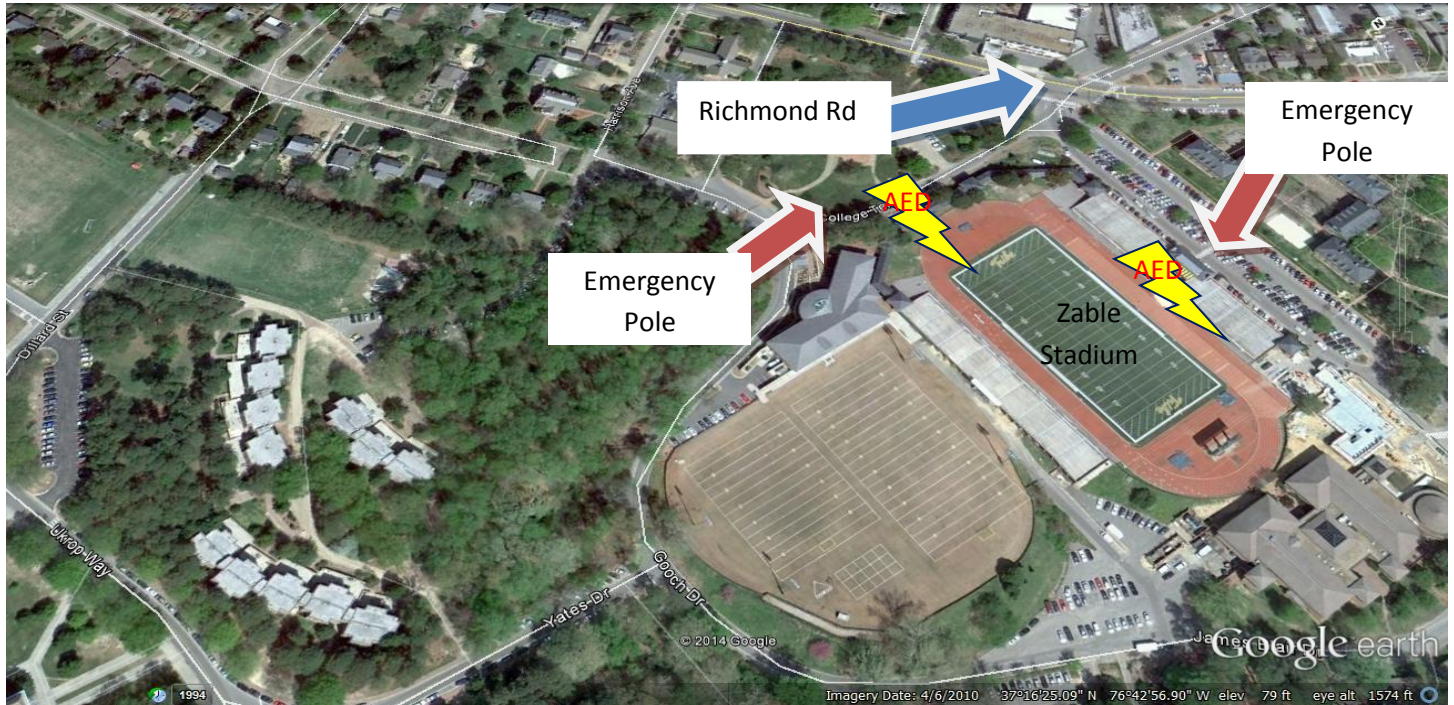


Emergency Action Plan
Zable Stadium
100 Stadium Drive, Williamsburg, VA 23187



Call EMS in any life-threatening situation:

- Unconsciousness
- Uncontrolled bleeding
- Difficulty breathing
- Any situation beyond your scope

Role of First Responder:

- Immediate care of injured/ill student-athlete
- Activation of emergency medical system (EMS)
- Retrieval of medical equipment
- Direct EMS to the scene

Emergency Personnel

- During intercollegiate competition, Kaplan Arena is covered by a staff athletic trainer. In addition, at least one coach on each W&M team is first aid, CPR, and AED certified.

Important Phone Numbers:

- Kaplan Arena Athletic Training Facility: 757-221-3407
- Campus Police
 - From campus phone: 911
 - From cell phone: 757-221-4596
- Sentara Williamsburg Regional Medical Center Emergency Room: 757-984-7111
- When making calls using a campus phone, dial “9-1-(area code)” before dialing the other phone numbers

Nearest Hospital:

- Sentara Williamsburg Regional Medical Center Emergency Room: 100 Sentara Circle, Williamsburg, VA 23188
- Spine-Injured Athlete: Riverside Newport News Trauma Center: 500 J. Clyde Morris Blvd, Newport News, VA 23601; airlift from Montgomery Practice Field

Directions to Hospital:

1. Exit east side parking lot at light; take left onto Richmond Rd.
2. Proceed 2.9 miles on Richmond Rd to Airport Rd on the right.
3. Right onto Airport Rd; proceed to Mooretown Rd at next stop light.
4. Left onto Mooretown Rd; Follow Mooretown Rd to 2nd stop light
5. Right onto Sentara Circle; follow circle and signs to ER.

Medical Equipment Available:

- The following emergency equipment is located in the Laycock Center Athletic Training Facility: Athletic training kit, splinting kit, spine board, and additional emergency equipment
- AED is located on the atrium wall of the northwest corner of Zable Stadium, and at the 50 yard line on the press box side entrance (visitors’ sideline).