will focus on the importance of screening and early detection for lung, breast, prostate and colorectal cancer. Our physicians will share the significance of early detection, who should be screened, when to begin and the various methods of screening available.

Adria Vanhoozier is Vice President/Administrator at Riverside Doctors’ Hospital of Williamsburg.

An Orthopedic Expedition: A Deep-Dive Examination of the Musculoskeletal System

Adria Vanhoozier, Coordinator
Tue 4:30 PM - 6:30 PM, 1 session
3/12/2019 - 3/12/2019
Riverside Doctors' Hospital Williamsburg, Room A & B
35 seats available

This two-hour seminar will focus on Orthopedics, the medical specialty that addresses injuries and diseases of the body's musculoskeletal system. Various Riverside Orthopedic and Sports Medicine specialists will present in depth examinations, from both a prevention and correction viewpoint, of this complex system, which includes the bones, joints, muscles and tendons. Our surgeons and physicians will share their knowledge and experience in their respective areas of expertise and answer questions on these complex subjects in layman's terms.

Adria Vanhoozier is Vice President/Administrator at Riverside Doctors’ Hospital of Williamsburg.

Bruton Parish and the World Around It

Kirk Lovenbury
Tue 1:30 PM - 3:30 PM, 1 session
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Kirk Lovenbury, the only non-Episcopal docent has been a tour guide at Bruton Parish Church for four years. This gives him a more historic than religious approach to this iconic church and its place in history. This course will discuss the building and the many changes it has undergone over the 300 years along with the religiousness, or lack thereof, of the five presidents who lived in Williamsburg, as well as issues pertaining to church and state, slavery and freedom, high versus low church, in the years leading to the Revolution. Just who was the Duke of Gloucester anyway? Come and find out. Note: Although this is a one session class, one week after the class all members are invited to meet on palace green for a tour of the building.

Kirk Lovenbury has degrees in anthropology, history, and education and has traveled in over 100 countries. He has been a Christopher Wren Association instructor since 2010.

Cabin Fever: The Fascinating Story of an American Archetype

Michael Lorence
Tue 9:30 AM - 11:30 AM, 1 session
4/30/2019 - 4/30/2019
Location TBD
The phenomenon of the cabin has enjoyed a tremendous resurgence in late years, occasioned by factors including the tiny house movement, the desire for simplicity in a technological world and the longing for a lost life in nature. Cabin Fever explores the history and meaning of this most American of architectural forms, from its antecedents in Europe and Asia, to Native American and colonial beginnings, to the feverish enthusiasm it enjoys today. As a symbol of our deepest longings and highest ideals, the cabin continues to serve as a mirror for what it means to be American.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for thirty years provided cultural guidance to leaders in the worlds of industry and state.

Conquer Your Hidden Fears and Take Your Life to the Next Level

Kathy Eckhardt
Fri 1:30 PM - 3:30 PM, 1 session
WindsorMeade, Ballroom
100 seats available

Between the Zone of Excellence and our Zone of Genius is …. The GAP. The decision to play it safe, to take the path of least resistance, can seem irresistible, particularly if you have your own doubts and fears about the alternatives. This class shows how to move past uncertainty and negative thinking and liberate your authentic creativity so that you can bring forth your innate genius and make your largest possible creative contribution to the world.

Kathy Eckhardt, a personal/business success coach, is committed and passionate about working to assist individuals to create deeply fulfilling, more abundant, richer lives. As the founder of The Solopreneur Success Connection, she supports, educates and inspires over 400 savvy solopreneurs. Previously, Kathy was a top sales director, mentoring and training consultants and directors nationwide.

Demystifying the Stock Market - How to Become a Confident Investor

Clayton James
Wed 1:30 PM - 3:45 PM, 1 session

For investors of all experience levels, the Stock Market can be both intimidating and frustrating. During our time together we will breakdown the most common investor barriers in order to help you work towards becoming a confident, informed, and educated investor.

Clayton W. James, CFM is a registered financial advisor and serves as the managing director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a B.S. in mathematical economics, and has been helping investors in the investment management industry since 2003.

Editing Evolution: The Techniques and Potential of Synthetic Biology

Jessica Laury
Thu 2:00 PM - 4:00 PM, 1 session
3/14/2019 - 3/14/2019
W&M Integrated Science Center I & III, Room 1227

Humans have directed evolution since the advent of farming, however, emerging methods in biotechnology have dramatically increased human control over the genome. This course will act as an introduction to modern bioengineering methods and real world examples of this science at work. We will cover cloning, gene sequencing, PCR and the CRISPR-Cas system before diving into current and upcoming potential uses for this technology. We will close by discussing the modern ethical implications of these techniques.

Jessica Laury, a senior majoring in biology at William & Mary, works with the synthetic biology team. She has worked as a teaching assistant for Biostatistics and Animal Physiology, presented on careers in synthetic biology, and led open lab lessons focusing on techniques in synthetic biology.

Eminently Suitable: The Surprising Story of the Modern Suit as a Classical Work of Art

Michael Lorence
Tue 9:30 AM - 11:30 AM, 1 session
5/14/2019 - 5/14/2019
Location TBD

Few forms of art have enjoyed such international success and admiration as the modern suit of clothes. Now two hundred years old, the form persists among women and
men, on every continent, as a personal connection with the heroic traditions of classical antiquity. It remains the dress of presidents and diplomats, newscasters and sports stars and millions of working people across the globe. Yet its surprising story is little known. What are the origins and inner meanings of this most personal work of modern art? What are we remembering when we wear a suit of clothes?

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for thirty years provided cultural guidance to leaders in the worlds of industry and state.

### Exploring Continuous Care Retirement Communities

**Melissa McLeod**  
Thu 2:00 PM - 4:00 PM, 1 session  
2/7/2019 - 2/7/2019  
Location TBD

The decision to move to a Continuous Care Retirement Community (CCRC) requires a significant personal financial commitment. The key feature that distinguishes CCRCs from other retirement communities is the contractually provided access to a ‘continuum of care’ which typically includes independent living, assisted living, memory care and skilled nursing. The course provides a description of the 5 different types of contracts offered by CCRCs & their implication on cost as well as care. The application & qualification process is discussed as well as the benefits of being on a ‘wait list.’ A virtual tour of several CCRCs in the area will be provided.

Melissa taught junior high science and graduate school at Purdue. She was employed at Duke Medical Center in basic and clinical research. She received her education from University of North Carolina Medical School, Bowman Gray and Arkansas Children’s Hospital. She presented for Old Dominion University’s Institute for Learning in Retirement.

### Hamilton: Man and Musical

**Dan Sherman**  
Fri 1:30 PM - 3:30 PM, 1 session  
3/22/2019 - 3/22/2019  
Location TBD

Alexander Hamilton has always been known as a central player, in America’s early history and the phenomenally successful musical Hamilton has focused new attention on “the ten-dollar founding father.” This talk will review how Hamilton's life has been put on stage by presenting the show's history, listening to some of its songs and explaining why the show has had such a broad appeal.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.

### Islam: An Overview

**Shubir Ghosh**  
Thu 2:00 PM - 4:00 PM, 1 session  
3/21/2019 – 3/21/2019  
School of Education, Matoaka Woods Room  
160 seats available

This lecture explains the origin of Islam and its interrelationship with neighboring religions of the Middle East. Islam has had a phenomenal spread to the east and the west. We will examine the importance laid upon the teachings of the Quran and its powerful and benevolent influence on all aspects of a dignified human life. We will also look at the current challenges and opportunities being faced by Islam. The instructor’s experiences in India, which carries the world’s second largest Muslim population within a secular, democratic society, makes his presentation especially insightful.

Shubir Ghosh was a teacher and business executive in India, where he lived for 50 years. He immigrated to the United States in 1991 and continued working here in both professions until he retired. His interest in spirituality and his experience in the East add to his unique perspective.
Justice and War
Bill Rhodes
Fri 9:30 AM - 11:30 AM, 1 session
WindsorMeade, Kensington Room
100 seats available

This lecture will explore the relationship of war and justice, primarily through an examination of the just war tradition. Topics covered will include realism, pacifism, the question of resorting to war, just conduct in war, and post war justice. The lecture will offer an account of the just war tradition’s evolution and the challenges just war thinking faces today.

Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Overcoming Amnesia: Uncovering the Truth About a Family’s Role In Slavery
Bill Sizemore
Thu 9:30 AM - 11:30 AM, 1 session
5/16/2019 - 5/16/2019
Location TBD

Journalist and author Bill Sizemore tells the story of his slave-owning Virginia ancestors, their slaves and those slaves’ descendants – a story that lay buried by a century of denial and historical amnesia. Its threads run through the Civil War, Reconstruction, Jim Crow, the Great Migration, the struggle for civil rights, and the crippling legacy of slavery that still plagues the nation today. In microcosm, it is the story of Virginia and the South. In telling it, Sizemore hopes to advance an essential, if painful, national conversation about race.

Bill Sizemore spent 43 years as a journalist, most of that time at The Virginian-Pilot, where he was a Pulitzer Prize finalist in 2007. He is a William & Mary graduate and authored two books, including Uncle George and Me: Two Southern Families Confront a Shared Legacy of Slavery.

Our Wacky Life In an Upside Down World: A Contemplative Experience
Dennis Cogswell, Nancy Cogswell
Wed 1:30 PM - 3:30 PM, 1 session
2/20/2019 - 2/20/2019
Thomas Nelson Community College, Room 328
40 seats available

This course will have extensive class-instructor-learner exchange. We will focus on the workings of our human brain, critical thinking basics, the values-thinking-felling continuum from polar positions to the rainbow, paradigms, negative thinking preferences, and 21st century political to non-patrician thinking. No course can change any one’s thinking, valuing or feeling unless the class member wants to do so. This class offers tools for adult learners to right their wacky upside down lives/world. Further information can be found at www.WYDKYDK.com, via a link to Our Wacky Life in an Upside Down World.

Dennis Cogswell, Ed.D in adult education from Virginia Tech, M.S.W. from Case-Western University. More than 40 years of teaching and administrative experience at Radford University’s School of Social Work. Professor emeritus of social work, 1999 Virginia Social Work Educator of the Year, and author of Families Are Forever. Nancy Cogswell, mother of three adult children and grandmother of five, has co-led workshops with her husband Dennis for many years. A Registered Nurse, with extensive experience in woman’s and children’s heath and infectious diseases, she serves as the p

Pricing Your Home to Sell in Today’s Real Estate Market
Ted Evans
Thu 2:00 PM - 4:00 PM, 1 session
1/31/2019 - 1/31/2019
Sadler Center, Commonwealth Auditorium
200 seats available

This course will explain the difference between an estimate for what your home will sell for, Zillow’s Zestimate, an appraisal, and market price. In addition, we will answer the following questions: How is market price determined? Will I have to come off my list price? What is the risk of overpricing?

Ted Evans has been a licensed Realtor in Williamsburg since 2002. He has a degree in Economics and Accounting, was a licensed CPA from 1986-2006, worked as the Managing Broker for one of the region’s largest real estate firms, and has been very involved in the Williamsburg Area Association of Realtors (Past President, served on the Board of Directors, and was on the Board of Directors for the Multiple Listing Service).

Remembering When: A Fire and Fall Prevention Program
Ellie Rest
Mon 1:30 PM - 3:30 PM, 1 session
1/28/2019 - 1/28/2019
Did you know falls are the leading cause of death from unintentional injuries in the home? Or that by the age 75, an individual is three times more likely to be injured by a fire? James City County Fire Department and Social Services Department has joined partnership to raise awareness of these issues and provide useful tips to increase prevention efforts. Join us for Remembering When, a fire and fall prevention program for older adults developed by the National Fire Protection Association (NFPA.) This program focuses on 8 fire prevention messages and 8 fall prevention messages to incorporate in to your daily life and community.

Battalion Chief Jason Sweet and Family Services Specialist Ellie Rest are trained facilitators in the Remembering When program. Together, the pair is working to improve collaboration between the Fire and Social Services Department within James City County, ultimately to better the lives of individuals within the community.

**Taking the Leap from Your Comfort Zone to Your Genius Zone – Finally!**
Kathy Eckhardt
Fri 9:30 AM - 11:30 AM, 1 session

The more in control we feel of our health, the better the outcomes. This course provides an overview of simple digital tools (portals, Medicare Blue Button, disease management and wellness "apps") and offers guidance on how and why to leverage them for better health. We will review both the basics, as well as sample some newer, innovative digital technologies. The goal is to provide learners with a sense of confidence in their own abilities to get better “connected” to their health and empowered to explore the benefits that digital healthcare tools can provide.

Cynthia Hazard founded My Health Hero to empower older adults to take charge of their health using approachable digital healthcare technologies. She holds a master's in business administration and is a Certified Yoga Teacher, Certified Senior Advisor, and Certified Professional in Electronic Health Records.

**The Crucible of Legions**
David Morrison
Tue 1:30 PM - 3:30 PM, 1 session
4/16/2019 - 4/16/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Legions of Rome are regarded as one of the most effective military machines of history. The legions obtained this lofty regard through adaption, theft of ideas, recovery from defeats, and sheer bull-headed determination. In this course we will cover the origins of the Roman legions and the 900 years of conflict that would produce the army that could conquer and build one of the greatest empires ever in human history.

David Morrison earned a B.A. in history from Regent University in 2014. Having lived more than ten years overseas in but not limited to Scotland, Belgium, Italy, Germany and Denmark, David has developed a great love of history. He has spent extensive time visiting many historical sites in Europe, Wales, Sweden and Turkey.

**The Dahlgren Affair and the Lincoln Assassination**
William Bryant
Tue 1:30 PM - 3:30 PM, 1 session
2/26/2019 - 2/26/2019
Location TBD
The accepted narrative for 150 years is that President Lincoln was assassinated by a crazed actor operating alone. Recent exhaustive research by two scholars in primary sources has established beyond doubt that the truth is far more sinister.

William Bryant is a native of Washington, D.C., a graduate of the Virginia Military Institute, and retired NASA engineer. As a lifelong enthusiastic amateur historian, he has been a researcher, author, and presenter of family, Virginia, and Civil War history.

The Ideal of the Gentleman: A Mirror Held Up to the Condition of Paradise
Michael Lorence
Thu 9:30 AM - 11:30 AM, 1 session
5/2/2019 - 5/2/2019
Location TBD

This conversational course will examine an idea central to civilizations though all history: the ideal of Gentlewoman and Gentleman. We will explore the many forms this human archetype has assumed since classical antiquity East and West, through to the present day, concentrating particularly upon the essential role it played in forming the idea of America.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for thirty years provided cultural guidance to leaders in the worlds of industry and state.

The Joy of Downsizing: Living Only with What You Love
Diana Lorence
Thu 9:30 AM - 11:30 AM, 1 session
Location TBD

Some are born to downsize, some achieve downsizing and some have downsizing thrust upon them. However you arrive at downsizing, it can be as daunting in prospect, as it is, liberating in fact. But there is one time-tried and proven way to simplify your circumstances and enjoy the result: living only with what you truly love. Join Diana Lorence of Innermost House for this guide to living more joyfully by living with less.

Diana Lorence speaks at libraries and literary events across the country. She and her “Innermost House” have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of “Home” in the modern world, encouraging others by her example to seek their own way home.

The Life of Major General James Lawson Kemper
John Lynch
Mon 9:30 AM - 11:30 AM, 1 session
4/22/2019 - 4/22/2019
Andrews Hall, Room 201
40 seats available

James L. Kemper led a regiment during the Battle of Williamsburg in 1862 and later commanded a Brigade in Pickett’s Division during the Battle of Gettysburg, where he was wounded and captured. He was promoted to Major General in command of Virginia Reserve Forces in 1864. He was elected Governor of Virginia in 1874 and was considered to be a potential Vice President for President U.S. Grant. Why was a former Confederate major general thought suitable vice presidential material? This lecture will peel back the curtain of the 1993 GETTYSBURG film’s “reel” portrayal and provide accurate insight into the “real” man.

John Lynch is a physician assistant working in the Tidewater area. His avocational interests include military history and medical history. John's publications include articles about the Federal Navy’s Civil War era Bureau of Medicine and Surgery, the Confederate Navy’s Office of Medicine and Surgery, and the impact of disease on a Napoleonic War British expedition.

The Many Roles of the Garden as Represented in Paintings through History
Karen Kellog
Tue 1:30 PM - 3:30 PM, 1 session
4/30/2019 - 4/30/2019
Location TBD

Gardens are far from being simply gracious arrangements of plants, ornamenting cottages to stately homes. Gardens have moved from representations of Paradise to symbols of power to sources of one's pleasure. This talk will examine the religious, political, and social role that gardens and garden designs have played in Western culture, using the depictions of gardens in paintings as the examples, from the walls of ancient Roman villas to paintings by contemporary artists.
Karen Kellog has an A.B. in anthropology from Brown University, M.Ed. from Goucher College, and completed her undergraduate course requirement for A.B. in art history at William & Mary. She is a docent at the Virginia Museum of Fine Arts and The Muscarelle Museum of Fine Art.

