

Information and recommended gear for students on field course

- Please bring a waterproof field notebook.
- Footwear – **closed-toes shoes are required for field work**, preferably with decent tread for clambering across rocky intertidal habitats. Old tennis shoes that you don't mind getting wet work, as do waterproof boots and dive booties. You may prefer hiking boots when we are in the mountains. **No flip-flops / sandals please, either in the field or the laboratory.** The pictures below give some indication of the types of conditions where you will be walking.



- The weather in North Wales can be spectacular, but it is frequently changeable, often at very short notice. A lightweight fleece or jacket and a waterproof jacket and rain pants are recommended.
- A small daypack / backpack is recommended for day trips to field locations.
- Money – you are welcome to take traveller's checks, but I would personally not recommend them. Bringing enough cash to get you through the travel out there and first day or so is probably a good idea. ATM machines are accessible in Bangor and Menai Bridge.
- Lodging is on the campus of Bangor University. We will all have single rooms, with very small private bathrooms with showers. No soap or shampoo provided. There are eight rooms to a suite and we will occupy two adjacent suites.
- Electric power in the U.K. is 220 V and requires an adapter that looks like the one to the right.

I will have enough of these to provide everyone with at least one adaptor.

Most of our electronics will work fine because the power cables are AC-DC converters with step down transformers.



Hair dryers seldom work and most of the time the motor burns up and the circuit breakers trip throughout the suite. It makes it difficult for Jim to keep his hair styled, but he just has to live with it.

- We will have internet access in both the lodging and at the School of Ocean Sciences and I recommend that you bring a laptop. Otherwise, you will have access to desktop computers at the school.
- Linens for bedding and towels are provided, but you may wish to bring an extra towel as nothing ever seems to completely dry out in north Wales.
- We will have a kitchen in each of the two suites. Eating out can be expensive in the UK, so we will save money by cooking together when our schedule permits.
- There is a coin operated laundry facility in the dorm complex where we will be staying.
- I will have an internationally-enable mobile phone with me throughout the course and you can distribute the number (will be provided upon course start) to others at home your emergency contact, if you would like.
- You may wish to bring a camera and binoculars. I will have field guides for most of the plants and animals that we will see.