

Programming Post

News and Tips from the Programming Resource Center

F E B R U A R Y 2 0 1 2

About the Post

The Programming Post is the PRC's monthly newsletter. It exists to give you helpful hints and ideas for activities and events you can hold for your residents, as well as news from the PRC!



Like us on **facebook** by searching "Program Resource Center at William and Mary" to get ideas, updates, and contest results.

Programming Ideas for February

Watch one of these nationally acclaimed TV programs:

Super Bowl on 2/5

Grammy Awards on 2/12

Westminster Dog Show on 2/13

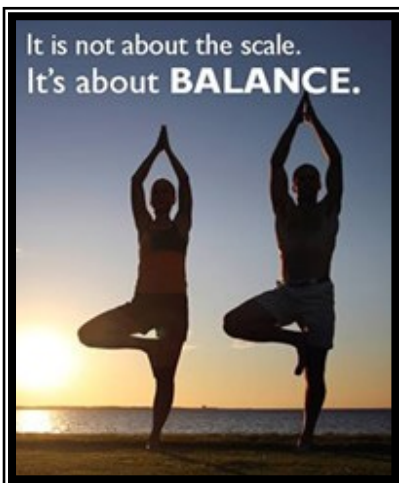
Academy Awards on 2/26

Cook a delicious snack or meal using avocado or bananas

Read a beloved children's book

Invite a presenter from the Counseling Center to speak about healthy relationships

Watch "Crash" or another movie that deals with race relations and prejudice



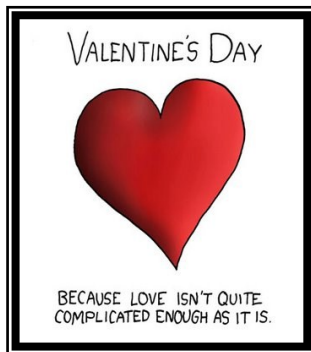
Inspiration & Ideas for

February

What's Happening

Monthly:

American Heart Month
International Boost Self-Esteem Month
Marijuana Awareness Month
National African American History Month
National Time Management Month
National Condom Month
Avocado and Banana Month



Bulletin Boards in a Bag

Eating Disorders-Male (K)
Eating Disorders-Female (L)
Be Happy this Valentine's)O)
The Art of Kissing (P)
Love Languages (Z)
28 Days of Black History (XX)
Somewhere in the Rainbow (NN)
Don't Believe the Hype: 10 Steps to Loving Your Body as it is (CC)

Weekly:

Children's Authors and Illustrators Week 5-11
International Networking Week 6-10
Random Acts of Kindness Week 13-19
Texas Cowboy Poetry Week 24-26
National Eating Disorders Awareness Week 26-3/3

Ready-Made Resources for February

Daily

Groundhog Day 2
World Nutella Day 5
Exterrestrial Visitors Day 9
Satisfied Staying Single Day 11
NAACP Day 12
Valentine's Day 14
National Call in Single Day 14
Presidents Day 20
Mardi Gras 21
National Chili Day 23
Rare Disease Day 28



Programs at Your Fingertips

Avoiding Stress and Mindless Eating (C)
Time Management (D)
From College to Work (M)

Posters

Black Inventors
Contraception
Dr. Seuss
Love Your Body
Room Selection
Sexual Responsibility
Worst Pick-Up Lines