The Pearl Harbor Story - Missed Opportunities to Tell the Truth
Thomas Kimmel
Thu 2:00 PM - 4:00 PM, 1 session
4/18/2019 - 4/18/2019
School of Education, Matoaka Woods Room
130 seats available

This lecture explores the testimonies of the Chief of Staff of the Army, General Marshall, and the Chief of Naval Operations, Admiral Stark given at four Pearl Harbor attack investigations and compares their veracity then with new information recently discovered.

Thomas Kimmel is a former naval officer, retired FBI agent, and the eldest grandson of Admiral Husband Kimmel, Commander of the Pacific Fleet in 1941. A graduate of the U.S. Naval Academy and attended John Marshall Law School. He served on three warships during the Vietnam War and joined the FBI in 1973.

The World of Stealth
John Hickok
Tue 1:30 PM - 3:30 PM, 1 session
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Stealth is the ultimate game of hide-and-seek for our military. We are not yet at the point of a Klingon battle cruiser that can completely disappear from any sensor, but we are working on it. This lecture will help you understand the major technologies and components of creating "stealth," the evolution of stealth platforms since WWII, and the latest stealth platform—the F-35 Joint Strike Fighter which is the largest and most expensive program in the US/DoD budget.

John Hickok graduated from the U.S. Naval Academy, B.S., engineering; M.S., aeronautical engineering and M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

The Rockefellers: An American Dynasty
Dan Sherman
Fri 1:30 PM - 3:30 PM, 1 session
Location TBD

The Rockefeller family has long been known as one of the richest American families that has also been a leader in philanthropic giving. This class will discuss the origin of the family fortune in the 19th century (the time of “robber barons”) and then will move to the subsequent philanthropy and public service of this family. We’ll focus on some of the leading members of the Rockefeller family, now in its sixth generation, as a means of telling the story of wealth and philanthropy in America.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.

The World of Thomas Jefferson
Thomas Thompson
Mon 1:30 PM - 3:30 PM, 1 session
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Jefferson has been described as "America's da Vinci, a revolutionary, an architect, a great literary craftsman, a farmer, a gardener, an amateur paleontologist, an archaeologist, the father of American library science, a classicist, and much more." He could "calculate an eclipse, survey an estate, tie an artery, plan an edifice, try a cause, break a horse, dance a minuet, and play the violin." We will look at his world, internally and externally, as revealed in some of his 19,000+ letters. The historian Joseph Ellis has said, "The best and worst are inextricably tangled in Jefferson" but "It is impossible to avoid Jefferson..."

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory, serving clients in the New York area, and became the employee ombudsman for the company's managers nationwide. Once retired, American Association of Retired Persons invited him to become a trainer, running workshops across the country.
U.S. State Borders: How They Were Determined
Bob Spencer
Fri 9:30 AM - 11:30 AM, 1 session
2/1/2019 - 2/1/2019
Thomas Nelson Community College, Room 327
40 seats available

Questions considered include: What were the original borders of Virginia? How were the borders changed? Why is there a Mason-Dixon line? Why does Michigan have an upper peninsula? What was unusual about the admission of Texas? What was the Republic of West Florida?

Bob Spencer is a New York attorney who has been a frequent CWA lecturer on American history and estate planning. Bob is the Immediate Past President of the Williamsburg Chapter of the Sons of the American Revolution and a member of the War of 1812 Society.

What Can You Do With Your WRL Library Card?
Barry Trott
Wed 1:30 PM - 3:30 PM, 1 session
2/13/2019 - 2/13/2019
Thomas Nelson Community College, Room 328
40 seats available

From ebooks and downloadable music to genealogy and health research to direct assistance from librarians, you can find what you need through Williamsburg Regional Library's (WRL) digital collections and services. Barry Trott will talk about the variety of resources that can be accessed with your library card 24/7 from the WRL website, www.wrl.org. Whether you use a desktop computer, a laptop, or a mobile device, there is something for you at WRL.

Barry Trott is the digital services director at the Williamsburg Regional Library (WRL). He coordinates the library's digital collections, services, and programs, including the library website and social media. He is the series editor for Libraries Unlimited's Read On series and author of Read on...Crime Fiction (2008).

Make Your Images Great Again!
Helen Oderisi
Wed 1:30 PM - 3:30 PM, 3 session(s)
1/30/2019 - 2/13/2019
Helen's Place Photography, Studio
20 seats available

In this course, we will discuss storytelling with your images. The camera is your medium, and light and composition are your tools. Each class we will go outside and experiment. This is a hands-on class. Yes you may bring your smartphone as your camera. We will have so much fun!

Helen fell in love with photography while at W&M. In 1990 she started Colonial Photography, now Helen's Place Photography. Teaching and inspiring others has always been a huge part of her mission as a professional photographer. Fun is her motto.

Understanding How to Take a Better Photograph
Carlo La Fiandra
Tue 9:30 AM - 11:30 AM, 3 session(s)
3/19/2019 - 4/2/2019
Discovery Park, New Town, Room 136
40 seats available

The purpose of the course is to teach you how to take better pictures and it will teach you what creative camera
techniques can be applied to achieve that result. Various photographic situations will be discussed and examples will be used to illustrate the results. Bring your camera to class.

Carlo La Fiandra's knowledge and teaching experience in photography will instill in you a love of the craft. Technical concepts necessary to understand the required photographic techniques will be explained in a simple and easily understood manner. During his engineering career he used this skill to explain technical concepts to associates.

Religion and Philosophy

Eastern Religions: An Overview
Shubir Ghosh
Thu 2:00 PM - 4:00 PM, 2 session(s)
4/11/2019 - 4/18/2019
School of Education, Room 2030
30 seats available

This course explains the origins and interrelationships of four major eastern religions: Hinduism, Buddhism, Jainism and Sikhism. The Holy Books, the gurus, and their teachings are made easily understandable to the Western mind. The theory and cycle of karma and reincarnation are discussed. Social problems like the caste system and its influence on religion are also examined. A restful feeling settles at the end that all faiths strive for mankind's betterment through a common spirituality.

Shubir Ghosh was a teacher and business executive in India, where he lived for 50 years. He immigrated to the United States in 1991 and continued working here in both professions until he retired. His interest in spirituality and his experience in the East add to his unique perspective.

Live the Life You Were Meant to Live
Jeanne Forrest
Wed 9:30 AM - 11:30 AM, 3 session(s)
Location TBD

Picture your "perfect life." Where would you be? What would you be doing? Most importantly, how would you look and feel? This class will provide tips to help you move from where you are to where you want to be. It's never too late to put a smile on your face and joy in your heart.

Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life purpose coach, and seminar leader who finds her passion in leading others to find a closer alignment with God's purpose for their lives. She is a graduate of Duke University Divinity School, and continued studies with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

The Life Most Worth Living: Virtue Ethics In Ancient and Modern Perspective
Bill Rhodes
Wed 9:30 AM - 11:30 AM, 6 session(s)
3/20/2019 - 4/24/2019
School of Education, Room 1056
40 seats available

This course addresses the fundamentals of virtue ethics, concentrating on the thoughts of Socrates, Plato, and Aristotle. It focuses on the sort of person who lives well and asks what constitutes a good life. Modern virtue theory and findings from formal psychological research will be covered, along with the question of how best to equip ourselves to live well.


Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Science and Health

A Grand Tour of Physics
George DeRise
Fri 1:30 PM – 3:30 PM, 6 session(s)
3/22/2019 - 4/26/2019
Thomas Nelson Community College, Room 328
40 seats available

We will partake in a Grand Tour of Physics. Our itinerary will include classical physics, Einstein's theories of relativity, quantum mechanics and particle physics. Your guide will clue you in on the key phrases (basic equations) and a few sentences (some basic math.) Sometimes the footpaths might seem a bit rough but the beauty of the terrain is well worth it. Especially our final destination - the grand edifice - the Universe itself, including a quick tour of its architecture. The talks will be intuitive, at the level of popular expositions.
for laypersons. Some very easy math will be presented "from scratch."

George DeRise has a Ph.D. in applied mathematics from Old Dominion University. He retired in 2010 after teaching mathematics for 46 years, 32 of them at Thomas Nelson Community College. George has studied the Ancient Egyptian Book of the Dead and the hieroglyphic language and has given talks on other subjects at the Christopher Wren Association.

