

the Programming Post

News and Tips from the Programming Resource Center

JANUARY 2011



Welcome!

To the January 2011 issue of the PRC's newsletter! The Post brings you helpful hints and ideas for activities and events you can hold for your residents, as well as news from the PRC!

Bulletin Board Contest!

The PAs are hosting another bulletin board contest!

Theme: Health

Prize: A bulletin board by the PAs AND your board will be featured in the Programming Post!

To enter: Upload a picture of your board to the PRC Facebook page by February 1st

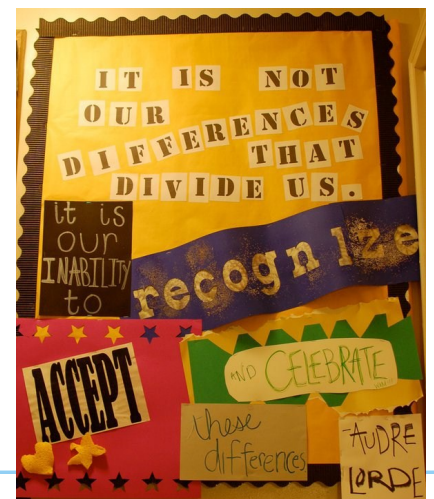
Judging criteria: Creativity, Tribe Pride, aesthetics, and relevance to the theme; 50% PA vote and 50% popular vote on the Facebook page!

facebook



Last Month's Winner: Laura Andrew

Last month's bulletin board contest's theme was "Acceptance". The entries were all very impressive, but Laura won over the PAs' and Facebook's vote with her inspiring board. The quote reads: "It is not our differences that divide us. It is our inability to recognize, accept and celebrate these differences." - Audre Lorde
Laura won a bulletin board and a program created for her by the PAs—congratulations, Laura!



January Inspiration & Ideas:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Monthly		Programming Ideas!			Daily	
Celebration of Life Month		∅ Bring your hall into the PRC to get creative!			16: Golden Globe Awards, Nothing Day, World Religion Day	
Financial Wellness Month		∅ Check out the Program @ Your Fingertips about Budgeting			17: Martin Luther King Day	
Int'l Creativity Month		∅ Host a fancy Golden Globes viewing party			18: Thesaurus Day	
Int'l Wayfinding Month		∅ Do handwriting analysis for your residents			21: Nat'l Hugging Day	
Nat'l Get Organized Month		∅ Leave a puzzle out in your lounge!			23: Nat'l Handwriting Day	
Nat'l Skating Month		∅ Take a trip to the Muscarelle			25: Nat'l Speak Up and Succeed Day	
Self-Help Group Awareness Month					27: Holocaust Memorial Day	
Weekly					29: Nat'l Puzzle Day	
16-22: Hunt for Happiness Week					31: Bubble Wrap Appreciation Day, Inspire Your Heart with Art Day	
20-30: Sundance Film Festival						
23-29: World Leprosy Week						
24-28: No Name Calling Week						

BBBs and Posters for January

The PRC has some great pre-made bulletin boards for you. Check out these, which are perfect for this month!

Bulletin Boards in a Bag:

- Money Doesn't Grow on Trees
- Getting Your Life Together (Organization)
- Awkward Hugs
- 19 Weird Jobs
- Maxim's Things All Guys Should Know
- FAQs About Alcohol

Posters:

- 101 Ways to Wellness
- College Budget
- About the Flu
- Ink Blot Test
- Sleep Awareness
- Exercise Tips
- Women of Interest

Meet the PAs!

The PAs are always here to help you with anything you might need! We'll feature a different PA in each issue of the Post. This month—meet Kiara!



Year: Sophomore

Major: Linguistics and Psychology

Hometown: Fairfax, VA

Favorite Song: "Invisible" by Jennifer Hudson

Favorite Color: Red

Why You're a PA: The PRC is a magical world that makes me smile :) My job is doing arts and crafts! How cool is that!

Motto: "It is not worth it to work for happiness in the future if you are not happy in the present"

Favorite board: Self Determination airplane board