

**KINE 442L**  
**EXERCISE PHYSIOLOGY LABORATORY**  
**FALL 2022**

**INSTRUCTOR:** Dr. Evie Burnet  
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Office: Adair Hall 115-B  
Office Hours: by appointment  
TA: Preetika Kulkarni, office hours Wednesday 3:30 – 4:30

The student's final lab grade will be determined as follows:

Lab Assignments	70%
Attendance	5%
Final Exam	25%

**LABORATORY REQUIREMENTS/POLICIES**

Lab announcements will be posted on Blackboard or students will be notified by email when changes are made to the syllabus or course on Blackboard.

***Assignments should be submitted on Blackboard by your lab's start time the week following the lab to be graded (final exam exception noted on syllabus).*** Late assignments will only be accepted when a valid excuse has been ***pre-approved***. HonorLock will be utilized for the final exam.

It is the policy of William & Mary to accommodate students with disabilities and qualifying diagnosed conditions in accordance with federal and state laws. Any students who feels s/he may need an accommodation based on the impact of a learning, psychiatric, physical or chronic health diagnosis should be referred to [Student Accessibility Services](#) staff at 757-221-2512 or at [sas@wm.edu](mailto:sas@wm.edu). SAS staff will work with you to determine if accommodations are warranted, and if so, to help you obtain an official letter of accommodation.

William & Mary has had an honor code since at least 1779. Academic integrity is at the heart of the university, and we all are responsible for upholding the ideals of honor and integrity. The student-led honor system is responsible for resolving any suspected violations of the Honor Code, and I will report all suspected instances of academic dishonesty to the honor system. The *Student Handbook* ([www.wm.edu/studenthandbook](http://www.wm.edu/studenthandbook)) includes your responsibilities as a student and the full Code. Your full participation and observance of the Honor Code is expected. ***All assignments and final exam in this course are to be your own work.*** Therefore, group work and use of previous assignments and exams are not permitted. When in doubt, it is your responsibility to confirm whether collaboration is permitted.

## Tentative Laboratory Schedule

<u>Week of</u>	<u>Topic</u>
8-31, 9-1	Medical Screening, Red Flags, Risk Stratification
9-7, 8	Blood Pressure and Pulse
9-14, 15	Anaerobic Testing
9-22, 23	Submaximal Graded Exercise Testing
9-21, 22	ECG
9-28, 29	Maximal Graded Exercise Testing
10-5, 6	Thermoregulation
10-12, 13	Fall Break NO LABS
10-19, 20	Spirometry
10-26, 27	Muscle Function
11-2, 3	Body Composition
11-9, 10	Review
11-16, 17	Final Exam, due by 11:59 pm EST on 11/17/22