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FIND OUT WHAT’S

SPRING 2020
Courses, Activities, & One-Time Lectures

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Event dates, times, and locations are subject to change or cancellation.

This catalog is available at www.wm.edu/osher which incorporates a larger font size with the use of the zoom feature.
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Welcome to the 2020 Spring Semester!

I extend a hearty and sincere welcome to all who are first-time or continuing members of the Osher Lifelong Learning Institute at William & Mary. We join Osher to learn and to learn together. This Spring, there will be plenty of opportunities to do so. We have more than 170 courses, one-time lectures, and activities (including a series of Town & Gown Noon lectures) lined-up for your participation. We think you will find more than one course, lecture, or activity that will “tickle your fancy,” intellectually and socially. If not, please let me or a Board member know (see names below).

I look forward to meeting those of you who will become members for the first time or who are rejoining us after an absence. Enjoy your pursuit of knowledge and friendship among fellow Osher learners.

John Anderson
President

Scott Langhorst
Vice President

Harry Haynsworth
Immediate Past President

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Hospitality Chair

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College Relations

Clive VanOrden
Program Analysis and Evaluation Chair

Ed McMahon
Technology Integration

JoAnn Gora
Town & Gown Chair
Welcome one and all to the Osher Lifelong Learning Institute at William & Mary (Osher Institute at William & Mary)! We were founded in 1991 as the Christopher Wren Association by the late Wayne and Ruth Kernodle. Our program was designed to allow continued intellectual stimulation and fellowship for persons specifically, but not exclusively, over the age of 50.

Our programming works well for the active senior who seeks intellectual stimulation in the form of short term courses, social interactions and opportunities to engage with the community. Spring courses include opportunities to study Art and Music, Computers and Technology, Government and Law, Literature, and Yoga, or to join various foreign language small groups during the lunch hour and more. There is something for everyone.

In 2018, our lifelong learning program was invited to become a part of the Bernard Osher Foundation network. The affiliation was accompanied by an initial $100,000 grant which has supported audio/visual upgrades to the Wightman Cup Room, the purchase of portable presentation equipment for offsite classroom use, increased Town and Gown lecture series programming and the creation of a one-day “Weekend Sampler University”. We were also able to establish the Christopher Wren Association/Kernodle Scholarship so that more of the Williamsburg community can enjoy our class offerings. Two conditions of the grant were that the program become an official entity of William & Mary and the organizational name change to reflect the alignment with the Osher Foundation.

The Osher Foundation is dedicated to supporting various education and arts programs and has funded 123 other Osher Institutes nationally. In 2020 the program will be evaluated on its use of the initial funding and will be eligible for an additional $1 million endowment from the Osher Foundation. This subsequent investment will ensure stability for Osher Lifelong Learning at William & Mary for years to come.

Affiliation with the Osher Foundation has also provided us access to The National Resource Center which provides an excellent network with other Institutes to seek collaboration, ideas and much more.

In the past 29 years, the Osher Institute at William & Mary has grown from a small organization offering 16 courses with 109 members to a thriving institute offering 170 courses with about 1300 registrants each semester. We have always been, and remain a volunteer run organization. Your membership fee covers all costs of doing business, which includes payroll for a small staff but the program could not function without our volunteers. If you are interested in getting involved beyond taking courses, contact me about the ways you can assist us to ensure our continued success.

My staff and I look forward to seeing our returning friends and welcoming our newcomers to the Osher family. Enjoy your semester.

Regards,

Scherry Barra
Director

Phoebe Williams
Administrative Coordinator

Carrie Lehman
Administrative Coordinator

Ann Covington
Administrative Coordinator
ATTENDANCE

You must be a Regular Member in order to register for courses, one-time lectures and activities (including Town & Gown Noon Lectures), or an Associate Member in order to register for the Town and Gown Noon Lecture Series or special events. Please select your courses and lectures with the intention of attending every session. Absences result in underused classroom space and prevent attendance by members who are on wait lists.

DROPPING A COURSE

If you need to drop a course before it begins, please notify the Osher Institute at William & Mary office at (757) 221-1506 so they may contact the first person on the wait list to fill the available seat.

GUESTS

Osher Institute at William & Mary courses, one-time lectures, and activities (including Town and Gown Noon Lecture Series) are intended for Osher members. A member’s guest may attend a course or an activity once, only if the course is not fully subscribed. Local guests must be considering joining the Osher Institute at William & Mary. The office must be informed prior to any guest attending.

INCLEMENT WEATHER

The Osher Institute at William & Mary will cancel courses/activities/events/training for weather if “William & Mary University Events and Activities” are canceled. A notice will be on the Osher Institute at William & Mary office voice mail (757-221-1506). Please note, you will not be personally contacted.

NAME TAGS

Registrants will receive their name tag by e-mail approximately two weeks before the semester begins. Plastic name tag holders will be available on the first day of your course. Please wear your name tag to all Osher Institute at William & Mary events.

REFUNDS

Please note that the Osher Institute at William & Mary fees are membership fees. They are used to cover overall expenses of operating our lifelong learning program in a given semester and are not directly related to the number of courses you may take (i.e., there are no "per course" fees, and therefore, no "per course" refunds). Members are free to register for open courses (up to 8 course max) at any time, even after a semester begins.

The deadline for a refund of the membership fee is the first day of the semester. For Spring 2020, the refund deadline date is January 27, 2020. Please submit a refund request in writing to osher@wm.edu. An explanation as to why you are canceling is appreciated.
Want to attend courses offered by the Osher Lifelong Learning Institute at William & Mary?

Don’t have $135 on hand? Apply for a 100% scholarship.

Several Kernodle-Christopher Wren Scholarships sponsored by the Institute will be awarded this year to individuals age 50 or older who have an annual combined household adjusted gross income of $50,000 or less.

The scholarships (funded by a grant from the Bernard Osher Foundation) pay the full cost of a Regular Membership in the Institute and registration and parking for up to eight semester courses.

Applications are available from the Osher Institute at W&M office at (757) 221-1506 or osher@wm.edu. Return by mail or email.

The scholarship program is named after the late Wayne and Ruth Kernodle, founders of the Christopher Wren Association’s lifelong learning program in 1991.
Benefits to Registering Online

Our online system is a quick and convenient way to register for regular and associate membership, sign up for courses, add activities, access wait lists, and access your schedule. Go to wm.edu/isher to see the catalog online.

Spring Registration Session Dates

Registration request period begins: December 6, 2019
Registration request period ends: December 13, 2019*
Course confirmation emails sent out: December 14, 2019
*You can still register for courses after the initial request period ends.

U.S. Mail Registration

Paper registration is an alternative for those that don’t have access to a computer. While we encourage all registrations to be submitted online, we want to accommodate everyone. A mail-in form is available in this catalog. Complete and mail hard-copy registrations and payment to: Osher Lifelong Learning Institute, William & Mary, P.O. Box 8795, Williamsburg, VA 23187 by December 6, 2019.

REGULAR MEMBERSHIP

$135 Per Semester

- Register for up to eight courses each semester
- Register for an unlimited number of activities (including Town & Gown Noon Lecture Series), and one-time lectures
- Register and pay for special event trips
- Enjoy free borrowing privileges at The Earl Gregg Swem Library at William & Mary*
  *Restrictions apply

ASSOCIATE MEMBERSHIP

$50 Per Semester

- Attend Town & Gown Noon Lecture Series (which consists of six lectures)
- Register and pay for special events
American History

America in Transition: Post Industrialism and the Scientific and Telecommunication Revolution

Lynda Dunnigan
Wed 1:30 PM - 3:30 PM, 6 session(s)
1/29/2020 - 3/4/2020
School of Education, Room 1056
34 seats available

We’ve come a long way, baby! But how far can or should we go? Has modern technology freed or enslaved us? Explore the impact of rapid technological advances on the social/cultural fiber of American society, post WWII to the present. Topics include jets, space, drones, nuclear energy and weapons, the Human Genome Project, Dolly the sheep, the internet, WWW, com, post-modern art and pixels, cell/smart phones, TV, CDs, DVDs, PCs, hybrid and electric cars, GMOs and moral and philosophical dilemmas created by rapid technological advances.

Reading: Suggested: Technopoly: The Surrender of Culture to Technology by Neil Postman

Lynda K. Dunnigan has degrees from James Madison University and Syracuse University and has 34 years of teaching experience. With backgrounds in the social sciences and humanities, she has designed and taught humanities courses at the secondary level, and is a former member of the Virginia Museum of Fine Arts Teacher Advisory Committee.

America’s Long, Long Reconstruction Era and Its Relevance to the Current Discourse on Citizenship

Donna Dodenhoff
Mon 9:30 AM - 11:30 AM, 3 session(s)
4/6/2020 - 4/20/2020
Morton Hall, Room 102
40 seats available

This course will explore definitions of American citizenship forged during the cataclysm of Civil War and Reconstruction. It will conclude by examining how the current discourse on the meaning of the Civil War and Reconstruction is informing the contemporary discourse on citizenship.

Reading: Suggested: Reconstruction: America’s Unfinished Revolution by Eric Foner. After Slavery: Race, Labor and Citizenship in the Reconstruction South by Bruce E. Baker and Brian Kelly, editors.

Donna Dodenhoff has a Ph.D. in American studies from William & Mary and is currently employed by the Jamestown-Yorktown Foundation. As a public historian, she has extensive experience interpreting American social and cultural history to general public and student audiences.

City of Washington: The Origin and History of the Federal City

Christopher Collins
Mon 1:30 PM - 3:30 PM, 1 session(s)
2/24/2020 - 2/24/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Washington, DC has grown greatly since the original plan for the Federal City was drawn by Pierre L’Enfant in 1791. This course will review the origin of the Federal City and the significant events, buildings and features that have shaped the city as we know it today.

Christopher Collins was a land use lawyer in Washington, DC for 40 years, concentrating in zoning, real estate development and historic preservation matters. During his career, he lectured at land use conferences, and taught seminars at the high school and college level.

Development of Distilled Spirits in North America

William Dodson
Mon 9:30 AM - 11:30 AM, 3 session(s)
4/6/2020 - 4/20/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will look at the history of distilled spirits in North America from 1608. We will examine the bumbling history of accidental discoveries through its westward expansion and popularization. The basic science of distillation, sugar sources, and some
popular applications are included. An exercise in the recognition of the basic flavors imparted to spirits, post distillation, may be required.

Mr. Dodson has a D.M.D. in dentistry, B.S. in aerospace engineering, and B.A. in mathematics and psychology, and has completed a certificate in general distilling. He is a master distiller at Eight Shires Coloniale Distillery and serves as historian for American Distillation, Inc.

Freedom, Capitalism, and the Enigma of Slavery Prior to the Civil War
James Belcher
Wed 4:30 PM - 6:30 PM, 3 session(s) 1/29/2020 - 2/12/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Were the founders hypocritical, or did they simply accept the practices of the time, believing subjugation and religious beliefs were consistent? What responsibility did capitalism have in promoting such practices? This course will encourage thoughtful consideration and dialogue on this timely subject.


James has a B.A. in economics from Southern Methodist University and an undergraduate certificate in higher education from Oxford University (philosophy). He is a certified public accountant and global chartered accountant.

Hot War, Cold War, Holy War
Bernie Fitzgerald
Mon 9:30 AM - 11:30 AM, 3 session(s) 3/16/2020 - 3/30/2020
W&M Kaplan Arena, Wightman Cup Room
60 seats available

This course will discuss the U.S. foreign policy issues/interests since the end of World War II. Focus will be on the domestic politics that shaped those policies.

Bernie Fitzgerald is retired from the federal government (state, defense, and Army). He has taught a number of Osher Institute courses.

How the 1840 Presidential Campaign of Tippecanoe and Tyler Too Changed Presidential Elections Forever
Ron Shafer
Wed 9:30 AM - 11:30 AM, 3 session(s) 3/18/2020 - 4/1/2020
Williamsburg Regional Library, Theatre
250 seats available

The pivotal 1840 presidential campaign of William Henry “Old Tippecanoe” Harrison and John Tyler marked a series of firsts that changed presidential politicking forever, right up to the 2016 election. This was the first campaign as mass entertainment, the first “image” campaign, the first campaign involving women and the first to include big-time money donations. It also created the most famous campaign slogan in history about two candidates who were born in nearby Charles City County.


Ron Shafer was a reporter and editor for 38 years at The Wall Street Journal, including Washington political features editor. He is the author of The Carnival Campaign, How The Rollicking 1840 Campaign of “Tippecanoe and Tyler Too” Changed Presidential Elections Forever.

Rockefeller Center and the Men Who Built It
James Morford
Tue 9:30 AM - 11:30 AM, 3 session(s) 3/17/2020 - 3/31/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This course will reveal the epic story of the building of what, at the time, was the world’s grandest privately funded construction project, and the eclectic cast of characters who made it happen. It is a story based on Rockefeller money and of personalities that include, among others, the redoubtable Nicholas Murray Butler, the genius of John R. Todd, the architectural expertise of Raymond Hood, the chutzpah of S. L. “Roxy” Rothafel, the PR skills of Ivy Lee, the scheming of David Sarnoff, the controversial art of Diego Rivera, and Nelson’s ambition. The course includes photos and information not previously available.

Reading: Suggested: Great Fortune: The Epic of Rockefeller Center by Daniel Okrent.

Jim Morford is a former public school social studies teacher and part-time Rutgers University instructor. For over 30 years he was a registered government relations agent in New Jersey, where he worked with state government officials and the New Jersey congressional delegation. Presently retired, he remains a partner in a consulting firm based in Trenton, New Jersey.

Three More Nifty Presidential-ish Stories
Feather Foster
Tue 9:30 AM - 11:30 AM, 3 session(s) 3/17/2020 - 3/31/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Session I: Robert and Mary Lincoln: The Insanity Trial. What led to it? What motivated it? Why the kangaroo
Art and Society: Contributions to the Arts, The Political, Social, Religious, and Financial Occurrences in a Country
Donnah Joyce
Wed 9:30 AM - 11:30 AM, 3 session(s)
2/19/2020 - 3/4/2020
W&M Kaplan Arena, Person Room
40 seats available

"All you wanted to know about modern art but were afraid to ask" or "What the heck does painting have to do with Freud and a Rolls Royce full of cauliflower?" This course will build on concepts from earlier "Art and Anecdote" courses and includes aesthetics, analysis, and anecdote. Students will practice simultaneous viewing and will discover ways in which artists translate their world.

Donnah Joyce has been an artist and art teacher for over 40 years. She has instructed students from pre-K through adulthood, in both school settings and recreational programs, and has served as the artist-in-residence at the School of the Arts in York County. Currently, Donnah lectures on art history topics and maintains a home studio.

Art and Music Unfurl in History
Sandra Stephan, Georgianna Avioli, Patricia Rublein
Wed 9:30 AM - 11:30 AM, 3 session(s)
2/19/2020 - 3/4/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Back by popular demand, this course presents images of works of art from the permanent collection of the Muscarelle Museum of Art. They will be combined with audio of music from the same time frame and both will be discussed in their historical contexts. The political, social, religious, and financial occurrences in a country have great influence on the artists who contribute to the cultural lives of the world community.

Sandra Stephan earned her B.A. from Old Dominion University and her M.A. and Ph.D. in English from Tulane University. She is professor emerita, Youngstown State University and has taught 18th century British literature for three decades, as well as courses in medicine, literature and writing.

Patricia Rublein and Georgianna Avioli have, at a minimum, bachelor's degrees, and have taught in public and private schools, colleges, universities, adult education programs, and prison programs.

Beginning Guitar
Kim Hosman
Tue 1:30 PM - 3:30 PM, 6 session(s)
1/28/2020 - 3/3/2020
W&M Kaplan Arena, Person Room
20 seats available

It's never too late to learn guitar. This course provides techniques that enable you to begin playing songs immediately, starting with simple chords and melodic lines. The basics of reading chord charts, notes, and tablature are covered. Sessions are customized to support the interests of the individuals in the group, but you also receive a solid foundation for playing in any style and at any level. Students will need to bring a guitar and portable music stand to this class; the instructor can help secure guitars if necessary (more information on this will be sent to registrants closer to the start of the course).

Kim Hosman is a classically trained guitarist with extensive experience teaching classes for adult education programs and tutoring privately. She has performed solo and with bands and ensembles doing a range of styles from old-timey Americana and bluegrass to rock and classical. Currently, she teaches at Authentic Guitars in New Town.

Celebrate Black History Month with Dance
Carol Sherman
Thu 2:00 PM - 4:00 PM, 3 session(s)
40 seats available

Currently, she teaches at Authentic Guitars in New Town.
ART & MUSIC

2/20/2020 - 3/5/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

In the mid-20th century Alvin Ailey and his American Dance Theatre brought the level of concert dance to a dazzling new height. His performances have continued to delight and inspire audiences for over 50 years. Come and enjoy some of the finest dancing the world has known. Our film viewing will be framed by two different performances of Ailey’s signature work, Revelations, and will also include a recent documentary on his company as well as works by several other significant African American choreographers. Class inquiry and discussion will be encouraged.

Carol Sherman is professor emerita of dance at William & Mary. Her 42-year career also included faculty positions at Indiana University, San Diego State University, the North Carolina School of the Arts, Interlochen Arts Academy and the 92nd Street Y in New York City, where she performed professionally for several seasons. She has taught classes for the Osher Institute since 2002.

Exploring Painting with Soft Pastels
Judith Leasure
Tue 1:30 PM - 3:30 PM, 6 session(s)
3/17/2020 - 4/21/2020
Williamsburg Landing, Doig Health Club - Art Studio
16 seats available

In this hands-on course, we will work from photos to examine the principles of art used to produce realistic still life paintings. This course is for all skill levels, but is especially geared toward the beginner and those with some previous experience. Drawing skills are not required. During the course, we will complete two or three paintings. All materials will be provided for a $30 supply fee.

Eye and the Camera
Sheila Conrad
Mon 9:30 AM - 11:30 AM, 6 session(s)
1/27/2020 - 3/2/2020
Williamsburg Regional Library, Theatre
250 seats available

During our six sessions, we will explore domestic and foreign documentary films from decades past and of more recent vintage. These films will be discussed in their historic, sociological/political, and

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artistic contexts. The films cover a range of subject matter including biography, politics, history, science, sports, nature, social and cultural phenomena, travel and adventure.

Sheila Conrad received a B.A. from the Film Institute at City College of New York and worked as a film editor in both New York and Los Angeles. She has been teaching film courses at Osher Institute since 2005 and T’ai Chi Ch’uan for more than 20 years.