Afterlife and Survival - A Scientific Perspective
John Streiff
Thu 2:00 PM - 4:00 PM, 3 session(s)
Discovery Park, New Town, Room 136
40 seats available

One of the greatest mysteries we contemplate at various times in our lives is our own mortality. Most people, at some time, wonder what happens after we die. Is all consciousness lost forever? Does our consciousness survive even though our material bodies wither away? Do our material bodies even exist as we perceive them when we are alive? This course will examine these questions as we survey the scientific research that provides provocative answers to these questions. While no one of course knows what really happens, we will consider some intriguing and enlightening possibilities.


John Streiff took his degree in telecommunications from San Diego State in 1972 and worked in the broadcast industry for decades. He was an early staff member at the National Public Radio in Washington, D.C. He has been a voting member of the Audio Engineering Society, the Society of Motion Picture and Television Engineers, the National Academy of Television Arts and Sciences, and the Motion Picture Academy of America.

Aging into Elderhood
Annie Rhodes
Mon 9:30 AM - 11:30 AM, 3 session(s)
2/18/2019 - 3/11/2019 (No class on 3/4)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

A course which focuses on the growth, maintenance and decline of aging. Understanding, but not fearing our aging bodies and dissecting the cultural narrative which defines elders value in society. All lessons are evidence-based and rooted in gerontological theory. Explore ageism, the aging process and the changes we experience. This course is meant to present a balanced and informed view of the aging process.

Reading: Suggested: Essays after Eighty by Donald Hall.

Annie Rhodes has an M.S. in Gerontology from Virginia Commonwealth University. She has worked in Aging services since 2006. She speaks and teaches frequently in the Commonwealth on a variety of aging topics, focusing on aging as a lifelong process of growth, maintenance, and decline.

Cooking Up Health
Sarita Golikeri
Fri 9:30 AM - 11:30 AM, 3 session(s)
2/1/2019 - 2/15/2019
Brookdale Williamsburg, Main Living Room
40 seats available

This course will discuss the impact of diet on health, basic principles of culinary medicine, and preventing and mitigating disease risk through good dietary habits. This course is intended to provide students with information, guidance and strategies to expand, rather than limit, food choices while managing their health and/or chronic conditions. Discussions will focus on the role of nutrition in chronic disease management and prevention, pros and cons of fad diets, the use of spices and herbs in disease prevention, and maintaining flavor when limiting fats and sugars. Cooking demonstrations will be given to provide a tasting experience.


Sarita Golikeri is certified in culinary medicine through the Goldring Center for Culinary Medicine, Tulane University. A family medicine physician at Tidewater Physicians Multispecialty Group (TPMG) Colonial Family Medicine in Williamsburg, she also works with TPMG Nutrition Services, offering cooking classes and education on making better health choices in the kitchen.
Creating Joy and Meaning for the Dementia Patient

Ronda Parsons
Tue 1:30 PM - 3:30 PM, 3 session(s)
2/19/2019 - 3/12/2019 (No class on 3/5)
Discovery Park, New Town, Room 136
40 seats available

This course will provide a positive approach to dementia care that focuses on the caregiver’s power to create an atmosphere of joy and peace for both the patient and caregivers. Topics covered include: early diagnosis and what the disease does to the patient and the family, utilizing the Moment-by-Moment technique to connect with the dementia patient, patient-centered care, creating emotional memories, communication, dignity, spirit, humor, caring for the caregiver, and the business side of dementia.

Ronda Parsons has worked in sales management and training. Her essays have been published in various newspapers and magazines. Her book, Creating Joy & Meaning for the Dementia Patient was selected to participate in the Virginia Festival of the Book and received Honorable Mention at the 2015 London and New York Book Festivals.

Identification of Trees In Winter

Jim Perry
Fri 9:30 AM - 11:30 AM, 3 session(s)
2/22/2019 - 3/15/2019 (No class on 3/8)
W&M Kaplan Arena, Wightman Cup Room
25 seats available

Most trees are difficult to identify during the winter since they do not have their telltale leaves. In this course students will learn basic tree anatomy and morphology and how they can be used to identify trees in their dormant condition. Course will consist of one classroom lecture, one classroom identification lab, and one field trip to W&M woods. Note: Students will need to purchase a 10X (or better) lens for lab and field exercise.


Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. While originally trained as an east coast wetland ecologist, he works in wetlands in China, Taiwan, South America, United Kingdom as well as the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

Earthquakes, Eruptions and Tsunami

Stephen Clement
Mon 9:30 AM - 11:30 AM, 3 session(s)
Location TBD

An illustrated introduction to the earth’s tectonic plates, their relative movements and the resultant earthquakes, volcanic eruptions and potential tsunami. The basic structure of the earth and the seismological evidence used to define it will be described. Areas of particular interest include the Mid-Atlantic Ridge, Iceland, the East Africa Rift Zone, the Himalayas, Indonesia, Hawaii, the San Andreas Fault system and the Cascadia subduction zone. Recent major earthquakes such as those in Sumatra, Haiti, Chile, Japan, Nepal and California and major eruptions in Chile and Peru, the Philippines, Sumatra, the Caribbean and the Cascades will be examined. We will also look at the geological danger areas of the continental United States.

Reading: Suggested: The Big Ones by Lucy Jones.

Stephen Clement has a Ph.D. in geology from Cornell University and an M.S. in mineralogy from The University of Utah and is professor emeritus of geology, William & Mary. He has taught mineralogy, igneous-metamorphic petrology, economic geology and petrography for 32 years.

Introductory Astronomy

Brad Perry
Mon 5:00 PM - 7:00 PM, 3 session(s)
Location TBD

This course presents a brief survey of the solar system and stellar and galactic astronomy. A separate practical observing session, following the conclusion of this course, is planned at the Kiskiack Golf Club on November 9, 2018 from 8:00 pm - 10:00 pm. An alternate date will be selected, should weather not cooperate.


Brad Perry is a retired NASA engineer who has accomplished graduate studies in astronomy at the University of Virginia. He has published a number of papers on astronomical objects ranging from planetary objects to novae and supernovae.
Is the Paris Climate Accord Within Reach?
Robin Church
Tue 1:30 PM - 3:30 PM, 3 session(s)
3/19/2019 - 4/2/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Paris Climate Accord was agreed by 196 states at a UN Convention near Paris in 2015 and ratified in 2016. The main aim of the agreement is to keep the increase in global average temperature below 2 degrees centigrade above the preindustrial level. The course will consider whether this is feasible and how it might be achieved. We will look at what's available today in the electrical, transport and industrial sectors, and where research and innovation will be required. We will not cover agriculture or the theory of climate change.

M. Robin Church is a chemical engineer by trade, earning his B.S. from Imperial College in London and his Ph.D. from Cambridge University. He was employed in the United States planning refinery projects around the world. Since retiring he has given courses and presentations on energy to the Christopher Wren Association and William & Mary.

Scientific and Social Aspects of Drug Discovery and Drug Development
Dana Lashley
Wed 5:00 PM - 7:00 PM, 6 session(s)
3/20/2019 - 4/24/2019
W&M Integrated Science Center I & III, Room 1221
180 seats available

Groundbreaking discoveries in the field of Medicinal Chemistry will be explored through a historical lens. Beginning with the ancient medicines of the antiquity and ending in the modern-era Drug Discovery & Drug Development practices. Learn about different drug classes & their medicinal properties and their impacts on society. Become familiarized with terminology in the field of medicinal chemistry and pharmacology and be introduced to toxicological and pharmacological techniques that are part of modern drug development. No prior knowledge of chemistry required. Taught partially by outstanding senior W&M Chemistry students.

Dana Lashley holds a bachelor’s degree in chemistry from Frankfurt University, Germany and a Ph.D. in medicinal and organic chemistry from Auburn University. She is a visiting assistant professor of chemistry at W&M since 2014. Fun Fact: She plays women's tackle-football for Richmond Black Widows!

Spinal Injury Avoidance Concepts and Postural Improvement Tutorial
Daniel Carlson
Thu 9:30 AM - 11:30 AM, 3 session(s)
Discovery Park, New Town, Room 136
25 seats available

Non-ideal posture has a role in spinal injury. Receive instruction in a 10-minute a day exercise protocol to improve balance, alignment, and movement.

Reading: Suggested: 8 Steps to a Pain-Free Back by Esther Gokhale. Stand Taller-Live Longer by Steven Weiniger.

Daniel Carlson has been in continuous chiropractic practice for 36 years with a focus on instructing mechanical back pain patients, self-performed injury avoidance and strength-stability protocols. He received his doctor of Chiropractic Medicine from the National University of Health Sciences.

