If you have been sexually assaulted

**Make sure you are safe.** If you are unsure where to go, Avalon shelter in Williamsburg can arrange a place for you to stay. The Dean of Students can also help with housing adjustments.

**Consider seeking medical care.** You may need treatment for injuries. The Student Health Center or the local hospital can provide you with confidential screening and treatment for sexually transmitted infections (STI) and pregnancy. Trained staff at the Student Health Center or a Sexual Assault Nurse Examiner (SANE) at Sentara Williamsburg Community Hospital can speak with you about medical options.

**Consider filing a report** with the university’s administration and/or W&M police or local law enforcement. W&M staff will help you contact the appropriate office or accompany you to talk to the police. See [www.wm.edu/titleix/report](http://www.wm.edu/titleix/report) for additional options and contact information.

**Preserve evidence.** If you have been assaulted recently, try not to bathe, shower, brush your teeth, drink, or use the restroom. These activities destroy physical evidence that could be useful if you choose to pursue an investigation.

**Get support.** The Haven can help you arrange support and counseling. Also consider calling a trusted friend, relative, or other individual.

Remember

You are not alone. There are people who can help you process what you are experiencing and explain available options.

It is your choice to determine when and in what manner you recover from your trauma.

The assault was not your fault.

### CONFIDENTIAL RESOURCES

These campus resources are not required to report sexual misconduct of which they become aware. All other faculty and staff can offer discretion, but have the obligation to inform the Title IX Coordinator.

- **The Haven**  
  (757) 221-2449  
  Campus Center 166

- **Counseling Center**  
  (757) 221-3620  
  Blow Hall 240

- **Student Health Center**  
  (757) 221-4386  
  Gooch Drive

### OTHER RESOURCES

- **Avalon Shelter**  
  (757) 258-5022  
  (757) 258-5051 for 24-hour helpline

- **Sentara Williamsburg Regional Medical Center**  
  (757) 984-6000

- **Dean of Students**  
  (757) 221-2510  
  Campus Center 109

- **William & Mary Police**  
  (757) 221-4596  
  201 Ukrop Way

- **Title IX Coordinator**  
  (757) 221-3146  
  James Blair 110

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