Film Noir/Neo-Noir: Three Heist Movies!
Thomas Thompson
Mon 1:30 PM - 3:30 PM, 3 session(s)
1/27/2020 - 2/10/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Is your favorite movie heroine someone you’d bring home to mom and dad? Is your favorite movie hero someone who stands for “truth, justice and the American way”? If so, this is not the class for you! You’d never think of bringing our female leads home to meet the family and our male leads tend to say things like, “I am the last guy you want to (expletive deleted) with!” If this is your idea of a fun couple of hours, see you for our next Neo-Noir.

Reading: Suggested: Film Noir: The Dark Side of the Screen by Foster Hirsch. Detours and Lost Highways: A Map of Neo-Noir by Foster Hirsch.

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory, serving clients in the New York area, and became the employee ombudsman for the company’s managers nationwide. Once retired, the American Association of Retired Persons invited him to become a trainer, running workshops across the country.

From Tinseltown to Great White Way
Melissa Puttre

Wed 1:30 PM - 3:30 PM, 6 session(s)
3/18/2020 - 4/22/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

More and more musicals today are getting their start as popular movies. Come take a look at how Broadway is becoming home to these musical movie adaptations. The course will use both footage from the films as well as music and footage from the shows, as available.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night’s Dream, Kiss Me Kate, and Children of Eden.

Introduction to the Basics of Drawing
Richard Corwin
Mon 1:30 PM - 3:30 PM, 6 session(s)
3/16/2020 - 4/20/2020
School of Education, Room 2056
12 seats available

This course is designed to help students develop the fundamentals of sketching: one- and two-point perspectives, composition techniques, and basic anatomy. This course will include assignments to be submitted for individual critique by the instructor. At course-end it is hoped each participant will have confidence in their finished works. Required materials: 9x10 or 9x12 sketch pad, 2B pencils and pencil sharpener.

Richard Corwin has a B.A. in American history and taught at a private school. He has been exploring Inca and Maya ruins since 1982 and is a member of the Institute of Maya Studies in Miami-Dade College. He has presented an Ancient Maya library lecture series and written three books of short stories.

Let’s Sing Opera!
Nancy Burstein, Rosanne Reddin
Wed 9:30 AM - 11:30 AM, 6 session(s)
1/29/2020 - 3/4/2020
W&M Ewell Hall, Band Room 207
10 seats available

If you enjoy opera and can sing solo, this course is for you. Participants will be assigned roles in small ensembles based on their vocal ranges, their willingness to sing in French, German, Italian or English, and their ability to hold a part. The course will consist of rehearsals culminating in a performance with piano accompaniment and simple costumes and blocking. Scenes will be selected from such operas as Le Nozze di Figaro, Il Trovatore, and Die Fledermaus. Participants must attend all six sessions.

Nancy Burstein served as producer and rehearsal pianist for “Living Room Opera” in Massachusetts. She has degrees in economics from Massachusetts Institute of Technology, London School of Economics and Political Science, and Yale University. She taught economics at Purdue University and worked as a policy analyst for over 30 years.

Accompanist Rosanne Reddin is a past president of Williamsburg Music Club (WMC), and holds degrees in Music Education and Education.

Portraits of Life: Drawing the Human Head
Steve Prince
Tue 1:30 PM - 3:30 PM, 3 session(s)
1/28/2020 - 2/11/2020
Muscarelle @ Merchants Square
15 seats available

In this hands-on course participants, will be exposed to the process of creating a realistic portrait of a human head from life and from a photograph. This course is appropriate for all skill levels. We will cover proportion, dynamic shading, hair rendering, and clothing creation. All materials will be provided for a $30 supply fee.
Please bring payment to the first session.

Reading: Suggested: *Drawing on the Right Side of the Brain* by Betty Edwards.

Steve has a B.A. in fine arts from Xavier University of Louisiana and an M.F.A. in printmaking and sculpture from Michigan State University. He has over 25 years of art teaching experience.

The B Westerns

**Bill Krantz, Leland Williams**

Tue 9:30 AM - 11:30 AM, 3 session(s)

2/18/2020 - 3/3/2020

W&M Kaplan Arena, Wightman Cup Room

130 seats available

The B Westerns course follows the development of the B Western genre from the silent film era through the depression, the WW II years, and the post-war, ending in the early 1950s due to the influence of television. The B Western was a low-budget, quickly-made adventure targeting the youngsters of the Saturday afternoon matinee crowd. These films helped save the movie industry during the depression, paving the way for the larger-budget films of the day. Saddle up! Roy, Gene and Hoppy are waiting!

Bill Krantz is a retired U.S. Army dentist with an interest in Westerns.

Leland Williams is a retired printing paper sales manager who has been interested in B Westerns since he was eight years old and had his picture taken with Lash LaRue.

The Birth of Rock and Roll

**William van Elburg**

Thu 4:30 PM - 6:30 PM, 3 session(s)

4/9/2020 - 4/23/2020

Discovery, 5300 Discovery Park Blvd., Room 136

40 seats available

Discover how the hip young cats and kittens of the post-war era combined Jump Blues, Gospel, and Country music to create the uniquely American musical expression called Rock and Roll. Through an in-depth slide presentation, informal lecture, curated music clips, and engaging class discussions, you will explore the cataclysmic cosmic convergence of time and place that changed the musical face of this country and went on to conquer the world, and thereby gain a better understanding of this genre’s genesis and appreciation of the music.

William van Elburg attended the University of Florida and Christopher Newport University. He taught in local adult education and vocational training academies for a number of years and also enjoyed a highly dynamic entrepreneurial career in Florida and locally in business development, retiring in 2014 as a community association manager. For the past several years, he has been the on-air and social media personality known as “Big Dog” on the online radio station The Blues Alley.

The Great American Songbook: Inside the Cabaret World

**Susan James**

Wed 9:30 AM - 11:30 AM, 3 session(s)

2/19/2020 - 3/4/2020

Williamsburg Regional Library, Theatre

250 seats available

A presentation of the cabaret genre as expressed in the music of artists such as Jerome Kern, Irving Berlin, George and Ira Gershwin, Cole Porter, Rodgers and Hart, Rodgers and Hammerstein, and Harold Arlen.

The singers, the songwriters, and the songs will be explored along with more contemporary artists’ work. Videos will be shown highlighting the historical importance of the art and the theatrical conversation that arises in performance as the vocalists personally interpret the rich musical contribution that is purely American.


Susan James has a bachelor’s in music from Manhattanville College and completed post-graduate coursework in Camera and Film Production from University of Southern California. She understudied on Broadway, produced and directed musical revues for the American Theater Wing, and is founder of Artists in Partnership, a non-profit cultural arts organization.
The New Art of Zentangle
Diane Kane
Tue 1:30 PM - 3:30 PM, 3 session(s)
4/28/2020 - 5/12/2020
School of Education, Room 2030
30 seats available

This course opens up the opportunity for anyone to become an artist whether one can draw or not. This new form of art is both fun and meditative. Since its creation, it has exploded worldwide. If you have looked at an adult coloring book you are seeing tangle. Note: Required supplies include, blank paper, #3 pencil and sharp pointed, fine pen (Sharpies are great).

Diane Kane has a bachelor’s in environmental journalism from Virginia Commonwealth University (VCU) and a master’s in environmental communications/science from Antioch Graduate School, New Hampshire. She was a visiting instructor at VCU teaching environmental studies and has designed curriculum for high schools in journalism.

Understanding Opera, Part II
Glenn Winters
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/30/2020 - 2/13/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course completes a survey of Virginia Opera’s 2019-2020 season with Rossini’s madcap comedy Cinderella and Verdi’s monumental tragedy Aida. Discussions provide comprehensive musical and dramatic analysis, illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

Glenn Winters, community outreach musical director for Virginia Opera, has a D.Mus. from Northwestern University. He also has a B.M. and M.M. in piano performance from Indiana University. His most recent successful commissioned operas include History Alive! and Tales from the Brothers Grimm. He has extensive performing experience as a pianist and operatic baritone.

Computer and Technology
Emerging Technology and the Future of American Education
Eugene Roche
Wed 9:30 AM - 11:30 AM, 3 session(s)
2/19/2020 - 3/4/2020
Morton Hall, Room 102
40 seats available

The course provides an updated look at how the rapid change in technology in key areas of automation, machine learning, and robotics will shape the future of work globally and in the United States. Some experts suggest that as many as 40% of jobs will be eliminated or dramatically restructured by advances in artificial intelligence and related fields. H.G. Wells warned that “civilization is in a race between education and catastrophe” – a warning that seems even more urgent today than it was a century ago. How will citizens help shape the education to respond to changes of this magnitude?

Eugene Roche has a doctorate in adult education, with 30 years’ experience in college teaching and administration. His primary interests are faculty development, emerging technologies, and e-learning. At William & Mary, Eugene was director of academic computing and is now a member of the full-time faculty at the School of Education.

iMovie for IOS (iPad and/or iPhone)
Rick Chase
Tue 1:15 PM - 3:45 PM, 3 session(s)
2/18/2020 - 3/3/2020
School of Education, Room 1056
32 seats available

In this course you will learn how to browse and select media, make Hollywood style trailers, create beautiful movies, play them back on your Apple devices and Apple TV, and learn how to share them with friends and family. The course will focus on using the iPad, although an iPhone can be used. It is not appropriate for Apple Mac computers.

Reading: Suggested: iMovie Help for iPad (FREE) by Apple. iPhone and/or iPad User Guide (FREE).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

iPhone/iPad: The Basics and Beyond
Rick Chase
Wed, Fri 9:30 AM - 11:30 AM, 6 session(s)
4/8/2020 - 4/24/2020
School of Education, Room 2010
32 seats available

In this course you will learn how to use the most common apps and functions on these amazing devices. Topics covered include but are not limited to: iPhone features, mail, iCloud, Web browsing using Safari, keyboard, iMessage, FaceTime, camera, photos, contacts, calendar, notes, apps & app store, music & entertainment, iBooks, setting up WiFi & Bluetooth, accessories, and troubleshooting. This course is very hands on and interactive.

Reading: Suggested: Apple iPhone or Apple iPad User Guide (Free).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.
Making the iPad Work for You

Margaret Fowler  
Mon, Tue, Wed, Thu 1:30 PM - 3:30 PM, 4 session(s)  
School of Education, Room 1056  
25 seats available

This consecutive four-day course is an immersive dive into unlocking the enormously practical potential of your iPad/iPhone. There is far more to know than email. Since these devices aren’t going away, come learn how they can help you! From boarding passes to movie tickets to birding or doctor appointments, find out how to make your life easier using the capabilities of your Apple device. Remember, this class is four consecutive days. It is intended for current owners of these devices who know their Apple IDs and passwords and have their own email addresses, preferably, not a shared one.

Margaret Fowler has a B.B.A. and B.A. in economics from Roanoke College. She had a career in investments and has been a member of Chartered Financial Analyst since 1983. She served as computer classroom assistant with the Osher Institute often. She has programmed extensively in BASIC, tutored privately with computers and iPads, and is go to person on computer issues.

Mastering Your iPhone/iPad Camera and Photo Applications

Rick Chase  
Mon 9:30 AM - 11:30 AM, 3 session(s)  
3/16/2020 - 3/30/2020  
School of Education, Room 2060  
32 seats available

This course will help you master the camera and photo applications on your iPhone and/or iPad. You will learn the camera's functions and capabilities, still photography, plus cover the video capabilities. The Photos application will be explored, including navigation in the app, photo editing (crop, trim, rotation, etc.), smart adjustments, enhancing less-than-perfect shots, and filters. You'll learn how to organize your photo and video media; make and use albums; navigate and find media in your collection. We'll also explore the creation and sharing of albums, how to create slideshows with music; and using iCloud.

Reading: Suggested: Apple iPhone and/or Apple iPad User Guide (Free).

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran their field engineering development center and taught electrical and electronic engineering courses to engineers.

Searching the Internet for Genealogical and Family History Records

Joseph Sell  
Tue 9:30 AM - 11:30 AM, 6 session(s)  
3/17/2020 - 4/21/2020  
School of Education, Room 2030  
30 seats available

This course is an intermediate genealogy course where a multitude of internet sites will be explored to locate and save documentation on your ancestors. The student should be well versed in the use of their computer browser. Opportunities in class will be made to practice searching some of the sites. Students can bring a laptop computer, i-Pad, tablet or smartphone to practice internet searches.

Joseph Sell has a B.E. in chemical engineering from Villanova University; an M.S. and Ph.D. in chemical engineering from the University of Pennsylvania, and an M.B.A. from Rutgers University. He worked professionally in the chemical industry, and, upon retirement, undertook the search for his family history.

Windows 10: Make it Work for You

Tom Lamb  
Wed 9:30 AM - 11:30 AM, 3 session(s)  
3/18/2020 - 4/1/2020  
School of Education, Room 1056  
40 seats available

Windows 10 users have many options with this newer operating system (OS.) This course will focus on how you can make this OS work better for you rather than just use the Microsoft
factory defaults. Participants are encouraged to bring their personal laptops to all sessions, so they can try some options on their own computer. We will also discuss some of the privacy issues with the default settings, as well as security issues.

Tom Lamb, B.S., industrial distribution, Clarkson University; M.B.A., business management, Fairleigh Dickinson University. He has taught computer classes since 1996 for SeniorNet, at two libraries including the Williamsburg Regional Library, and numerous classes for the Osher Institute.

**Finance and Economics**

**Baby Boomer Retirement: The Rules Have Changed**

**Mark Shelby**  
Thu 2:00 PM - 4:00 PM, 3 session(s)  
4/9/2020 - 4/23/2020  
School of Education, Room 1056  
40 seats available

Recent academic research details a shift in retirement planning. This is a comprehensive personal finance course for those in the early stages of retirement or those about to retire. It addresses retirement decisions such as asset allocation, income planning, and social security, as well as pitfalls to avoid. This course will help you better understand risk, taxes, budgeting, and estate planning. You will also learn optimal asset allocation; how to develop an income plan; the sequence of returns risk; questions to ask a potential advisor; social security maximization; and six reasons retirees run out of money.

Mark Shelby is the president of Vertical Investments. He is an experienced investment advisor, financial educator, public speaker, and radio host. He graduated from the University of Wisconsin in 1993, where he served as an academic tutor for finance and economics.

**Beating Wall Street at Its Own Game**

**Keith Reagan**  
Fri 9:30 AM - 11:30 AM, 3 session(s)  
3/20/2020 - 4/3/2020  
School of Education, Room 1056  
40 seats available

This course will share behind-the-scenes and little-known truths about the financial services industry from an expert with more than 25 years in the business.

Keith Reagan, Sr., has been a registered investment consultant for over 25 years. A graduate of William & Mary, his post-graduate work includes executive education of The Wharton School of Business. He has been recognized as a Five Star Wealth Manager for three years in a row. His firm, Reagan Holloway, offers fiduciary portfolio management on the Fidelity and Wells Fargo platforms.

**Becoming A Better Consumer in Senior Living**

**Lisa Bates, Greg Storer**  
Thu 2:00 PM - 4:00 PM, 1 session(s)  
2/20/2020 - 2/20/2020  
Williamsburg Landing, Auditorium  
60 seats available

Leading experts in senior living will discuss how to navigate through the channels of independent living, assisted living, rehabilitation and nursing. You will learn the differences between the higher levels of care and what to look for when choosing a community.

Reading: Suggested: *Being Mortal* by Atul Gawande.

Lisa Bates has been the senior director of marketing and sales at Williamsburg Landing for over for 8 years. She is a member of Leading Age, the national senior living industry trade association. Lisa has her Certified Leader in Aging Services, Certified Marketing Professional, and Certified Dementia Practitioner designations.

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**Behavioral Finance: How Common Biases Lead to Bad Investment Decisions**

**Mark Monroe**  
Wed 1:30 PM - 3:30 PM, 3 session(s)  
4/8/2020 - 4/22/2020  
Thomas Nelson Community College, Room 328  
25 seats available

Many investors are well versed in the traditional strategies and theories that govern the financial markets. Yet, too often, those same investors struggle to consistently apply that knowledge to their own portfolio. Why? This course will compare and contrast how traditional finance theory (what investors should do) differs from behavioral finance theory (what investors actually do). Participants will learn how faulty reasoning and common biases plague even the most intelligent investors, resulting in irrational investment decisions. Participants will also learn strategies to modify or adapt to behavior, leading to improved application of traditional finance concepts.

Mark Monroe is Managing Director of Monroe Capital Partners, LLC, and Capes Capital Management, Inc. He graduated from North Carolina State University with a B.S. in economics and statistics. Mark has been an investment advisor for over 28 years, including serving Chesapeake Investment Group as president and Fidelity Investments’ Trust and Asset Management Division.

**Do Only The Rich Have Trusts? Key Strategies Using Trusts in Your Estate Plan**

**John Burton**  
Thu 2:00 PM - 4:00 PM, 3 session(s)  
4/30/2020 - 5/14/2020  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available
**FINANCE & ECONOMICS**

Trusts are not just for the wealthy. Trusts can handle any estate size more efficiently than relying on a will alone. What is the difference between revocable and irrevocable trusts? Can trusts protect an estate against probate, taxes, creditor claims and lawsuits? Do trusts protect your assets if you go into a nursing home? This course surveys the uses and vast new planning opportunities trusts can serve in your own estate plan.

John Burton is an experienced estate planning and elder-law attorney who has taught clients, lawyers, and the public on the subjects of estate planning, asset protection, elder law, and business law. He is a graduate of Virginia Wesleyan College, has a J.D. from Regent University School of Law, and is a Certified Estate Planner.

**Estate Planning for Modern Times**

Rhiannon Hartman  
Wed 1:30 PM - 3:30 PM, 3 session(s)  
3/18/2020 - 4/1/2020  
School of Education, Room 1056  
40 seats available

This course will explore a variety of estate planning topics, with a particular focus on issues that are unique to modern times, such as planning for blended families, and digital assets. Additional topics will include the difference between wills and revocable living trusts, the consequences of failure to plan, and the impact of changes to federal estate tax law on estate planning documents.

Rhiannon Hartman is an experienced elder-law and estate planning attorney in Williamsburg. She graduated cum laude from the University of Richmond School of Law and has an undergraduate degree from William & Mary.

**Lifetime Income Strategies**

Jim Bales, Jacob Bales  
Tue 9:30 AM - 11:30 AM, 3 session(s)  
1/28/2020 - 2/11/2020  
Williamsburg Landing, Auditorium  
60 seats available

We will discuss financial education for retirees and how to plan your income for life. Post-retirement planning is often more difficult than planning for retirement. You are managing your entire nest egg, not collecting paychecks anymore, and have less time to recover from your potential mistakes. In this course, you’ll learn time-tested strategies for planning your retirement income that are designed to make your money last.