The Final Frontier: The Exploration of the Solar System by Humans
Joel Levine
Thu 2:00 PM - 4:00 PM, 3 session(s)
1/31/2019 - 2/14/2019
School of Education, Room 2016
30 seats available

The course will cover the histories of two aspects of the U.S. Space Program—the humans in space program (Mercury, Gemini, Apollo Programs, Skylab, the Space Shuttle and the International Space Station) and the robotic solar system exploration program. With the current development of the new U.S. Space Launch System (SLS) and the Orion human space module, which will permit human access to the Moon, Mars and beyond, we are witnessing a convergence of both programs and a new and exciting phase of human exploration that may result in humans becoming a two planet species.

Tidal Marshes of the Chesapeake Bay
Jim Perry
Thu 9:30 AM - 11:30 AM, 3 session(s)
Discovery Park, New Town, Room 136
40 seats available

In this class we will concentrate on the ecology of Virginia's tidal wetlands. We will discuss the importance of tidal wetlands, history of their uses, distribution and classification of Virginia's tidal marshes, and their dominant flora and fauna. We will end with a discussion of tidal wetland losses in Virginia and the application of the "Mitigation" concepts (wetland conservation v. preservation, creation v. restoration) and the potential future of Virginia's tidal wetlands.


Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. While originally trained as an east coast wetland ecologist, he works in wetlands in China, Taiwan, South America, United Kingdom as well as the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

What "Bugs" You: An Introduction to Insects and Other Anthropods
Timothy Christensen
Thu 2:00 PM - 4:00 PM, 3 session(s)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The word “bug” frequently denotes various invertebrate organisms though more typically when referring to insects. We often think of insects as pesky problems affecting our daily lives. Certainly, that does occur at times. However, just how important are insects and what do we really know about them? This course examines an introduction to insect diversity, ecological associations and their relationships with humans from a global perspective. Please note: this is NOT a course about how to control insect pests around the home, garden, etc.

Timothy Christensen is a biological scientist with the Department of Defense having responsibilities for wildlife management, forestry, wetlands, entomology and environmental impact analyses. He has participated in herpetological research with non-profit organizations abroad and holds a Bachelor of Science in biology and graduate degrees in community health and entomology.

What Is Real? Considering Foundations of Reality
John Streiff
Thu 2:00 PM - 4:00 PM, 3 session(s)
1/31/2019 - 2/14/2019
Thomas Nelson Community College, Room 328
40 seats available

“Why am I here?” “Why did that happen?” “What is consciousness?” “Where did the universe come from?” At the heart of all these questions and more is perhaps the most fundamental question of all: “Why does anything happen?” Or put more succinctly: “What is real?” In this course we examine aspects of reality from physics and physical science to discover how current scientific theories and models potentially answer these perpetual questions.

John Streiff took his degree in telecommunications from San Diego State in 1972 and worked in the broadcast industry for decades. He was an early staff member at the National Public Radio in Washington, D.C. He has been a voting member of the Audio Engineering Society, the Society of Motion Picture and Television Engineers, the National Academy of Television Arts and Sciences, and the Motion Picture Academy of America.

World History
Collapse: Why Societies Fall
Helen Hamilton
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/31/2019 - 2/14/2019
Discovery Park, New Town, Room 136
40 seats available

From the dawn of history, over 7,000 years ago, nations have thrived and then disappeared. Some collapses seem to have been triggered by volcanic eruptions, epidemics of disease, invading armies, civil wars, long periods of drought, or combinations of these. Surviving such challenges often depended upon the inherent strength of the political system and the resilience of citizens, but often one event was the tipping point that started a nation’s demise. In surveying the rise and fall of societies, large and small, the parallels seen in today’s world will be striking.
and worrisome. This is an updated, revised repeat of the class offered Fall 2018.


Helen Hamilton taught biology in local high schools, worked as a plant technician for the National Park Service and has authored two field guides for native plants. A lifelong learner, she enjoys researching new subjects; for many years she has taught classes for Christopher Wren on a variety of topics.

---

**Hot Topics in Modern China**

Ying Liu, Coordinator; Guanxin Shi  
Thu 4:30 PM - 6:30 PM, 3 session(s)  
Discovery Park, New Town, Room 136  
40 seats available

In this course, we aim to discuss three specific hot-button issues facing Chinese society, namely, education, healthcare and housing, all of which hold great importance in China, but have seen major changes over the years. We will discuss each topic’s respective history in China, current state, development and possible directions it could go in the future. In learning about these issues, the course aims to give students a deeper understanding of China’s past, present and future.

Ying Liu is assistant director at W&M Confucius Institute. Ying worked as a research analyst at Virginia Polytechnic Institute and State University. She holds a Ph.D. in higher education leadership and policy, Vanderbilt University; M.ED., University of South Florida; and a B.A., University of International Business and Economics in Beijing.

---

**ISIS, Syria and the Explosive Middle East**

John Hickok  
Mon 9:30 AM - 11:30 AM, 3 session(s)  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

In January of 2011 we saw the Middle East explode into the Arab Spring, including a civil war in Syria and a blitzkrieg attack of Iraq by ISIS in June of 2014. ISIS has been soundly defeated in both Iraq and Syria but has not been totally removed as a threat to the world. How did ISIS arise? Why do the Muslims in the Middle East hate the west? This course will identify and discuss the significant events in history that supported the evolution of the ultra-radical ISIS Islamic sect and the unrest we see in Syria and the rest of the Middle East.

John Hickok graduated from the U.S. Naval Academy, B.S., engineering; M.S., aeronautical engineering and M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

---

**International Politics of the Second World War**

Michael Butler  
Mon 2:00 PM - 5:00 PM, 3 session(s)  
Swem Library, Ford Classroom, Level G  
30 seats available

This class, offered in coordination with William and Mary’s History 491C seminar, examines the interplay between global diplomacy and military strategy from the Munich crisis, to the aftermath of the Japanese surrender, through various "capstone" research presentations by upper-class W&M History and International Relations students. These students are required to complete a capstone seminar to complete their requirements for the major; in this course, students present their research in multimedia form, as the final step prior to chapter-long research essays. Each session of the course will include five-to-six presentations, and will last 2 ½ - 3 hours.

Michael Butler, Ph.D., University of Virginia, with a focus on 20th century American diplomacy; 30 years as a state department foreign service officer; visiting assistant professor of history at William & Mary; former faculty member at University of Virginia and West Point. Author of Cautious Visionary: Cordell Hull and Trade Reform, 1933-1937. Currently writing a book on foreign policy aspects of the Hoover-Roosevelt transition.

---

**October 1973: Israel's Yom Kippur War**

John Rogers  
Thu 9:30 AM - 11:30 AM, 3 session(s)  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

By means of innovative plans, meticulous preparations, and
well-executed deception plans, Egypt’s and Syria’s October 6, 1973 attacks took Israel by surprise and caught them off balance and ill-prepared. Facing imminent defeat, Israel saved itself by a desperate defense in those chaotic early hours. Israel was able to stabilize the situation and ultimately went on to defeat Egypt and Syria. Post-war assessments brought about major changes in Israel’s armed forces and in its mobilization and national defense plans. The war was a watershed event for Israel as it was for Egypt. This is the story of the Yom Kippur War.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

Rise and Fall of Maya Civilization
Richard Corwin
Thu 2:00 PM - 4:00 PM, 3 session(s)
2/21/2019 - 3/14/2019 (No class on 3/7)
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The root beginnings of the Maya Civilization, from Pre-Classic Olmec Civilization, subsequent decline, through the Spanish Conquest, and last Maya Kingdom, will be discussed.

Reading: Suggested: The Maya by Michael Coe.

Richard Corwin has a B.A. in American history from Empire State College, SUNY, and taught at a private school in central Florida. He has been exploring Inca and Maya ruins since 1982 and is a member of the Institute of Maya Studies in Miami-Dade College. He has presented Ancient Maya library lecture series and written three books of short stories.

The History of the Vikings After the 11th Century
Jacob Polderman
Wed 1:30 PM - 3:30 PM, 3 session(s)
5/1/2019 - 5/15/2019
Location TBD

This course will examine the evolution of the Viking settlements after the 11th Century in Scandinavia, Russia, Britain, and Iceland. We will examine replicas constructed using authentic Viking methods on display in Viking Museums in Scandinavia. We will view videos of the building and sailing of the "Draken Harald Harfagre", the world’s largest Viking ship in modern times.

Jacob (Jack) Polderman is a naval architect and a retired manager in the marine industry. Jack still works part-time in the marine regulatory sector.

