

# **PART 3 – GOAL SETTING**

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- AS YOU MOVE FORWARD TO SET YOUR GOALS FOR THE FUTURE YOU MUST REMEMBER “THE POWER OF THOUGHT” AND THE “LAW OF ATTRACTION” IT GENERATES.
- “A MAN CANNOT DIRECTLY CHOOSE HIS CIRCUMSTANCES, BUT HE CAN CHOOSE HIS THOUGHTS, AND INDIRECTLY SHAPE HIS CIRCUMSTANCES.”
- “NATURE HELPS EVERY MAN TO THE GRATIFICATION OF THE THOUGHTS HE MOST ENCOURAGES, AND OPPORTUNITIES ARE PRESENTED WHICH WILL MOST SPEEDILY BRING TO THE SURFACE BOTH THE GOOD AND EVIL THOUGHTS.”

JAMES ALLEN

# SPECIFICITY IS YOUR GREATEST ALLY

- REMEMBER THE UNIVERSE WORKS WITH CLARITY IN EXACT ORDER AND PRECISION (NOT AMBIGUITY!)
- STORY: ON MAY 25, 1961 BEFORE A SPECIAL MESSAGE TO CONGRESS ON URGENT NATIONAL NEEDS, JOHN F. KENNEDY SAID:  
“I BELIEVE THAT THIS NATION SHOULD COMMIT ITSELF TO ACHIEVING THE GOAL , BEFORE THIS DECADE IS OUT, OF LANDING A MAN ON THE MOON AND RETURNING HIM SAFELY TO EARTH.”

# COMMITMENT

- BEFORE WRITING YOUR GOALS MAKING A BINDING AGREEMENT WITH YOURSELF (AND REVIEWING IT DAILY) WILL STRENGTHEN YOUR COMMITMENT AND THUS LEAD TO YOUR SUCCESS.

# BINDING AGREEMENT WITH ME, MYSELF, AND I

I COMMIT AND AGREE TO NECESSARY TO DESIGN AND CREATE THE LIFE OF MY DREAMS.

I WILL DO WHAT IT TAKES TO ACHIEVE THE GREATNESS I KNOW IS WITHIN ME.

I WILL PAY THE PRICE TO REACH MY LIFE'S DREAM AND DESTINY, BECAUSE I KNOW NOT FULFILLING MY DESTINY WITH LEAVE ME FEELING SHORT-CHANGED IN MY LIFE.

I UNDERSTAND THAT MY LIFE'S PLAN IS GOING TO BE REACHED ONE STEP AT A TIME, AND I WILL NOT SETTLE FOR ANYTHING LESS THAN ACHIEVING IT.

I HAVE THE POWER, THE KNOWLEDGE, AND I HAVE WHAT IT TAKES!

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_