James Bales, registered principal, James Bales Financial, LLC. Securities offered through Centaurus Financial, Inc. Member of FINRA and SIPC.

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

**Modern Wealth Management**

Sean Allburn  
Tue 1:30 PM - 3:30 PM, 3 session(s)  
4/28/2020 - 5/12/2020  
Thomas Nelson Community College, Room 328  
30 seats available

A comprehensive wealth management plan incorporates over a dozen diverse yet related issues. Sean will share proven strategies to help you achieve your financial goals. Do you need a plan to triple your income during retirement? Is your financial plan telling you what you need to know? Other highlights: Practical methods to find higher dividends and interest when interest rates are low. Is there a way to minimize investment risk without sacrificing returns? We will discuss strategies to navigate a volatile market, and consider whether alternative investments should be a part of your portfolio.

Sean Allburn, B.S., Duke University; M.B.A., William & Mary. He has been named to On Wall Street magazine's Top Brokers” and “Top Advisors under 40” lists and was distinguished by Inside Business magazine as one of the “Top Forty Under Forty” in Hampton Roads. A Senior Vice President-Investments, Sean manages Allburn Financial Consulting from the Williamsburg office of Davenport and Company LLC.

**Preserving and Transferring Wealth in the Commonwealth of Virginia**

Wake Buxton  
Fri 1:30 PM - 3:30 PM, 3 session(s)  
2/21/2020 - 3/6/2020  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available

This course will focus on properly preserving and transferring wealth in Virginia. We will discuss wills, trusts, and estates, as well as Virginia’s new laws pertaining to powers of attorney and medical directives. Particular emphasis will be given to protecting family assets from the Deadly Ds: divorce, death taxes, disability, and debts.

Wake Buxton is an attorney and resident of Williamsburg. He holds a LL.M. in estate planning from the University of Miami and an M.B.A from William & Mary. Mr. Buxton taught estate planning at the University of Charleston and was director of its Graduate Financial Planning Program.

**Social Security and Taxes in Retirement**

Jacob Bales  
Thu 2:00 PM - 4:00 PM, 3 session(s)  
3/19/2020 - 4/2/2020  
Edgeworth Park at New Town, Community Room  
50 seats available

In this course, we will review the basics of taxes in retirement and how they may not be what you expect, as well as focusing on how the changes from the 2018 Tax Cuts and Jobs Act can affect you. We will also have a discussion on Social Security claiming strategies, in addition to management
The tax portion will have a focus on the basic concepts and policies that work together to create the system we know today. You will learn methods that can help manage the taxes you experience, including proper distribution structure and asset structuring strategies.

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

The Invisible Hand: Economics of Supply and Demand

Philip Burstein, Nancy Burstein
Fri 9:30 AM - 11:30 AM, 3 session(s)
2/21/2020 - 3/6/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

An awareness of basic economics will give you an unparalleled ability to understand how the world works. Why do 98 percent of economists oppose rent control? Why do restaurants close in large numbers when the minimum wage is increased by $1? Why do teachers’ unions oppose charter schools? In this course we will explain the laws of supply and demand, showing how they shed light on everyday issues. We will demonstrate the power the “invisible hand” of the marketplace has to lead to far better outcomes than can be obtained by government planning.

Philip Burstein holds degrees in economics from University of Chicago and Yale University, and a masters in military history from American Military University. He taught economics at Purdue University and then worked in the field of health economics for over 30 years.

Nancy Burstein served as producer and rehearsal pianist for “Living Room Opera” in Massachusetts. She has degrees in economics from Massachusetts Institute of Technology, London School of Economics and Political Science, and Yale University. She taught economics at Purdue University and worked as a policy analyst for over 30 years.

Understanding Today’s International Economic Trends, Issues, and Institutions

Dan Gaske
Thu 2:00 PM - 4:00 PM, 3 session(s)
1/30/2020 - 2/13/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course examines present-day economic trends, issues, institutions, and markets, both in the United States and the rest of world, selecting from such topics as: likelihood of U.S. recession and monetary and fiscal policy reactions, world currency and oil markets, Brexit, government debt, U.S.-China trade war, IMF/WTO, economic sanctions, economics of global warming, economics of immigration. Exact topics will be chosen based on key issues at time of the course.

Daniel Gaske holds a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and numerous universities in the Washington, D.C. area. He is presently an adjunct professor of economics at the Raymond A. Mason School of Business, William & Mary.

A Brief History of Golf

Mark Smith
Thu 9:30 AM - 11:30 AM, 3 session(s)
2/20/2020 - 3/5/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will explore the history of golf from its beginnings to today’s modern game. We will look at golf’s greatest players, the most historic and exciting tournaments, and what courses should be on our must-play bucket list. The role of the PGA, LPGA, USGA, R&A, and other golf organizations will be discussed. We will also assess the current and future direction of professional and amateur golf.

Mark Smith received an M.S. and Ph.D. in plant pathology and agronomy from the University of Minnesota. He was an adjunct professor at William & Mary and was a Fulbright Scholar to India. He was a foreign service officer for over 25 years with the agency for International Development (USAID), during which he served in many developing countries.

A Little Bit of Everything: Hot Tips and Creative Ideas for Daily Living

Linda Pincus
Tue 9:30 AM - 11:30 AM, 3 session(s)
4/7/2020 - 4/21/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

I find the courses very intellectually stimulating. I am learning some topics I had never learned about before, and it’s fun.

– Bob Sine, Osher at W&M Member
Enhance your daily activities, work, and leisure time with practical, easy, and (sometimes) unusual shortcuts and tips. Save effort, time, and money, and have fun as you learn. Repurpose things and increase your organizational skills. Discover some simple techniques and ideas that can make a positive difference in your life. Examples: Be certain you remember where you put something, regardless of the passage of time. Leave home knowing you DID turn off the coffee pot and close the garage door, etc. Get an idea for a great box opener for packages, one much safer than utility knives. Label easily, for free, computer "spaghetti" wires and other corded devices.

Linda Pincus is a registered nurse and a graduate of Thomas Jefferson University. She received her B.S. from Thomas Edison State University, provided medical care in hospital settings, maintained private practice in counseling expectant and new parents, and taught hospital-based and private classes in childbirth education, parenting, organization, communications, and behavioral changes.

Aging Smartly, Aging Successfully

Mary Leeds
Wed 1:30 PM - 3:30 PM, 3 session(s)
4/29/2020 - 5/13/2020
School of Education, Room 1056
40 seats available

Aging smartly and successfully is a challenging process made simpler and more attainable when experienced professionals give you tips to assure that you are as fully prepared as you can be for your senior years. The instructor, along with other presenters, will guide you with tips for success in nutrition, exercise programs, navigating through health care systems, a physician’s perspective, long term care planning, downsizing, how to manage stress in your life and more. Presenters may include a nutritionist, a nurse practitioner, and a Senior Care Advisor.


Mary Leeds is a medical social worker and a care manager/senior care advocate with over 35 years of experience working with the geriatric population. Mary started her own company five years ago, Senior Care Advocate LLC, and loves assisting seniors with planning for their senior years. She is proud to say she gets plenty of wonderful ideas from her classes.

America’s Weapon Systems - Now and in the Future

John Hickok
Mon 9:30 AM - 11:30 AM, 3 session(s)
1/27/2020 - 2/10/2020
Morton Hall, Room 102
40 seats available

America’s defense is of immense importance to us all, and it is our responsibility as citizens to understand what our defense consists of and what it costs. Over three sessions, we will learn about threats, the Pentagon, the United States and defense budgets, and present and future weapons systems that make up the defense of our nation. There will be a comprehensive overview of our major weapons systems covering strategic nuclear forces, space, air, sea, undersea and land. There will also be a short overview of the Department of Defense’s acquisition, technology and logistics system, which provides and maintains the systems for our war-fighters.

John Hickok graduated from the U.S. Naval Academy with a B.S. in engineering/nuclear physics. He has an M.S. in aeronautical engineering and an M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

An Engagement/Interaction of Life’s Experiences/ Situations and How We React From Day to Day

Fran Bado
Tue 4:30 PM - 6:30 PM, 3 session(s)
4/28/2020 - 5/12/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

It’s all about you! Do you need a life reset? How do we approach each day and how does it affect our lives? As we go through our daily routines, do we take advantage of all that surrounds us? We will have fun discussing positive and negative energy, areas that motivate us, and how to appreciate the magic of our surroundings. The course is highly interactive and afterwards, you may see life with a different perspective. Take a break, kick back, and see where this little road takes you!

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience assures maximum skill transfer for students.

Brush-Up Bridge

John Miley
Tue 1:30 PM - 3:30 PM, 3 session(s)
3/17/2020 - 3/31/2020
School of Education, Room 2030
25 seats available

For the average bridge players wishing to improve their game through reviewing the basic standard American yellow card rules designed to pass information to their partners through “table talk.” Partners in pairs are encouraged to attend.

John is a graduate of West Point with a four-year tour at the military academy as tactical officer of the cadets. He has an M.B.A. from the University of Chicago, an M.S. in taxation from DePaul University, and
is an enrolled agent, authorized to practice before the IRS.

Conversational Hebrew
Betty Ronnen
Thu 2:00 PM - 4:00 PM, 6 session(s)
1/30/2020 - 3/5/2020
School of Education, Room 2056
28 seats available

Modern Hebrew is more than just another foreign language. It is a language with ancient historical, religious and cross-cultural connections. This course will introduce participants to the Hebrew alphabet and phrases common to daily conversations. These phrases will center on meeting and greeting people as well as dining. The biblical roots of selected vocabulary will be explored in class. Homework reviews will be assigned to support the learning process and skills of the participants.


Betty Ronnen graduated from the School of Occupational Therapy in Jerusalem. She received a Ph.D. from New York University. She was a therapist and an adjunct faculty member. She teaches conversational Hebrew at Temple Beth El in Williamsburg.

Conversational Italian for Travelers: Level II
Carolyn Stowe
Wed 9:30 AM - 11:30 AM, 6 session(s)
1/29/2020 - 4/2/2020
School of Education, Room 2030
20 seats available

This course is a continuation from previous semester. Focus is on essential grammar, structure, and vocabulary. Conversation and oral participation will be encouraged.


Carolyn Stowe received a B.A. in Italian from Vassar College and participated in the master’s program in romance languages at the University of Pennsylvania. She traveled extensively in Italy with her tour company, Stowe Away Tours, Inc. Carolyn taught elementary and secondary level French for ten years and gives private lessons in Italian.

Creative Genealogy: Expanding Your Approach to Research
Karen McPherson
Tue 9:30 AM - 11:30 AM, 3 session(s)
1/28/2020 - 2/11/2020
W&M Kaplan Arena, Wightman Cup Room
30 seats available

So you’ve created your family tree. You’ve verified some things and disproven others. What do you do now? In this course we’ll look at ways to get more creative with your genealogy research. (No, I don’t mean making things up to make it more interesting!) I mean looking at activities like writing and publishing your family stories, creating photo albums, blogging, using spreadsheets and other technology to deepen your understanding of your roots, taking genealogy research trips and making a genealogy Facebook page. This course will be most useful for people who have already done some genealogy research.

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

E-Learning Essentials for Osher Members
Scott Langhorst
Wed 9:30 AM - 11:30 AM, 3 session(s)
1/29/2020 - 2/12/2020
Morton Hall, Room 102
40 seats available

Extend your lifelong learning skills using various computer and Internet technologies. Learn more about the incredible variety of free, reputable courses that are available online. Course topics include: methods and types of distance learning tools; how to find and enroll in various e-learning courses; and what to expect in a distance learning and/or online environment. Take a guided tour through a typical e-learning course. Preview some potential distance learning options for Osher courses.

Scott Langhorst is retired from the Virginia Community College System and federal service (Army civilian). He is a faculty development specialist and trainer with experience as both a classroom and online teacher. Scott earned a Ph.D. in public administration from Virginia Commonwealth University and was an undergraduate psychology major at William & Mary.

Family History 101: A Beginner’s Inquiry on a Lifelong Search for Your Ancestors and Relatives
Clifford Neilson
Thu 4:30 PM - 6:30 PM, 6 session(s)
1/30/2020 - 3/5/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Seriously interested or mildly curious about family history but never knew where to start? This is a beginner’s introductory course. If you are well down the road to finding your elusive ancestors, this is NOT the course for you. Lectures and in-class related internet searches discuss: “Where do I look first?” - easily accessible census records; “How did they get here?” - immigration & naturalization records; “Were any ancestors in the military?” - service records; “Where do I look?” - repositories of interest to family historians; and “Now what?” - how to put it all together.

Clifford Neilson has practiced as a professional family historian since 1991 and instructed Osher family history courses since 2002. His specialties are mid-Atlantic Scots-Irish colonial migrations and settlements,
How to Play a Bridge Hand: Parts II and III

Michael Jenks
Tue 9:30 AM - 11:30 AM, 3 session(s)
3/17/2020 - 3/31/2020
Patriots Colony, Liberty Lounge
26 seats available

This course will provide intermediate-level and experienced players added insights into proper declarer play. Techniques include using probabilities; forcing a defender into giving declarer a free finesse (end play) and discarding a winning trick (squeeze play); how to determine a defender’s point count and distribution in order to select the better alternative among two or more lines of play; and the importance of the order in which alternative lines of play are attempted. Handouts discussing proper declarer play, defensive play, and bidding will be provided for each hand played by class participants.

Michael Jenks is a graduate of the United States Military Academy with a master’s degree in engineering from Stanford University. Mike spent 28 years in the United States Army Corps of Engineers. He is a bronze, silver, and ruby Life Master bridge player and has taught bridge locally since 2010.

Introduction to Chinese Cooking

Edward McMahon
Mon 1:30 PM - 3:30 PM, 3 session(s)
1/27/2020 - 2/10/2020
Thomas Nelson Community College, Room 328
30 seats available

This is a lecture presentation that presents the philosophy, components, and techniques of Chinese cooking. The ingredients that give Chinese dishes their unique tastes are described in detail, and the kitchen utensils and cooking techniques so important to cooking Chinese dishes successfully are presented. Advice is given on selecting dishes at a restaurant or in preparing a Chinese meal at home. Twenty recipes and their preparations (with a few videos) are taught, including Kung Pao Chicken, Egg Drop Soup, Peking Duck, and Beef in Oyster Sauce. Some ingredients and kitchen tools are brought to class for the students to inspect.

Ed McMahon has degrees in physics and electrical engineering, and a Ph.D. in system science. He has prepared and taught management courses since retiring as president of MRJ Technology Solutions. He received a diploma from the Chinese Cookery in 1996 and teaches hands-on Chinese cooking for the Confucius Institute at William & Mary.

Residential Construction/ Renovation Trends: Why You Need a Pro

Joe Cross
Tue 1:30 PM - 3:30 PM, 3 session(s)
1/28/2020 - 2/11/2020
School of Education, Room 1056
40 seats available

In the past a house was built from historic and familiar materials and systems you could relate to and understand, such as to keep the house dry, sanitary, safe and comfortable. Today, we live in a world of components designed for specific performance goals and costs and to meet ever more stringent minimum building codes and where, how you install a component (as simple as a window) is as important as the component itself. Most people also want a home with components and systems well above the minimum prescribed code. This course provides an overview of how we went from constructing buildings and houses to assembling them like cars, and how to select your home’s components and systems to that level of quality and cost that you want, rather than simply meeting the minimum code requirements.

Joe Cross has a B.A. in architecture and city planning and is the founder of PMA Architects in Newport News. He was the director of construction at Anheuser Busch and a Class A contractor, and has lectured on first-time home buying and home maintenance for the U.S. Department of Housing and Urban Development.

Spanish Grammar and Conversation for Intermediate/Advanced Students: Part III

Chris Scheiderer
Fri 9:30 AM - 11:30 AM, 6 session(s)
1/31/2020 - 3/6/2020
School of Education, Room 2030
25 seats available

This course is a continuation of the two review grammar and conversation courses held in the Fall 2019 session. This course will be devoted to an extremely important area of Spanish grammar: the subjunctive mood and the rules governing its use in the present and past tenses. In addition, we will continue to do as much conversation as possible in every class.


Christopher Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971 to 2004, and at the University of Maryland, Waynesburg College, and Ohio State University.

The History of Italian Cuisine

Donna Kendall
Tue 1:30 PM - 3:30 PM, 6 session(s)
1/28/2020 - 3/3/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available
One of the world’s most beloved cuisines has a fascinating and diverse history. Thanks to the Etruscans, the Greeks, the Roman excursions to faraway lands, and the explorers, Italian cuisine has become what it is today. Join us for a look at the rich history and traditions associated with Italian food. Samples will be provided at each class. A required fee of $5.00 is payable to instructor at first session of course. Mangia!

Donna Kendall has a B.S. in secondary education, and an M.F.A. in English and creative writing. She has been teaching for almost 35 years. She has been teaching for Northern Virginia Community College. She also studied Italian literature, taught Italian for the Department of Defense, and through Osher Lifelong Learning Institute at George Mason University.

**The History of Radio and Television Broadcasting**

**John Streiff**

Thu 2:00 PM - 4:00 PM, 3 session(s)
3/19/2020 - 4/2/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Everyone is influenced by broadcast media. Things have changed dramatically since the first broadcast. Learn about the technologies and innovations that powered radio and television to what it has become today.

John Streiff has a degree in telecommunications from San Diego State and worked in the broadcast industry for decades. He has been a voting member of the Audio Engineering Society, the Society of Motion Picture and Television Engineers, the National Academy of Television Arts and Sciences, and the Motion Picture Academy of America.

**The World of Oriental Rugs**

**Frank Shaia, Bryan Siewert**

Tue 5:30 PM - 7:30 PM, 3 session(s)
4/28/2020 - 5/12/2020
Shaia Oriental Rugs, 1325 Jamestown Rd
40 seats available

This course will feature an overview of the oriental rug industry. It will include the history of rugs from some of the oldest known through those of modern times. It will explain what makes an oriental rug, where they are from, and the various types. While the focus will be on Persian rugs, the class will cover rugs from nearby countries. It will also cover how rugs are woven, rug weaving and looms, the method of preparing the wool, and the dyeing process.

Frank Shaia is a second-generation rug dealer. In 1973, Frank’s older brother, Joseph, opened an oriental rug store in Williamsburg. Frank joined him shortly after and later bought the shop. While the shop specializes in fine new rugs, Frank spends most of his time with antique rugs and exhibits at antique shows.