The Holocaust: Exploring the Issues of Resistance and Rescue
Donald Schilling
Thu 2:00 PM - 4:00 PM, 6 session(s)
1/31/2019 - 3/14/2019 (No class on 3/7)
Discovery Park, New Town, Room 136
40 seats available

Among Holocaust topics requiring sustained examination are those of resistance and rescue. In the first three classes we will challenge the view that Jews went to their deaths like "sheep to the slaughter" by examining the varieties of Jewish resistance including the dramatic Warsaw Ghetto Revolt and actions of the Bielski Partisans. In the last half of class we will deal with rescue. What actions were taken by individuals or groups to save Jews? What motivated such actions? How successful were they? Among other cases we’ll look at the rescue work of the French community of La Chambon. Reading will consist of documentary materials and several excerpts from books.

Donald Schilling holds a Ph.D. in modern European history from the University of Wisconsin-Madison and spent 41 years teaching courses in this subject area at Denison University, including Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of World War II.

The Phoenicians
Glenn Markus
Mon 9:30 AM - 11:30 AM, 3 session(s)
3/18/2019 - 4/1/2019
W&M Kaplan Arena, Wightman Cup Room
130 seats available

In spite of recent advances in historical and archaeological research, the story of the Phoenicians remains an elusive one. The broad geographical spread of their civilization, which extended throughout the Mediterranean basin and beyond, makes any synthesis of the subject difficult. The problem is further compounded by the paucity of written and archaeological evidence for their existence in ancient Phoenicia. With only a few exceptions, none of the primary Phoenician coastal sites has been systematically excavated below Roman-period occupation levels.

Glenn Markus holds degrees in philosophy (epistemology) and in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at other
educational programs for seniors in Virginia.

**The War of the Roses 1455-1485**

**John Rogers**  
Thu 9:30 AM - 11:30 AM, 3 session(s)  
2/21/2019 - 3/14/2019 (No class on 3/7)  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

The War of the Roses was in fact 3 interconnected civil wars fought over 30 years by 2 branches of the longtime ruling Plantagenet family - Lancaster and York. (In it's own time the War of the Roses was called the Cousins War). The war was initially a struggle over the governance of England but ultimately became a fight for the throne itself. The War of the Roses could have been ended peacefully more than once but the war was driven onward by 3 strong willed women - Margaret of Anjou, called the She Tiger of Anjou; later by Elizabeth Woodville; and ultimately by Margaret Tudur.

*John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.*

**Traditional Chinese Customs**

**Ying Liu, Coordinator; Guanxin Shi**  
Thu 2:00 PM - 4:00 PM, 3 session(s)  
School of Education, Room 2066  
30 seats available

Because of China’s long history and diverse people, the country has developed many unique traditions. This course will teach students about traditional Chinese customs, including weddings, daily life, festivals and holidays, raising children, table-manners, the regional specialties from different parts of China, and interacting with other family members and within the society. During class, students will see pictures and videos taken in a traditional China, as well as interact with each other to practice what they have learned.

*Ying Liu is assistant director at W&M Confucius Institute.  
Ying worked as a research analyst at Virginia Polytechnic Institute and State University. She holds a Ph.D. in higher education leadership and policy, Vanderbilt University;  
M.ED., University of South Florida; and a B.A., University of International Business and Economics in Beijing.*

---

**Tips for Registration:**

- Log in to the online registration system several days before registration to be sure you are using the correct username and password. Problems? Call 221-1506.
- Print out and follow the Step by Step instructions we post on our CWA website (www.wm.edu/cwa) to assist you in a smooth registration process.
- Remember to prioritize your course requests.
- Add in one extra course so if something you wanted is full, the system will take your next choice.
- Remember to enter into the “nickname” field the way you wish your first name to appear on your nametag.
- Really need help? Call our office at 221-1506.
If you would like to advertise in our next catalog, please call 221-1506.
Thank you for supporting our sponsors!
Directions and Parking Instructions for Campus Locations

W&M parking hangtags are required for the following on-campus locations:

Andrews Hall - 605 Jamestown Rd.*
Andrews Hall is located in the back of Phi Beta Kappa Hall. Parking is at W&M Kaplan Arena.

Ewell Hall – 221 Jamestown Rd.
Ewell Hall is across the street from the Student Center. There is a paid parking lot ($2 an hour) at the corner of S. Boundary and Francis Streets.

Integrated Science Center I & III - 540 Landrum Dr.
Located at 540 Landrum Dr., behind and to the right of Phi Beta Kappa Hall. Parking is at W&M Kaplan Arena.

Morton Hall - 100 Ukrop Way*
Morton Hall is near the corner of Jamestown Rd. and Ukrop Way. Parking is at W&M Kaplan Arena.

Sadler Center - 200 Stadium Dr.*
Sadler Center is beside the W&M football field. Parking is at W&M Kaplan Arena.

School of Education - 301 Monticello Ave.
The School of Education is at the corner of Treyburn Dr. and Monticello Ave. From Monticello Ave., turn into the School of Education entrance (Treyburn Dr.) Park in student lots 1 -5 (student areas only).

Small Hall - 300 Ukrop Way*
Small Hall is on the corner of Landrum Dr. and Ukrop Way. Parking is at W&M Kaplan Arena.

Swem Library - 400 Landrum Dr.
Swem Library is directly behind the Phi Beta Kappa Memorial Hall on Jamestown Rd. Parking is at W&M Kaplan Arena.

Tucker Hall - 350 James Blair Dr.*
Tucker Hall is located just off Richmond Rd. You may consider parking in the Williamsburg Parking garage.

W&M Kaplan Arena, Wightman Cup Room – At Corner of Brooks St. and Compton Dr.
Parking for Wightman Cup Room is in the W&M Kaplan Arena parking lot off Brooks St. and Compton Dr. You do not need to pay the parking meters in this lot. Do NOT park in the rows closest to Ukrop Way – they require payment. Park in the first two rows closest to Brooks St. Do not park in the faculty/staff spaces. The Wightman Cup Room entrance is the one nearest to the soccer field. The elevator entrance is located off the handicap walkway alongside the loading ramp, facing the tennis courts on Brooks St.

W&M parking hangtag is NOT needed for the following campus location:

Discovery 1, 5300 Discovery Park Blvd., Rm. 136
From Monticello Ave. turn left onto Ironbound Rd. Proceed one block to the traffic light. Turn left onto Discovery Park Blvd. Turn right into the parking lot. We are located in the building labeled 5300. The classroom is the first room to your right as you enter the main lobby, Room 136.

*You are welcome to ride the WATA Green Line Shuttle from Kaplan Arena parking Lot. Please show your nametag for free entry.
Brookdale Williamsburg – 3800 Treyburn Dr.
From Monticello Ave., turn north on Treyburn Dr. At the Brookdale gate give your name and reference Christopher Wren Association. Continue on Treyburn and bear right at the circle onto Windbrook Ln. to the parking area. Do not park in the sheltered spaces or circle. Check in at the registration desk of the main building. You will be directed to the class location.

Colonial Williamsburg’s Palace Green – Duke of Gloucester St. Students will be emailed specific location on the Green to meet by instructor.

Edgeworth Park at New Town – 5501 Discovery Park Blvd.
From Ironbound Rd., turn onto Discovery Park Blvd. and drive to the far end of the road. Park out on street or to the left of the main entrance or behind the building. Members should not park in spaces near front entrance.

Helen’s Place Photography – 1205 Lightfoot Rd.
Head northeast on VA-199 W. Take the exit toward VA-603 W/Mooretown Rd/Lightfoot Rd. Merge onto VA-603/Mooretown Rd. Turn right onto Lightfoot Rd. Helen’s Place Photography will be on the left.

James-York Playhouse – 200 Hubbard Lane
At the light at Merrimac Trl (Route 143) and Penniman Rd, turn toward Magruder Elementary School (and away from WAWA). Go 1 block, then turn Left onto Hubbard Ln. On your left, you will pass Magruder Elementary School and then the Fire Station. Enter via the far entrance.

Kimball Theatre is on W. Duke of Gloucester St. near Little Theatre/Campus Center. There is a paid parking lot ($2 an hour) at the corner of S. Boundary and Francis Streets.

Patriot’s Colony – 6000 Patriot’s Colony Dr.
Depending on the assigned room for the course:
Liberty Lounge - Heading West on Route 5 (John Tyler Highway), Patriot’s Colony will be on the right. Stop at the guard house and give your name and reference CWA. Park in the parking lot in front of the Cannon Community Center.

Riverside Doctors’ Hospital Williamsburg - 1500 Commonwealth Ave. Heading East toward Busch Gardens on Route. 60/Pocahontas Trail, the hospital will be on the right just before the interchange for Route 199.

