Finals Week and Balance & Breathe
To help students alleviate their anxieties about finals week, RBC hosted its sixth Balance & Breathe Bash! The Bash is a campus wide event that includes a wide variety of activities designed to build social cohesion and community among students, while also helping students to relax and remember to breathe before finals week. Along with all the fun things that RBC had planned for students on this day, there were many great attractions such as a harpist in the library playing holiday tunes, a petting zoo in the quad, a chair massage and yoga in the lobby of the SSHE building, and even dog therapy provided by faculty and staff members around McNeer. The Balance and Breathe Bash has always been popular with students, and many students can happily say that they are looking forward to the next Bash in the spring.

Internships and Opportunities at RBC
There are many opportunities at RBC for students to further their future careers and interest. With the assistance of Celia Brockway, the Director of Student Success, and Provost Maria Dezenberg, TeeAnn Allison, a second year commuter student, was able to land an internship...
with the local Hopewell-Prince George Chamber of Commerce. Teeann will be working on a career awareness video project with Daniel Jones, Communications Director for the Chamber, and Becky McDonough, Chamber President, that focuses on specialty classes that reflect the community college work force alliance. This project will be highlighting job opportunities in the local area that students of high schools and local two-year colleges might not be aware about.

**First Annual Tree Lighting**
The College held it First Annual tree Lighting last semester. Throughout the day students had the opportunity to decorate and create their own ornaments. These ornaments were then collected and later that evening they were hung on the tree. Faculty members and members of the Student Assembly read the Polar Express and How The Grinch Stole Christmas while students kept warm by bundling up and enjoying some hot chocolate. As members of the community arrived, they were given bells to signify the magic of Christmas, which was similar to the bell from the Polar Express. Students and the local community in attendance gathered around the tree and at the ringing of their bells, the tree lit up! Afterwards, The Musical Statesmen caroled around the tree and many people enjoyed the lovely atmosphere and took pictures. This was the first of many RBC tree lightings!
Carols and Cookies
The Musical Statesmen, Richard Bland College’s sole a cappella group, hosted their second annual Carols and Cookies last December. Carols and Cookies is a campus wide holiday event where students and faculty come together to decorate cookies and enjoy the holiday song selections of the Musical Statesmen. There were about thirty people in attendance with many of them in festive gear. The Musical Statesmen sang “The 12 Days of Christmas,” “Greensleeves,” “The First Noel,” and many other holiday favorites. Malcolm Merhout, a first-year Promise Scholar who attended the event had this to say about it: “Carol and Cookies brought a community-like vibe to Richard Bland. It was fun and great to be festive on the college campus in time for the holidays. It was definitely a great way to ring in the season.”
Enjoying the School Year
With such a great end to a marvelous fall semester, students have begun the spring semester with an abundance of enthusiasm and energy.