Bryan Siewert is the General Manager of Shaia Oriental Rugs and has been working for Frank Shaia for over 10 years. He grew up in Richmond and attended Virginia Tech.

When I was in college it was all technical subjects. This gives me the opportunity to broaden my knowledge.

– Ken Turner, Osher at W&M Member

**U.S. National Security Decision-Making Using a Critical Thinking Framework**

**Mike Collier**

Thu 2:00 PM - 4:00 PM, 3 session(s)
2/20/2020 - 3/5/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Ever wonder about the process for making U.S. national security decisions? This course investigates the bureaucratic processes and how these processes should employ critical thinking to make them better. The critical thinking framework presented may also be used in any professional or personal decision-making situation.

Mike Collier graduated from the U.S. Coast Guard Academy. After a career as a U.S. Coast Guard officer, he pursued a second career in higher education, retiring from Eastern Kentucky University. He holds an M.S. in strategic intelligence (Defense Intelligence College) and a Ph.D. in International Relations from Florida International University.

**Wait Until Next Year! The 1955 Dodgers, 2004 Red Sox, the 2016 Cubs**

**Paul Boren**

Mon 1:30 PM - 3:30 PM, 3 session(s)
4/6/2020 - 4/20/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available
Paul Boren was a season ticket holder with the Orioles and Nationals. He has gone to play-off games, the World Series, and the All-Star Game. He's seen 126 Hall of Famers, and many "steroid hall of famers. But he could never hit the curve ball."

**You Got to Know When to Hold ‘em, Know When to Fold ‘em...**

David Hopkinson
Mon 9:30 AM - 11:30 AM, 3 session(s)
1/27/2020 - 2/10/2020
Edgeworth Park at New Town, Community Room
40 seats available

Our culture promotes and rewards idealism, optimism, persistence, and heroic efforts...even in the face of palatable failure. This course will examine issues faced within a life stuck in a quagmire or actually on an irreversible downslope. Learning to identify, accept and face hopelessness and defeat is a skill-set rarely taught or considered important to know in our "can-do" and "failure is not an option" culture. This course will draw on examples from family life, business and military ventures, career paths, health decisions and science. Class discussion and personal sharing are expected.

David Hopkinson has a Ph.D. in clinical psychology. He spent seven years teaching full time at the collegiate and graduate school level, five of those at William & Mary. He was also a tour guide at Maymont Mansion and wrote a manuscript and presented as a public lecturer several times.

**Government and Law**

**Congress, the Constitution, and You**

Art Grant
Wed 4:30 PM - 6:30 PM, 3 session(s)
2/19/2020 - 3/4/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

The purposes of this course are to (1) provide an understanding of Congress’ role in policymaking by focusing on the constitutional basis for that role, and (2) determine how Congress is fulfilling its responsibilities as the “people’s representatives.” We will describe and evaluate the results of the Constitutional Convention of 1787, describe the Founding Fathers’ intentions regarding Congress, and conclude with a description and analysis of current Congressional procedures. This is not a course on the centuries of legal interpretations of the Constitution; it is a course on Congress and its constitutional responsibilities to make policy.

Reading: Suggested: *The Quartet* by Joseph J. Ellis.

Art Grant is a former assistant professor of history at West Point and adjunct professor of history at George Washington University. During his professional career, he served 34 years in the federal government – 25 years in the executive branch and 9 years on the professional staff of the U.S. Senate.

**Department of Homeland Security: How Is It Doing?**

Michael Richardson
Thu 2:00 PM - 4:00 PM, 3 session(s)
2/20/2020 - 3/5/2020
Andrews Hall, Room 101
200 seats available

Cutting through the shifting media attention from TSA, to the Coast Guard, to the Secret Service, to Border Protection, this course will focus on quantitative results against the operational goals of the department. The most recent DHS report to Congress will be analysed for both effectiveness and suitability of current programs.

Michael Richardson, a West Point engineering graduate with a concentration in national security and a master’s degree in international affairs, has served as both a federal employee and a government contractor. He has applied his engineering and management skills to the development of technical security processes in United States embassies and to many of the 450 federalized airports.

**It’s Party Time! The Role of Political Parties in American Politics**

Karen McPherson
Fri 9:30 AM - 11:30 AM, 3 session(s)
3/20/2020 - 4/3/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Political parties – Americans don’t love them but, historically, political systems don’t work without them. This course will examine the role that political parties play in political systems in general and specifically in the United States. It will also look at the evolution of the American political party system during the 230 years of governance under the Constitution. Why do political parties exist? How do political parties change over time? Why does the United States have a two-party system? Is it better to have weak or strong parties? What can we do to make political parties the servants rather than the masters of democracy?

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

**Politics of U.S. Presidential Nominations**

Jack Edwards
Thu 9:30 AM - 11:30 AM, 3 session(s)
1/30/2020 - 2/13/2020
Williamsburg Landing, Jamestown-Yorktown Room
30 seats available

Choosing an American president...
in a general election is a fairly straightforward matter, but deciding who should be on that short list is fraught with difficulty. The first session of this course deals with the history of how the nominating process has evolved. The second session is primarily about how that process worked in 2008 and 2016. The third session deals with the process leading up to 2020, and how the politics of nominations continue to change.

Jack Edwards is professor emeritus of government at William & Mary.

The Critical Role of Congressional Oversight in American Democracy

**Eric Thorson**

Mon 1:30 PM - 3:30 PM, 6 session(s)  
3/16/2020 - 4/20/2020  
Thomas Nelson Community College, Room 328  
30 seats available

The conflict between the executive branch and the Congress has reached an unprecedented level of discord. Our constitution's carefully designed system of checks and balances is a pillar of American democracy. We will discuss the importance of, and the legal foundation for, the critical role of oversight in our democratic society. Previous congressional hearings regarding IRS misconduct and Russian organized crime will be analyzed. We will also look at the role of inspectors general, who focus from within on the integrity and efficiency of agency programs, and report to and support both their agencies and the Congress. This will be an apolitical look at preserving the integrity of our government and our democracy.

**Reading: Suggested:** *The Power to Destroy* by Sen. William Roth.

Eric is a graduate of the U.S. Air Force Academy. He was chief investigator of the Senate permanent subcommittee on investigations; chief investigator on the Senate finance committee; and inspector general of the Treasury. He coordinated over 20 congressional hearings, including Russian organized crime in the United States and conduct issues in the IRS.

**Virginia Criminal Law & Procedure**

**Nate Green**

Fri 1:30 PM - 3:30 PM, 6 session(s)  
3/20/2020 - 4/24/2020  
School of Education, Room 1056  
40 seats available

This course will provide an overview of Virginia's criminal justice system. Topics include the Virginia Criminal Code, crimes of violence, property offenses, narcotic offenses, and new problems facing law enforcement and prosecutors in the 21st century.

Nathan Green is the elected Commonwealth’s Attorney for Williamsburg and James City County. Nathan graduated from George Mason University in 1994 and William & Mary School of Law in 1998, where he also serves as an adjunct professor.

**Literature and Writing**

**How Serious Literature Can Also be Fun to Read**

**Terry Nienhuis**

Wed 9:30 AM - 11:30 AM, 3 session(s)  
3/18/2020 - 4/1/2020  
Williamsburg Landing, Auditorium  
60 seats available

This course will appeal to two large groups of readers: those who like "serious" literature but can't explain why, and those who feel intimidated by such literature and feel they prefer reading "popular" literature, like mystery novels. Both groups often refer to popular literature as a "guilty pleasure." This course will use the short stories of contemporary short story writer Ron Rash. Rash uses Appalachian materials and has been very successful in the literary world. His short stories will show participants how serious literature can also be fun to read.

**Reading: Required:** *Something Rich and Strange: Selected Stories* by Ron Rash, ISBN: 9780062349354

Terry has a B.A. in English from Western Michigan University and an M.A. and Ph.D in English from the University of Michigan.

**On the Way to the Well:** Spiritual Journaling for Reflection, Renewal, Healing, and Wholeness

**Wendy LeBolt**

Wed 1:30 PM - 3:30 PM, 3 session(s)  
4/29/2020 - 5/13/2020  
Thomas Nelson Community College, Room 100 M  
30 seats available

Do you find reading, writing, and reflecting in words intriguing? Does it help you tap into a deeper place or find a broader perspective? Join a group of like-minded companions as we explore journaling as a spiritual practice for growth and discovery. Over three sessions we'll explore various methods of journaling, its application to healing and health and ways to connect mind and body to facilitate our expression. Each session will include 30 minutes of facilitated writing/journaling exercises with prompts and springboards to inspire ongoing engagement with your thoughts, words, and ideas.

**Reading: Suggested:** *Opening Up: The Healing Power of Expressing Emotions* by James W Pennebaker, Ph.D.  
*Made to Move: Knowing and Loving God Through Our Bodies* by Wendy LeBolt.

Wendy LeBolt has a B.S. in biology from William & Mary with graduate degrees in exercise physiology. She taught anatomy and physiology at George Washington University and worked in community coaching and teaching health promotion and wellness. Her new book, *Made to Move: Knowing and Loving God Through Your Body,* was published in 2019.
Poetry as Story, Symbol and Song
Linda Partee
Mon 9:30 AM - 11:30 AM, 6 session(s)  
1/27/2020 - 3/2/2020
School of Education, Room 2020
18 seats available

Exercise your mind and become a late-blooming poet by joining this interactive course that encourages the blending of poetic elements into your writing. We will develop a common language of poetry based on the rhythms of music, patterns of math, observations of science, structures of engineering, the art and images of creativity, memoirs of history, and the philosophy of life and living. Though helpful, experience isn’t necessary. The welcome mat awaits your footsteps. Bring pen and paper.

Linda Partee holds a B.A. and M.A. from California State University with a specialization in communication disorders. She has been an educator and workshop leader for 28 years, is a member of the Poetry Society of Virginia, the James City Poets, and Cercle de Plume. Her work has been published and has received various awards.

Shakespeare’s Hamlet: “To Be or Not To Be” on a Search for Answers
Elizabeth Guiliano
Tue 1:30 PM - 3:30 PM, 3 session(s)  
4/7/2020 - 4/21/2020

In this course we will discuss the multifaceted and often elusive themes and questions at the heart of this lengthy and complex tragedy. Our study of Hamlet will explore the historic and cultural contexts in which it was written as well as the language for which Shakespeare is so lauded. Participants are encouraged to read the play; we will, however, view a film version of the play by interspersing scenes in our discussion.

Reading: Suggested: Hamlet by William Shakespeare.

Beth Guiliano is a retired professor of English, who taught literature and writing for over 20 years. She holds a B.S. in theatre, an M.A.T. in teaching English, and a D.A. in English education.

Writing for the Fun of It
Frank Milligan
Tue 1:30 PM - 3:30 PM, 6 session(s)  
3/17/2020 - 4/21/2020
Discovery, 5300 Discovery Park Blvd., Room 136
35 seats available

This relaxed and fun overview ranges from learning to think like a writer to publishing your work. Discussion and exercises reveal simple yet effective tools for organizing your thoughts. Learn to choose the best form to convey your unique vision: fiction, nonfiction, poetry, or drama, and the essential building blocks of each. A quick grammar and style refresher shows why you don’t have to be a grammar expert to be a good writer. With a project you’ll begin in class, or one you’ve already started, you will learn to apply professional techniques that will elevate your writing to the next level.

Reading: Suggested: Complete Guide to Writing Fiction and Non-Fiction, and Getting it Published (2nd Edition) by Pat Kubis and Bob Howland. Time to Write: Discovering the Writer Within After 50 by Frank Milligan.

Frank Milligan has taught creative writing at Northern Virginia Community College and Lorton Workshop Art Center. His book, Time to Write: Discovering the Writer Within After 50, won a silver award at the 2009 National Mature Media Awards. He holds an M.A. in writing from The Johns Hopkins University, an M.B.P.A. in management, and a B.A. in psychology.

Photography
Composition: Building a Better Photograph
Helen Oderisi
Wed 1:30 PM - 3:30 PM, 3 session(s)  
1/29/2020 - 2/12/2020
Helen’s Place Photography, Studio
20 seats available

This course will examine simple compositional techniques to help you consistently build better photos. Each class will feature some classroom instruction followed by time with your cameras and the instructor to try the techniques just discussed.

Helen fell in love with photography while at William & Mary. In 1990 she started Colonial Photography, now Helen’s Place Photography. Teaching and inspiring others has always been a huge part of her mission as a professional photographer. Fun is her motto.

Osher courses give me the opportunity to “dabble” since there are so many different courses offered. It keeps broadening my understanding of the world.

– Phoebe Kent, Osher at W&M Member
Developing a Photographic Eye: Part I

Norm Rictor
Tue 1:30 PM - 3:30 PM, 3 session(s)
4/28/2020 - 5/12/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

The course goal is to improve the photographer’s ability to see creatively and to develop practices that result in stronger photographs. Photographers are confronted by the realization that the human eye and the camera lens see the world in significantly different ways. Dealing effectively with these differences involves applying the elements of graphic design and arranging elements within the photograph according to generally accepted principles of composition. Studying and analyzing the well-composed photographs of others and applying those skills to one’s own work will encourage visual acuity, creativity, and the development of a personal photographic style.

Norm Rictor taught in secondary schools for 35 years. He was a department head, summer school principal, and member of various committees. He has been a photographer for over 69 years, instructor at Edward L. Bafford School of Photography, and past president of Baltimore Camera Club. He has taught for the Osher Institute for over 10 years.

How to Photograph Colonial Williamsburg and William & Mary

Carlo La Fiandra
Tue 9:30 AM - 11:30 AM, 3 session(s)
2/18/2020 - 3/3/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This course will teach you how to photograph Colonial Williamsburg, William & Mary, and the local area. Different camera and Photoshop techniques including subject selection and capture will be covered. Photographic accessories that will help you accomplish your objectives will also be discussed. The third class will include a 50-minute narrated photographic slide show of Colonial Williamsburg. The instructor will lead an optional limited two-hour field trip photographing Colonial Williamsburg after the completion of the three classroom sessions. Please bring your camera and instruction book to class.

Carlo La Fiandra is a mechanical engineer with several engineering degrees who explains technical photographic topics in a manner understandable to those who are uninformed about these topics. He has taught more than 20 Osher courses on different photographic topics over a decade.

Religion and Philosophy

Advanced Belief Analysis Part II

Barnet Feingold
Fri 1:30 PM - 3:30 PM, 6 session(s)
1/31/2020 - 3/6/2020
Thomas Nelson Community College, Room 328
20 seats available

This course is for those who have taken classes in Critical Belief Analysis or familiarized themselves with the ideas found at barneysplace.net. The course will study features of Critical Belief Analysis we did not have time to cover in The Structure of Wisdom (Fall 2019), explore beliefs of fictional characters, and examine other beliefs that class members suggest. If the class desires, we will investigate other views of belief. Those who took Advanced Belief Analysis last spring are welcome to return.

Barnet Feingold has a Ph.D. in clinical psychology from Penn State. He served the Veterans Administration in diverse clinical, supervisory, consulting, research, and training roles for over 30 years. After retiring, he taught at Shepherd University. He has over a dozen publications and presentations about the nature of belief.

From Doubt to Faith: Six Challenges to Your Faith

Peter Stimpson
Thu 9:30 AM - 11:30 AM, 3 session(s)
4/9/2020 - 4/23/2020
W&M Kaplan Arena, Wightman Cup Room
50 seats available

Have you ever doubted what you believe? We live in an increasingly secular world. Few go to church anymore. Many question their faith. When others challenge your faith, how deep and strong is your belief? This course poses six questions that have caused many to lose their faith. Does God exist? Is Jesus Christ the son of God? Does God really love you? Why does God allow suffering? Why do bad things happen to good people? Is there life after death? The answers to these questions will provide you with a bridge to God, crossing over from doubt to faith, from confusion to understanding, and from discouragement to hope.

Reading: Suggested: *A Bridge to God* by The Rev. Peter K. Stimpson,

Peter Stimpson has an M.Th. from the University of Ottawa and an M.S.W. from the State University of New York at Albany. The reverend was director of the Episcopal Counseling Service in Albany, NY, and Trinity Counseling Service in Princeton, NJ. He authored a personal advice column and published *Map to Happiness: Straightforward Advice on Everyday Issues.*

In Search of the Historical Jesus

Forrest White
Tue 4:30 PM - 6:30 PM, 6 session(s)
3/17/2020 - 4/21/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available
The last few decades revealed many new archaeological, linguistic, and textual discoveries relevant to the birth of Christianity. We know more about the special historical, economic, cultural, and religious forces in Palestine during Jesus' life than some of the gospel writers themselves. Who did crowds think they were following when Jesus of Nazareth first appeared? It is now possible to strip away most of an overlay of post-resurrection revisionism, later interpretation, scribal emendation, and imposed orthodoxy to reveal the core of the message and historical events that formed the basis of the Christian religion.

**Reading: Suggested:** New Testament

Hap White retired early from a career in school and municipal finance to devote more time to his avocation in historical Jesus research. Although he holds both a master’s and a doctorate from Old Dominion University, he is self-taught in matters of biblical history and religion. He currently serves as a personal finance representative.

**Introduction to Living Your Dreams Through the Law of Attraction**

Jeanne Forrest

Wed 9:30 AM - 11:30 AM, 3 session(s)
4/8/2020 - 4/22/2020
School of Education, Room 2030
30 seats available

Are you living the life of your dreams? Can you envision what that would be like? How does that make you feel? If you are really willing to take a leap of faith and step up to the challenge, please don’t wait. There is nothing (no thing) in life you cannot accomplish if you understand the “law of attraction”. Isn’t it time to empower yourself to live the life of your dreams?


Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life-purpose coach, and seminar leader whose passion is leading others to find a closer alignment with God’s purpose for their lives. She is a graduate of Duke University Divinity School, and continues to study with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

**The Life Most Worth Living: Virtue Ethics in Ancient and Modern Perspective**

Bill Rhodes

Thu 9:30 AM - 11:30 AM, 6 session(s)
3/19/2020 - 4/23/2020
School of Education, Room 1056
40 seats available

This course addresses the fundamentals of virtue ethics, concentrating on the thoughts of Socrates, Plato, and Aristotle. It focuses on the sort of person who lives well and asks what constitutes a good life. Modern virtue theory and findings from formal psychological research will be covered, along with the question of how best to equip ourselves to live well.


Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

**Who Wrote the New Testament and Why**

Forrest White

Tue 9:30 AM - 11:30 AM, 3 session(s)
4/7/2020 - 4/21/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

A wide array of new discoveries reveals much about the beliefs and character of Paul and the gospel writers. Although this new material differs from the tradition of Christian orthodoxy, we nevertheless now know far more about who these authors were, what they believed, and why they wrote. The author of John, for instance, was not the son of Zebedee, as Christians once believed, but he still had ample reason to refer to himself as the “Beloved Disciple” -- an important eyewitness to the events he described. Paul, too, may have had a special secret that shaped the passion of his theology.

**Reading: Suggested:** New Testament

Hap White retired early from a career in school and municipal finance to devote more time to his avocation in historical Jesus research. Although he holds both a master’s and a doctorate from Old Dominion University, he is self-taught in matters of biblical history and religion. He currently serves as a personal finance representative.

**Science and Health**

**A Mathematical Look at Apportionment, Voting, and Elections**

Paul Stockmeyer

Mon 1:30 PM - 3:30 PM, 3 session(s)
3/16/2020 - 3/30/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This course will begin by exploring the various methods that have been used in apportioning House seats among the states over the past 230 years, including methods proposed by Jefferson, Hamilton, Webster, and Hill. Then we will look at some of the problems with our traditional plurality voting system and examine alternative voting schemes. These include systems proposed by Borda and by Condorcet, run-off systems, approval voting, and others. Arrow’s Theorem will be discussed as we search for...
election systems that better reflect the collective will of the voters.

Paul Stockmeyer is professor emeritus of computer science at William & Mary. He holds a Ph.D. in mathematics from the University of Michigan, and currently serves as an associate editor of Mathematics Magazine, an expository journal published by the Mathematical Association of America.

Brain Power Boot Camp: Cognitive Enhancement
Tina Thomas
Tue 1:30 PM - 3:30 PM, 3 session(s)
3/17/2020 - 3/31/2020
Thomas Nelson Community College, Room 328
30 seats available

Stepping outside your comfort zone may keep you sharp. Many Americans are worried about brain health, especially if they have loved ones with memory loss, Alzheimer’s disease, or dementia. While research is not yet conclusive, certain lifestyle choices, such as physical activity and diet, may help support brain health and prevent Alzheimer’s. This course will explore evidence-based ways to prevent or slow down memory loss. Session 1: Social engagement and the aging brain. Session 2: Nutrition and the aging brain. Session 3: Dementia and the aging.

Tina Thomas has a B.S. in health care administration and an M.S. in hospice and palliative studies. She holds certifications in gerontology, pastoral care, nursing home administration, and Alzheimer’s disease and dementia care. Tina is the Director of Programs and Services for a chapter of the Alzheimer’s Association. She also worked as a home health and hospice administrator.

Creating Joy & Meaning for the Dementia Patient
Ronda Parsons
Wed 1:30 PM - 3:30 PM, 6 session(s)
1/29/2020 - 3/4/2020
School of Education, Room 1056
40 seats available

This course will provide a positive approach to dementia care that focuses on the caregiver’s power to create an atmosphere of joy and peace for both the patient and the caregivers. Topics covered include early diagnosis and what the disease does to the patient and the family, utilizing the moment-by-moment technique to connect with the dementia patient, patient-centered care, creating emotional memories, communication, dignity, spirit, humor, caring for the caregiver, and the business side of dementia.

Teeth Restored. CONFIDENCE GAINED.
New Outlook on Life.

“The moment I walked in the door at WCDH, I was greeted as an ‘old friend.’ Dr. Hall and her staff changed my life. Before my crown and restoration work, I would hide my teeth, but now I smile with confidence. Every step of the restoration process was carefully explained as we went along and I felt encouraged at each appointment. I highly recommend WCDH to anyone needing professional dental work.”

Greg
All-Porcelain Crowns, Teeth Repair & Root Canals Patient
Ronda Parsons has worked in sales management and training. Her essays have been published in various newspapers and magazines. Her book, *Creating Joy & Meaning for the Dementia Patient* was selected to participate in the Virginia Festival of the Book and received Honorable Mention at the 2015 London and New York Book Festivals.

**Disease Prevention and Preventative Care in Well Being**

**Carrie Karnes**

Tue 4:30 PM - 6:30 PM, 1 session(s)
4/28/2020 - 4/28/2020
Riverside Doctors’ Hospital Williamsburg, Room A & B
35 seats available

Proactive and preventative health care offers many benefits. When it comes to our health, prevention is much better than cure. Our physicians will share knowledge about diseases, such as diabetes, congestive heart failure, colon cancer, and chronic obstructive pulmonary disease. Explore ways to stay healthy through routine screenings, nutritional consultation, and information that will empower you to make healthy choices and reduce your risk of disease.

Carrie serves as the coordinator for this course at Riverside Doctors Hospital in Williamsburg, which will be taught by various physicians and hospital administrators. She has worked at the hospital for over five years and currently serves as the volunteer/community relations manager.

**Earthquakes, Eruptions, and Tsunami**

**Stephen Clement**

Tue 9:30 AM - 11:30 AM, 3 session(s)
1/28/2020 - 2/11/2020
School of Education, Room 2066
34 seats available

This course is an illustrated introduction to the earth’s tectonic plates, their relative movements and the resultant earthquakes, volcanic eruptions and potential tsunami. The basic structure of the earth and the seismological evidence used to define it will be described. Areas of particular interest include the Mid-Atlantic Ridge, Iceland, the East Africa Rift Zone, the Himalayas, Indonesia, Hawaii, the San Andreas Fault system, and the Cascadia subduction zone. Recent major earthquakes such as those in Sumatra, Haiti, Chile, Japan, Nepal, and California and major eruptions in Chile and Peru, the Philippines, Sumatra, the Caribbean and the Cascades will be examined. We will also look at the geological danger areas of the continental United States.

Reading: Suggested: *The Big Ones* by Lucy Jones.

Stephen Clement has a Ph.D. in geology from Cornell University, an M.S. in mineralogy from The University of Utah, and is professor emeritus of geology, William & Mary. He has taught mineralogy, igneous-metamorphic petrology, economic geology and petrography for 32 years.

**Identification of Trees in Winter**

**Jim Perry**

Fri 9:30 AM - 11:30 AM, 2 session(s)
1/31/2020 - 2/7/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Most trees are difficult to identify during the winter since they do not have their telltale leaves. In this course students will learn basic tree anatomy and morphology and how they can be used to identify trees in their dormant condition. This course will consist of one classroom lecture, one classroom identification lab, and one field trip to W&M woods. Note: Students will need to purchase a 10X (or better) lens for lab and field exercise.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. He has worked in wetlands in China, Taiwan, South America, the United Kingdom, and the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

**Introductory Astronomy**

**Brad Perry, Carmen Fragapane**

Tue 5:00 PM - 7:00 PM, 3 session(s)
2/18/2020 - 3/3/2020
Discovery, 5300 Discovery Park Blvd., Room 136
24 seats available

This course presents a brief survey of the solar system and stellar and galactic astronomy. A separate practical observing session, following the conclusion of this course, is planned at the Kiskiack Golf Club - date and time TBD. An alternate date will be selected, should weather not cooperate.


Brad Perry is a retired NASA engineer who has accomplished graduate studies in astronomy at the University of Virginia. He has published a number of papers on astronomical objects ranging from planetary objects to novae and supernovae.

Carmen Fragapane has taught physical science in the York County School Division for 16 years. He has taken part in educational projects at the National Radio Astronomy Observatory in Green Bank, West Virginia and supports local astronomy education and public outreach efforts throughout the Hampton Roads area.

**NASA’s Search for Life Beyond Earth**

**John Delano**

Fri 1:30 PM - 3:30 PM, 3 session(s)
2/21/2020 - 3/6/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available
Nearly 4,100 planets have been observed orbiting other stars. Our Milky Way galaxy is now inferred to have billions of planets. Data show that the structure of our solar system has some rare, but not unique, characteristics that favored the evolution of complex, carbon-based life. The methods used for discovering planets and determining their orbits around distant stars will be presented with minimal jargon, along with descriptions of their possible climates and their potential for having life as we know it.

John Delano was a NASA-funded researcher for 30 years. He retired from the State University of New York at Albany in 2016; was a distinguished Teaching Professor Emeritus in Department of Atmospheric and Environmental Sciences (joint-appointed to Department of Chemistry); Associate Dean; member and chair of numerous NASA advisory panels. He also has a Ph.D. in geochemistry.

**Primary Care: A Foundation for a Healthier You!**

**Carrie Karnes**

Tue 4:30 PM - 6:30 PM, 1 session(s)

Riverside Doctors’ Hospital Williamsburg, Room A & B

35 seats available

Primary care physicians will share ways for you and your family to stay healthy. Learn why understanding your family medical history and individual risk factors help to prevent and manage chronic disease. We will discuss which evidence-based screenings and healthy behaviors are recommended across the age continuum to facilitate prevention, early diagnosis, and treatment—all with the aim of improving your quality of life.

Carrie serves as the coordinator for this course at Riverside Doctors Hospital in Williamsburg, which will be taught by various physicians and hospital administrators. She has worked at the hospital for over five years and currently serves as the volunteer/community relations manager.

**Scientific and Social Aspects of Drug Discovery and Drug Development**

**Dana Lashley**

Wed 4:00 PM - 6:00 PM, 6 session(s)

W&M Integrated Science Center I & III, Room 1127

180 seats available

Groundbreaking discoveries in the field of medicinal chemistry will be explored through a historical lens. This course begins with the ancient medicines of antiquity and ends with the modern-era drug discovery and drug development practices. Learn about different drug classes, their medicinal properties, and their impacts on society. Become familiarized with terminology in the field of medicinal chemistry and pharmacology and be introduced to toxicological and pharmacological techniques that are part of modern drug development. No prior knowledge of chemistry required. Taught partially by outstanding senior W&M chemistry students.

Dana Lashley holds a B.A. in chemistry from Frankfurt University, Germany and a Ph.D. in medicinal and organic chemistry from Auburn University. She has been a visiting assistant professor of chemistry at William & Mary since 2014. Fun Fact: She plays women’s tackle-football for Richmond Black Widows!

**Spinal Injury Avoidance Concepts and Postural Improvement Tutorial**

**Daniel Carlson**

Thu 9:30 AM - 11:30 AM, 3 session(s)

W&M Kaplan Arena, Wightman Cup Room

25 seats available

Non-ideal posture has a role in spinal injury. Participants will receive instruction in a ten-minute-a-day exercise protocol to improve balance, alignment, and movement.

**Reading: Suggested:** 8 Steps to a Pain-Free Back by Esther Gokhale. Stand Taller-Live Longer by Steven Weiniger.

Daniel Carlson has been in continuous chiropractic practice for 36 years, with a focus on instructing mechanical back pain patients, self-performed injury avoidance, and strength-stability protocols. He received his doctor of Chiropractic Medicine from the National University of Health Sciences.

**The Psychopath Next Door**

**Arleen Cerbone Faustina**

Thu 1:30 PM - 3:30 PM, 3 session(s)

Discovery, 5300 Discovery Park Blvd., Room 136

40 seats available

Psychopaths and serial killers are the subject of endless fascination, but there are a sizable number who walk among us daily. “Successful psychopaths,” those who attain prominent positions in society, may be seen in academia, business and entertainment. This course will present the history, diagnostic criteria, prevalence, and prognosis for psychopathy, as well as ways of identifying a psychopath in daily life.

Arleen Cerbone Faustina has a Ph.D. in psychology from Tulane University, where her research centered on the effects of stress on behavior, with a focus on PTSD. Her experience extends from the classroom to research, private practice, and the pharmaceutical industry.

**The Senses of Plants**

**Helen Hamilton**

Thu 9:30 AM - 11:30 AM, 3 session(s)

Discovery, 5300 Discovery Park Blvd., Room 136

40 seats available
We know plants move their leaves toward light, bananas can ripen apples, and beans will climb up garden supports. How do plants see light? Why do bananas affect apples? What makes vines curl around a post? Recent research has begun to elucidate how plants can apparently sense and respond to their environments. How closely do the actions of plants match ours in sensing sources of water, light, and food? Are plants intelligent? Can they remember?

**Reading: Suggested:** *What a Plant Knows* by Daniel Chamovitz. *Brilliant Green* by Stefano Mancuso, Allessandra Viola.

Helen Hamilton taught biology in high schools, worked as a plant technician for the National Park Service, and has authored two field guides for native plants. A lifelong learner, she enjoys researching new subjects. For many years she has taught classes for the Osher Institute on a variety of topics.

### Tidal Marshes of the Chesapeake Bay

**Jim Perry**

Wed 9:30 AM - 11:30 AM, 3 session(s)

4/29/2020 - 5/13/2020

School of Education, Room 1056

40 seats available

In this course we will concentrate on the ecology of Virginia’s tidal wetlands. We will discuss the importance of tidal wetlands, history of their uses, distribution and classification of Virginia’s tidal marshes, and their dominant flora and fauna. We will end with a discussion of tidal wetland losses in Virginia and the application of the “Mitigation” concepts (wetland conservation vs. preservation, creation vs. restoration) and the potential future of Virginia’s tidal wetlands.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. He has worked in wetlands in China, Taiwan, South America, the United Kingdom, and the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

### Understanding Post-traumatic Stress Disorder (PTSD)

**Arlene Cerbone Faustina**

Mon 1:30 PM - 3:30 PM, 3 session(s)

2/17/2020 - 3/2/2020

School of Education, Room 1056

40 seats available

PTSD has been in the news often since the Gulf Wars and many people associate it with soldiers; however, approximately 70% of Americans will experience a traumatic event in their lifetime and approximately 8% will develop PTSD. This course will present an overview of PTSD beginning with the history of the disorder and continuing with diagnostic criteria, prevalence, and treatment. Course content will focus on relevance to daily life.

Arlene Cerbone Faustina has a Ph.D. in psychology from Tulane University, where her research centered on the effects of stress on behavior, with a focus on PTSD. Her experience extends from the classroom to research, private practice, and the pharmaceutical industry.

### What Do These Results Mean? Understanding Clinical Diagnostic Tests: Part II

**Dana Willner**

Thu 2:00 PM - 4:00 PM, 3 session(s)

3/19/2020 - 4/2/2020

Andrews Hall, Room 101

200 seats available

Have you ever wondered how they figure out who your ancestors were based on what’s in your mouth? Or what DNA evidence is really and how it tells who committed a crime? And what really is the deal with the bacteria in your gut? In this course we will explore the underlying biology, statistics, and informatics of commercial genetic tests and DNA testing for criminal justice purposes. This course is the second part of a two-part series.

Dana Willner is currently a lecturer in the Computer Science Department at William & Mary. Her background is in exploring humans and their microbiomes using high-throughput DNA sequencing combined with bioinformatics.

### What Exercise Should I Be Doing?

**Karen Thomas**

Wed 9:30 AM - 11:30 AM, 3 session(s)

4/8/2020 - 4/22/2020

Williamsburg Landing, Auditorium

60 seats available

Is all of the information about exercise and types of exercise confusing? While exercise is beneficial, not all exercise and exercise programs are appropriate for everyone. This course will help you make informed choices about your exercise activities. The latest information for safe but effective exercise will be discussed, including frequency, intensity, and types of exercise. The topics will include how to get the most benefit from your physical activity, how to determine if an activity is safe for you, and how to modify exercises and exercise programs to increase safety and effectiveness.

Karen Thomas has an M.A. in Kinesiology and is an American College of Sports Medicine Certified Exercise Physiologist with certifications in “Exercise is Medicine,” nutrition, and public health. She retired in 2018 from Montgomery College, Maryland, after teaching health and exercise science for 29 years.

### World History

**Ancient Egyptian Writings with Hieroglyphs**

**George DeRise**

Thu 2:00 PM - 4:00 PM, 3 session(s)

4/30/2020 - 5/14/2020

School of Education, Room 1056

40 seats available
This course is an exploration of Ancient Egyptian writings from monumental and religious texts to stories, poetry, love songs and wisdom literature. For enhancement of understanding the basics of hieroglyphs will be presented. This is not a course in hieroglyphs but my emphasis will be on what the writings tell us about the history, art, culture, ethics, religion and most of all about the hopes, fears, and concerns of these people about family, social status, death etc. What was it like to live in this ancient land several millennia ago?

George DeRise has a Ph.D. in applied mathematics from Old Dominion University. He retired in 2010 after teaching mathematics for 46 years, 32 of them at Thomas Nelson Community College. George has studied the Ancient Egyptian Book of the Dead and the hieroglyphic language and has given talks on other subjects at the Osher Institute.

Ancient Rome and the Rise of Christianity
Glenn Markus
Mon 9:30 AM - 11:30 AM, 6 session(s)
1/27/2020 - 3/2/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The historical beginnings of Christianity can be examined in the context of the various religious, cultural, and political forces that shaped the Greco-Roman world in the period between Alexander the Great (4th century B.C.) and the Roman Emperor Constantine the Great (4th century A.D.). Much of this turbulent period was marked by clashes between the Jews and Greeks, and then between the Jews and Romans, over issues of political autonomy and religious practice. Eventually, the emergence of Christianity at the turn of the millennium brought about still further conflict between this nascent religious movement and imperial Rome. This course looks at this conflict from Rome’s point of view.

Glenn Markus holds degrees in philosophy (epistemology) and in Greek and Roman studies, both from The Johns Hopkins University. He has been an instructor at other educational programs for seniors in Virginia.

Diocletian and the Tetrarchy: The Roman Empire is Revived
John Rogers
Tue 1:30 PM - 3:30 PM, 3 session(s)
2/18/2020 - 3/3/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

By the middle of the third century A.D., the Roman Empire was in a state of near chaos. It was ineffectively ruled by a succession of emperors, who, having been placed on the throne by victorious warring factions, went on to enjoy brief, blood-stained reigns. Diocletian, a successful general, came to the throne in the same manner. However, realizing that the empire could not go on as it was, he reorganized its government, army, and defenses. Diocletian’s reorganization and his 21-year reign (A.D. 284 to 305) brought stability and strength that extended the Roman Empire’s life by generations.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

Diocletian and the Tetrarchy: The Roman Empire is Revived

Discover China: Its Geography, History, and Current Challenges
Sandy Menaquale
Fri 9:30 AM - 11:30 AM, 3 session(s)
1/31/2020 - 2/14/2020
Williamsburg Regional Library, Theatre
250 seats available

The geography of China shaped the way its civilization and culture developed. The large area was isolated from much of the rest of the world and consequently enabled the Chinese to develop independently from other world civilizations. At times, China led the world in discoveries, but during the Renaissance and Industrial Revolution, China was left behind by its European counterparts. China has a fascinating past, present, and future, and this course will look at all three time periods. Today China is identified as a rising superpower, and this “rise of China” has been named the top news story of the 21st century.


Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent more than 28 years in pharmaceutical management for Eli Lilly. Upon retirement, she taught GED to inmates and high school languages.

Osher allowed me to become a Baseball Historian in my second career (and introducing yourself as “Baseball Historian” gets you a lot more street cred at a cocktail party than does “Bureaucrat”).

– Osher at W&M Instructor
She also worked for Thomas Nelson Community College in Workforce Development training adults.

Expedition Cruise Ships
Jacob Polderman
Fri 1:30 PM - 3:30 PM, 3 session(s)
3/20/2020 - 4/3/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This course will explore the building of expedition cruise ships, who builds them, who operates them, where they go, and why they go there. We will show the ships' interior and special facilities on board and discuss the reason to label them expedition ships.

Jacob (Jack) Polderman is a naval architect and a retired manager in the marine industry. Jack still works part-time in the marine regulatory sector.

ISIS, Syria and the Explosive Middle East
John Hickok
Wed 9:30 AM - 11:30 AM, 3 session(s)
3/18/2020 - 4/1/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

In January of 2011 we saw the Middle East explode into the Arab Spring, including a civil war in Syria and a blitzkrieg attack of Iraq by ISIS in June of 2014. ISIS has been soundly defeated in both Iraq and Syria but has not been totally removed as a threat to the world. How did ISIS arise? Why do the Muslims in the Middle East hate the west? This course will identify and discuss the significant events in history that supported the evolution of the ultra-radical ISIS Islamic sect and the unrest we see in Syria and the rest of the Middle East.

John Hickok graduated from the U.S. Naval Academy with a B.S. in engineering/nuclear physics. He has an M.S. in aeronautical engineering and an M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

Lace Was the 18th Century F.A.N.G.
Carolyn Cerini
Fri 1:30 PM - 3:30 PM, 3 session(s)
5/1/2020 - 5/15/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

“FANG” is business-speak for modern-day trillion-dollar companies: Facebook, Apple, Netflix, and Google. From the 16th to the 19th centuries, men made and lost fortunes in L.T.T.S.: lace, tobacco, timber, and silk. This course focuses on lace; from a man's perspective: who was allowed to wear it; who sold it; the taxes and tariffs; the smugglers and even pirates who valued lace as much as gold and jewels.

Carolyn Cerini has a B.S. in chemistry and an M.A.T. from Fairleigh Dickinson University. She taught high school chemistry, then taught at Northern Virginia Community College before employment with the federal government for 30 years. She has testified in court as an expert witness, and given talks to government agencies on a variety of topics. Carolyn has been a lace-maker since 2001.

Marquis de Lafayette: A Life
Doug Cummings
Thu 9:30 AM - 11:30 AM, 3 session(s)
4/9/2020 - 4/23/2020
Williamsburg Regional Library, Theatre
250 seats available

Most Americans know Lafayette from his five years in America during the American Revolution. However, he lived most of his 76 years in France and had a very different and controversial career from his career in America. This course will follow Lafayette across his early years, his American Revolution years, his French Revolution years (before, during, and after), and finally his retirement years. He lived a full and amazing life, and we will explore all of it.

Reading: Suggested: Lafayette by Harlow Giles Unger. The Marquis: Lafayette Reconsidered by Laura Auricchio.

Doug Cummings is a native New Yorker with a B.B.A. in economics, an M.A. in history, and an M.B.A. in executive management. He spent 34 years in management in the Bell System. He has lived in Williamsburg since 1998 and has been an interpretive guide at Yorktown Battlefield for more than 17 years.

Selected Topics in Chinese Culture
Ying Liu
Mon 9:30 AM - 11:30 AM, 3 session(s)
3/16/2020 - 3/30/2020
Morton Hall, Room 102
40 seats available

This course will examine three topics to introduce Chinese traditional culture and modern concepts: Chinese Dietetic Culture and Table Etiquette; Chinese Traditional Festivals and Customs; and Contemporary Chinese Marriage Culture and Concept.

Ying Liu is assistant director at William & Mary’s Confucius Institute. Ying worked as a research analyst at Virginia Polytechnic Institute and State University. She holds a Ph.D. in higher education leadership and policy, Vanderbilt University; an M.ED. from the University of South Florida; and a B.A., University of International Business and Economics in Beijing.

Six Battles that Changed the Course of History
John Rogers
Wed 9:30 AM - 11:30 AM, 3 session(s)
4/8/2020 - 4/22/2020
The Great Patriotic War: 1941 - 1945

Bill Riffer
Mon 9:30 AM - 11:30 AM, 3 session(s)
3/16/2020 - 3/30/2020
Williamsburg Regional Library, Theatre
250 seats available

The Eastern Front was the largest, bloodiest, and arguably the most important theater of World War II. It is also widely misunderstood. This course will review the causes of the conflict, both sides' strategy and doctrine, tactical innovations, and the course of the war including major successes, blunders, and failures. We will also place this conflict in the wider context of World War II and attempt to assess its impact and importance.

Reading: Suggested: Absolute War (Soviet Russia in the Second World War) by Chris Bellamy. Barbarossa (The Russian-German Conflict, 1941-1945) by Alan Clark.

Bill Riffer is a retired career submarine officer with a lifelong interest in military history. In addition to at-sea commands, he also served as Atlantic Submarine Force chief of staff for doctrine, tactics, and training. He has degrees in nuclear engineering, national security policy, and international relations.

The Holocaust: Exploring the Issues of Resistance and Rescue

Donald Schilling
Thu 9:30 AM - 11:30 AM, 6 session(s)
1/30/2020 - 3/5/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Among Holocaust topics requiring sustained examination are those of resistance and rescue. In the first three classes we will challenge the view that Jews went to their deaths like “sheep to the slaughter” by examining the varieties of Jewish resistance including the dramatic Warsaw Ghetto Revolt and actions of the Bielski Partisans. In the last half of class we will deal with rescue. What actions were taken by individuals or groups to save Jews? What motivated such actions? How successful were they? Among other cases we’ll look at the rescue work of the French community of La Chambon. Reading will consist of documentary materials and several excerpts from books.

Donald Schilling has a Ph.D. in modern European history from the University of Wisconsin-Madison and spent 41 years teaching courses in this subject area at Denison University, including Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of World War II.

Queen Victoria: Europe’s Grandmother

Linda Smith
Tue 9:30 AM - 11:30 AM, 3 session(s)
4/7/2020 - 4/21/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Queen Victoria and Prince Albert planned the marriages of their children with the goal of a unified, peaceful Europe under Anglo-German guidance or, at least, to extend their influence. Did they succeed or fail? This course will trace their descendant’s marriages through the 19th and 20th century Europe “for better or for worse.” No prior knowledge is necessary.

Linda Smith has a B.A. in history and political science from Boston College, with a specialty in Victorian England. She has taken graduate seminars (non-degree) in Victorian imperial history at Oxford University. She also has an M.L.S. from Simmons College.

Activities

Beginning Tennis
Michael Caboy, Neely Zervakis, Mark Hildenbrand
Mon 12:00 PM - 1:00 PM, 6 session(s)
testimony to humanity’s defeat and splendid triumph.

Reading: Required: This Tender Land by William K. Krueger. 100 Years of Solitude by Gabriel Garcia Marquez. Short Nights of the Shadow Catcher by Timothy Egan. The Beekeeper of Aleppo by Christy Leftierri.

Patrick Dugan was an Assistant District Attorney in the New York County District Attorney’s Office for 36 years.

Citizen Scholars: How Historians Do History

Karin Wulf
Mon 9:30 AM - 11:30 AM, 1 session(s)
Swem Library, Omohundro Institute Conference Room
20 seats available

In this course, the instructor will lead a hands-on session that will explore how historians engage in scholarly work through research, writing, presentation, and publication using primary sources such as online and physical archives and artifacts. The session will show how historians use evidence from primary sources to explore the geographic depth and breadth of “Vast Early America”—encompassing four centuries and four continents.

Karin Wulf has a Ph.D. in history and, in addition to her Omohundro Institute position, she is a faculty member in William & Mary’s department of history, where she teaches and advises undergraduate and graduate students.

Contra Dance

Phoebe Williams
Wed 6:00 PM - 8:00 PM, 3 session(s)
4/8/2020 - 4/22/2020
W&M Kaplan Arena, Person Room
30 seats available

Contra is a social dance and an American tradition. The dance is led by a caller with each dance containing several repeated moves. Many of the moves are simple enough to master in a few hours. Each dance is made up of long lines of couples that progress up and down the line, dancing with everyone in the hall. Partners and dance experience aren’t required. In this course you will learn contra dancing basics, discuss the dance’s history, and spend most of the time dancing.

Phoebe has a B.S. in biology from William & Mary and an M.Ed. and Ph.D. in biochemistry and is adjunct faculty at William & Mary. She has been calling and teaching contra for ten years and has taught other social dances from Ireland, Scotland, England, and the United States for 20 years.

French Conversation Table

Anne de Vulpillieres, Didier de Vulpillieres
Wed 12:00 PM - 1:00 PM, 12 session(s)
1/29/2020 - 4/22/2020
(no class on 3/11/2020)
W&M Kaplan Arena, Wightman Cup Room
30 seats available

La Table de Conversation Française est un lieu de rencontre de personnes ayant en commun un intérêt dans la langue française et dans l’approfondissement de leur connaissance de sa culture. Les séances sont organisées autour de la lecture d’articles de journaux ou de magazines, lus et commentés par chaque participant dans une ambiance décontractée. Un niveau minimum de compréhension de la langue française est toutefois nécessaire pour pouvoir profiter pleinement de ces sessions.

Anne de Vulpillières is a native of France who has lived in the United States for more than 30 years. She is an accomplished artist who also tutors French conversation at home.

Didier de Vulpillieres is a native of France who has lived in the United States for more than 30 years. He holds an engineering degree from...
France and an M.B.A. in international operations from Michigan State.

**German Conversation Table**

**Judith Taddeo**

Mon 12:00 PM - 1:00 PM, 12 session(s)
1/27/2020 - 4/20/2020 (no class on 3/9/2020)
W&M Kaplan Arena, Wightman Cup Room
25 seats available

Eine gute Gelegenheit um nette Und interessante Leute kennen zu lernen und um an vielseitigen Gesprächen teilzunehmen mit einer Thematik der Gegenwart und der Vergangenheit, die Kultur, Wissenschaft, Literatur und Sprache und Kunst umfasst und uns so einen Einblick in das deutschsprachige Wesen gibt.

Judith Taddeo grew up in Bonn, Germany. She was a former member of the German Foreign Service and is currently working as a professional technical and legal translator. She has a B.A. in linguistics, with an emphasis on bilingualism as well as language acquisition in children.

**Italian Conversation Table**

**Flavio Mangini**

Thu 12:00 PM - 1:00 PM, 12 session(s)
1/30/2020 - 4/23/2020 (no class on 3/12/2020)
Discovery, 5300 Discovery Park Blvd., Room 136
20 seats available

Durante questo corso di conversazione avrete l’opportunità di praticare italiano con i vostri compagni di classe. Dovete essere in grado di leggere articoli di giornali e riviste e partecipare alla conversazione in italiano. Questo non e’ un corso di insegnamento della lingua italiana ma cercheremo di aiutarvi se necessario.

Flavio Mangini was born and raised in Italy where he earned his Ph.D. in chemistry. He joined a Fortune 500 company, worked in Europe and the United States, and retired as a vice president. He frequently visits family and friends in Italy and continues to look for opportunities to speak Italian.

**Opera in Williamsburg Rehearsal: La Boheme**

**Naama Zahavi-Ely**

Fri 12:00 PM - 3:00 PM, 1 session(s)
5/1/2020 - 5/1/2020
Kimball
130 seats available

Opera in Williamsburg, the innovative opera company that performs two fully staged operas in Williamsburg each year, will open its doors on May 1, 2020, so Osher members can observe a working rehearsal. The singers will already have rehearsed the music and the staging before coming to the Kimball Theatre. This rehearsal will be a work session with piano accompaniment, no costumes and minimal props, with possible repetitions and backstage staff moving around. The opera will be Puccini’s *La Boheme*, one of the most popular operas in the repertoire, sung in Italian with English supertitles. The finished production will be on May 8, 10, 13, and 15.

Naama Zahavi-Ely founded Opera in Williamsburg in 2012, and serves as the artistic and general director. She taught Biblical Hebrew at William & Mary for over a decade before retiring to her birth country, Israel. She believes that Williamsburg is uniquely positioned for intimate performances of opera classics.

**Rosewell Ruins: Living History Lecture and Private On-Site Guided Tour**

**Clayton James**

Fri 1:30 PM - 3:30 PM, 2 session(s)
4/3/2020 - 4/10/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

The Rosewell Ruins in Gloucester County exist today as a relic of America’s fabled past. From the earliest Native Americans to the post-Civil War industrialization, American history was forged at Rosewell. This two-day course will explore the history of Rosewell and discover why Rosewell stands as one of America’s most magnificent mansions. The first session is a lecture. The second session is a private tour of the Rosewell Plantation, a short 40-minute drive from William & Mary.

I had lived in southern California all my life and we literally chose to retire here because of the Osher Lifelong Learning Institute. Many of my neighbors are also participating in this program, so it’s great fun and we make new friends. I think by keeping our minds engaged and active we stay on this side of the grass a little longer!

– Bob Byrne, Osher at W&M Member

Participants are responsible for their own transportation but carpooling may be discussed on the first day of class. The Rosewell private tour on site at Rosewell will require a $5.00 admission fee to the Rosewell Visitor Center and Ruins.
Clayton W. James, CFM, is a registered financial advisor and serves as the managing director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a B.S. in mathematical economics, and has been helping investors in the investment management industry since 2003.

Spanish Conversation Table

**Ruth Fraser**

Tue 12:00 PM - 1:00 PM, 12 session(s)

1/28/2020 - 4/21/2020 (no class on 3/1/2020)

W&M Kaplan Arena, Wightman Cup Room

25 seats available

La mesa espanola les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua espanola hablada. En las reuniones, unos articulos de periodicos o del internet forman las base de la lectura y de los comentarios de los participantes. El ambiente es amistoso y todos nos apoyamos el divertirnos. (Caveat: This is not a beginning Spanish class meant to teach level I language.) A Spanish/English dictionary is nice to have but not required.

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She has an M.A. in Spanish from the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador, and Peru.

The City of God: A Philosophical Garden Tour of Colonial Williamsburg

**Michael Lorence, Diana Lorence**

Wed 9:30 AM - 11:30 AM, 1 session(s)

3/10/2020 - 4/21/2020

Colony Williamsburg's Palace Green

40 seats available

This hour-long walking tour of the town and gardens along Palace Street in Colonial Williamsburg examines the city through the philosopher's eyes. Do gardens have meaning? Is architecture more than shelter and decoration? Was the Colonial Revival a mistake or a revelation? Was there a difference in 18th century Williamsburg and what difference does it make to us today? Please join us for this unique look into the silent meanings written upon the houses, gardens and town plan of our "ancient citie." Enrollees should purchase a Colonial Williamsburg Good Neighbor pass.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Diana Lorence speaks at libraries and literary events across the country. She and her "Innermost House" have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of "home" in the modern world, encouraging others by her example to seek their own way home.

Town and Gown Noon Lecture Series

**JoAnn Gora**

See schedule on next page

Wren Readers: A Book Discussion with Barbara Reynolds

**Barbara Reynolds**

Tue 12:00 PM - 1:00 PM, 1 session(s)

3/31/2020 - 3/31/2020

School of Education, Room 2030

20 seats available

Gerard is a timid librarian whose only real friend is his pen pal, a beautiful Englishwoman named Alice, who is sadly confined to a wheelchair after a horrific car accident. They’ve been sending passionate letters to each other since they were 13, but they never exactly met. In fact, Alice refuses to let Gerard come to visit her. Does she have some connection to Gerard’s creepy, semi-insane mom, who’s also English? And to the Victorian horror tales that Gerard keeps stumbling across? What’s she hiding anyway? The answers are yes, yes, and wait and see… Please join us to discuss The Ghost Writer by John Howard.

Kit Ober graduated from Smith College with a degree in English literature. She worked with a retired university president, helping him to edit, publish, and market two of his books. Over the years, she has participated in many book discussion groups and enjoys most genres, particularly good fiction.

Wren Readers: A Book Discussion with Sally Whiting

**Sally Whiting**

Mon 12:00 PM - 1:00 PM, 1 session(s)

2/3/2020 - 2/3/2020
The Neuroscience of Face to Face Diplomacy

March 5, 2020

Dr. Marcus Holmes, Associate Professor of Government, Co-Director, Social Science Research Methods Center

Is There Support for Cultural Institutions in America?

March 19, 2020

Thomas C. Phelps, Director (retired), Division of Public Programs, National Endowment for the Humanities

School of Education
Matoaka Woods Rm
301 Monticello Ave

11:45 bring your lunch and visit with members. Bottled water and soda provided. Speaker begins 12:15 p.m., ends at 1:15 p.m.

Because We Can...Should We: Dilemmas in Healthcare Ethics

April 2, 2020

Earl D. White, II, M.D., Medical Director for Healthcare Ethics, Sentara Healthcare

Quicksilver Nightmare: Mercury Pollution That Never Goes Away and Birds That Do

April 9, 2020

Dr. Daniel Cristol, Chancellor Professor of Biology

Let’s Talk About Ceramics

April 16, 2020

Mike Jabbur, Associate Professor of Ceramics, Coco Scholar, Department of Art and Art History

A Provost’s Day at William & Mary

April 30, 2020

Provost Peggy Agouris

Be sure to register to attend and wear your Osher name tag.
One-Time Lectures

American Transcendentalism for the 21st Century
Michael Lorence
Fri 9:30 AM - 11:30 AM, 1 session(s)
3/20/2020 - 3/20/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Transcendentalism is the central American wisdom, about which tilts and turns the rest of American thought. Yet it is so little understood today that it sometimes passes for incomprehensibly strange. How can something so near to us be so strange to us? How can wisdom once gained be so entirely lost? In this straightforward course, we will go back to the beginning—back to Emerson and Thoreau and the others—as a way of going forward toward the future. What would transcendentalism look like it were new and fresh and useful today?