Shaia Oriental Rugs – 1328 Jamestown Rd.
Off of Route 199, turn onto Jamestown Rd. toward Jamestown Settlement. Shaia Oriental Rugs is just past the Colony Square Shopping Center on the right at 1325 Jamestown Rd.

Thomas Nelson Community College – 4601 Opportunity Way
From Monticello Ave. take VA-199 west towards Lightfoot. Take route 60/Lightfoot exit turning left at traffic light onto route 60/Richmond Rd. Go 0.3 miles and turn left onto Centerville Rd then get in the left lane and turn left onto Opportunity Way.

Williamsburg Landing – 5700 Williamsburg Landing Dr.
Off of Route 199 turn on Brookwood Drive toward the Williamsburg Winery. Take the first left (Lake Powell Rd.). Turn left at the Williamsburg Landing sign. At entrance station, give your name and reference Christopher Wren Association.

Depending on the assigned room for the course:
Auditorium, Jamestown-Yorktown Room, 2nd floor Parlor and 3rd floor Parlor
Park along the side lot or at the rear of the Auditorium/Landing building for classes in the Auditorium, Jamestown-Yorktown Room, Studio 200, or the 2nd and 3rd floor Parlor. Check in at the desk for directions to class location.

Doig Health Club - Art Studio
Take the first left onto The Mall. The club is located at 3000 The Mall. Parking is at the club or behind the Health & Rehad Center.

Charter Room
At the stop sign, continue forward. Take the first left to the Assisted Living building.

Williamsburg Presbyterian Church – 215 Richmond Rd.
From Monticello Ave going east, turn right onto Richmond Rd. VA-321. Church is on the left.

Williamsburg Regional Library – 515 Scotland St.
Schell Room or Theatre. Park in the library parking lot or the lot across the street. All morning classes use theatre entrance.

WindsorMeade – Windsor Hall Dr. #3900
Park in the Belk / Bed Bath & Beyond (4900 Monticello Avenue) shopping lot. Park at the far end where the corner storefront is up for lease (where Pier 1 used to be.) There will be a continuous shuttle running loops beginning 30 minutes before class begins.
W&M PARKING HANGTAGS

HOW TO OBTAIN YOURS

Osher Institute members will purchase their own hangtags.

The cost is $12.00 for an academic year
(September 2018-Jun 2019).

You must complete one form for each driver needing a hangtag.

Please mail form on page 59
along with a self-addressed, stamped envelope, and
a check for $12 payable to William and Mary to:

Office of Parking Services
PO Box 8795
Williamsburg, Virginia 23187-8795
(757) 221-4764

You may also submit your completed paperwork in person
at Parking Services, 201 Ukrop Way.

CWA/Osher hangtags are required for classes held at the following:

- School of Education
- W&M Kaplan Arena
- Integrated Science Center*
- Andrews Hall*
- Morton Hall*
- Small Hall*
- Swem Library*
- Thomas Nelson Community College
- Tucker Hall*
- W&M Sadler Center*

*Park at Kaplan Arena

Any member with a DMV handicapped parking permit and a CWA/Osher parking hangtag (both displayed) may park in any faculty/staff parking space or metered space (at no charge) on campus.
WILLIAM & MARY  
Osher Institute Parking Registration Form

Send completed form with a self-addressed, stamped envelope and a check for $12 made payable to “William & Mary” to this address.

Office of Parking Services  
201 Ukrop Way  
PO Box 8795  
Williamsburg, Virginia 23187-8795  
(757) 221-4764

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>FOR PARKING SERVICES USE ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Attach Label Here</td>
</tr>
</tbody>
</table>

**Handicap Tag (Fill in if applicable)**

<table>
<thead>
<tr>
<th>State ADA Placard #</th>
<th>Issue Date</th>
<th>Expiration Date</th>
</tr>
</thead>
</table>

Please complete your vehicle information. Any vehicle displaying a hangtag must be registered.

<table>
<thead>
<tr>
<th>VEHICLE #1</th>
<th>VEHICLE #2</th>
</tr>
</thead>
<tbody>
<tr>
<td>LICENSE PLATE #</td>
<td>LICENSE PLATE #</td>
</tr>
<tr>
<td>STATE</td>
<td>STATE</td>
</tr>
<tr>
<td>VEHICLE MAKE</td>
<td>VEHICLE MAKE</td>
</tr>
<tr>
<td>COLOR</td>
<td>COLOR</td>
</tr>
<tr>
<td>YEAR</td>
<td>YEAR</td>
</tr>
<tr>
<td>BODY STYLE</td>
<td>BODY STYLE</td>
</tr>
<tr>
<td>2D</td>
<td>2D</td>
</tr>
<tr>
<td>3D</td>
<td>3D</td>
</tr>
<tr>
<td>4D</td>
<td>4D</td>
</tr>
<tr>
<td>SW</td>
<td>SW</td>
</tr>
<tr>
<td>Convert</td>
<td>Convert</td>
</tr>
<tr>
<td>Truck</td>
<td>Truck</td>
</tr>
<tr>
<td>SUV</td>
<td>SUV</td>
</tr>
<tr>
<td>Van</td>
<td>Van</td>
</tr>
<tr>
<td>Motorcycle</td>
<td>Motorcycle</td>
</tr>
</tbody>
</table>

All Virginia licensed drivers must carry the minimum insurance requirements on their vehicle. Your signature below certifies that you possess the minimum coverage as set forth by VA DMV.

The information on this form is both true and accurate. I agree to notify Parking Services if and when any information changes. I have read and agree to abide by the Campus Parking Rules and Regulations.

SIGNATURE ___________________________    DATE ___________________________
Regular Membership Registration Form

Regular Membership Fee: $135

Regular members may register for 8 courses, plus unlimited activities (including Town and Gown) and one-time lectures.

☐ Check here for Honorary Membership (available to CWA Instructors only)

Please provide your request for up to 8 courses in PRIORITY ORDER, and any number of activities and/or one-time lectures in PRIORITY ORDER. Please note that the courses will be prioritized SEPARATELY from activities and one-time lectures. If any of your choices are filled, you will automatically be added to a wait list. You will be advised by e-mail of the course(s) for which you are assigned a seat.

<table>
<thead>
<tr>
<th>COURSES Priority Number</th>
<th>CHOICE(S) in PRIORITY ORDER Course Name</th>
<th>I will... Host CA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ACTIVITIES/ONE-TIME LECTURES Priority Number</th>
<th>ACTIVITIES (including Town and Gown) and ONE-TIME LECTURES in PRIORITY ORDER</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

As a courtesy to instructors and other members, please list courses with the intention of attending all sessions.

Name: ___________________________________________ Phone #: ________________________________
Address: _________________________________________ E-Mail Address: __________________________
City, State & Zip: _______________________________ Has your address changed? ☐ Yes ☐ No
Nickname: ________________________________ Has your email address changed? ☐ Yes ☐ No

Please mail the $135 registration fee, payable to William & Mary, and the registration form to the address below, or visit www.wm.edu/cwa for a link to register and pay online with a credit card. Please remember to sign your check and send a separate check and registration form for each person. Persons wanting to take the same courses should send registrations in the same envelope. **Note: There will be no refunds after January 28, 2019. Sorry, walk-in registrations are not permitted.**

Mail to: Christopher Wren Association, William & Mary, PO Box 8795, Williamsburg, VA 23187-8795

Are you a new member? ☐ Yes ☐ No
If you are, how did you learn about CWA? ☐ friend ☐ advertisement ☐ business contact ☐ mailed catalog
Associate Membership Registration Form
Associate Membership Fee: $50

Associate members may attend the Town and Gown Noon Lecture Series, and register and pay for special event trips.

Town and Gown Location: School of Education, Matoaka Woods Room, 301 Monticello Avenue.
Description: On ten (10) dates, bring your lunch and join in a social gathering prior to an interesting lecture/program. Bottled water and soda will be provided.
Time: Town and Gown starts at 11:45 a.m. The speaker begins at 12:15 p.m. and concludes at 1:15 p.m.

