<table>
<thead>
<tr>
<th>Course</th>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6</th>
<th>Week 7</th>
<th>Week 8</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Semester Planning Schedule
Semester Planning Schedule (The Stress-Buster Plan!!)

With this plan, nothing will ever be late 😊

1. On the top row put the name of each class or major activity.

2. In the column where the weeks are numbered, put the dates for each week.

3. Take one column at a time and using your syllabus for the appropriate class, write (in pencil) what major papers, projects, tests, or assignments you have due during that week.

4. Once completed, you can see where your busy times are clustered.

5. Decide how you can move to an earlier week any element of a due paper, project or test to help alleviate the burden on the busy week.

• Examples might be deciding on a topic for a paper, gathering the materials and writing the bibliography or outline.

• Another example might be organizing your notes and creating flashcards to help review for an upcoming exam.

Best of luck to you in all this semester brings!