Theme: Life skills

Goal: Ever wonder what color you are and how you interact with other colors? In this highly interactive personality test, learn all about your color and the colors of your hall mates and how to improve relationships with other colors.

Group Size: Unlimited

Time: Approximately 30 minutes

Materials: Photocopies of the three (3) pages in this packet (each person will get three copies: a quiz, a description of the colors and an improving relationship paper). If you buy a Skittles for the group it makes it a little more fun, but it is not necessary.

Setting: Any size room that will fit the group.

Activity Set up:

1. If you bought Skittles, pass those out to people and make sure that they save the color of their favorite Skittle. Then pass out the What's your Color quiz and have them complete it. If people's scores come up as a tie, have them pick which color they want to be.

2. Once they know what their color is, have them divide up into their different color groups. Each group can read about their color. You can have them talk about it's accuracy, what they would add/delete from the list and why would they do this. After they've done this, have each color group pick an ambassador. This ambassador will now travel to another group (so one person from Blue will go to Green, one from Gold to Orange, etc.) Each ambassador will talk about his or her color and then he/she will learn about the color of the group. After the ambassadors have visited each group bring everyone back together.

3. Now hand out the third sheet about improving relationships with different colors. Go through this sheet. Now ask if anyone has properties of another color (that is they are both green and blue). Explain that people are usually made up of a bunch of different attributes and utilize characteristics from each color. In working with others, stress that it is important to understand this so that whatever they are communicating will come across crystal clear. You can come up with other questions to ask as well or other types of discussion.