### SPRING 2021 \* PSYCHOLOGICAL SCIENCES \* NEWSLETTER

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### Letter from the Chair

Dear Alumni, Faculty, Staff, and Current Students,

It has been just over a year since the global pandemic has changed all of our lives. In this newsletter, we want to reflect on some of the stories and news from that last year that impacted our department with an eye towards how we have adjusted to continue to do research with our students. At the start of the pandemic, Associate Professor Jennifer Stevens, in her role as chair of the protection of human subjects research committee, worked to revise protocol compliance guidelines to make sure research could be completed safely during the pandemic. Other faculty, like Professor Danielle Dallaire, examined the impact of the pandemic on parents and children with survey research. Assistant Professor Adrian Bravo (class of 2012) has recently received a grant from the National Institutes of Health to study a mindfulnessbased intervention, delivered online, to target moral injury in combat veterans. Psychological Sciences graduate and undergraduate students have continued their work on masters and honors theses despite the pandemic. Several Psychological Sciences honors students are included in the Charles Center Honors Fellowship campaign. These students include Annika Allen and Matthew Wright who are working with Cheryl Dickter on researching stereotypes, and Taylor Newbolt, who is doing research with Lee Kirkpatrick on prejudice. Although much work as been done over the last year, we have taken advantage of some of the nicer spring weather to enjoy the pleasures of springtime in Williamsburg. Below is a picture of some current Psychological Sciences graduate students enjoying a game of soccer in the Sunken Gardens.

As always, we hope you are well and look forward to brighter days ahead.

Sincerely,

Josh Burk, Professor and Chair, Department of Psychological Sciences



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## Faculty Research During the Pandemic

Please click on the link next to the pictures to see these recent W&M News Stories about Psychological Science Faculty Research During the Pandemic.



Professor Jennifer Stevens discusses modifications to human-subject research brought on by the pandemic.



Professor Danielle
Dallaire examines how
children and families
are coping with
working and learning
from home during the
pandemic.



Professor Adrian Bravo ('12) received a grant from the NIH to develop an online mindfulness program for combat veterans.

## Student Research During the Pandemic

Each year psychology majors complete honors research with faculty mentors. Some of these honors students are eligible for funding from the Charles Center to support their research. The Charles Center holds an <u>annual campaign</u> to raise these funds and three psychology students are featured as part of that campaign this year. Click on their name below their picture to learn more about their research.







Annika Allen

Matthew Wright

Taylor Newbolt

#### **Share your News**

Here in the Department of Psychological Sciences we try to show our undergrads some of the various paths to professional success for psych majors and of course that success can be within psychology or in a variety of other areas — public service, education, health care, law, etc. Alum have zoomed into our classes during the pandemic to share their stories. Would you be willing to meet with current students? If so, email us psychology@wm.edu.