Welcome!
To the April/May 2011 issue of the PRC’s newsletter! The Post brings you helpful hints and ideas for activities and events you can hold for your residents, as well as news from the PRC!

Bulletin Board Contest Winner: Alyssa Beda!

Alyssa, an RA in Monroe Hall, put this board up on the door of her residents’ study lounge to remind them to de-stress and take study breaks. Her creative use of cotton balls as Einstein’s hair and her woven background paper swayed the judges’ votes and won her a program designed and run by the PA’s!

Congratulations, Alyssa!

Pre-Made Closing Boards

The PRC staff has put together a bulletin board for closing that has information on moving out, checking out, and more for your residents! We will have copies printed out and ready to pick up so you can just come in and grab one anytime we’re open.
### April Inspiration & Ideas:

**Monthly**
- Alcohol Awareness Month
- Car Care Month
- Celebrate Diversity Month
- Grilled Cheese Month
- Nat'l Sexual Assault Awareness Month
- Physical Wellness Month

**Weekly**
- 10-16: Nat'l Environmental Week, Nat'l Volunteer Week
- 17-23: Nat'l Karaoke Week
- 24-30: Sky Awareness Week

**Programming Ideas!**
- Give out exam survival kits or de-stress kits
- Host a “taking care of your car” lesson
- Have a hall karaoke night!
- Go star gazing in the Sunken Gardens or CW
- Volunteer through OCES
- Make a PostSecret board
- Rance!

**Daily**
- 10: Nat'l Sibling Day
- 12: Nat'l Library Day
- 13: Thomas Jefferson Day
- 18: Passover (at sundown)
- 21: High Five Day
- 22: Earth Day, Nat'l Jelly Bean Day
- 23: Talk Like Shakespeare Day
- 24: Easter Sunday
- 26: Hug an Australian Day
- 29: Arbor Day
- 30: Nat'l Honesty Day, Penguin Day

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### BBBs and Posters for April

The PRC has some great pre-made bulletin boards for you. Check out these, which are perfect for this month!

**Bulletin Boards in a Bag:**
- Think Globally, Act Locally
- Sun Safety
- Somewhere in the Rainbow (Sexuality)
- Shakespearean Insults
- FAQs About Alcohol
- America’s Least Wanted: STIs

**Posters:**
- Alcohol Awareness
- Damage Charges (Hall Council)
- Earth Day — Judaism
- Recycling — Safe Zone
- Rules for Gentlemen
- Sexual Assault Awareness
- Why Recycle?

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### Meet the PAs!

The PAs are always here to help you with anything you might need! We'll feature a different PA in each issue of the Post. This month, meet next year’s NEW PA, Lauren!

**Year:** 2013  
**Major:** History  
**Hometown:** Harrisonburg, VA  
**Favorite Song Right This Second:** Little Lion Man by Mumford & Sons  
**Favorite Color:** Green or blue  
**Why You’re Excited to Be a PA:** I’m excited to be a PA because it’ll be a great way to get involved on campus and to meet some really awesome people!