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

Buying and Selling Homes in Today’s Real Estate Market
Suzanne Dana
Wed 1:30 PM - 3:30 PM, 1 session(s)
4/22/2020 - 4/22/2020
School of Education, Room 1056
40 seats available

"The times they are a changin'." This old adage certainly applies to real estate! If you are planning on buying or selling a home, you’ll need to be prepared. Come see how the processes, technology, jargon, and expectations have changed since many of us last bought or sold a home.

Suzanne Dana moved to Williamsburg in 2005 and shortly thereafter began her career as a realtor. She has received numerous awards from her peers and companies, served on committees at the local association and on the boards of directors of both...
the association and Multiple Listing Service (MLS), including as president of the MLS.

Carl von Clausewitz: Highlights from On War
Bill Rhodes
Tue 1:30 PM - 3:30 PM, 1 session(s)
3/31/2020 - 3/31/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Carl von Clausewitz is widely considered to be one of the foremost philosophers of war. His work has influenced thinking about military and political strategy for over 150 years. This lecture will present highlights from his classic work On War. It will cover central themes in his influential thinking, including the famous interactive “trinity” of rationality, irrationality, and chance in conflict.

Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

Citizen Kane: What Makes it Great?
Dan Sherman
Fri 9:30 AM - 11:30 AM, 1 session(s)
3/6/2020 - 3/6/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

At age 25, Orson Welles directed and starred in what some say is Hollywood’s greatest film. Made nearly 80 years ago, Welles’s film was immediately recognized for its technical brilliance and creative energy. This lecture will describe the making of this great film, its creators, and the controversies behind it. Although the talk will include many clips from the film to demonstrate its innovations, participants are urged to watch the film beforehand.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He has also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.

Close to Home: The Williamsburg Area and the Revolutionary War
John Lynch
Mon 1:30 PM - 3:30 PM, 1 session(s)
2/17/2020 - 2/17/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Williamsburg’s place in the Revolutionary War is well known. Its Revolutionary history is suberbly portrayed by various activities held by Colonial Williamsburg. What is left to tell? Plenty. Which nearby skirmishes and battles helped shape the final course of the Yorktown Campaign? Was biological warfare attempted near Williamsburg in 1781? What is Williamsburg’s connection to the Virginia State Navy and the war at sea? This lecture will address each of these questions and potentially provide new insight into local history.

John Lynch is a physician assistant working in the Tidewater area. His avocational interests include military history and medical history. John’s publications include articles about the Federal Navy’s Civil War-era Bureau of Medicine and Surgery, the Confederate Navy’s Office of Medicine and Surgery, and the impact of disease on a Napoleonic War British expedition.

Demystifying the Stock Market: How to Become a Confident Investor
Clayton James
Thu 9:30 AM - 11:30 AM, 1 session(s)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

For investors of all experience levels, the stock market can be both intimidating and frustrating. This course will break down the most common investor barriers in order to help you become a more confident, informed, and educated investor.

Clayton W. James, CFM, is a registered financial advisor and serves as the managing director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a B.S. in mathematical economics, and has been helping investors in the investment management industry since 2003.

Dr. Martin Luther King, Jr. National Memorial: How Public Art Speaks for a Culture
Edward Jackson
Tue 1:30 PM - 3:30 PM, 1 session(s)
4/7/2020 - 4/7/2020
Andrews Hall, Room 101
200 seats available

The planning, programming and design decision-making strategy and tactics involved in the creation of the Martin Luther King, Jr. Memorial on the National Mall, Washington, DC.

Edward Jackson has a B.S. in architecture from the University of Illinois, and a Ph.D. in architecture from The University of Michigan. He is the executive architect of the Martin Luther King, Jr. National Memorial Project, and served as Assistant Secretary of Defense for Health Affairs.

Eminently Suitable, Part II: The Suit Today
Michael Lorence
Fri 9:30 AM - 11:30 AM, 1 session(s)
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

In last year’s lecture, we examined how the modern suit of clothes
developed in the 19th century as a classical work of art. In this sequel, we will summarize that historical development and look more closely at changing attitudes toward the suit in our own lifetimes. We will ask what a suit really is, how it is made, where it is going, and what it all means. If you have ever wondered why you feel different in a suit of clothes, this course is for you.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

**Eugenics: Special Emphasis on Virginia**

**John Dorson**

Thu 2:00 PM - 4:00 PM, 1 session(s)
1/30/2020 - 1/30/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

The lecture reviews the history of eugenics from its beginnings in Europe and America and its growth as a social movement for the betterment of mankind to its negative result in laws for the coercive sterilization of the poor or feebleminded. Virginia’s role is emphasized through the leadership of the University of Virginia and the Supreme Court case; Buck v. Bell, in which Justice Holmes said, “Three generations of imbeciles are enough.” Eugenics and immigration laws merged in 1924 when IQ testing validated both. Eugenics declined following the Holocaust. Virginia recently apologized for its role and offered reparations to the victims. The legacy of eugenics will be discussed.

John Dorson has a Ph.D. in Biochemistry from the University of Kentucky College of Medicine and did a post-doctoral fellowship at Baylor College of Medicine. His career included senior executive positions with major medical diagnostics companies. Following a medical genetics fellowship at the National Institutes of Health, he worked in commercial human genetics laboratories.

**Frank Lloyd Wright: 70 Years of Changing the World**

**Dan Sherman**

Mon 1:30 PM - 3:30 PM, 1 session(s)
1/27/2020 - 1/27/2020
Williamsburg Regional Library, Theatre
250 seats available

This lecture will honor America’s greatest architect and review his colorful career that covered almost 70 years. The presentation will use a multimedia approach that includes rare interviews with Wright.

Dan Sherman is an economist who has presented 25 courses on musical theatre and other topics at Osher Lifelong Learning Institute sites in Northern Virginia. He has also lectured for Wagner Societies and college alumni groups. He received his Ph.D. in economics from Cornell University.

**From Williamsburg to Walden**

**Michael Lorence**

Wed 9:30 AM - 11:30 AM, 1 session(s)
1/29/2020 - 1/29/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Two very small, very early American towns stand out from all others in the cultural impact they have exerted on American life: Williamsburg, Virginia and Concord, Massachusetts. Both founded in the 1630s, both centers of revolutionary life, both one tenth the size of a Philadelphia, Boston or New York, they would give birth to new forms of public and private life that would revolutionize America. This lecture will examine the special character of these two microcosms of Americanness, and seek the meaning of the cultural migration from Williamsburg to Walden.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

**Future U.S. Weapon Systems**

**John Hickok**

Tue 1:30 PM - 3:30 PM, 3 session(s)
3/17/2020 - 3/31/2020
Morton Hall, Room 102
40 seats available

This is a follow-on but separate course from America’s Weapon Systems. An amazing set of new defense weapons systems is coming in the near future to counter future threats from Russia, China, North Korea, and Iran. New technology is being applied to counter new threats like hypersonic and space weapons. You will be made aware of space, air, land, sea, and subsurface future weapon systems.

John Hickok graduated from the U.S. Naval Academy with a B.S. in engineering/nuclear physics. He has an M.S. in aeronautical engineering and an M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

**Good Words: Words that Can Help You and Those Around You Live a Happier Life**

**Thomas Redmond**

Wed 1:30 PM - 3:30 PM, 1 session(s)
4/8/2020 - 4/8/2020
School of Education, Room 1056
40 seats available
In a previous semester, we discussed how various groups and advertisers craft messages to evoke emotions and influence behavior. This lecture we will take a deeper look at personal relationships, exploring ways we can learn to take actions and use words to help, even in the most difficult situations. We'll discuss specific scenarios in which listening, speaking, and actions can greatly shape the outcome to promote healing, avoid hurt feelings, diminish selfishness, and bridge divides. We'll also learn ten things you should never say. Join this fun and positive session; You can change the lives of many for the better, simply with your words and actions.

Thomas Redmond is a communications and marketing professional, film producer, and professional writer with years of experience writing, crafting and designing target messaging. He has a B.A. from Virginia Polytechnic Institute and State University in communications/film production. He grew up working in an advertising agency, writing and producing television and radio commercials.

Gravitational Astronomy: A New Scientific Discipline

Terry Elkins
Mon 1:30 PM - 3:30 PM, 1 session(s)
3/2/2020 - 3/2/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Albert Einstein's pioneering development of the theory of gravity led to the prediction of gravitational waves, culminating in a magnificent experimental validation, which will be perused in detail. This has given rise to an entirely new discipline of gravitational astronomy and rapid maturing of the science of cosmology. We describe and demonstrate some groundbreaking early discoveries.

Terry Elkins has a Ph.D. in physics. A large part of his career was devoted to environmental remote sensing. He has lectured for the Osher Institute for a number of years, covering topics such as global climate change, United States energy strategy, ecology, and modern astronomy.

How to Play a Bridge Hand: Part I

Michael Jenks
Thu 9:30 AM - 11:30 AM, 1 session(s)
3/5/2020 - 3/5/2020
School of Education, Room 1056
40 seats available

This lecture is for advanced beginners and intermediate-level players as well as experienced players who have been away from the game for a while but need a refresher. We will discuss the basic principles of how to play a bridge hand: counting your quick tricks, slow tricks, and possible tricks, and developing a plan to make your contract. You will learn to choose the better option after considering the opponents' bidding, or lack thereof, and the better probability among several possible paths.

Michael Jenks is a graduate of the United States Military Academy with a master's degree in engineering from Stanford University. Mike spent 28 years in the United States Army Corps of Engineers. He is a bronze, silver, and ruby Life Master bridge player and has taught bridge locally since 2010.

History of Pleasure Boating in Tidewater Virginia

James Shoemaker
Fri 9:30 AM - 11:30 AM, 1 session(s)
2/14/2020 - 2/14/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

This presentation outlines the history of pleasure boating, power and sail, in Hampton Roads. It includes the history of the Hampton Yacht Club and the development of the Dodge Boat and Plane Corporation in Newport News during1930s.</p>

Jim Shoemaker has a B.S. in engineering technology from Old Dominion University (ODU) and trained as a nuclear designer at Newport News Shipbuilding (NNS). He spent 52 years working at NNS and Norfolk Naval Shipyard. He has built 50 small pleasure/work boats and presented technical papers to the Society of Naval Architects on various topics.

Innovations in Global Research: How W&M Produces Ideas that Influence the World

David Trichler
Mon 9:30 AM - 11:30 AM, 1 session(s)
3/5/2020 - 3/5/2020
Morton Hall, Room 102
40 seats available

This lecture will outline how to build successful research labs that lead to ideas that influence the world. The Global Research Lab at William & Mary collaborates with partners such as the Bill & Melinda Gates Foundation and the U.S. State Department to provide insight to current global challenges. Its work has been featured in outlets such as the Wall Street Journal and the New York Times. During this session we will discuss research structure and highlight case
studies in tracking Chinese influence and the use of satellite data to monitor economic impact, among others.

David Trichler is a lecturer of public policy at William & Mary, teaching on national security and international development. He is also director of programs at William & Mary’s Global Research Institute, supporting eight research labs focused on addressing current challenges in the world.

Louise Penny: *How the Light Gets In*

**Judith Cobb**

Mon 9:30 AM - 11:30 AM, 1 session(s)
4/20/2020 - 4/20/2020

*How the Light Gets In* is the title of Penny’s ninth book in the Gamache series. We will join together to explore its themes. What does, “There’s a crack in everything. That’s how the light gets in” mean to you? What are the safe places for the characters in this book?

Judith Cobb is a retired Lutheran pastor with a B.A. from Upsala College and an M.A.R. from Lutheran Theological Seminary at Gettysburg. In addition to parish ministry in Virginia, Pennsylvania, Michigan and Missouri, she has taught English as a second language and community college courses.

**Photo Organization: Digital and Print**

**Dawn Parker**

Mon 9:30 AM - 11:30 AM, 1 session(s)
4/13/2020 - 4/13/2020

School of Education, Room 2020

20 seats available

Imagine all your photos organized and all in one place, permanently and safely, and you have a system that lets you find any photo in literally seconds! This approach includes old slides, movies, and memorabilia, too. We will talk about scanners and digitizing old media, cloud storage accounts, software for creating digital books and projects, and how to repair older damaged photos.

Dawn (Dee Dee) Parker has been working in this field since 1999. She has been presenting this topic for several years in surrounding communities.

**Political Cartoons: The Art of Controversy**

**Bill Fetsko**

Fri 9:30 AM - 11:30 AM, 1 session(s)
1/31/2020 - 1/31/2020

W&M Kaplan Arena, Wightman Cup Room

130 seats available

Political cartoons have been used to present a point of view on controversial issues for centuries. In order to be able to analyze and interpret a cartoonist’s position, it
is necessary to understand how this message is incorporated in the cartoon's development. The elements that are used in a cartoon's creation will be reviewed. These elements that assist in a cartoon's interpretation. This part of the presentation will set the stage for an examination of historical examples as they relate to specific topics. Possible issues to be featured are immigration, the environment, Colonial America, and the American presidency.

Bill is a former public school teacher and administrator who currently is a curriculum consultant with Colonial Williamsburg. After 35 years in public education, he relocated to Williamsburg where he has assisted with the Foundation’s educational programs including their Summer Teacher Institute. He has conducted workshops throughout the United States and Hungary.

**Precious Nonsense: The Operas of Gilbert and Sullivan**

Ken Krantz

Wed 9:30 AM - 11:30 AM, 3 session(s)

Williamsburg Regional Library, Theatre

250 seats available

In the last quarter of the 19th century, Sir W.S. Gilbert and Sir Arthur Sullivan wrote the most successful English-language comic operas of all time. This course will examine the background, plots, and music of the 13 extant Gilbert and Sullivan works, using audio and video excerpts, as well as period photographs.

Ken Krantz sang with Sinfonicron as a William & Mary law student, and has performed more than 20 roles in Gilbert and Sullivan operas. A retired Navy JAG officer and federal administrative law judge, he performs with Virginia Opera, the Williamsburg Players, and other companies in the region.

**Pricing Your Home to Sell in Today’s Real Estate Market**

Ted Evans

Fri 9:30 AM - 11:30 AM, 1 session(s)

2/7/2020 - 2/7/2020

WindsorMeade, Kensington Room

35 seats available

This lecture will explain the difference between an estimate for what your home will sell for, Zillow's Zestimate, an appraisal, and market price. In addition, we will answer the following questions: How is market price determined? Will I have to come off my list price? What is the risk of overpricing?

Ted Evans has been a licensed realtor in Williamsburg since 2002. He has a degree in economics and accounting, was a licensed CPA from 1986 to 2006, worked as the managing broker for one of the region's largest real estate firms, and has been very involved in the Williamsburg Area Association of Realtors, including past present.

**Publishing Options and Pointers**

Dawn Brotherton

Wed 9:30 AM - 11:30 AM, 1 session(s)

3/04/2020 - 3/04/2020

W&M Kaplan Arena, Wightman Cup Rm

130 seats available

In today's digital age, there are many avenues to publication, from self-publishing to hybrid to traditional. We will discuss the pros and cons of each and help you come up with the answer that is right for you as an author. Setting realistic goals is important for any venture. How much will it cost to produce a quality book? What should you expect, whether you are self-publishing or going traditional?

**Reading: Suggested:** *The Road to Publishing* by Dawn Brotherton. *On Writing* by Stephen King.

Dawn Brotherton is an award-winning author and featured speaker at writing and publishing seminars. A retired Air Force colonel, Dawn is focused on sharing the various options for publishing, from self- to traditional publishing.

**Sai’ism**

Shubir Ghosh

Thu 2:00 PM - 4:00 PM, 1 session(s)

2/17/2020 - 2/17/2020

Morton Hall, Room 102

40 seats available

This lecture explains the historical progression of ancient Eastern religions and their face-off with Islam in the 12th century. However, Islamic Sufis and Hindu Gurus were catalysts in shaping a new spiritual direction called Sai’ism. Sai’ism advocated compassion and equality of all life as being the true expression of worship. Sai’ism is also the reflection of a saint’s life, whose identity and religion has remained a mystery.

Shubir Ghosh was a teacher and business executive in India, where he lived for 50 years. He immigrated to the United States in 1991 and continued working here in both professions until he retired. He has been lecturing on Eastern religions and Islam for several years at the Osher Institute.

**Seven Years Alone in the Woods: A True Story**

Diana Lorence

Mon 9:30 AM - 11:30 AM, 1 session(s)

2/17/2020 - 2/17/2020

Morton Hall, Room 102

40 seats available

For seven years, Diana Lorence and her husband lived alone in an unelectrified, twelve-by-twelve-foot house they built themselves, hidden in the woods of Northern California, in a world lit only by fire. Without telephone or computer, without automobile or access to stores, Diana's Innermost Life answered her deepest need for something we have all left behind. Please join us for this true story in words and pictures of what it is like to live for years of your life, literally out of this world.
Diana Lorence speaks at libraries and literary events across the country. She and her “Innermost House” have been featured in hundreds of websites and magazines around the world. Diana addresses the meaning of “home” in the modern world, encouraging others by her example to seek their own way home.

**Something's Coming: What's Playing, Opening and Heading to Broadway**

**Melissa Puttre**  
Wed 1:30 PM - 3:30 PM, 1 session(s)  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

Keeping track of what is opening or playing on Broadway can be tricky at times. In this lecture we will look at what is playing, what is coming, and what to catch before it takes its final bow.

Melissa Puttre is a graduate of the National Conservatory of Dramatic Arts. She has worked as an actress and director all along the East Coast. Past shows include Romeo and Juliet, Laura Dennis, Lysistrata, Les Liaisons Dangereuse, Little Women, Grease, A Midsummer Night’s Dream, Kiss Me Kate, and Children of Eden.

**Student and Faculty Life at William & Mary from 1950**

**David Holmes**  
Wed 1:30 PM - 3:30 PM, 1 session(s)  
2/24/2020 - 2/24/2020  
W&M Kaplan Arena, Wightman Cup Room  
130 seats available

William & Mary’s history arbitrarily falls into five discrete divisions—Colonial period, Revolution through Reconstruction, college for teachers, small public Ivy, and small university. This talk focuses on the 1950s through 2020. It includes such stories as the burning of Jefferson dormitory, dress code and curfews for women students, the Green Machine, George’s restaurant, the new law school, the four-year roommate lunch, a noted faculty dog, quotations from classes, purloined tests, speaking styles of William & Mary presidents, academically indifferent slackers, students who were always one step ahead, and a eulogy for a provost.

David Holmes is Walter G. Mason Professor Emeritus of Religious Studies at William & Mary. He received a B.A. in English from Michigan State University, an M.A. in English from Columbia University, and a Ph.D. in religious studies from Princeton University. He also studied theology for several years at Duke Divinity School and holds two honorary doctorates.