Town and Gown Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 21, 2019</td>
<td>Sharon Duncan, Veteran Services Representative, Virginia Department of Veterans Services</td>
<td>Veteran Benefits Update</td>
</tr>
<tr>
<td>February 28, 2019</td>
<td>Donna L. Wilson, Esq., Founding Attorney of Wilson Law PLC</td>
<td>Estate Planning and Elder Law: What you need to know</td>
</tr>
<tr>
<td>March 14, 2019</td>
<td>Dr. Katherine A. Rowe, President, William &amp; Mary</td>
<td>A Conversation with the President; Reception Following</td>
</tr>
<tr>
<td>March 21, 2019</td>
<td>Molly Mitchell, PhD, Researcher, Center for Coastal Resources Management, VIMS</td>
<td>Changing Climate and Its Impacts to the Chesapeake Bay</td>
</tr>
<tr>
<td>March 28, 2019</td>
<td>Pattie Gaudio, DC, CDP, Dementia Services Educator, Williamsburg Landing</td>
<td>Dementia: What Everyone Should Know</td>
</tr>
<tr>
<td>April 4, 2019</td>
<td>Christopher Grasso, Professor of History, William and Mary</td>
<td>Skepticism and American Faith</td>
</tr>
<tr>
<td>April 11, 2019</td>
<td>Carl Childs, Abby and George O’Neill Director, John D. Rockefeller Jr. Library at Colonial Williamsburg Foundation</td>
<td>From the Archives: The Restoration of Williamsburg</td>
</tr>
<tr>
<td>April 18, 2019</td>
<td>Stan Allen, Director, VIMS Aquaculture Genetics and Breeding Technology Center</td>
<td>A New Paradigm for Oysters in the Chesapeake</td>
</tr>
<tr>
<td>April 25, 2019</td>
<td>Adam M. Gershowitz, Associate Dean for Research and Faculty Development &amp; Professor of Law, William &amp; Mary</td>
<td>The Fourth Amendment in a Technological World</td>
</tr>
</tbody>
</table>

Name: ___________________________ Phone #: ___________________________
Address: ___________________________ E-Mail Address: ___________________________
City, State & Zip: ___________________________ Has your address changed? □ Yes □ No
Nickname for Nametag: ___________________________ Has your email address changed? □ Yes □ No

Please visit www.wm.edu/cwa for a link to register and pay online with a credit card, or mail the $50 registration fee, payable to William & Mary, and the completed registration form to the address below. (Please remember to sign your check and send a separate check and registration form for each person.)
Mail to: Christopher Wren Association, William & Mary, PO Box 8795, Williamsburg, VA 23187-8795
There will be no refunds after January 28, 2019. Sorry, walk-in registrations are not permitted.

If you are a new member? □ Yes □ No
If you are new, how did you learn about the Christopher Wren Association?
□ friend □ advertisement □ business contact □ mailed catalog
Regular Membership Registration Form

Regular Membership Fee: $135

Regular members may register for 8 courses, plus unlimited activities (including Town and Gown) and one-time lectures.

☐ Check here for Honorary Membership (available to CWA Instructors only)

Please provide your request for up to 8 courses in PRIORITY ORDER, and any number of activities and/or one-time lectures in PRIORITY ORDER. Please note that the courses will be prioritized SEPARATELY from activities and one-time lectures. If any of your choices are filled, you will automatically be added to a wait list. You will be advised by e-mail of the course(s) for which you are assigned a seat.

<table>
<thead>
<tr>
<th>COURSES</th>
<th>CHOICE(S) in PRIORITY ORDER</th>
<th>I will...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Priority Number</td>
<td>Course Name</td>
<td>Host</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ACTIVITIES/ONE-TIME LECTURES</th>
<th>ACTIVITIES (including Town and Gown) and ONE-TIME LECTURES in PRIORITY ORDER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Priority Number</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

As a courtesy to instructors and other members, please list courses with the intention of attending all sessions.

Name: ___________________________  Phone #: ___________________________
Address: __________________________  E-Mail Address: ____________________
City, State & Zip: __________________________  Has your address changed? ☐ Yes ☐ No
Nickname: __________________________  Has your email address changed? ☐ Yes ☐ No

Please mail the $135 registration fee, payable to William & Mary, and the registration form to the address below, or visit www.wm.edu/cwa for a link to register and pay online with a credit card. Please remember to sign your check and send a separate check and registration form for each person. Persons wanting to take the same courses should send registrations in the same envelope. Note: There will be no refunds after September 10, 2018. Sorry, walk-in registrations are not permitted.

Mail to: Christopher Wren Association, William & Mary, PO Box 8795, Williamsburg, VA 23187-8795

Are you a new member? ☐ Yes ☐ No
If you are, how did you learn about CWA? ☐ friend ☐ advertisement ☐ business contact ☐ mailed catalog
Associate Membership Registration Form

Associate Membership Fee: $50

Associate members may attend the Town and Gown Noon Lecture Series, and register and pay for special event trips.

**Town and Gown Location:** School of Education, Matoaka Woods Room, 301 Monticello Avenue.

**Description:** On ten (10) dates, bring your lunch and join in a social gathering prior to an interesting lecture/program. Bottled water and soda will be provided.

**Time:** Town and Gown starts at 11:45 a.m. The speaker begins at 12:15 p.m. and concludes at 1:15 p.m.

### Town and Gown Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 21, 2019</td>
<td>Sharon Duncan, Veteran Services Representative, Virginia Department of Veterans Services</td>
<td>Veteran Benefits Update</td>
</tr>
<tr>
<td>February 28, 2019</td>
<td>Donna L. Wilson, Esq., Founding Attorney of Wilson Law PLC</td>
<td>Estate Planning and Elder Law: What you need to know</td>
</tr>
<tr>
<td>March 14, 2019</td>
<td>Dr. Katherine A. Rowe, President, William &amp; Mary</td>
<td>A Conversation with the President; Reception Following</td>
</tr>
<tr>
<td>March 21, 2019</td>
<td>Molly Mitchell, PhD, Researcher, Center for Coastal Resources Management, VIMS</td>
<td>Changing Climate and Its Impacts to the Chesapeake Bay</td>
</tr>
<tr>
<td>March 28, 2019</td>
<td>Pattie Gaudio, DC, CDP, Dementia Services Educator, Williamsburg Landing</td>
<td>Dementia: What Everyone Should Know</td>
</tr>
<tr>
<td>April 4, 2019</td>
<td>Christopher Grasso, Professor of History, William and Mary</td>
<td>Skepticism and American Faith</td>
</tr>
<tr>
<td>April 11, 2019</td>
<td>Carl Childs, Abby and George O’Neill Director, John D. Rockefeller Jr. Library at Colonial Williamsburg Foundation</td>
<td>From the Archives: The Restoration of Williamsburg</td>
</tr>
<tr>
<td>April 18, 2019</td>
<td>Stan Allen, Director, VIMS Aquaculture Genetics and Breeding Technology Center</td>
<td>A New Paradigm for Oysters in the Chesapeake</td>
</tr>
<tr>
<td>April 25, 2019</td>
<td>Adam M. Gershowitz, Associate Dean for Research and Faculty Development &amp; Professor of Law, William &amp; Mary</td>
<td>The Fourth Amendment in a Technological World</td>
</tr>
</tbody>
</table>

Name: _______________________________ Phone #: _______________________________
Address: _______________________________
City, State & Zip: _______________________________
Nickname for Nametag: _______________________________
E-Mail Address: _______________________________
Has your address changed? □ Yes □ No
Has your email address changed? □ Yes □ No

Please [visit www.wm.edu/cwa for a link to register and pay online with a credit card](http://www.wm.edu/cwa), or mail the $50 registration fee, payable to William & Mary, and the completed registration form to the address below. *(Please remember to sign your check and send a separate check and registration form for each person.)*

Mail to: Christopher Wren Association, William & Mary, PO Box 8795, Williamsburg, VA 23187-8795

There will be no refunds after January 28, 2019. **Sorry, walk-in registrations are not permitted.**

Are you a new member? □ Yes □ No
If you are new, how did you learn about the Christopher Wren Association? □ friend □ advertisement □ business contact □ mailed catalog
Being present in moments like these is what life is all about. But too often, concerns about investments may prevent your mind from being where your feet are. Many investors and retirees like you are constantly distracted by unanswered questions – *Will I outlive my savings? Am I invested properly for my needs? Am I exposed to excess risk?*

Monroe Capital understands the inherently complex needs of investors like you. We use our extensive wealth management experience and disciplined investment management process to build the customized portfolio you deserve. Our clients work directly with the portfolio managers making the key decisions on their accounts. This direct communication helps ensure goals are achieved and no question goes unanswered.

Don’t let worry cause you to miss another priceless moment. Call us today at 757-220-1022 to arrange a complimentary consultation and portfolio review.

**MONROECAPITALPARTNERS.COM | TEL. 757-220-1022**

4097 IRONBOUND ROAD, WILLIAMSBURG, VA 23188

© 2017 Monroe Capital Partners, LLC All Rights Reserved
Never Stop Learning!