

THE COLLEGE OF WILLIAM AND MARY
DEPARTMENT OF KINESIOLOGY & HEALTH SCIENCES

KINE 204, Introduction to Kinesiology & Health Sciences
Credits: 3
Fall, 2011

Instructor: Dr. Ray McCoy
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Course Description

An introduction to the study of human movement with an emphasis upon the emergence of philosophical, sociocultural, physiological, biomechanical and psychological aspects. This course provides an integrated set of general principles which are an appropriate preparation for further study in Kinesiology through discussions upon current practice.

Objectives of the Course

Upon successful completion of this course the student will:

1. understand the historical context of human movement & health sciences as an emerging focus of study.
2. understand the major disciplines and specific information in the study of human movement & health sciences
3. sharpen skills in critical analysis and scholarly presentations.

Required Text

Introduction to Kinesiology: A Biophysical Perspective, (2009). Klavora, Sport Book Publishers, Toronto, Canada.

Grading

Exam 1	30 %
Exam 2	30 %
Final	25 %
Project	15 %

Total	100 %

Student Expectations

1. Students are expected to be at every class. Material in the class is not always posted on the blackboard site. Electronic devices are not permitted during lectures.
2. Students will complete a group project during the last third of the course. Students may not work alone on this project.