**The Camino de Santiago and World Pilgrimage**

**George Greenia**  
Mon 9:30 AM - 11:30 AM, 1 session(s)  
2/24/2020 - 2/24/2020  
Morton Hall, Room 102  
40 seats available

"Travel for transformation" has grown steadily even as church attendance has fallen off in Western countries. The legendary trek across northern Spain to the tomb of St. James the Apostle has inspired the world and draws hundreds of thousands of walkers, some of sure belief and others of admittedly flickering faith.

George Greenia spent 34 years teaching Spanish language, literature and medieval studies at William & Mary. He is a textbook author, editor of journals and encyclopedias, and a pilgrim who has trekked over 4,000 miles on the medieval trails of Europe. Greenia was knighted by order of King Juan Carlos I of Spain.

**The Color Wheel: What Is It and How to Use It**

**Judith Leasure**  
Thu 2:00 PM - 4:00 PM, 1 session(s)  
2/13/2020 - 2/13/2020

Students will receive a color wheel and value finder for a fee of $8.00 to be paid to the instructor.

Judith Leasure has a B.A. in music education and an M.A. in business management. She has extensive private studies with Signature Members of the Pastel Society of America (PSA) and she is a Juried Associate Member of PSA. She has had works exhibited in numerous national-level shows and has extensive teaching experience.

**The Ideal of the Gentleman, Part II: The American Story**

**Michael Lorence**  
Fri 9:30 AM - 11:30 AM, 1 session(s)  
4/3/2020 - 4/3/2020  
Discovery, 5300 Discovery Park Blvd., Room 136  
40 seats available

In this sequel to last year’s lively and controversial exploration of the “gentleman/gentlewoman” archetype since classical antiquity, we will focus on the ways in which the American experience has altered our expectations of this human ideal. The idea of the gentleman was central to the American experiment from the beginning, and if it sometimes seems like it is nowhere today, it is perhaps because it is everywhere, hidden in the plain sight of what it means to be American. It lives among us still, if only we know where to look.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.
The Forgotten Dreams Recovery Program
Kathy Eckhardt
Thu 9:30 AM - 11:30 AM, 1 session(s)
2/27/2020 - 2/27/2020
School of Education, Room 1056
40 seats available

“You are never too old to set a new goal or to dream a new dream.” C.S. Lewis. Is there a little voice in your head that keeps asking questions such as: “Is this it?” “What am I supposed to do with the rest of my life?” This lecture will provide some simple, fun, and creative exercises to inspire you to dream a new dream, or remember and reignite an old one. It will help you determine what it is you really want so the rest of your life will be the best of your life.

Kathy Eckhardt, a personal/business success coach, is passionate about working to assist individuals to create deeply fulfilling, more abundant, richer lives. As the founder of The Solopreneur Success Connection, she supports, educates and inspires over 400 savvy solopreneurs. Previously, Kathy was a top sales director, mentoring and training consultants and directors nationwide.

The Logistics of American Military Operations
Richard Killblane
Wed 1:30 PM - 3:30 PM, 1 session(s)
1/29/2020 - 1/29/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Amateurs study tactics; professionals study logistics. Combat operations represent a small part of military operations. The logistician owns everything from the fort and factory to the foxhole. Logistics consists of four main operations: strategic deployment; reception, staging, onward movement and integration (RSO&I); sustainment; and retrograde. A study of logistics will help participants better understand American success in military operations around the globe.

Richard Killblane graduated from the U.S. Military Academy and has an M.A. from the University of San Diego. He served as an intelligence analyst for 1st Special Forces Group on Okinawa, as an officer in the Infantry and Special Forces, participated in additional military operations, and was the U.S. Army Transportation Corps Historian.

The Palisades of 1634 and 1646 in Williamsburg
John Delano
Thu 2:00 PM - 4:00 PM, 1 session(s)
4/9/2020 - 4/9/2020
W&M Kaplan Arena, 130 seats available

New research by John Delano on the location of palisades constructed by English colonists has recently been accepted for publication in the peer-reviewed professional journal, Historical Archaeology. The research relied on prior archaeological publications, 17th century land surveys, and a new source of data. This lecture will describe the locations and purposes of the palisades, as well as the circumstances and incentives that led to their rapid construction. With the exception of historical archaeologists and historians, these palisades are a little-known aspect of 17th century Virginia.

John Delano was a NASA-funded researcher for 30 years. He retired from the State University of New York at Albany in 2016; was a distinguished Teaching Professor Emeritus in Department of Atmospheric and Environmental Sciences (joint-appointed to Department of Chemistry); Associate Dean; member and chair of numerous NASA advisory panels. He also has a Ph.D. in geochemistry.

The Seven Secrets of Simplicity
Michael Lorence
Wed 9:30 AM - 11:30 AM, 1 session(s)
2/12/2020 - 2/12/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Many people long for simplicity today. Books and articles pour from the presses, websites and videos proliferate, each with its own plan for simplifying your life. There are lists you can make, things you can do, steps you can take—and it all seems shiny and promising and new. But simplicity is an ancient human aspiration, whose secrets are rediscovered from age to age. In this lecture, we will attempt to mine the wisdom of the ages for the seven ways to lasting simplicity.

Michael Lorence is president of the Innermost House Foundation, a cultural nonprofit dedicated to renewing the transcendental roots of American life. He is a director of the Thoreau Society in Massachusetts, and has for 30 years provided cultural guidance to leaders in the worlds of industry and state.

The Psychology of Climate Change
Thomas White
Thu 2:00 PM - 4:00 PM, 1 session(s)
2/6/2020 - 2/6/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

Amateurs study tactics; professionals study logistics. Combat operations represent a small part of military operations. The logistician owns everything from the fort and factory to the foxhole. Logistics consists of four main operations: strategic deployment; reception, staging, onward movement and integration (RSO&I); sustainment; and retrograde. A study of logistics will help participants better understand American success in military operations around the globe.

Richard Killblane graduated from the U.S. Military Academy and has an M.A. from the University of San Diego. He served as an intelligence analyst for 1st Special Forces Group on Okinawa, as an officer in the Infantry and Special Forces, participated in additional military operations, and was the U.S. Army Transportation Corps Historian.

The Palisades of 1634 and 1646 in Williamsburg
John Delano
Thu 2:00 PM - 4:00 PM, 1 session(s)
4/9/2020 - 4/9/2020
W&M Kaplan Arena, 130 seats available

New research by John Delano on the location of palisades constructed by English colonists has recently been accepted for publication in the peer-reviewed professional journal, Historical Archaeology. The research relied on prior archaeological publications, 17th century land surveys, and a new source of data. This lecture will describe the locations and purposes of the palisades, as well as the circumstances and incentives that led to their rapid construction. With the exception of historical archaeologists and historians, these palisades are a little-known aspect of 17th century Virginia.

John Delano was a NASA-funded researcher for 30 years. He retired from the State University of New York at Albany in 2016; was a distinguished Teaching Professor Emeritus in Department of Atmospheric and Environmental Sciences (joint-appointed to Department of Chemistry); Associate Dean; member and chair of numerous NASA advisory panels. He also has a Ph.D. in geochemistry.

The Seven Secrets of Simplicity
Michael Lorence
Wed 9:30 AM - 11:30 AM, 1 session(s)
2/12/2020 - 2/12/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Many people long for simplicity today. Books and articles pour from the presses, websites and videos proliferate, each with its own plan for simplifying your life. There are lists you can make, things you can do, steps you can take—and it all seems shiny and promising and new. But simplicity is an ancient human aspiration, whose secrets are rediscovered from age to age. In this lecture, we will attempt to mine the wisdom of the ages for the seven ways to lasting simplicity.

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The Psychology of Climate Change
Thomas White
Thu 2:00 PM - 4:00 PM, 1 session(s)
2/6/2020 - 2/6/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available
This lecture seeks to explain why people vary widely in their beliefs about climate change and their willingness to take action to reduce its impact. Whether you are a “denier,” an “alarmist,” or something in between, you can gain a deeper understanding of how you and others are influenced by the psychology of climate change. The most important psychological factors are assessment of future and distant risks, perception of scientific agreement, rational thought versus emotions, the tendency to seek information that confirms existing beliefs, and the deep-seated human need to identify with groups of people who share certain moral foundations.

Thomas G. White retired in 2017 from the University of Virginia’s Curry School of Education where he was a senior research scientist. He has a Ph.D. in developmental psychology from Stony Brook University, taught at Gettysburg College, and worked for several research organizations and school districts before going to the University of Virginia.

**The World of Stealth**

**John Hickok**

Fri 9:30 AM - 11:30 AM, 1 session(s)
2/28/2020 - 2/28/2020
W&M Kaplan Arena, Wightman Cup Room
130 seats available

Stealth is the ultimate game of hide and seek for our military. We are not yet at the point of a Klingon battle cruiser that can completely disappear from any sensor, but we are working on it. This course will help you understand the major technologies and components of creating “stealth,” the evolution of stealth platforms since World War II, and the latest stealth platform—the F-35 Joint Strike Fighter, which is the largest and most expensive program in the U.S. Department of Defense budget.

John Hickok graduated from the U.S. Naval Academy with a B.S. in engineering/nuclear physics. He has an M.S. in aeronautical engineering and an M.B.A. from the U.S. Naval Postgraduate School. He served with Navy operations, including three years with RAF/Buccaneer. Experience includes aviation weapon systems acquisition, Pentagon, senior professor and chief knowledge officer at Defense Acquisition University.

**Transmorgraphy – Using Photography to Create Multi-image Art**

**Janice Hathaway**

Fri 9:30 AM - 11:30 AM, 1 session(s)
2/14/2020 - 2/14/2020
Discovery, 5300 Discovery Park Blvd., Room 136
40 seats available

This lecture begins with a demonstration on how to use photography and free association to make multi-image photographic collages in a process the instructor terms transmorgraphy. Creating strong compositions based on the principles of design with an awareness of Old Master composition and lighting is explained emphasizing different examples from the fall course. The second part will demonstrate how to make a transmorgraphs using Photoshop. This will include cutting and pasting collage elements, establishing a good background, and refining the composition through blending, masking, and painterly techniques.

Janice Hathaway has been part of the contemporary Surrealist movement since 1973. She exhibits and publishes internationally and had a solo exhibition in Santiago de Compostela, Spain, in 2016. She has an M.F.A. from the University of Alabama and is currently a professor of art at Thomas Nelson Community College.

**Walking for Fitness**

**Ray Funkhouser**

Wed 1:30 PM - 3:30 PM, 1 session(s)
2/12/2020 - 2/12/2020
W&M Kaplan Arena, Wightman Cup Room
30 seats available

What gives the same aerobic workout for the lungs and heart as jogging or aerobic dance, doesn’t stress the leg joints and feet, and provides more exercise for the upper body than running or jogging? The answer is race walking, also known as fitness walking, power walking, and health walking. In this “moving” clinic, you’ll learn efficient walking and specific race-walking techniques, walking safety, how to start your walking program, choosing shoes, and how to dress for varied weather. Whether an exercise enthusiast or just starting a fitness program, you’ll enjoy exploring this increasingly popular fitness activity. Wear comfortable shoes.

Ray Funkhouser is a two-time national race walk champion, set two American records, and was a finalist in three Olympic track and field trials. He represented the United States in international competition on four continents and coached four USA track and field international teams.
Ray is currently president of the USA Track and Field Virginia Association.

**What Can You Do With Your WRL Library Card?**

**Barry Trott**
Thu 2:00 PM - 4:00 PM, 1 session(s)
4/9/2020 - 4/9/2020
Thomas Nelson Community College, Room 100 M
30 seats available

From ebooks and downloadable music to genealogy and health research to direct assistance from librarians, you can find what you need through Williamsburg Regional Library’s (WRL) digital collections and services. Barry Trott will talk about the variety of resources that can be accessed with your library card 24/7 from the WRL website, www.wrl.org. Whether you use a desktop computer, a laptop, or a mobile device, there is something for you at WRL.

Barry Trott is the digital services director at the Williamsburg Regional Library (WRL). He coordinates the library’s digital collections, services, and programs, including the library website and social media. He is the series editor for Libraries Unlimited’s Read On series and author of Read On...Crime Fiction (2008).
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<td>Brush-Up Bridge</td>
<td>3/17/2020</td>
<td>General Studies</td>
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<td>Exploring Painting with Soft Pastels</td>
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<td>How to Play a Bridge Hand: Parts II and III</td>
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<td>Rockefeller Center and the Men Who Built It</td>
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<td>Searching the Internet for Genealogical and Family History Records</td>
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<td>Expedition Cruise Ships</td>
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<td>Rosewell Ruins: Living History Lecture and Private On-Site Guided Tour</td>
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<td>Queen Victoria: Europe’s Grandmother</td>
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<td>5/1/2020</td>
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<td>Activities</td>
<td>Michael</td>
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</table>

**Contact a member of our team for advertising details and rates at (757) 221-1506 or osher.wm.edu.**

**Ad Size Dimensions**

- **Full Page**
  - 7.5” x 10”

- **Half Page Horizontal**
  - 7.5” x 4.75”

- **Quarter Page**
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PARK

FOR OSHER COURSES
ON CAMPUS

Parking Hangtags

Vehicle registration and other detailed information will be sent to you.

Osher members that wish to park on campus must purchase their own hang tags. One form for each driver must be submitted to William & Mary Parking and Transportation Services.

The cost for each hangtag is $14 per academic year. The forms with detailed instructions will be sent to all members via email a few weeks before class begins. This email will include instructions and details on time frames, parking locations, and hangtag use restrictions.

Any member with a DMV handicapped parking permit and an Osher parking hangtag (both displayed) may park in any faculty/staff parking space or metered space (at no additional charge) on campus.

William & Mary Parking & Transportation Office

While detailed instructions will be sent to your email, additional questions about parking rules, guidelines, and guest passes can be answered by calling (757) 221-4764 or on our website. Or, stop by the Parking and Transportation Office on the William & Mary campus.

Physical Address:  
201 Ukrop Road  
Williamsburg, VA, 23185

Mailing Address:  
PO Box 8795  
Williamsburg, VA 23187

WATA Bus Access

All Osher members can ride the WATA Green Line shuttle to assist with on-campus transportation. Simply show your Osher name tag to the bus driver to board. The bus rotation completes one full campus loop every 30 minutes. See http://gowata.org/157 for schedule.

OFF-CAMPUS PARKING

Off-site parking instructions will be emailed or can be found at www.wm.edu. Maher.
Kaplan Parking Lot
Park here, then ride the WATA Green Line to class. See WATA bus schedule: https://gowata.org/157

Legend
Green Line Bus Stop
Accessible Parking

Kaplan Arena
Tucker Hall
Ewell Hall
Swem Library
Andrews Hall
Small Hall
Morton Hall
Integrated Science Center
School of Education
Come join William & Mary friends and alumni on a Journey!

Choose from the below Journeys, departing in Fall 2020, and keep an eye out for a sneak peek of 2021 trips!

**Italian Riviera:** A land-based tour of Eastern seaside Italy, including Tuscany, September 12-20, 2020  
From $3,395/person

**Aegean Awakening:** A cruise through Israel, Cyprus, Turkey and Greece, November 8-21, 2020  
From $3,199/person

Contact Donna Coggins with Alumni Journeys at dcoggins@wm.edu or call 757-221-1165,

Follow our Facebook page at WMAAlumniTravel for the inside scoop on new trips, beautiful Alumni Journey photos and more!

Visit wmalumni.com/travel for a full listing of all of the exciting trips that will be offered in 2020!
Membership Registration Form

☐ New Member  ☐ Returning Member  ☐ Honorary Member

Member Information
Name: ____________________________________________  Phone #: ______________________________________
Address: __________________________________________  Email: _________________________________________
City, State & Zip: ____________________________________  Has your address changed?: ☐ Yes  ☐ No
Nickname: ________________________________________  Has your email changed?: ☐ Yes  ☐ No
How did you hear about us? ☐ Friend  ☐ Advertisement  ☐ Facebook  ☐ Catalog  ☐ Other

Membership Options  Please select your semester membership level.

☐ Regular Membership - Fee $135
Regular members may register for 8 courses, plus unlimited activities (including Town & Gown), and one-time lectures, and are eligible to register and pay for special events. Use the form below to sign up for courses and activities.

☐ Associate Membership - Fee $50
Associate members may attend the Town & Gown Noon Lecture Series (see table of contents), and are eligible to register and pay for special event trips.

☐ Honorary Membership - Instructors

Please provide your request for up to 8 courses in PRIORITY ORDER, and any number of activities and/or one-time lectures in PRIORITY ORDER. Please note that the courses will be prioritized SEPARATELY from activities and one-time lectures. If any of your choices are filled, you will automatically be added to a Wait List. You will be advised by e-mail of the course(s) for which you are assigned a seat.

Course Name - List requests in order of preference. Circle “H” if willing to host or “CA” if willing to adjust volume / shut down.
#1 ____________________________ H/CA
#2 ____________________________ H/CA
#3 ____________________________ H/CA
#4 ____________________________ H/CA
#5 ____________________________ H/CA
#6 ____________________________ H/CA
#7 ____________________________ H/CA
#8 ____________________________ H/CA

Activity Name - Activities (including Town & Gown) and One-Time Lectures. List in order of preference.
#1 ____________________________ H/CA
#2 ____________________________ H/CA
#3 ____________________________ H/CA
#4 ____________________________ H/CA
#5 ____________________________ H/CA
#6 ____________________________ H/CA
#7 ____________________________ H/CA
#8 ____________________________ H/CA

As a courtesy to instructors and other members, please select courses with the intention of attending all sessions.

Please mail the registration fee, payable to William & Mary, and the registration form to the address below, or visit www.wm.edu/osopher for a link to register and pay online with a credit card. Please remember to sign your check and send a separate check and registration form for each person. Note: There will be no refunds after January 27, 2020. Sorry, walk-in registrations are not permitted.

Mail to: Osher Institute at William & Mary, PO Box 8795, Williamsburg, VA 23187-8795
Membership Registration Form

☐ New Member  ☐ Returning Member  ☐ Honorary Member

Member Information

Name: ___________________________ Phone #: ___________________________
Address: ___________________________ Email: ___________________________
City, State & Zip: ___________________________ Has your address changed?: ☐ Yes  ☐ No
Nickname: ___________________________ Has your email changed?: ☐ Yes  ☐ No
How did you hear about us? ☐ Friend  ☐ Advertisement  ☐ Facebook  ☐ Catalog  ☐ Other

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