



PSYCHOLOGICAL SCIENCES CHECKLIST



All students declaring Psychological Sciences as their major must fill out this checklist and bring it to their Advising Meeting

What is this sheet and what do I do with it?

The intention of this sheet is to get you to ask yourself a series of relevant questions that will help you declare your major and graduate successfully. This is not a formal document, it is simply a checklist/worksheet that you need to complete before your advising meeting.

What do I bring to my advising meeting?

- (1) The checklists on the second page of this sheet, fully completed
- (2) Registrar's Declaration / Change of Major form for declaring a Major, fully completed

What are the Requirements of the Psychological Sciences Major?

At graduation you should have:

- * completed all basic Proficiency and COLL requirements
- * taken Psyc 201, Psyc 202, Psyc 301, Psyc 302, one 400-level (from Psyc 410-422) Advanced Research (lab) course, plus six Psyc electives. Four electives must be chosen from courses numbered 310-318; two of these must be odd numbered (e.g., 313 and 317) and two even numbered (e.g., 314 and 318). The remaining two electives must be chosen from the Catalog Depth Requirement course list; courses numbered 350-480 and at least one must be numbered above 440, but can be either odd or even numbered.
- * a grand total of **36** or more accumulated Psyc credits
- * a grand total of **120** or more accumulated course credits overall

How do I complete the Registrar's Declaration / Change of Major form?

- (1) On the front page, fill out all appropriate fields of the Declaration of Major form
- (2) Then complete Checklist #1 on the second page of this sheet
- (3) Make a semester-by-semester calendar for each remaining semester you intend to be at the College until graduation.

Write down each semester and year (e.g. Spring 2021 Fall 2021, Spring 2022 etc.) Under each semester, list ALL courses you plan to take that semester and clearly indicate the number of credits for each course. Do this neatly on scrap paper. Use the course catalog to choose your courses. Bring this schedule to your advising meeting.

Your intention here is to formulate a schedule for the remainder of courses you plan to take, listing each and every course in the term you intend to take it. This includes Psychology as well as non-psychology courses. You can change your mind later about particular courses or your Psych electives, listing them just specifies your current intention. You do not need your Advisor's permission to make equivalent substitutions or change a course from one semester to another later on. If you are unsure which courses to select you can discuss that at your advising meeting. You should nevertheless make and fill out the schedule as completely as possible.

- * label each coming Semester (Spring/Fall) and indicate its year
- * list ALL courses (psychology or otherwise) you plan to take until graduation making sure to include Proficiencies/COLLs you still need, as well as Psychology courses you still need from Checklist #1

MAKE SURE

- (a) courses you intend to take are actually offered in the term you plan to take them
- (b) you have all prerequisites for each course you plan to take

- (4) Using Checklist #1 and the schedule you made, completely fill in "Core Courses" and "Elective Courses" for Major

Make sure to include Psyc 201, Psyc 202, Psyc 301, Psyc 302, plus your chosen 400-level Psyc lab course.

Now complete Checklist #2 of this sheet & you are ready for your advising meeting.



SCIENCE BEHAVIOR BRAIN COGNITION COMMUNITY



Checklist # 1

I have taken or I am currently taking: Either check off, or type "taken" or "still need" on the line to right.

☐ Psyc 201 _____

☐ Psyc 202 _____

☐ Psyc 301 _____

☐ Psyc 302 _____

the 400-level Advanced Research course I intend to take is * _____ (write course number Psy 410-422)

My 6 Psychology electives either taken, in progress, or that I intend to take are:

(type one course number on each line below, put an asterisk * beside any course you *plan* [still need] to take)

Note: odd numbered courses = PSYC 311, 313, 315, 317;

even numbered courses = PSYC 310, 312, 314, 318

odd#

odd#

even#

even#

≥ 350
Depth Course

≥ 440
Depth Course

(return to Step 3 of "How do I complete the Declaration / Change of Major form?")

Checklist #2

_____ (type number) The total of PSYCHOLOGY credits I will have at graduation is
should be ≥ 36

Calculate this number by adding the following

* Psychology course credits **awarded that visibly show in your Degreeworks**

* Psychology course credits from Psychology courses you are taking right now

* Psychology course credits from the schedule you made for Psychology courses you plan to take in future semesters

_____ (type number) The grand total of ALL course credits I will have at graduation is
should be ≥ 120

Calculate this number by adding the following

* all course credits **awarded that visibly show in your Degreeworks**

* course credits from all courses you are taking right now

* all course credits from the schedule you made for all courses you plan to take in future semesters (including Psychology, non-Psychology, GER, etc.)

IMPORTANT: Do not guess, do not assume, do this math carefully!

If you are unsure how to fill out aspects of your Advising Form or the checklist, don't panic. We can address these issues at our meeting. Good luck & we look forward to seeing you. The Psychology Major's Handbook is available at: <http://www.wm.edu/Psychology/> and provides additional useful information on majoring in Psychology (e.g., careers, graduate school).

